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Our 23rd Annual Best of Smith Mountain Lake

issue reveals who readers chose as their favorite people and places in 2023. Congratulations to the winners





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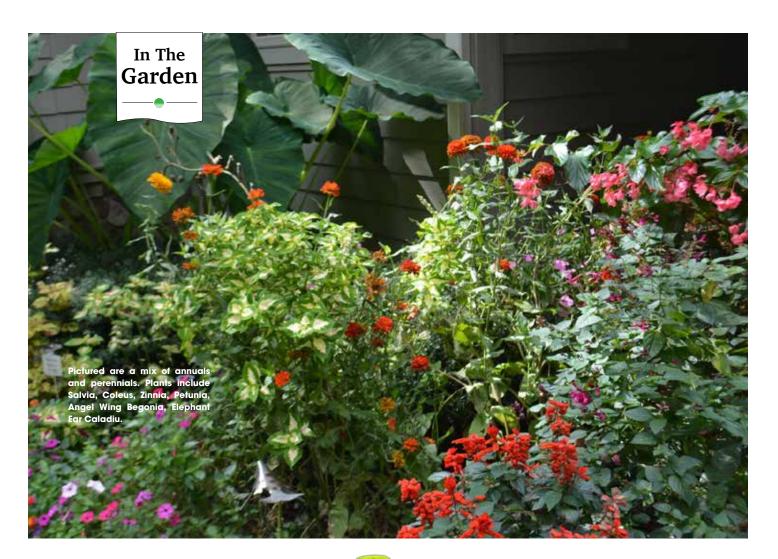
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Mark's Garden of Eden

HORTICULTURE

story and photos by REED DILLON

ark Earnhardt isn't sure how to characterize his attraction to horticulture. Hobby, passion, obsession, addiction all seem to ring true. That's evident upon arriving at the lakefront property that Earnhardt has transformed his garden of Eden in the North Lake area features an array of annual, perennial and tropical plants, most of them started by seed and some decades old.

Earnhardt caught the horticulture bug while in college, although he came by his obsession honestly. Both of his parents "had green thumbs" and were avid gardeners, he said. His father worked as a produce manager at a local supermarket in Winston-Salem, North Carolina, where Earnhardt grew up.

The younger Earnhardt shared fond memories of his parents clipping, pruning and caring for their 50-foot-by-

Ioo-foot garden. He recalled the bounty they harvested, and how they canned their beans, peas, okra, squash, cucumbers, onions, peppers and rhubarb, among other crops.

While attending N.C. State University for electrical engineering, Earnhardt also took horticulture classes as

Earnhardt caught the horticulture bug while in college, although he came by his obsession honestly. **Both of his parents "had green thumbs" and were avid gardeners.**

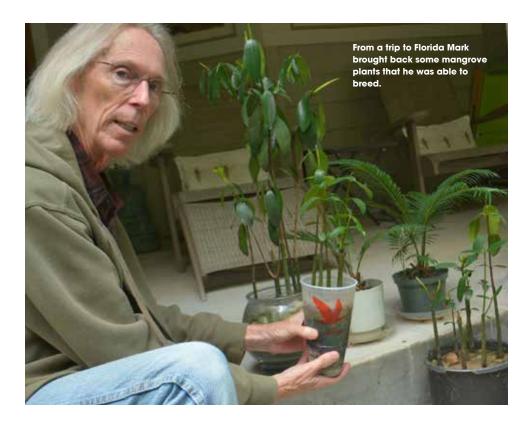
electives and, to this day, still has the descendants of the Spider, Cyperus and Kalanchoe plants he grew in his dorm room in the mid-'70s.

Earnhardt said he enjoys the challenge of being able to grow something that came from a simple seed and relishes in the fact that this an imperfect science, a departure from his former career as an electrical engineer.

"I'll have two pots next to each other and I'll do exactly the same thing in both, and one will grow and the other will not," he said as he gave a visitor a tour of his property.

The self-described "seed collector" is always on the lookout for unusual plants and flowers whenever he travels. Once Earnhardt collects the seeds, he brings them home to see if they'll germinate and grow, often not knowing the species or origin. If he successfully cultivates it, he will then look up what the species he's grown.

The amateur botanist has an innate curiosity and appreciation of nature's beauty. He estimates he spends about two hours a day during the summer months watering, fertilizing and



Carolina Reaper peppers, which looks like crimson red Christmas ornaments, are not to be toyed with, Mark Earnhardt cautions.





pruning. Throughout the years Earnhardt has learned what each plant likes and doesn't, as well as how to sew seedlings, splice, fertilize and nurture. Fertilization is the key to a plant's success, something that most people forget to do.

Earnhardt and his wife, Marie, have owned their waterfront property since 1990 and have lived their full time since 2010. Marie Earnhardt said she appreciates the beauty of the plants and admires her husband's passion for gardening, but leaves the upkeep to him.

That's something Earnhardt said he takes pleasure in. Experimenting with tropical plant varieties to see which ones will take root in the mid-Atlantic climate of Southwest Virginia is challenging and rewarding. He's had success with bananas, different varieties of palm trees, lemons, mangroves and peaches. Each year, Earnhardt harvests around 300







The cornucopia of flora and vegetation surrounding the front of the Earnhardt home include Salvia, Coleus, Zinnia, Petunia, Angel Wing Begonia, Elephant Ear Caladiu plants, along with Agastasia, Seagrape, Salvia, Ferna, Hyacinth Bean, Moon Flower, Passion Flower around the back of the house.

peaches from his peach tree and dozens of lemons from a tree that originally began as a 6-inch seedling purchased in 1996 for \$4.99.

The cornucopia of flora and vegetation surrounding the front of the Earnhardt home include Salvia, Coleus, Zinnia, Petunia, Angel Wing Begonia, Elephant Ear Caladiu plants, along with Agastasia, Seagrape, Salvia, Ferna, Hyacinth Bean, Moon Flower, Passion Flower around the back of the house. There are two treasured palm trees started as seedlings. A Sago Palm purchased in 2005 and a Majesty palm that Earnhardt bought in 2012 for \$3.97.

Earnhardt's most coveted plants are his hot peppers that he began growing in the 1980s. He started first with the usual varieties such as jalapenos and habaneros and then experimented with more exotic assortments such as the Tabasco, Japanese claw, Thai Dragon and Bulgarian Carrot.

That passion for peppers subsequently evolved into his growing the hottest of all peppers, the Carolina Reaper. According to the Guinness Book of World Records, the Carolina Reaper has a Scoville Heat Unit rating of 1,569,300. By comparison, the jalapeño pepper's rating is 5,000 SHUs.

Those Carolina Reapers have even garnered Earnhardt awards at the Franklin County Agricultural Fair in 2015 and 2016, the year they won best in show.

While peppers are typically annuals, Earnhardt grows them year round in pots that he moves into his garage during the winter months.

Because he's produced these peppers for more than six years, his plants resemble small trees. The peppers hang off each of the branches like crimson red Christmas ornaments ready for harvest.

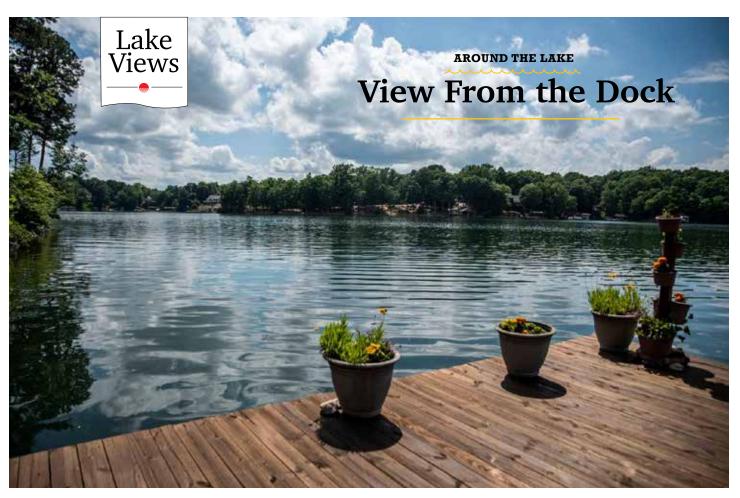
Though lovely to observe from a distance, these peppers, especially the Carolina Reapers, which are identified with a distinctive horned tail, command and deserve respect.

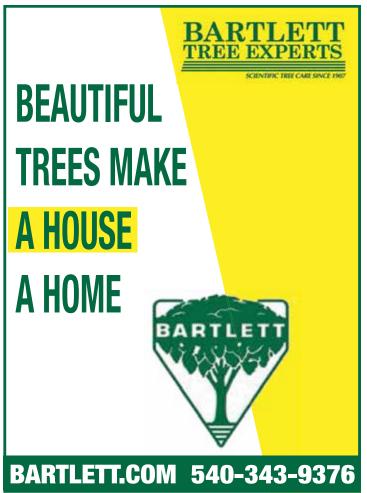
"They are way too hot to consume and they are not to be toyed with as a prank," Earnhardt cautioned.

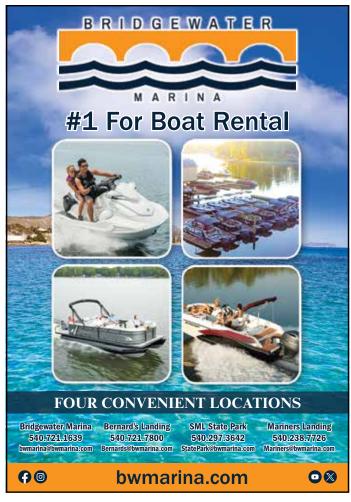
Curious taste-testers should simply prick the skin of the pepper with a toothpick, then put the toothpick on the tip of the tongue to feel how hot they are.

While these aren't meant for regular consumption, Earnhardt said he grows them "because I like to," adding, "It's hard for a gardener to kill a plant intentionally when it is healthy."

While not meant to be consumed like a regular, garden variety pepper, it's the challenge that Earnhardt enjoys most, and perhaps a passion that has been cultivated over the past several decades.

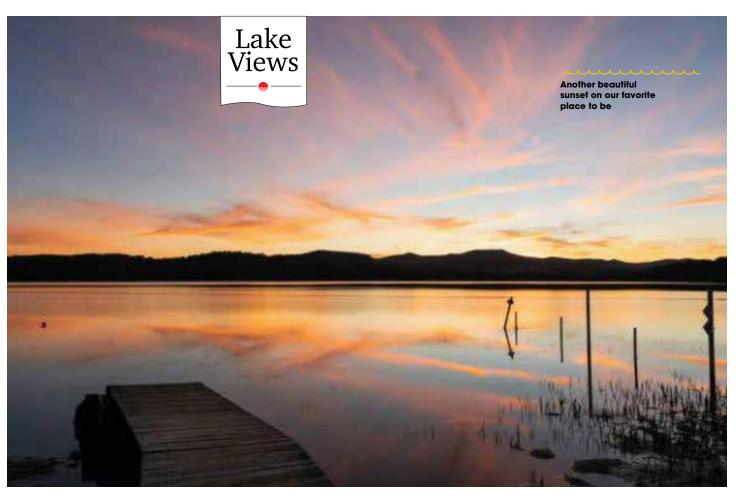












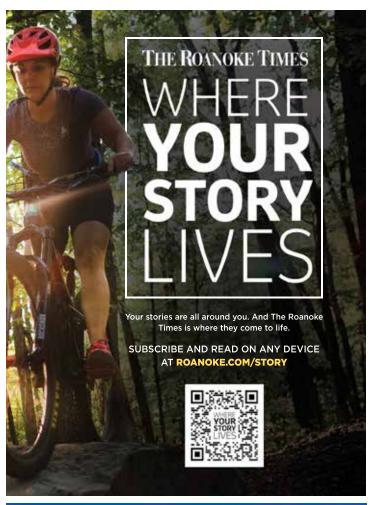


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January/February 2024

COVERING LIFE AT SMITH MOUNTAIN LAKE, VIRGINIA, & SURROUNDING LOCALITIES

EDITORIAL

Creative Designer MIKE WILSON

CONTRIBUTING WRITERS

Reed Dillon Jason Dunovant

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Laker media products offer the largest reach in the Smith Mountain Lake market. For information on advertising your business in print or online, contact;

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HOW TO SUBMIT

Laker magazine welcomes story, ideas, photos for our, Travelers and Lake Views, sections, calendar items, and creative, works essays, poems, paintings, and photography by local artist.

For time, sensitive content, including calendar items or local events coverage, the deadline is the first of the month preceding the desired issue. (Example: June 1 for the July/August issue.)

Submissions must include your name and telephone number.

Contact laker@roanoke.com for more information.

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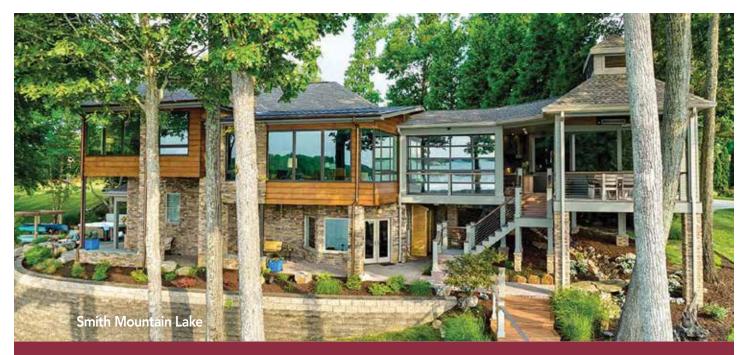
At dozens of area locations

ON THE COVER



Our 23rd Annual Best of Smith Mountain Lake issue reveals who readers chose as their favorite people and places in 2023. Congratulations to the winners pages 18-19

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Steven Glenda McDa McDaniel Top Lake Ag

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BEAUTIFUL ALMOST LEVEL WATERFRONT LOT



Lot 160 feet of shoreline, public water already soil tested. Located in the Westlake/Scruggs Road area of the Lake. MLS 89900

LAKEFRONT INVESTMENT AT HALESFORD BRIDGE



INCLUDES 4 COVERED BOAT DOCKS Two office spaces metered separately, great located on Route 122 Halesford Bridge, public water hookups. MLS 89677

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Rm, lots of room for family and friends, Cart Path to Custom
Fire Pit and Large Covered Boatdock. MLS 896237

NEW WATERFRONT CONSTRUCTION COVERED BOATDOCK WITH STORAGE CABANA









Great Room with Fireplace. Custom Kitchen with Granite Countertops. Lots of Glass looking out to the lake.
Entry Level Master Suite and 2nd Lower Level Master Suite and Family room. Large full length decks.
Paved drive and Dbl Car Garage. Public Water and Sewer. Great Location to Shopping and Dining. MLS 901295



Contact Glenda McDaniel Today To Get More Property Details: www.GlendaMcDaniel.com · www.TheLakeSpecialist.com

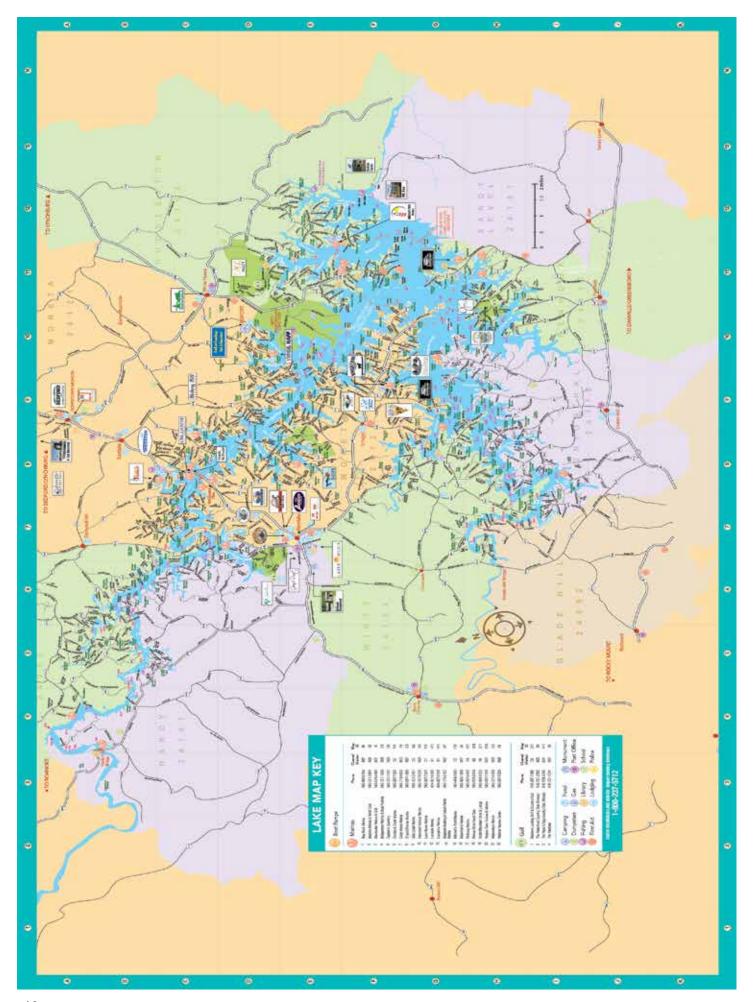


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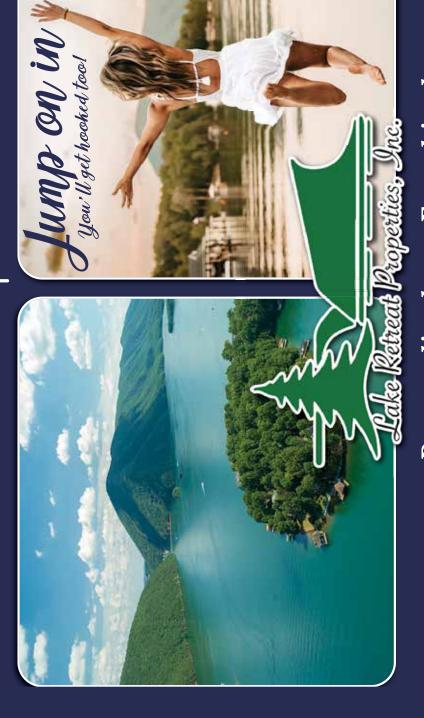


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Beauty & Fitness

Best Hair Salon/ Barber Shop

1st-Twisted Scissors

2nd-Eric & Company Salon Suites 3rd-Hair Therapy by the Lake

Best Nail Salon

1st-Modern Nails

2nd-Family Hair Care and Nail Spa 3rd-Diva Nails

Best Place to Work out

1st-Full Distance

2nd-Body Shoppe Fitness 3rd-Carilion Wellness

Best Skin Care or Day Spa

1st-Serafina Spa

2nd-The Skin Company 3rd-Robin's Nest Spa

Boat & Water Services

Best Boat Services

1st-Bridgewater Marina and Boat Rentals

2nd-Webster Marine Center 3rd-Nevermind Marine Services

Best Fishing Charter

1st-Captain Marc's Striper Guide Service

2nd-Mitchell's Striper Guides 3rd-Patriot Fishing Charters

Best Marina

1st-Mitchell's Point Marina

2nd-Bridgewater Marina 3rd-Magnum Point Marina

Finance

Best Bank

1st-Bank of Botetourt

2nd-Ridge View Bank

3rd-American National Bank and Trust Company

Best Credit Union

1st-Member One Federal Credit Union

2nd-Freedom First Credit Union 3rd-Blue Eagle Credit Union

Best Financial Planner

1st-Ridge View Bank 2nd-Faber CPA Firm

3rd-Charles Schwab

Food & Drink

Best Asian Fare

1st-Edo Grill and Sushi

2nd-Teriyaki House

3rd-Peking Chinese Restaurant

Best Bakery/Sweet treats

1st-Smith Mountain Lake Coffee House

2nd-Westlake Coffee Shop 3rd-Mia's Sweet Treats

Best Breakfast

1st-Old Oak Cafe

2nd-Smith Mountain Lake Coffee House 3rd-The Bagel & I

Best Caterer

1st-Farmhouse Catering And Meals To Go

2nd-Napoli by the Lake

3rd-Smith Mountain Lake Coffee House

Best Cocktail

1st-Drifter's Restaurant

2nd-Napoli By the Lake

3rd-Mango's Bar & Grill

Best Coffee

1st-Smith Mountain Lake Coffee House

2nd-Westlake Coffee and Cafe 3rd-Napoli Cowboy

Best Italian Fare

1st-Vinny's Italian Grill & Pizzeria

2nd-Napoli Cowboy 3rd-Napoli by the Lake

Best Lunch

1st-Drifter's Restaurant

2nd-Moosie's Bar & Grill

3rd-Smith Mountain Lake Coffee House

Best Mexican Fare

1st-Cancun Mexican Restaurant & Grill

2nd-Cilantro Mexican Grill 3rd-El Toreno Mexican Bar & Grill

Best Outdoor Dining

1st-Drifter's Restaurant

2nd-Mitchell's Restaurant & Pizzeria

3rd-Mango's Bar & Grill

Best Pizza

1st-Mitchell's Restaurant & Pizzeria

2nd-Vinny's Italian Grill & Pizzeria 3rd-Napoli Cowboy

Best Place to Come by Boat

1st-Bridgewater Plaza

2nd-Drifter's Restaurant

3rd-Mitchell's Restaurant & Pizzeria

Best Place to Go for a Night Out

1st-Mango's Bar & Grill

2nd-Drifter's Restaurant

3rd-Napoli by the Lake

Best Restaurant Service

1st-Drifter's Restaurant

2nd-Napoli Cowboy

3rd-Napoli by the Lake

Best Sandwich/Burger

1st-Drifter's Restaurant

2nd-Moosie's Bar and Grill

3rd-Napoli Cowboy

Best Seafood

1st-Napoli By the Lake

2nd-Drifter's Restaurant

3rd-The Landing Restaurant

Best Steak

1st-Bull Docks

2nd-Napoli Cowboy

3rd-Napoli by the Lake

Best Winery

1st-Ramulose Ridge Vineyards

2nd-Brooks Mill Winery

3rd-Hickory Hill Vineyards

Best Wings

1st-Portside Grill & Bar

2nd-Jake's Place

3rd-Napoli by the Lake

House & Home

Best Electrician

1st-JM Blair Electrical

2nd-Moser Electric

3rd-Davis Heating, Cooling, Plumbing & Electric

Best General Contractor

1st-TBS Construction, LLC

2nd-M.H. Eades Inc.

3rd-F&S Building Innovations, Inc.

Best Heating and Ventilation (Air Conditioning)

1st-Carter's Heating and Cooling

 ${\bf 2nd\text{-}Davis\;Heating,\;Cooling,\;Plumbing\;\&\;Electric}$

3rd-Moneta Heating & Air

Best Home Builder

1st-TBS Construction, LLC

2nd-M.H. Eades Inc.

3rd-F&S Building Innovations, Inc.

Best Interior Design

1st-Alicia Smith, CID, F&S Building Innovations, Inc.

2nd-By Design Interiors

3rd-Envisions Flooring & Interiors

Best Landscaping/Lawn Care Best Place to Meet New People Best Law Firm

1st- Seven Oaks Landscapes

2nd-SML Landscape Designs

3rd-Top Notch Lawn Care

Best Real Estate Agent

1st-Wil Childress, Lake Retreat Properties

 ${\it 2nd-Phyllis\ Johnson, Re/Max\ Lake front\ Realty}$

3rd-Deb Beran, Deb Beran Properties

Best Real Estate Company

1st-Lake Retreat Properties, Inc.

2nd-RE/MAX Lakefront Realty

3rd-Deb Beran Properties

Best Real Estate Team

1st-Lake Retreat Properties, Inc.

2nd-Phyllis & Casey Johnson,

RE/MAX Lakefront Realty

3rd-Deb Beran Properties

Lifestyle

Best Annual Community Event

1st-Smith Mountain Lake Pirate Days

2nd-SML Charity Home Tour

3rd-Smith Mountain Lake Live Music Festival

Best Charity Event or Service Project

1st-Smith Mountain Lake Charity Home Tour

2nd-SML Gives, Smith Mountain Lake Good Neighbors

3rd-Smith Mountain Lake Live Music Festival

Best Club or Civic organization

1st-SML Good Neighbors, Inc.

2nd-Smith Mountain Lake Live Music

3rd-American Legion Post 62 Smith Mountain Lake

Best Historical Site

1st-National D-Day Memorial

2nd-Booker T. Washington National Monument

3rd-SML Dam

Best Local Band

1st-Five Dollar Shake

2nd-Annalyse Marie & Tim Rowlett

3rd-Christian Q. & The Groove

Best Place for a Kid/Family outing

1st-Bridgewater Plaza

2nd-Drifter's Restaurant

3rd-Smith Mountain Lake State Park

Best Place to Hear Live Music

1st-Mitchell's Restaurant & Pizzeria

2nd-Mango's Bar & Grill

3rd-Drifter's Restaurant

1st-Bridgewater Plaza

2nd-Drifter's Restaurant

3rd-Mitchell's Point Marina

Best Place to Play Golf

1st-Mariners Landing

2nd-The Waterfront Country Club

3rd-Hot Shots Bar and Grill

Best Place to Take Visitor

1st-Bridgewater Plaza

2nd-Mitchell's Restaurant & Pizzeria

3rd-Smith Mountain Lake Coffee House

Best Place to Watch a Sunset

1st-Mitchell's Point Marina

2nd-Drifter's Restaurant

3rd-Eastlake Church

Best Vacation Retreat (Hotels, Resorts, Rental Properties)

1st-Lake Retreat Properties

2nd-Mariners Landing

3rd-Bernard's Vacation Properties

Services

Best Auto Services

1st-West Lake Automotive Services

2nd-Heath's Tire & Lube

3rd-Automotive-Diesel Network

Best Customer Service

1st-Drifter's Restaurant

2nd-Smith Mountain Lake Coffee House

3rd-West Lake Automotive Services

Best Customer Service

1st-JBohnBishop Mercantile Boutique

2nd-Capps Home Building Center

3rd-Moneta Farm & Home Center

Best Dentist

1st-Dr. Bryan G Sicher, DMD, Smith Mountain Lake Dental Practice

2nd-Dr. Sheila Hardee, DDS, Blue Ridge

Dental Group - SML

Dental Group - Sivil

3rd-Dr. Vishal Shah, DMD, Moneta Dentistry

Best Hearing Center

1st-SML Hearing Center

2nd-Carilion Clinic Otolaryngology & Audiology -

Westlake

3rd-Connect Hearing

Best Insurance Agent

1st-Susan Balderson, State Farm Insurance Agent

2nd-Phil Hager, Phil Hager Insurance Agency

3rd-Don Evans, State Farm Insurance Agent

1st-Coley Law Firm

2nd-Gilbert Law, PC

3rd-Vogel Law Group

Best New Business (Opened 2022 or later)

1st-The Bagel and I

2nd-Bull Docks

3rd-Breez Ice Cream Parlor

Best Pet Grooming/Sitting/Boarding service

1st-K-9 Yacht Club

2nd-Camp Happy Tails

3rd-Bark Avenue Grooming

Best Photographer

1st-Jolly Jen Photography

2nd-C. Chisom Photography

3rd-Annette Foxx Photography

Best Physician

1st-Tara Stone, NP, LewisGale Physicians

Family Medicine

2nd-Dr. George Chaconas, MD, FNLA, Family Medicine

3rd-Dr. Brandon K. Cox, MD, Centra Medical Group

Best Place for a Summer Job

1st-Drifter's Restaurant

2nd-Bridgewater Marina & Boat Rentals

3rd-Lake Retreat Properties

Best Place to Buy Clothing and Accessories

1st-JBohnBishop Mercantile Boutique

2nd-Gifts Ahoy

3rd-Cottage Gate

Best Place to Buy Gifts and/or Smith Mountain

Lake Souvenirs 1st-Gifts Ahoy

2nd-Cottage Gate

3rd-Evie's at the Lake SML Market

Best Place to Buy Jewelry

1st-Jo & Co Jewelers - Formerly Haywood's Jewelers

2nd-Evie's at the Lake SML Market

3rd-JBohnBishop Mercantile Boutique

Best Place to Stay Overnight

1st-Lake Retreat Properties

2nd-Mariners Landing

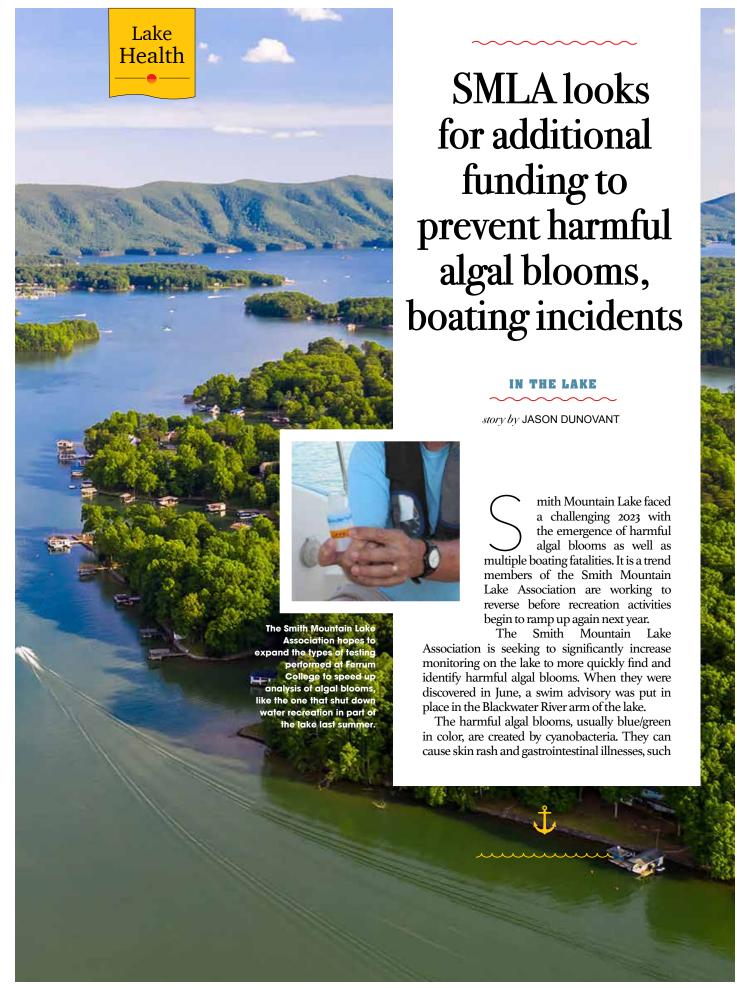
3rd-Bernard's Landing Resort

Best Place to Work

1st-Drifter's Restaurant

2nd-Capps Home Building Center

3rd-Lake Retreat Properties





Citizen scientists consisting of local residents have been used for years for the SMLA's Water Quality Monitoring Program done in partnership with Ferrum College. They also contribute to the work done by Save Our Streams that monitors local tributaries into Smith Mountain Lake.

as upset stomach, nausea, vomiting and diarrhea.

Multiple tests conducted by the Virginia Department of Health to identify if the cyanobacteria discovered in multiple locations was producing harmful toxins sometimes took more than a week to get results that were sent to a lab at Old Dominion University in Norfolk. The long swim advisory during July and much of August is believed to have had a significant impact on tourism revenue.

The SMLA is reaching out to state representatives and organizations for assistance in studying and identifying harmful algal blooms in the future. They are requesting a budget amendment in the state that would fund a two-year study by Virginia Tech to investigate and respond to harmful algal blooms at Smith Mountain

Lake in the future.

In addition to state funding, the SMLA is working on obtaining funding locally to

create a local lab that can be used to identify harmful cyanobacteria in conjunction with the ongoing Water Quality Monitoring Program done in partnership with Ferrum College.

"We have put together a pretty comprehensive plan of what needs to be done at this lake," said John Vidovich, communications director for the SMLA.

The SMLA recently began a campaign with the goal of raising \$100,000 to fund their expanded work to study harmful algal blooms. A portion would also be used to increase boating education on the lake.

"Everyone who enjoys Smith Mountain Lake can help protect it," said Bill Butterfield, SMLA's president, said in a press release. "No one wants harmful algae, injuries or anything else to damage the lake's reputation as the Jewel of the Blue Ridge. Our goal is to raise \$100,000 to protect SML — today and for future generations. We're asking all lake lovers to make a financial donation to help safeguard SML."

The current plan is to have a functioning







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laboratory in the SMLA office in Westlake that can actively monitor the lake and keep a closer eye on any potentially harmful algal blooms. Kerri Green, chair of the SMLA's Lake Quality Council said a SML Dock Water Program will be created with citizen scientist trained in analyzing samples.

Citizen scientists consisting of local residents have been used for years for the SMLA's Water Quality Monitoring Program done in partnership with Ferrum College. They also contribute to the work done by Save Our Streams that monitors local tributaries into Smith Mountain Lake.

Green would like to see the new program work in conjunction with help from state groups. "We need more support from the Commonwealth to understand what's happening in the SML watershed and how to protect it from continued HAB activity," Green said in a recent press release. "We have partnered with Ferrum College for 37 years to monitor water clarity, chlorophyll-a and phosphorus in SML. I'm excited to complement this work by collaborating with DEQ and Virginia Tech. Our combined resources are necessary to evaluate and mitigate unwanted cyanobacteria in the lake."

Butterfield said work is also

underway to have the Ferrum College lab certified to analyze samples in the future instead of being sent to Old Dominion University. The change could significantly speed up results, he said.

While much of the \$100,000 fundraising goal is expected to go toward combating harmful algal blooms, a significant portion will be used to increase safe boating efforts. Vidovich said the SMLA will use the funding to create materials and signage to reinforce the importance of safe boating as well as wearing a life jacket.

This year on Smith Mountain Lake, there have been three boating fatalities from two incidents. Two other fatalities occurred from individuals believed to have drowned after falling from a dock.

No boating fatalities were recorded at Smith Mountain Lake in 2022. One boating fatality was reported in 2021 and 2020.

The SMLA joined with the Tri-County Lakes Administrative Commission to fund a Wake Education Task Force earlier this year with the goal of educating those involved in towed water sports about the large wakes they can create and the harm they can cause to docks, shorelines and other boaters. This expanded fundraising effort would focus on safe recreation overall.

MORE INFORMATION ON THE SMLA'S FUNDRAISING EFFORT AS WELL AS WAYS TO DONATE CAN BE FOUND AT WWW.SMLASSOCIATION.ORG/DONATE/.



that made Toys for Tots 2023 a complete success. From Our Staff, Bryan & Kim Keaton for entertainment, Marines First Sergeant Alton Currie & Gunnery Sergeant Michael Volker, Elves Tobias & Ella Cryner, Everyone bringing in toys (915)/bikes (45) and all those people/businesses that provided support for the raffle (AAA Septic, Alease Dudley, All Things Irish - Eileen McMahon, Bank of Botetourt -Lisa Spangler, Bagel & I, Bernard's Landing Mike & Bob, Becky Rowe, Benny's Adelinas, Blue Ridge Distribution -Keith, Body 4 U, Bull Docks, Cancun Mexican Restaurant, Chic-Fil-A - Bob Deffussey, Cottage Gate, Davis Heating & Air, Dillon Docks, Duane Davis, Fabulous Finds, Gifts Ahoy, Gills Creek Marina, Goodhue Boat Company SML - East Lake Marina, Harvester Music, Hollywood's Restaurant & Bakery - Mark Henderson, Hot Shots, Ippy's - JoDee Jeans, John Hermellio, Kupkakery, Lakescapes Nursery, Magnum Point Marina, Mayberry Pizza & Ice Cream, My Way Bakery, Painted Strands, Parkway Brewery, Performance Food Group (PFG), Robins Cellar - Mark Pretty, Ricky Tony, Salty Shear, Specialty Beverage, Suzanne Kiefer, The Jerkey Outlet, The Willard Companies, Valley Distribution, Westlake Coffee Shop & Wilson Creek Winery - Temecula, CA. Deepest apologies to Trippie Hippie Gift Shop for not mentioning last year). Thanks for caring about our community...

WHERE THE TASTES OF ITALY & TEXAS COLLIDE

Best Seafood:

Napoli at the Lake

FAVORITE:

Best Seafood:

Napoli at the Lake

Best Caterer:

Napoli by the Lake

Best Cocktail:

Napoli by the Lake

Best Coffee:

Napoli Cowboy

Best Italian Fare:

Napoli Cowboy

Best Pizza:

Napoli Cowboy

Best Place for a Night Out:

Napoli at the Lake

Best Restaurant Service:

Napoli Cowboy and Napoli by the Lake

Best Sandwich/ Burger:

Napoli Cowboy

Best Steak:

Napoli Cowboy and Napoli by the Lake

Best Wings:

Napoli by the Lake

We continue to thank you for your patronage and are looking forward to continue in 2024!

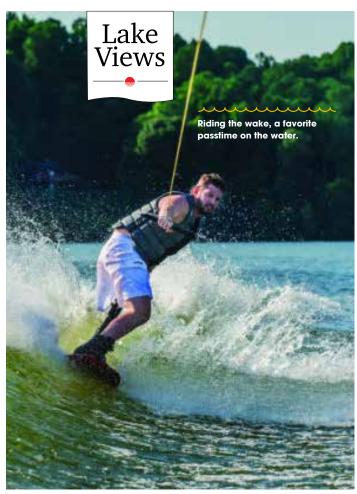
Napoli Cowboy

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Napoli By the Lake Bernard's Landing

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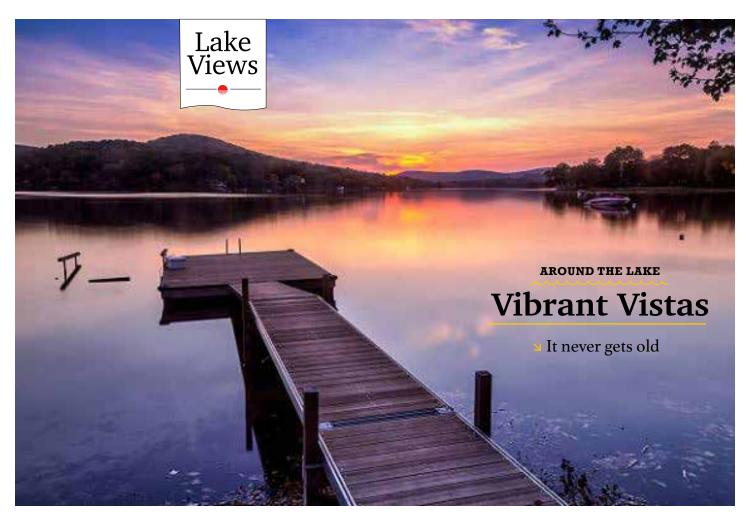
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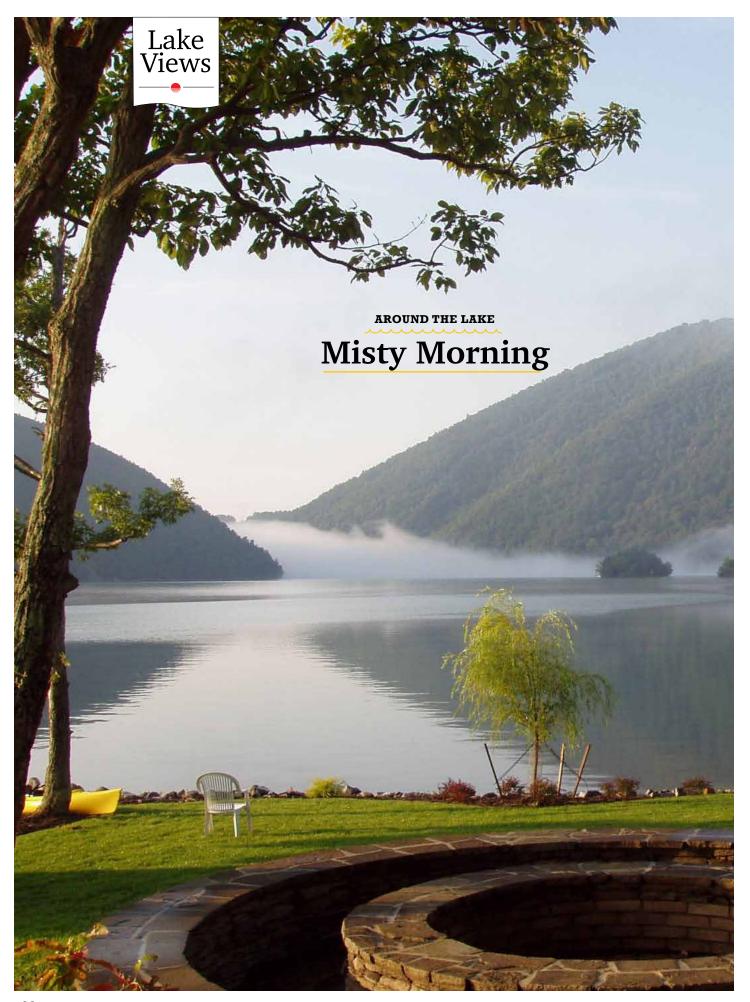
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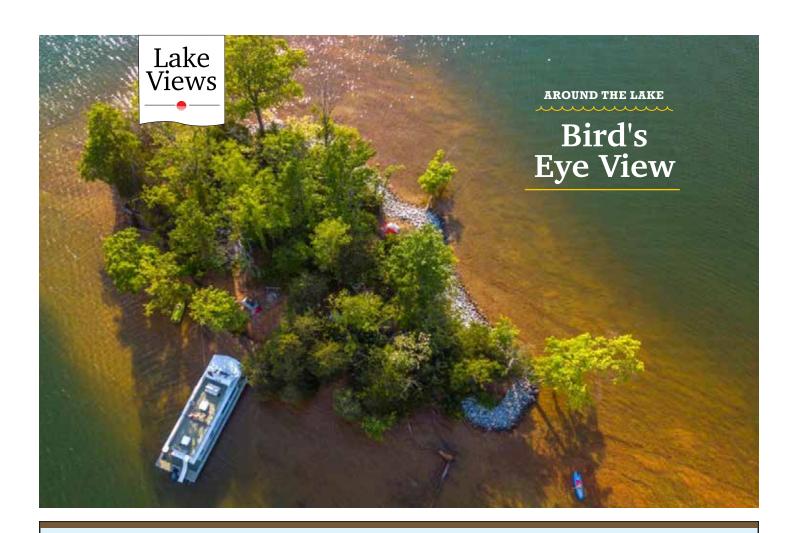


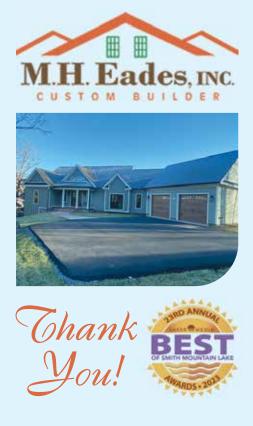
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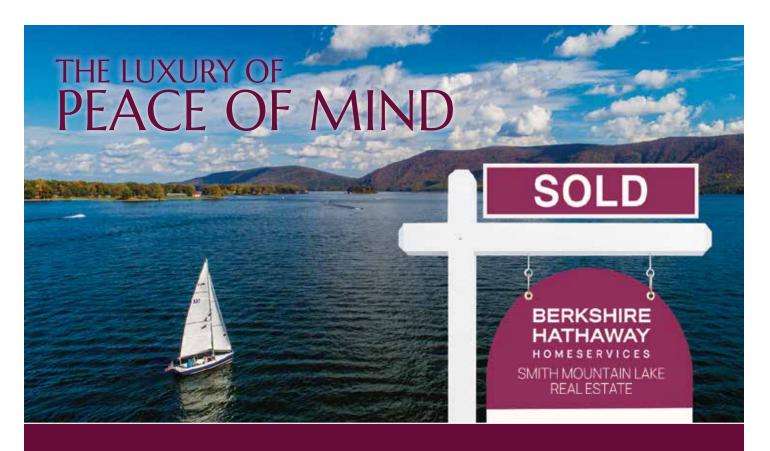








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