



State Wrestling Schedule for 2024-2025
Classes 4 – 6 @ Va. Beach Sports Center

FRIDAY

6:00 - 7:30 PM	SCALES AVAILABLE, ONSITE PRACTICES Be prepared to check weight <u>wearing competition singlet.</u> (Please do NOT arrive before 6 PM)
7:00 PM	HEAD COACH INFORMATION PICK-UP/MEETING – ROOM TBA

SATURDAY

Classes 4 – 6 will use 4 mats

6:30 AM	WEIGH-IN FOR ALL WEIGHTS
8:00 – 11:00	FIRST ROUND
11:00 – 12:30	FIRST ROUND CONSO
	BREAK
1:00 – 2:30	SECOND ROUND
2:30 – 4:00	SECON ROUND CONSO
4:00 – 6:00	SEMI-FINALS/CONSO QUARTERFINALS
6:00 – 6:45	CONSO SEMIFINALS
	BREAK
7:15	MEDAL ROUNDS (1 ST /2 ND , 3 RD /4 TH , 5 TH /6 TH)

Medals will be awarded after each weight class to 1st, 2nd, 3rd, 4th, 5th, 6th places. Team awards will follow the last bout.