

# ARE YOU CURRENTLY TAKING WEGOVY or ZEPBOUND for WEIGHT LOSS?



## WOULD YOU LIKE TO PARTICIPATE IN A STRENGTH TRAINING STUDY?

Now recruiting Adults age 50+ for 14-week study

### You May Qualify If You:

- Are **50 years or older**
- Have been prescribed **Wegovy®** or **Zepbound™** within the **last three months**
- Weigh **300 lbs or less**
- **Do NOT** strength train more than once per week
- Can pass a **health and exercise readiness screening**
- You can be compensated up to \$150 for your participation

**Contact info:** [strongglpstudy@gmail.com](mailto:strongglpstudy@gmail.com) at the Human Integrative Physiology Laboratory

