



VCU MEDICAL CENTER TELEMEDICINE-DEPT OF CORRECTIONS  
NELSON CLINIC  
401 N 11TH ST, SUITE 213  
RICHMOND VA 23219-1901  
Dept: 804-628-0425

10/25/24

To Whom It May Concern:

I have treated Jennifer Emmi (DOB 1/16/78) during her confinement at the Fluvanna Correctional Center for Women, and continue to do so. Ms. Emmi has been diagnosed and continues to suffer with multiple autoimmune disorders, including Anti-phospholipid Syndrome leading to hypercoagulation, Systemic Lupus Erythematosus and optic neuritis. These are all serious conditions in and of themselves, and even more so in the aggregate. Her medical condition has deteriorated dramatically over her confinement at the prison, likely as a consequence of that facility's failure to provide the needed care- specific measures for which I have indicated in treatment notes which appear not to have been followed by the prison. An example of Ms. Emmi's dramatic decline in health is the serious heart attack she suffered last winter while a Fluvanna inmate as revealed by EKGs ordered by the prison. There is no indication that the prison treated or even recognized the event. A circumstance such as this is dangerous for anyone, and particularly for someone with her underlying conditions. She remains susceptible to further cardiac events which could have grave consequences. Additionally, flares of her underlying conditions can also lead to severely compromised health. Ms. Emmi requires close observation and monitoring of her medical conditions in a venue where proper and vigilant treatment can be ensured.

Sincerely,

A handwritten signature in black ink, appearing to read "Beth Rubinstein", with a stylized flourish at the end.

Beth Rubinstein, M.D.  
Professor of Medicine  
Division of Rheumatology, Allergy, and Immunology  
Virginia Commonwealth University