Re. COVID-19 positive test

Date: 11/8/20

Dear Marlboro Community,

On Sunday morning, November 8th, we learned about a student with COVID-19 at Marlboro School. The student who tested positive is from the Junior High classroom. This student started to come down with symptoms on November 1st and did not attend school all last week.

Here are the next steps after consulting with the Vermont Health Department:

- The Junior High classroom will need to quarantine until Friday, November 13th.
- During this time, Junior High students will move to Remote Learning.
- All other classrooms will remain in-person.
- The Department of Health will be reaching out to any individuals that we have identified as having had close contact.

I know you must have many questions and concerns. Nurse Sara and I will hold a Zoom meeting on Monday at 9:00 to discuss this situation. Here is the meeting link: https://us02web.zoom.us/j/82749114630?pwd=VjBHZnU5dUZidzBYUTlaT0FPRHgwQT09 This meeting will be recorded and notes from this meeting will be shared with the school community.

We recommend that you take action to help limit the spread of COVID-19, even if your child is not experiencing symptoms. Please answer the phone if the Health Department contacts you. A contact tracer may be trying to reach you with important information.

The most important things you can do:

- Make sure your child is wearing a mask.
- Make sure your child is washing their hands.
- Keep your child home if they are sick.
- Call your primary care provider if you or your child has symptoms of COVID-19.

What is COVID-19?

A new coronavirus causes COVID-19, which is an illness that was discovered in 2019. Coronaviruses are a type of virus that are named for the crown-like spikes on their surface. There are many kinds of coronaviruses including some that cause respiratory illnesses, like the common cold. The specific symptoms of COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- New loss of taste or smell

- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

How does COVID-19 spread?

COVID-19 spreads mainly from having close contact with someone who has a COVID-19 infection. The virus is thought to spread by droplets from person to person when they speak, cough, or sneeze. Droplets travel less than 6 feet. When droplets from another person get in your mouth or nose you can inhale into your lungs. This virus can be spread by people without symptoms.

How can families help prevent COVID-19 from spreading?

- If your child is sick, keep them home.
- Make sure members of your household wash their hands often using soap and water for 20 seconds.
- Make sure every member of your household covers their coughs and sneezes with a tissue or their elbow, and then washes their hands afterwards.
- Wear a mask in public when you cannot stay 6 feet apart from other people.

We are working with the Health Department to keep our community safe.

- We continue to follow the Health Department's guidance <u>A STRONG AND HEALTHY</u> START: SAFETY AND HEALTH GUIDANCE FOR VERMONT SCHOOLS
- We cleaned and disinfected the Marlboro School per the Health Department guidance.
- Employees and sick children will not return to work until they are healthy.

Learn more about getting tested in Vermont.

Thank you for understanding that, due to medical privacy laws, we are not able to release the names of the individuals with COVID-19. We will continue to communicate changes and updates with you. With your participation, we believe we can create a safe and fun experience for your children.

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Many thanks,

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