A New Normal: Why do we all feel stressed right now?

BY ALISA ROYKA

Michelle Hong was hanging out with her roommates when her phone rang. It was her roommate’s boyfriend. He had a classpop and she had to leave her party to head to lab. She then had to turn in her homework for her second class, which she had to take online. She got home at 6 p.m. to find her roommate leaving for her third class. She had class from 7 to 9 p.m. and then had a volleyball practice from 10 to 11 p.m.

“I was so hungry. I didn’t eat dinner,” said Hong, a Purdue student who studies in the College of Health and Human Sciences. “I didn’t eat dinner,” said Hong, a Purdue student who studies in the College of Health and Human Sciences. “I was so hungry. I didn’t eat dinner,” said Hong, a Purdue student who studies in the College of Health and Human Sciences. “I didn’t eat dinner,” said Hong, a Purdue student who studies in the College of Health and Human Sciences. “I was so hungry. I didn’t eat dinner,” said Hong, a Purdue student who studies in the College of Health and Human Sciences.

She’s not alone.

Earlier that day, she had taken a trip to Chicago with her dad where they went to Rip’s tavern to watch in person. They didn’t even bring a beer, and it was still an emotional experience for her. She was so glad to be back in the city and having some trouble making friends on campus where she already has in-person friends and happy-family groups.

Some outdoor dining tents have been taken down to move toward indoor dining. Purdue’s dining team had considered adding more outdoor dining options, but it had taken a few weeks to get the permits from the city of Chicago with her dad where they went to Rip’s tavern to watch in person. They didn’t even bring a beer, and it was still an emotional experience for her. She was so glad to be back in the city and having some trouble making friends on campus where she already has in-person friends and happy-family groups.

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