

The Daily Collegian

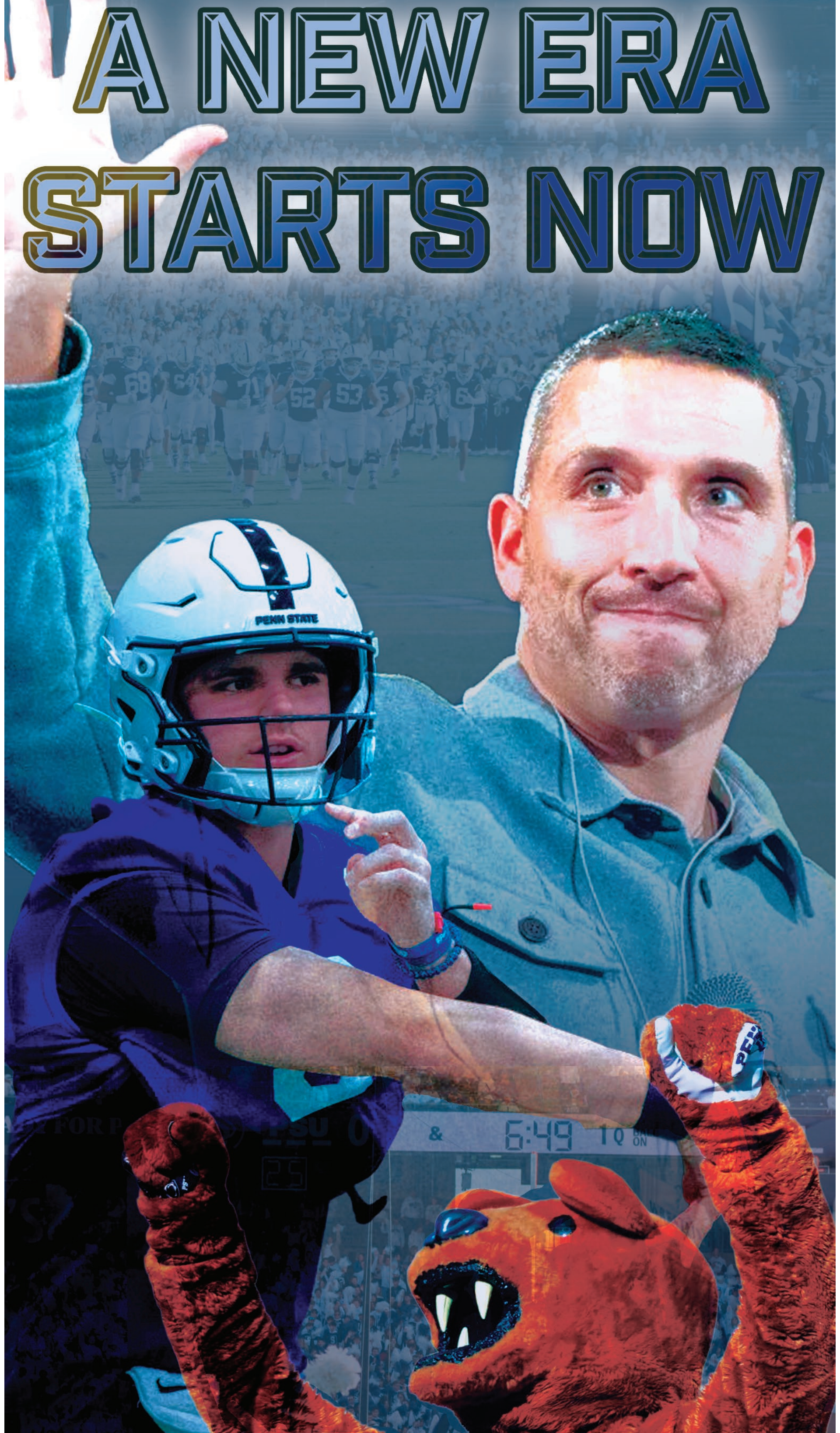
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A NEW ERA STARTS NOW



PENN STATE NOTEBOOK

By Noah Aberegg
THE DAILY COLLEGIAN



Lucas Yendrzewski/Collegian

Head coach Matt Campbell speaks during a media availability at the Lasch Building on Tuesday, April 14, 2026, in University Park, Pa. Campbell is set to coach in front of Penn State fans for the first time at Blue-White Practice.

It's a big week for Penn State, with the NFL draft kicking off on Thursday and Blue-White Practice on Saturday.

Amidst the chaos, Matt Campbell took to the podium in Lasch Building to talk about this weekend's Blue-White Practice, the upcoming team schedule and injury recovery.

Here's more of what Campbell had to say in his last weekly press conference of the spring.

Blue-White Practice

The team and fans alike will experience a new event at Beaver Stadium on Saturday, as Penn State hosts its spring game in the form of Blue-White Practice.

At Iowa State, Campbell hosted a scrimmage as the Cyclones' spring game. However, Campbell explained this year's event will run more like a typical Penn State practice during the first period.

"I kind of see the first 20-25 minutes like what a normal practice would look like," Campbell said. "Team stretch and then obviously get ourselves a little bit of individual inside run, a little bit of 7-on-7."

The rest of the event will operate as a typical spring game, with the Nittany Lions running offense and defense together with drives down the field.

"An opportunity to continue to work the football team and work on driving the football in different areas of the field," Campbell said.

Summer plans

With spring ball ending with practice No. 15 on Saturday, Campbell and his staff have already made plans to keep the

team progressing over the 12 weeks of practice this summer.

"The early part of next week is to individually, go through every player with everybody in our program, and get a synopsis of, 'Where are these players right now? What's their strengths, what's their weaknesses?'" Campbell said.

Next week, Campbell hopes to lay out the entirety of summer training separately with each player, highlighting what each athlete needs to do over the next three months to succeed in the fall.

"If you can really evaluate your team now and have a chance to

really go to work and put the right pieces together, I think it'll give us the best opportunity moving forward," Campbell said.

Injury status

Heading into spring ball, the Nittany Lions were without its two top quarterbacks and wide receivers, who were all recovering from injury.

As of Tuesday, quarterback Rocco Becht has continued to work 7-on-7 drills and backup Alex Manske has officially returned to campus after an unspecified procedure, according to Campbell.

"Obviously the biggest thing that's been a positive is Rocco getting healthy," Campbell said. "You'll see him Saturday. I want him to throw the football in the stadium with our fans and everybody else."

While Manske won't play in the Blue-White Practice, Campbell is happy with his progress and expects him to return this summer.

"It's huge, I think it's a monumental win for us," Campbell said. "He's certainly trending towards where we would want him to be by the time we get to the summer so he can progress his way back."

As receivers Chase Sowell

and Brett Eskildsen continue to work their way back from injury, they've had the opportunity to practice individual reps before making their way into playing with the whole team.

"Honestly, it's been awesome for so many guys to get the foundation of what we're doing on both sides of the ball," Campbell said. "Our coaches have done a great job, and honestly, our kids have done a great job. We haven't wasted a practice."

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Recruiting roundup

By Lexie Linderman
THE DAILY COLLEGIAN

Penn State currently has a top-10 recruiting class, per 247Sports composite, after a big weekend for Matt Campbell and company that included four commitments and the addition of a top-100 cornerback.

Here's a recap of recruiting from Week 4 of spring practice.

New commits

The Nittany Lions added four pledges to their 2027 class this week, with all four coming across a span of three days. Additionally, three of the commitments hail from the East Coast, a contrast from last week's Midwest recruiting spree.

Top-100 cornerback Kei'Shjuan Telfair was the biggest pick up for Penn State and is a player that Terry Smith has been recruiting for years — Smith initially offered Telfair in October 2024.

Telfair, an Ohio native, is the lone commit that isn't from the East Coast and had 43 offers on the board from schools like Miami, Clemson, Ohio State and Indiana. But Telfair's pledge showed why keeping Smith on staff was crucial for Campbell on the recruiting trail, as now four of Penn State's 11 commitments are cornerbacks.

Offensive linemen Owen Reilly and Jon Sassic alongside safety Jonathan Galette were the other three pledges. Sassic plays at Pittsburgh Central Classic, a high school that has consistently been



Avery Hill/Collegian

A ball bag sits during Penn State football practice on Thursday, April 9, 2026 on the outdoor practice field of the Lasch Building in University Park, Pa.

a pipeline for Penn State.

2027 cornerback commit Zachary Gleason Jr. also comes from Pittsburgh Central Catholic, while current Nittany Lions Peter Gonzalez and Xxavier Thomas played high school football there as well.

Penn State beat out Wisconsin to land Galette, as the safety visited the Badgers on April 12 after seeing the Nittany Lions a few days prior on April 7. Campbell and safeties coach Deon Broomfield will need to keep their feet on the gas to stave off any push from Wisconsin, as Galette still has an official visit scheduled in

Madison on May 29.

Layton Von Brandt visits

Former Penn State commit and 4-star offensive tackle Layton Von Brandt was on campus Saturday as the Nittany Lions continued their efforts to get him back on board.

Von Brandt is ranked as the No. 62 player nationally, No. 6 offensive tackle and No. 1 player in Delaware. If Penn State managed to get him on board, it would be a huge recruiting win for Ryan Clanton.

But it's going to be tough for the Nittany Lions to win this re-

cruiting battle. Von Brandt's top eight includes Notre Dame, Ohio State, LSU, Tennessee, Auburn, Virginia Tech and Florida — he already has great relationships with former Penn State coaches James Franklin at Virginia Tech and Phil Trautwein at Florida.

With seemingly six schools still in the mix, it could be a bit until Von Brandt makes his decision, but getting him on campus this spring was huge for Penn State. He doesn't have any official visits scheduled yet, though, which will be an important indicator of if the Nittany Lions are a serious player for Von Brandt.

Other notable visitors

Priority defensive line target Stanley Montgomery visited Penn State this weekend as the Nittany Lions continue to push for the 4-star Philadelphian. Montgomery has an official visit scheduled for June 5, but will also take trips to Northwestern, Kentucky and Virginia this summer.

Montgomery ranked by 247Sports composite as the No. 7 player in Pennsylvania, which would make him a massive in-state recruiting win for Penn State.

4-star safety Malakai Taufouu was also on campus this weekend, a player Broomfield began recruiting at Iowa State over a year ago. Taufouu is ranked as the No. 35 player from California and has visited Washington, Oregon and Cal this spring along with Penn State.

Edge rusher Aidan O'Neil, who has the Nittany Lions in his top-seven, took a trip to Penn State this weekend. O'Neil was in Happy Valley on March 29 as well, and the Nittany Lions made the cut for an official visit this summer as they look to land the 4-star from New Jersey.

Looking ahead, Penn State had five players from the Class of 2028 visiting. 4-star cornerback Keaton Fields and 4-star offensive tackle Carter Barrett are the only two visitors currently ranked by 247Sports composite.

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PENN STATE NITTANY LIONS

No.	Name	Position/Elig.	No.	Name	Position/Elig.	No.	Name	Position/Elig.	No.	Name	Position/Elig.
0	Chase Sowell	WR/Sr.	18	Max Granville	DE/So.	37	Max Heffner	CB/Fr.	78	Malachi Goodman	OL/Fr.
2	Zay Robinson	WR/Fr.	18	Benjamin Bahmer	WR/Fr.	38	Nathan Tiyce	P/So.	79	Donnie Harbour	OL/So.
2	Audavon Collins	CB/Sr.	19	Amarion Jackson	WR/Fr.	39	Ty Blanding	DT/Jr.	80	Cooper Alexander	TE/So.
3	Rocco Becht	QB/Sr.	19	Jack Lambert	QB/Jr.	39	Jashaun Green	S/Sr.	81	Ben Whitver	WR/Fr.
3	Jamison Patton	S/Sr.	20	Tyrell Chatman	CB/Fr.	42	Mason Robinson	DE/Jr.	82	Ethan Black	WR/Jr.
4	Brett Eskildsen	WR/Jr.	21	Vaboue Toure	S/So.	43	Dayshaun Burnett	DE/Fr.	83	Brian Kortovich	TE/Fr.
4	Jeremiah Cooper	S/Sr.	21	Carson Hansen	RB/Sr.	47	Aidan Probst	DE/So.	84	Peter Gonzalez	WR/So.
5	Daryus Dixon	CB/So.	23	James Peoples	RB/Jr.	50	Cooper Cousins	OL/Jr.	84	Gabe Burkle	TE/Sr.
6	Koby Howard	WR/So.	23	Jahmir Joseph	CB/Fr.	51	Brock Riker	OL/So.	87	Andrew Rappleyea	WR/Jr.
7	Zion Tracy	CB/Sr.	24	Ibn McDaniels	S/So.	52	Dominic Rulli	OL/Sr.	88	Ikenna Ezeogu	DE/Sr.
7	Alex Manske	QB/Fr.	25	Quinton Martin Jr.	RB/So.	54	Vaea Ikakoula	OL/Fr.	89	Finn Furmanek	TE/Jr.
8	Karon Brookins	WR/Fr.	25	Alex Tatsch	LB/So.	55	Chimdy Onoh	OL/Jr.	89	Jackson Ford	DE/Fr.
8	Kooper Ebel	LB/Sr.	26	Cam Smith	LB/Fr.	56	Mason Bandhauer	OL/Fr.	90	Liam Andrews	DT/Fr.
9	Cael Brezina	LB/Jr.	26	Cam Wallace	RB/Jr.	56	Alijah Carnell	DT/So.	91	Armstrong Nnodim	DT/So.
10	Caleb Bacon	LB/Sr.	27	Omarion Davis	S/So.	61	Liam Horan	OL/So.	92	Andrew Dufault	SN/So.
11	LaVar Arrington II	DE/So.	28	Bryson Williams	S/Fr.	65	Jim Fitzgerald	OL/Sr.	92	Siale Taupaki	DT/Sr.
11	Lyrick Samuel	WR/So.	29	D'Antae Sheffey	RB/Fr.	66	Will Tompkins	OL/Fr.	93	Bobby Mears	DE/Jr.
12	Kase Evans	QB/Fr.	29	Hunter Sowell	CB/Fr.	67	Henry Boehme	OL/Jr.	94	Ryan Barker	K/Jr.
12	Xxavier Thomas	CB/Fr.	30	Christian Askew	S/Fr.	68	Anthony Donkoh	OL/Jr.	94	De'Andre Cook	DT/So.
13	Tony Rojas	LB/Jr.	31	Logan Cunningham	WR/Jr.	70	Anthony Dunkr	OL/Jr.	95	Cristiano Rosa	K/Sr.
14	Peyton Falzone	QB/Fr.	31	Marcus Neal Jr.	S/Jr.	71	Garrett Sexton	OL/So.	97	Keanu Williams	DT/Sr.
15	Keith Jones Jr.	WR/So.	32	John Klosterman	LB/Sr.	72	Tyshon Huff	OL/Jr.	98	Matthew Parker	K/Fr.
15	Joshua Johnson	CB/Fr.	33	Alex McPherson	DE/So.	73	Caleb Brewer	DT/So.	99	Yvan Kemajou	DE/So.
16	Donte Nastasi	CB/Jr.	34	Chris Fileppo	LB/So.	74	Kuol Kuol II	OL/Fr.	99	Dallas Vakalahi	DT/Jr.
17	Josiah Zayas	CB/Fr.	35	Blaise Sokach-Minnick	SN/Sr.	76	Hunter Albright	OL/Fr.			
17	Connor Barry	QB/Sr.	35	Tyler Armstead	CB/So.	77	Owen Aliciene	OL/Fr.			

4 storylines for Blue-White

By Football Staff
THE DAILY COLLEGIAN

The annual Blue-White Game is almost here, but it's going to look a bit different than usual — it will instead be Blue-White Practice with stretching, a walk-through, individual drills and some 7-on-7 and 11-on-11.

But regardless of the name or structure, Saturday marks fans' first look at Penn State under Matt Campbell. There will be plenty of new faces on the Beaver Stadium grass alongside Campbell, some of which the Happy Valley faithful will soon know very well.

Besides the new faces, there's many other things to look out for. Here are four storylines we're keeping an eye on at Blue-White Practice this weekend.

Andrew Deal: What does the defensive line truly look like?

Penn State has clearly made it a point to not only add size on the defensive line through bigger players, but also bulk up the other defensive linemen who've returned.

The previous defensive lines have been noticeably undersized, prioritizing speed rather than power. However, that's allowed some of the bigger teams to push around the line, and bully its way in the run game.

The Nittany Lions added size, including transfer defensive tackles Armstrong Nnodim, Siale Taupaki, Dallas Vakalahi and Keanu Williams, all of which are at least 19 pounds over the 300 mark. Does the added size immediately mean more power? That won't be known until the push at the line can really be noticed.

The Blue-White Practice will have some drives, involving offense versus defense like a normal game. This is where the defensive line could make an impact, and could be where they truly give an answer to the ques-

tion on power:

The four previously mentioned are likely impact players at the position, and while it won't be flashy, it could be a sign for how the run defense will perform in the upcoming season, helping fill gaps better to allow the pass rush on the outside to succeed more.

Despite the defenses getting a lot of hype over the past few years, the sack numbers haven't hit that mark. Last year, Penn State ranked No. 33 in the country in sacks per game, but with the added size on the interior, the outside pass rusher could find more success, even in the Blue-White Practice.

Andrew Mercer: Who will emerge as the go-to running back?

Matt Campbell identified three running backs, each with a different background prior to arriving in Happy Valley, that are in the battle to play similar roles to how Nick Singleton and Kaytron Allen performed during their four years at Penn State.

However, what we don't know is who'll be the go-to when times get tough.

Senior Carson Hansen appears to have the upper edge, having followed Campbell out of Iowa State where he was the starter, putting up 950 rushing yards for six touchdowns last year.

Meanwhile, junior James Peoples transferred from Ohio State where he was the third-string running back. In 2025, he continued to play that third-string role behind Bo Jackson and CJ Donaldson, accumulating 352 yards on 61 carries.

The third option is returning Nittany Lion Quinton Martin Jr. The redshirt sophomore saw the field just once last year in the Pin-stripe Bowl, where he balled out for 103 rushing yards.

The three of them should get ample time to prove to the coaching staff why they deserve to get more carries come Week 1. With



Kate Hildebrand/Collegian file photo

Penn State football players sing the alma mater after the 2025 Blue-White Game at West Shore Home Field at Beaver Stadium on Saturday, April 26, 2025 in University Park, Pa. The White team beat the Blue team 10-8.

both Peoples and Martin Jr. being younger than Hansen, fans will likely keep an eye on that 1-on-1 battle for the future of the running back room.

"That's going to be great competition all the way through fall camp," Campbell said. "All three have shown really great things."

Lexie Linderman: How will the wide receivers look?

It's no secret Penn State's wide receivers have struggled in recent years, but with a new head coach, wide receivers coach and a fresh group of wideouts, things could be looking up for the receiving corps.

But expectations were high for the receivers last season and they disappointed, so it's too early to truly tell if the wide receivers will actually make an impact. Still, the Blue-White Practice will give us the first true look at some of the new wideouts.

It's unclear how much Brett Eskildsen and Chase Sowell will participate, as they've been limited with injuries all spring, but returnee Koby Howard and Iowa State transfers Karon Brookins and Zay Robinson have impressed throughout practice.

All three should get plenty of

burn on Saturday regardless of how much Eskildsen and Sowell practice, and they'll likely leave fans excited about the present and future state of Kashif Moore's group.

Eyes will especially be on Howard after the buzz surrounding him and his performance as a true freshman last season. Offensive coordinator Taylor Mouser and quarterback Rocco Becht have had plenty of praise for him this spring.

"Koby, he's a guy that's work ethic challenges everybody in the room, not in a bad way, but he's a guy that never leaves the jugs machine," Mouser said on April 9. "He's a guy that's around the facility all the time. He's a guy that's asking me questions, and when you prepare like that, it forces everyone else to prepare, and you stand out."

Noah Aberegg: Will Ryan Clanton's offensive line truly be "Dog like?"

While Penn State's offensive line led the way for record-breaking seasons by running backs Nick Singleton and Kaytron Allen, things will be a little different this year.

Both running backs are projected to be drafted into the NFL this weekend, while four of Penn State's starting offensive linemen from last year look to join them.

A few familiar faces will be back for another year with the Nittany Lions, including Anthony Donkoh, Dominic Rulli and Cooper Cousins. But besides them, the rest of the line would be starting their first game with Penn State.

New offensive line coach Ryan Clanton preaches a dog-like mentality for his linemen, and Penn State is getting its first taste of that.

"You got to want to be violent," Clanton said in March. "You got to want to run through somebody's face. And that's a big part about playing o-line."

As a whole, Penn State's offensive line is 10 pounds heavier than last year, already playing to that stronger mentality. But it's unclear if there will truly be a difference on the field.

With a new group of younger and less-experienced backs playing behind the line, Saturday will be the first true test of how well this year's team can create gaps and opportunities for big plays.

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MOCK DRAFT ROUNDUP

By Andrew Deal
THE DAILY COLLEGIAN

It's officially one of the most impactful weeks of the NFL schedule: draft week. Multiple Penn State players will hear their names called in Pittsburgh, making their dreams come true.

ESPN and NFL Network just released a full, seven-round mock draft on Monday as the draft is just a couple of days away.

Here's where some former Penn Staters are mocked for the upcoming draft.

Vega Ioane, offensive lineman, 1st round

A perennial first round pick, Vega Ioane continues to get mocked in the middle of the first round.

ESPN's Jordan Reid has Ioane going to the Baltimore Ravens at No. 14, while NFL Network's Chad Reuter has the former Nittany Lion going to the Ravens' AFC North rival, the Pittsburgh Steelers at No. 21.

Both teams have a need inside at guard, with the Steelers losing Isaac Seumalo to free agency and the Ravens' interior being on the weaker side. The addition of Ioane would be an immediate upgrade for either team.

Dani Dennis-Sutton, defensive end, 2nd round

Dani Dennis-Sutton has taken

a noticeable rise in recent mock drafts, with each one having the former Nittany Lion selected in the late second round.

Dennis-Sutton tested well at the NFL Scouting Combine and as a result, rose in mock drafts, making him a probable second-round pick. Reid has the pass rusher going 52nd overall to the Green Bay Packers, while Reuter takes him just five picks later to the Chicago Bears, both toward the end of the second round.

Dennis-Sutton proved his abilities as the lead pass rusher in 2025 and could be a reliable threat on the edge for any team that selects him.

Zakee Wheatley, safety, 3rd round

The consensus in the most recent mock drafts has Zakee Wheatley staying in state and going just one pick apart.

In Reid's, Wheatley gets selected 98th overall to the Philadelphia Eagles, while Reuter has him going one pick later to the Steelers in the third round.

Both teams have some question marks, as Jaylen Ramsey's comfortability with safety isn't confirmed and the other options not quite as strong. For the Eagles, projected strong safety starter Marcus Epps hasn't played as well the past two seasons, making the safety selection more reasonable.

Either spot would give Wheat-

ley an opportunity to earn a starting role early in his career, joining the recent group of former Nittany Lions to find success at safety in the pros.

Drew Allar, quarterback, Day 3

Despite some questions earlier in the year on where Drew Allar would go, the consensus seems to be on the third day. Reid and Reuter both have Allar going in the 4th round, with Reid's mock draft having him go 103rd overall to the New York Jets.

Reuter has Allar going just 25 picks later to the Detroit Lions, who have an established starting quarterback in Jared Goff. However, Goff is 31 years old and another few years could allow Allar to start.

Allar wouldn't have to play right away for either team, as both have veteran quarterbacks who will start to begin the year. This will allow him to sit, develop and work out the kinks of the "project" title he's been given since the draft process started.

While there was often a high difference in Allar's selection, his draft stock seems to be sitting at the fourth round just three days away from the draft.

Kaytron Allen, running back, Day 2 or later

Kaytron Allen has the most polarizing selections of the former

Nittany Lions. Allen is likely to go late in the second day or early in the third day, but Reid doesn't have him getting selected at all across the seven-round mock draft.

On the other side, Reuter has Allen going in the third round to the Miami Dolphins at No. 90 overall, which seems to be a more reasonable spot.

If he goes to the Dolphins, he'd be in a deep running back room, one the Dolphins have invested in over the past couple of drafts.

Allen proved he has top running back capabilities and despite the difference in mock draft spots, he's likely to be in that middle round location.

Nick Singleton, running back, Day 3

After having a down year, Nick Singleton's draft stock has taken a significant drop.

Now fully recovered from his injury, he has under a week to prove himself to raise the stock back up.

Entering the 2025 season, Singleton was seen as one of the top running backs in the class. However, he's now seen as a mid-round pick as Reid has him going in the 5th round to the Packers.

On the other hand, Reuter has him 20 picks higher, in the 4th round, to the Jets.

Both options are interesting selections because neither team

has any need for a running back. The Packers have Josh Jacobs and the Jets have Breece Hall, meaning Singleton would have to work for No. 2 running back reps behind the star tailbacks.

Other late round projections

The rest of the former Penn Staters have a wide variety of locations in the draft.

Some are selected in one mock draft and not selected in another.

Reid has a Nittany Lion going in each of the final three rounds with defensive tackle Zane Durant getting taken at No. 157 by the Carolina Panthers, offensive tackle Drew Shelton selected No. 193 in the 6th round to the New York Giants and offensive tackle Nolan Rucci getting taken No. 252 overall to the Los Angeles Rams.

Reuter, however, has just Durant getting drafted, but 16 picks higher in the 4th round to the Eagles.

Neither Shelton nor Rucci were taken in the NFL Network mock draft, showing the difference in the drafts and the variability of the two prospects' fate.

No matter where he goes, the team is getting a seemingly high-upside running back, who has breakaway speed that could boost the offense of any team he's on.

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Beaver Stadium debut on the horizon

By Andrew Mercer
THE DAILY COLLEGIAN

Penn State's roster looked vastly different the last time fans attended a game at Beaver Stadium. When Matt Campbell was hired to be the new head coach, he brought much of Iowa State's core to Happy Valley, none of which had experienced playing in a venue that seats 107,000. The Cyclones' home stadium, Jack Trone, has a max capacity of 61,500.

But before the new season starts, the Penn State faithful are ready to welcome the fresh faces to their new home with the Blue-White Practice this weekend. To prepare for the environment, the Nittany Lions held their first practice inside Beaver Stadium last Saturday with empty stands.

"Man, it was lit. Beaver is a big stadium — I've never played in a stadium like that," defensive

end Ike Ezeogu said on Tuesday. "Besides, I guess (Arrowhead Stadium) we played in one time. But other than that, Beaver was an amazing experience, and I just can't wait to see all of the 100,000 people in there."

The Blue-White Practice is a variation of previous years' Blue-White Game, where the Nittany Lions split up into two teams and played a full scrimmage with additional padding on their helmets to mitigate potential injuries.

Campbell announced that the structure of the event will look different, functioning as a standard practice for the opening 20-25 minutes before transitioning into the familiar spring game feel where the offense and defense will run drives down the field. Therefore, the bones of the event remain largely the same, giving fans a closer look at what the Nittany Lions will be like in the fall.

"One of the neat things for our

kids this time around is they're going to get to experience what this fanbase feels like and how special this place really is," Campbell said. "Even last Saturday, there were a lot of big eyes walking into that stadium and how powerful it feels to walk in there. I think the opportunity to do that with our fan base this weekend — we can't waste a great practice."

For projected starting wide receiver Chase Sowell, a Beaver Stadium debut is something that he didn't think was in the cards. A college football journeyman, Sowell played at Colorado, East Carolina and Iowa State before joining many of his teammates at Penn State.

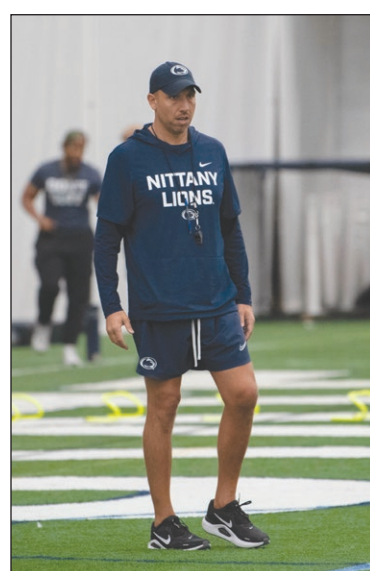
"I can't wait. I've never even thought I'd be playing (at Beaver Stadium)," Sowell said. "I've played at a lot of places, but I've never played at a stadium that looks like this. And I feel like that's my home. Now, that's

something that I've got to play for and represent.

Sowell also spoke about the implications of being not only a player, but a member of the Penn State community. Wearing the blue and white is a representation of the university and its people, both students, locals and football fans, and Sowell noted that he "feels honored" to be able to play in the Happy Valley atmosphere.

"You go back in the history of what Penn State is about, and what their M.O. is and I feel like a lot of those same values tie into what our values were already as a team," Sowell said. "Being a good person, being a good role model, being a good person in the community, and being a good student, all those things. I feel like this place has always been at that standard."

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Noah Aberegg/Collegian

Head coach Matt Campbell squats during Penn State football's practice in Holuba Hall on Thursday, March 26, 2026 in University Park.

‘IT’S A PRIVILEGE’

WRs coach Kashif Moore builds relationships in new program

By Andrew Mercer
THE DAILY COLLEGIAN



Avery Hill/Collegian

Wide receivers coach Kashif Moore stands during Penn State football practice on Thursday, April 9, 2026 on the outdoor practice field of the Lasch Building in University Park, Pa.

their specific areas of improvement on Tuesday, taking into consideration the age of the room. He noted that Moore’s guidance will be crucial to the future success of the receiver room.

“His ability to articulate the teaching of the wide receiver fundamentals and the detail that it takes to play for the wide receiver (is great),” Campbell said. “I think that’s the biggest thing that you just don’t know. But the ability to articulate, what are those key factors, what are those key separation points, the fundamental details that you have to do to be able to play a wide receiver at a really high rate.”

For Moore, he stepped into a brand new room where he quickly had to learn the lay of the land. Building relationships with the younger receivers for lasting growth into the future became his focus considering the youthfulness of the group as Campbell mentioned.

As a result, Moore has prided himself on being a “relationships coach,” establishing a connection with his guys off the field prior

to training for the first time with them. “Coming along a little bit later in the process, I had to accelerate things as quickly as possible,” Moore said. “Just being able to get on the phone right before I even got here with someone who I received and tried to establish a relationship. Day one and I was here bringing guys up to meet with them one on one was very important to me.”

Sowell had an existing relationship with his new coach, as he was recruited by Moore when he was in the process of transferring out of Colorado. Sowell looked at playing under Moore at UConn, but Sowell chose East Carolina over the Huskies.

Moore ended up coaching Sowell eventually, though quite unexpectedly, and that prior relationship has helped Sowell adjust to his new coach.

“I know what he’s about,” Sowell said. “I know what he brings, and just what he’s done in the game, what level he’s played at, who he’s played under, who he’s played with. Those things have played a big factor in developing

the room. So I think he’ll bring a good aspect to the room that we didn’t have before.”

There’s always pressure for players and coaches to perform on-field at Penn State, but Moore stressed the importance of building an individual outside of the sport. He’s juggling the responsibilities of preparing the current and future generations of Nittany Lion receivers along with teaching his student-athletes how to be the best versions of themselves, part of his “holistic approach” to coaching.

“Obviously, we’re here to win games and do something special here with the high expectations and the high standards of excellence here at Penn State,” Moore said. “But the holistic approach, when it comes to the academics, holding guys accountable to everything both on and off the field — we’re trying to build future husbands and fathers that are going to be successful people when football is long gone.”

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BLUE-WHITE WEEKEND EVENTS

FRIDAY KIDS COMBINE

- OPEN TO KIDS IN EIGHTH GRADE AND BELOW
- DOORS OPEN AT 4:30

BLOCK PARTY

- 9AM-1PM ON CURTIN RD.
- TEAM ARRIVAL 10:45AM
- PICTURES WITH THE NITTANY LION, CHEERLEADERS, AND LIONETTES 11-11:30 AM

AUTOGRAPHS

- FOOTBALL FROM 11-12PM
- WRESTLING FROM 12:10-12:40 AT GATE B
- WOMEN’S HOCKEY FROM 12:10-12:40 AT GATE A

EQUIPMENT SALE

- 9AM-1PM AT PEGULA ICE ARENA
- WHILE SUPPLIES LAST

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Trench defense

By Lexie Linderman
THE DAILY COLLEGIAN



Avery Hill/Collegian

Edge coach Christian Smith watches his position group during Penn State football practice on Thursday, April 9, 2026 on the outdoor practice field of the Lasch Building in University Park, Pa.

“They’ve done a good job of understanding the playbook, understanding what they’re supposed to do. And then now they’re getting to the point where they can start the formation and see and recognize things, and really have trusted the technique that they’re playing with and gotten better,” Smith said. “I think as they continue to go and master their craft they’ll be really, really good players in the Big Ten.”

Because the defensive end room is younger, it doesn’t have a vocal leader just yet. Smith is looking for someone to step up, though, as they’re currently relying on guys like Taupaki and Williams to lead the entire defensive line group as spring ball nears its end.

“I think the veteran leadership is in the interior right now, in our room, so we got to continue to find more guys in the defensive end room that can be (leaders) because we do break up at times,” Smith said. “Who’s going to be the voice of the position group, if we’re doing individual d-ends, and we’re not having the energy that we need to have, but it means the world to have those big guys in the middle.”

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‘I LOVE PENN STATE’

Granville’s unique year nears end with return to field

By Andrew Deal
THE DAILY COLLEGIAN

Max Granville has had one of the more unique careers as a Penn State player thus far, entering his third season in Happy Valley. Granville reclassified and joined the team in what should’ve been his senior year of high school. Before the following season, he suffered a season-ending injury in May after expectations were raised ahead of his redshirt freshman season.

“The way I was raised,” Granville said. “I think my parents did a great job making sure I wasn’t soft. My dad was always hard on me. So I feel like I’m able to handle situations like that.”

While recovering from his injury last season, Granville was often animated on the sidelines, showing support for his teammates. The defensive end learned not only about himself, but also about his play on the field while recovering.

“I learned a lot of different things, even about the game,” Granville said. “I feel like I have a better feel for the game, even though I wasn’t out there playing, just understanding how to read tackles on certain things

and then also giving me confidence, like saying, ‘Man, I could have made that play.’ I feel like it showed me, I do feel like I’m a special kind of player, and I can make big plays when my team needs me.”

Granville’s recovery process lasted through the coaching staff change, but he had the opportunity to transfer in the offseason. The redshirt sophomore knew his heart was still in Happy Valley, however, which made his decision even easier when the Nittany Lions hired defensive coordinator D’Anton Lynn.

“After thinking through some things, I just really love Penn State, and after talking to coach Lynn,” Granville said. “I will say too, in the week in New York against Clemson, it really just had me thinking, ‘Man, I love Penn State and I don’t want this to be my last game.’”

Granville is still working back from his season-ending injury last season, while also recovering from a “minor back issue.” While out, Granville has been working off to the side, getting in reps and working on adjustments in his run defense with the changing size of his interior teammates.

Despite not being able to work with his teammates on the field much, Granville is still making an impact and an influence on the

line. He’s helped bridge the gap between returning Penn State players and transfers, but has also shown glimpses of what he could do on the field.

“As a player, I haven’t really seen much, obviously, because he’s hurt, but I think that he’s going to be a great player,” defensive end Ikenna Ezeogu said.

With the recent history of pass rushers having success at Penn State and going to the NFL, Granville sees a lot of his game in some of those stars, as he attempts to etch his name next to the greats to put on the uniform.

The redshirt sophomore is expected to be back full-time in the summer, which will allow him to be full-go for fall camp leading up to the season. In the meantime, Granville’s working on off-the-field preparations that’ll help him find success on the field.

“Watching film on guys who I feel like have similar play styles to me like Micah (Parsons), Abdul (Carter), Chop (Robinson), learning how they get off the ball,” Granville said. “Then just athleticism, different things like ankle mobility, hip mobility, making sure I’m flexible enough to bend the corner and run game.”

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Samantha Oropeza/Collegian

Defensive end Max Granville (18) walks into Beaver Stadium before the Penn State White Out football game against Oregon on Saturday, Sept. 27, 2025 in University Park, Pa. The Ducks beat the Nittany Lions 30-24 in double overtime.

Protesters voice concerns about ICE activity at borough council meeting

By Jonathon Chiu
THE DAILY COLLEGIAN



Jonathon Chiu/Collegian

Protesters hold up a banner reading "SC BOROUGH SCPD AID N ABET ICE TERROR" during a State College Borough Council meeting in the State College Municipal Building on Monday, April 20, 2026 in State College, Pa.

es and hospitals.

He also said prohibitions on masked law enforcement officers

"The wife of the person who was picked up on March 25th will no longer drive her car ... She's afraid of getting picked up by ICE."

Tracy Sprowls
Centre County Rapid Response

and requiring ICE agents to have clear methods of identification should also be enacted along with

requiring a warrant for ICE to access online data.

Tracy Sprowls, a member of the Centre County Rapid Response Network, said while the borough has stated that the SCPD does not play a role in ICE operations, she questions if inaction is as harmful to the community as actively participating in arrests.

Sprowls said while several council members have stated to her that they believe enacting an ordinance aimed against ICE activities would draw attention to State College, she believes doing so would show an active effort to keep people safe in the borough.

"Right now, the people who have been bothered by ICE do not feel safe," Sprowls said during the public comment section. "The wife of the person who was picked up on March 25th will no

longer drive her car which means she can no longer go to the grocery store. She can no longer take her kids to school or go to work because she's afraid of getting picked up by ICE."

Following the closing of public comments, a group of protestors who claimed to be unaffiliated with the People's Defense Front or SCDS unfurled a banner reading "SC BOROUGH SCPD AID N ABET ICE TERROR" and made a statement advocating for the protections of immigrants and others living in the borough before leaving.

In his report to council, President Evan Myers said it's important that the council still be willing to accept comments no matter how they are delivered.

"We may be upset because we

were accused of certain things, but it's our job to sit up here and listen to people talk to us, to talk their truth to whatever meager power we might have, and so I do appreciate that," Myers said.

Myers said he personally would like to see more concrete action be taken in the borough to protect immigrants and reemphasized that SCDP was not openly participating in ICE operations and that anything to the contrary was "not what we stand for."

He said while he found it important to listen to the protestors, it would be better if they directed their grievances towards politicians who are actively supporting ICE activities.

"Perhaps it would be better served if they spoke in front of G.T. Thompson's office or Senator McCormick's office because

"I know a lot of other people who, frankly, aren't straight white men who are financially safe enough to come here and say this and who don't feel as safe as I do and want to know that their local government is going to do something."

Nicholas Dudek

those are folks that actually have voted to expend funds to aid ICE," Myers said. "That was the only recommendation I would make in that regard but, again, I think it is important that we listen and I think we heard what was said by those folks."

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AROTC prepares for competition

By Kyla Jones
THE DAILY COLLEGIAN



Emma Lessick/Collegian

Cadets stand on a line during the Penn State Air Force ROTC Leadership Lab on Thursday, Nov. 14, 2024 in University Park, Pa.

Castagna said teambonding has helped her learn a lot about herself and develop confidence.

"You're around people who could support you," Castagna said. "That helps you kind of develop yourself and your self esteem."

Nathan Musser is competing for the first time and said he's been getting butterflies, while hearing upperclassmen's stories of the competition. As May approaches, he's been getting more accustomed to the training schedule.

"What we're doing here, it's very unpredictable, so you get to see a lot of raw emotion and character," Musser, a first-year studying finance, said.

Musser described the competition as the group's Super Bowl, and said it gives him balance.

"Definitely adds a little bit of pressure, but it's a really cool feeling just to know that you represent something bigger than yourself," Musser said.

Sergeant Nicholas Piatkowski, head coach of the Ranger Challenge and Sandhurst teams, said he wants the cadets to remember their service goes beyond the team and sport. Cadets all wear black metal wristbands that bear the name of fallen soldiers.

"We wear the bracelets as a way to remember the sacrifice of those who came before us," Piatkowski said. "That's what we have to do, let their legacies live on."

As a coach, he said the most challenging part is being "in the dark." He doesn't know what events will look like until the team actually goes into them.

Piatkowski was a cadet during his time at Penn State. As such, he said he recognizes the importance of the competition and training as representative of the university.

Brienna Blackwood, co-captain, said the group has had a long training period. In order to prevent burnout, they have limited their days and plan to incorporate meal rotation.

"We switched from five days a week (physical training) to four days in-person and one virtual run on Fridays so that people didn't have to wake up too early," Blackwood, a third-year energy engineering major, said. "We wanted to keep cardio strong, and also start honing in on the technical skills that we would be seeing at Sandhurst."

Each event is categorized differently, according to Blackwood. After the 48 hour competition, each team is awarded by specific event then as a team — first, second or third place.

"One of the main changes that we've made from last year to this year is really trying to emphasize cross-training so that anyone can exceed in any event," Blackwood said. "We notice that Sandhurst is very physically demanding."

Blackwood said she wants everyone on the team to remember how to support one another.

"As a team we work really well together, and that's the one thing that I want to take with us and come away stronger," Blackwood said.

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'This is What it Feels Like' catcalling exhibit raises awareness

By Jacob Godshall
THE DAILY COLLEGIAN

In order to draw awareness to the issues of street harassment and catcalling, the Relationship Violence Outreach, Intervention and Community Education Center (R-VOICE) and HUB-Robeson Galleries teamed up with Artist and Musician Terra Lopez to bring the "This is What it Feels Like" project to Penn State.

The "This is What it Feels Like" project began in 2022 and creates an auditory experience in which participants are on the receiving end of catcalling and harassment. The project's mission statement says that the hope is to "promote understanding and stop the misogynistic patterns that have become embedded in our culture."

Sarah Kipp, who helped organize and construct the event, said that now is a very important time to be discussing this issue.

"Under the current administration, I do feel that toxic masculinity is a really huge problem, and so I think that drawing attention to this kind of thing is more important than ever," Kipp, the exhibition coordinator for HUB-Robeson Galleries, said. "It is something that affects so many women, and so every person has somebody that they love that goes through this."

The display included a wall of black curtains with a disclaimer on what the experience will be like and what it discusses.

The focus of the exhibit is on a small, curtained-in booth, dimly lit and decorated only with a mirror. During the experience, participants wear a set of headphones as they look at themselves in the mirror, and voice lines of men catcalling in English and Spanish are played. When wearing the headphones, participants hear comments like "Hey wifey come here," "You're so beautiful," "Suck my d—ck," and "What? You can't take a compliment?" Afterward, participants wrote on a shared reflection board.

"Terra made it really easy for us because this exhibit has been done in different types of places, and she's very flexible and open minded in terms of how to make this experience work best for your space," Kipp said. "They also have construction guidelines as to what the booth should look like, things like that, so she made it really easy for us."

Chloe Crabb, a member of R-VOICE, said the message of the exhibit is that catcalling, street harassment and gender-based violence is never okay, "and can happen to anybody."

"For people experiencing catcalling and harassment, I hope that the mirror and the experience in general shows that experiences like this do not define you," Crabb, program coordinator for outreach and prevention at R-VOICE, said. "And then, for people who maybe have catcalled in the past or have been perpetrators of this kind of violence, understand how it can really impact you emotionally."

Julia Lipscomb said the mirror element of the exhibit made her feel like it was being said to her, and that made her "a little sick."

"I think it's important because this happens every single day to millions of people, millions of women," Lipscomb, a second-year studying biology, said. "But it's just really normalized because we're not doing anything; it's not illegal to do any of this. It's really impactful on how women go about every day, and going out into the world, you're constantly worried."

Lipscomb said the reflection board was an important part of the exhibit as well, because it showed the sense of unity between participants of the event.

"I would believe that most people who would come to this exhibit are the ones willing to listen," Lipscomb said. "But, if it happens to somehow cross a person who has done it in the past, I think them looking in the mirror at themselves, having those words said to them, I would hope that would have a negative impact on them doing (it) in the future."

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EARTH, ARBOR DAY FESTIVAL

By Jonathon Chiu
THE DAILY COLLEGIAN

Sustainability State College held an Earth and Arbor Day Festival as part of its third annual Earth Day celebration from 5 to 8 p.m. on Tuesday at Sidney Friedman Park.

Organizations like Penn State Sustainability, Women in Nuclear (WIN) at Penn State, Centre Region Pennsylvania Senior Environmental Corps and Schlow Centre Region Library set up tables to participate in the event. There were also performances from musicians like Sean Thomas, Ham on a Stick and Code Blue.

Sarah Landauer, who tabled for the Sustainable Food Systems Network (SFSN), said she saw the festival as a good way to introduce the community to sustainability resources in the borough.

“It’s great for the, one, community to come out and learn and, two, for community organizations to feel supported by other organizations in the community,” Landauer said.

SFSN’s table was handing out seeds for people to create their own gardens, which Landauer said is a fun way for people to get



Jonathon Chiu/Collegian

People mingle and walk past tables during the Earth and Arbor Day Festival at Sidney Friedman Park on Tuesday, April 21, 2026 in State College, Pa.

way to kind of work with the environment and understand how to take care of the soil, take care of the earth in a way that will give back to you,” Landauer said. “It’s like a reciprocal relationship.”

At 6 p.m., State College Borough Council Member Matt Herndon presented two mayoral proclamations declaring April 22 as Earth Day and April 254 as Arbor Day in State College.

Before reading the proclamations, Herndon said in an interview that he saw the festival as a way to inspire the community to take action to combat climate change.

“It’s something that we’re living with right now as we see wildfires, as we see increased storm activity, as we see rising sea levels, as we see more ticks in our

area,” Herndon said. “These are all results of climate change and they are getting worse and will continue to get worse until we stop our emissions and deal with the actual root of the problem.”

He said organizations like CentreBike and efforts to expand safe cycling in the borough shows there are many practical ways available for people to begin making more sustainable choices.

“I think the thing that keeps most people off bikes, it’s not that they are not capable of it, it’s that they’re afraid of cars injuring or killing them,” Herndon said. “Having separated bikeways, I think, is a very strong action that we can take to help people be more comfortable.”

Molly MacRae, who was invited to the festival by a friend, said she

was amazed by the diversity of

organizations present at the festival.

“I feel like, typically, when you go to something like this, it’s the same thing over and over and they have one pamphlet with the same kind of information,” MacRae, a second-year studying environmental resource management, said. “It’s kind of neat how each one has a craft or an activity rather than having to pick it out of a pamphlet and everyone tabling seems really about it, very knowledgeable and wanting to share what their organization’s about.”

While she said she appreciated the festival as a means for community outreach and education the borough could do more to further its sustainability efforts.

“I think that a lot of our green spaces aren’t really put to their best use,” MacRae said. “I think a lot of them could be more home to native plants rather than mowed grass that our taxes are paying to mow instead of the cultivation of native species. I think something like this, though, does do a lot to educate the general public and the members of the borough.”

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“Producing your own food can be really educational, fun, rewarding it can also be a great way to kind of work with the environment”

Sarah Landauer

excited about sustainability.

“Producing your own food can be really educational, fun, rewarding and it can also be a great



Jonathon Chiu/Collegian

Water samples sit on the Centre County Pennsylvania Senior Environmental Corps’s table at Sidney Friedman Park on Tuesday, April 21, 2026 in State College, Pa.

First Gen Advocates support ‘trailblazers’



Courtesy of Delany Moreno

The marketing and communications committee and outreach and belonging committee of First-Gen Advocates.

By Kelsey Bonifer
FOR THE COLLEGIAN

First-Gen Advocates (FGA) is a student-run club that works to assist first-generation college students in navigating what can be a strange, overwhelming and occasionally lonely experience.

Through weekly meetings, events for the entire campus and community building, the group has developed into a place where students may give and receive advice.

Domenic Contrino said the group brings a sense of community for him and other fellow first-generation college students, as they are all “trailblazers” for their families.

“There’s a lot of pressure and uncertainty that comes with that,” Contrino, a graduate student studying environmental engineering, said. “Your family supports you, but they don’t always know what you’re going through.”

He said FGA has filled the gap between comprehension and support.

The club organizes a variety of events all year long, with the goal of meeting other first-generation students. In November, the group hosted a First-Generation College Celebration in the HUB-Robeson Center, which featured a week of programs and workshops.

Other events are usually intimate and smaller, including study sessions, Halloween pumpkin painting or informal get-togethers where students can unwind.

“FGA gives people a place to be heard,” Contrino said. “To share their experiences and realize that what they’re going through is normal.”

Delany Moreno has been a part of FGA since her freshman year when she found the club at the involvement fair. She said not only

did the helpful resources offered by the group stand out, but also the overall atmosphere.

“It was welcoming right away,” Moreno, a fourth-year studying criminology, said. “I met people who understood what I was going through.”

FGA President Milan Dukes sees the group as more than just a club, as it’s been a support system that’s helped shape her college years.

As the second person in her family to go to college, Dukes remembers feeling unsure at times, especially when things still seemed new, but she’s grateful for what she learned from these scary experiences.

“You don’t always know where to go or what to do,” Dukes, a fourth-year studying psychology, said. “But being in this group, you realize you’re not alone. I hope other people feel the same way.”

Since becoming the group’s president, Dukes’ weeks are now filled with planning meetings, talking to members and finding ways to make the club more beneficial. Her only goal is simple: progress.

“You never know if you’re doing enough,” she said. “But if people believe in what you’re building, that’s what matters.”

The idea goes beyond the executive board, as FGA members said confidence can be seen in each other, from those who take on leadership roles to others who get the nerve to ask questions they didn’t know how to ask before.

“Use your voice,” Dukes said. “That’s something we really try to emphasize.”

Donna Hercules said her confidence comes from the community in FGA and a new perspective on college. At Penn State, she had a hard time finding her place at

first, but through her experience with the group, Hercules has felt more comfortable on campus.

“I didn’t realize how many resources were out there and how many people were in the same situation as me,” Hercules, a fourth-year studying biobehavioral health, said.

Now, Hercules helps plan events for the club, such as the upcoming spring Carnival on Wednesday from noon to 4p.m. on the HUB lawn, as well as workshops for internships and job search strategies. She said these opportunities are especially important for first-gen students who are entering the professional world for the first time.

According to Contrino, many first-gen students face problems that extend beyond school, like figuring out how to get financial help or how to do well in job interviews without a family member to guide them.

“You can’t always go to your parents for advice on things like that,” Contrino said. “But that also builds a kind of resilience.”

He also said that these struggles aren’t the only thing that defines first-gen students.

“We’re no different from anyone else,” Contrino said. “We’re all dealing with pressures, but there’s pride in being first-gen. It takes courage.”

FGA tries to build a sense of pride, not just among its own members, but all over campus. The group is trying to change how people think about first-generation students by holding events, sharing stories and making spaces where they can be seen.

“Unity comes from understanding that we are different but not drastically different,” Hercules said.

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Counselors for SA survivors

By Sara O’Connell
THE DAILY COLLEGIAN

Content warning: This article contains mention of sexual assault. Resources and support are available through Penn State’s Counseling and Psychological Services.

Though counseling for sexual assault survivors and those with general mental health concerns share valuable similarities, utilizing similar techniques to help clients with trauma response, they still vary in complexity and training requirements.

There are a variety of resources on and off campus for sexual assault survivors looking for specialized counseling, including Penn State’s Counseling & Psychological Services (CAPS), Centre Helps, Relationship Violence, Outreach, Intervention, and Community Education Center (R-VOICE) and other confidential medical care through University Health Services.

At Centre Helps, a local nonprofit providing crisis intervention and resources for those in need, they utilize the empowerment model, according to Sarah Allison, a Centre Helps hotline counselor.

This method allows survivors to build their own story, proceed at their own pace and follow what’s best for themselves. She said it’s a proactive form of trauma-informed care.

“You have to take the extra time and precautions to make sure that you’re allowing their story to be heard, and allowing them to have control over that story,” Allison, a fourth-year studying psychology, said. “A lot of the time, it can be the first

time they ever choose to speak out.”

Furthermore, Allison said avoiding triggers by using clients’ preferred terminology is a key way to gain trust, as it allows clients to regain their power and avoids retraumatization.

Stephanie Stama, the assistant director of community education & outreach at CAPS, said each session’s pace is determined by the client and they employ healing-centered approaches.

“Regardless of where a student may be in their process of healing, a counselor will provide the space and pacing that an individual needs,” Stama said.

Stama said each survivor may need different treatment because they all individually have different emotions and don’t process situations the same.

“The end goal is for a student to feel empowered when moving through the therapeutic work of a traumatic experience,” Stama said. Denise McCann said sexual assault counseling focuses on restoring an individual’s feeling of safety, trust and self-worth.

McCann, the executive director at Centre Helps, said counselors try to build trust with survivors by staying with them in the moment while reflecting and validating their feelings.

“For some people, [it’s] a new experience,” McCann said. “They aren’t used to people really listening to them, and that’s just what they need.”

McCann said there are common misconceptions regarding counseling, such as people believing it makes them weak.

“Everybody needs help,” McCann said. “It’s okay to reach out for help.”



Samantha Oropeza/Collegian

A window sign faces the street at Centre Safe on Tuesday, April 15, 2025 in State College, Pa.

Defrost with these spring hits

By Brennan Kramp
THE DAILY COLLEGIAN



Graphic by Lailah Acuña/Collegian

Spring is finally here. The trees are growing and the sun has decided to stick around after a long winter. Now, Happy Valley is even more enjoyable after a brutal winter.

For months, we were forced to hustle from building to building to try and stay warm. Now, we're free to roam campus with shorts and sunglasses, embracing every second of the outdoors after being caged inside for all those months.

Once it starts to get warmer, everything about life gets a little better. Food is tastier, walking becomes enjoyable, work is not as stressful (even though spring decides to arrive right around finals) and the music sounds better with every note.

Here are some songs to help you feel as sunny as the weather outside.

"A-Punk" by Vampire Weekend

First up is Vampire Weekend's golden hit off their self-titled debut album, "A-Punk." The song starts off with a quick and catchy guitar riff that really captures the mood of the entire album. The vibe of this song is pretty predictable from the second lead singer/guitarist Ezra Koenig rips into the intro. That vibe being, "linking up with some friends on the beach with a cooler of beers and fish tacos."

"A-Punk" is a pure early 2000's jam. It's as nostalgic as hearing those owls that coo during the day once the warm weather starts coming back around. Once you hear those familiar sounds, it's as if the winter didn't even exist and you've just time-traveled to warmer days.

"Fly" by Sugar Ray

Sugar Ray, known for being one of the most made-fun-of bands of all time, does have a few diamonds in their very large rough. "Fly," specifically the one that features Super Cat, is a cringy yet essential warm-weather anthem.

"Fly" was meant to be sung as you wave your hand up and down outside the car window while your friend drives you to Sheetz for some mid-day grub after skipping class. A very low effort, low profile song, that doesn't do much except put you into a free and

easy state of mind. With some underlying romantic tones, Mark McGrath puts you in a Southern California trance as he weaves through the chorus.

"I just wanna fly / put your arms around me baby / put your arms around me baby."

It's not an amazing song, but it's bad in all the fun and cheesy ways. It's just bad enough to make you feel ashamed to add it to your playlist, but just good enough to embrace its charm and turn the volume up when it starts, just to spite your musically elitist friends.

"You Get What You Give" by New Radicals

Times like these seem to be a bit scary and confusing at best. That's what this song was made for.

Released in 1998, closing in on the turn of the century, there was panic amid the uncertainty of Y2K, the music and movie industry taking a popularized and corporate turn for the worse and it seemed like everything in general was just going to implode on itself.

So, New Radicals decided to call it all out. A radio friendly, middle finger to all the noise.

Now by this point, you're probably wondering, "Jeez what a bummer this is, why would I put this song on my spring playlist," and while that is a fair point, I would say this: "You Get What You Give," offers you a chance to

accept the circumstances of our current lives amidst the warmth of another new day. It's not nihilism, but understanding.

I also think it's crucial to note that it was the closing song on Ash Brannon's, 2007 film masterpiece, "Surf's Up."

"Graduate" by Third Eye Blind

With the end of the semester coming just around the corner, this song is sure to put you in the end of year spirit.

For the seniors saying farewell to Happy Valley, Third Eye Blind helps remind them of all the grueling and rewarding work they have put in throughout their four or five years here. For those still grinding through their college career, it's an empathetic cry for the end of papers, projects and finals so that they can go on into summer.

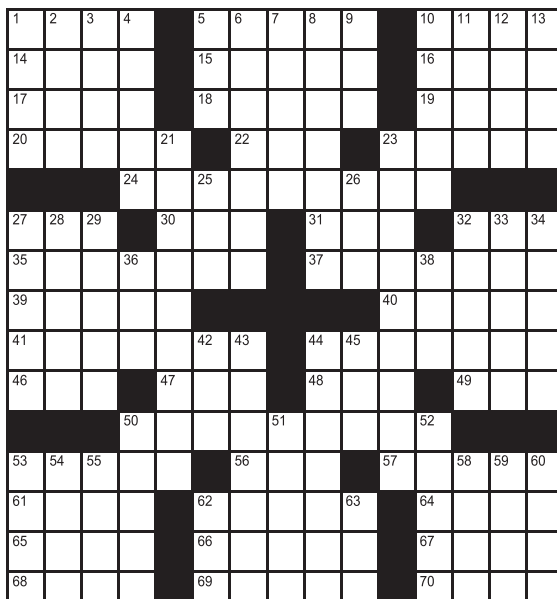
"Graduate," is one of those songs that you would hear your Dad talk about listening to all the time back when he was in college. It makes you feel niche but also a part of a huge collective of college students trying to embrace as much of this time as possible, before eventually graduating.

This track off their 1997 self-titled album is a choice pick for sitting in chairs on the HUB- Robeson Center lawn with friends, sparking a bonfire on a late spring night, barbecues, end of the day rituals and anything that brings you together with your people.

Crossword

Across

- 1 State openly
- 5 Tablelands
- 10 Retro hairdo
- 14 Ritz
- 15 Uncredited actor
- 16 Diving bird
- 17 Talipot palm leaf
- 18 Watchman
- 19 Kind of surgery
- 20 Tempest
- 22 Golfer's concern
- 23 Card game
- 24 Strained
- 27 Humanities degs.
- 30 Family tree word
- 31 Bird of myth
- 32 German river
- 35 Suggested
- 37 Russian orbiter
- 39 Libertines
- 40 Sunshine State
- 41 Museum VIP
- 44 Shellfish
- 46 Store posting (Abbr.)
- 47 Chemical suffix
- 48 Retraiter
- 49 "C" ___ la vie!"
- 50 Advocate
- 53 Solar system member
- 56 Clavell's "___ - Pan"
- 57 Armored vehicles
- 61 During
- 62 More owlsh
- 64 Challenge for a barber
- 65 Like some vases
- 66 Skirt style
- 67 Radiate



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- 68 Quarry
- 69 Retreats
- 70 Soaks, as flax
- 12 Be itinerant
- 13 Sole
- 21 Parsons
- 23 Lying down
- 25 Linda ___
- 27 Supergirl's alias
- 28 French romance
- 29 Some rail lines
- 32 Related maternally
- 33 Quiet actors
- 34 Bypass
- 36 Pastoral setting
- 38 Woody Herman's "___ Autumn"
- 42 Lennon's lady
- 43 Lizard, e.g.
- 44 Permissive
- 45 Literary piece
- 50 Roly-poly
- 51 Desert sight
- 52 Circus performer
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Review | Ranking smoothie bowls in State College

By Talia Rittenhouse
THE DAILY COLLEGIAN



Andrea Lara-Marcial/Collegian

Tropical Smoothie Cafe sign hangs on Friday, Apr. 14, 2026 in Downton State College in University Park, Pa.

It's time to imagine yourself at the beach while sampling the acai bowls of State College.

Even though we live in the middle of Pennsylvania, there are a surprising number of restaurants where you can purchase acai or smoothie bowls. There are even more than the ones I rank below.

If you love fruit or want to try a new food, I recommend one of these bowls, as they are popular among Gen Z.

One might even consider these part of their own food group depending on who you talk to. With all of the lovely places to choose from, let's dive into just a few in this review.

Jamba Juice - Mango Sunshine Bowl

After looking at the menu, I was happy to see this item as it includes my favorite fruits and acai bowl toppings: strawberries, blueberries, bananas and my extra customization of coconut flakes.

The Mango Sunshine Bowl at Jamba Juice in the HUB-Robeson Center had a very strong, sweet mango flavor; however, the base was thin.

I wish the consistency were thicker and less smoothie-like, so the bowl would be a little more uniform and put together for each bite. The granola provided a great crunch with each bite, but there could have been a bit more, since the bowl was fairly large.

You can easily order Jamba Juice via the PSU Mobile Order app, and it's also located in the center of campus, perfect for a refreshing meal on these warm days we've been having — it's about time.

Rating: 4/10

K2 Roots - Forever Young Bowl

While the Forever Young bowl was refreshing, with its inclusion of healthy greens and pineapple, it wasn't my favorite because of the hemp and other seeds.

The inclusion of these made the texture less smooth, which didn't align with my taste in smoothie or acai bowls. However, I did really enjoy the base itself, as I frequently have spinach and pineapple smoothies, so this was a great replication of that.

In addition, I enjoyed the fresh pineapple and banana slices decorating the top of the bowl, as they helped bring out the same flavors in the base.

Rating: 4/10

Playa Bowls - Nutella Bowl

This one hands down takes the cake.

The Nutella Bowl from Playa Bowls tastes like a chocolate-covered strawberry, with Nutella drizzled over the berries and bananas.

Along with these flavors, the blueberry flax granola is delicious, soaking up the acai base and bringing the crunch you need in the bowl. There was the perfect amount of granola in this, creating a lovely ratio of base to toppings.

Playa Bowls will forever be my go-to acai bowl place, as it reminds me of beach trips, even while sitting in State College, far

away from the Jersey Shore.

Rating 10/10

Tropical Smoothie - Berry Tropiboba Bowl

Talk about a diverse mix of flavors.

This bowl brings in coconut, chocolate, acai and bursting strawberry popping bubbles to each bite.

At times, all of these seemed a bit overwhelming, as the Coco Whip reminds you of homemade whipped cream, the popping bubbles of frozen yogurt shops and lastly, the acai sitting as the foundation of the bowl itself.

I think I would prefer these ingredients separately, compared to altogether, as the acai was extra sweet on its own. I don't love foods that are too sweet, so I may be alone on this. But if you have a big sweet tooth, you should give this one a try.

The granola brought a great natural honey flavor to this dish and is one of my favorites I have tried from many different locations.

Rating: 3/10

WORD SEARCH

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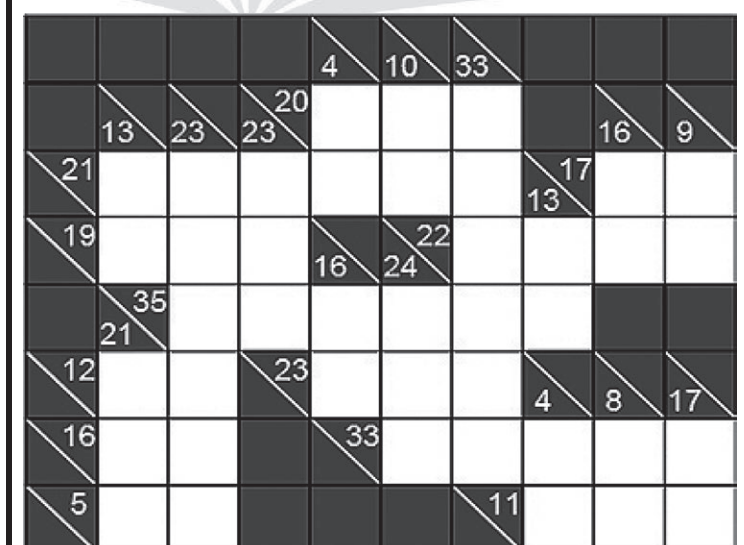
6-Letter Cities

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- Albany
- Austin
- Biloxi
- Camden
- Casper
- Dallas
- Dayton
- Deluth
- Denver
- Durham
- El Paso
- Eugene
- Eureka
- Fresno
- Gallup
- Helena
- Ithaca
- Joplin
- Juliet
- Laredo
- Lawton
- Mobile
- Monroe
- Newark
- Odessa
- Peoria
- Seward
- Tacoma
- Toledo
- Topeka
- Tucson
- Tupelo
- Yakima

Kakuro (Cross Sums)

The rules are easy to learn: A number above the diagonal line in a black square is the sum of the white squares to the right of it. A number below the diagonal line is the sum of the white squares in the sequence below it. You may only use the digits 1 to 9, and a digit may be used only once in any sequence.



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Zach Gleiter/Collegian

Students celebrate Holi on the Hub Lawn on Friday, April 17, 2026 in University Park, Pa.



Geraldine Cruz-Hernandez/Collegian

Graduate students hold up signs during a rally in front of Old Main.



Aayan Hamdani/Collegian

A member of the band 3:46 Sunrise puts up a shaka sign to the camera during Mojofest Happy Valley Music Festival at Tussey Mountain.



Zach Gleiter/Collegian

Demonstrators march on College Avenue to protest against ICE on Monday, April 20, 2026 in State College, Pa.



Zach Gleiter/Collegian

Students celebrate Holi on the Hub Lawn on Friday, April 17, 2026 in University Park, Pa.



Joe Klein/Collegian

The Nittany Lion celebrates his birthday at Medlar Field on Sunday.

THE FINAL STRETCH



Aayan Hamdani/Collegian

Drummer Wilson Morrissey practices at Mojofest on Saturday.



Zach Gleiter/Collegian

Demonstrators tape signs to cars in front of the State College Municipal Building to protest against ICE on Monday, April 20, 2026 in State College, Pa.



Zach Gleiter/Collegian

Students celebrate Holi on the Hub Lawn on Friday, April 17, 2026 in University Park, Pa.



Geraldine Cruz-Hernandez/Collegian

A graduate student chants during a rally organized by The Coalition of Graduate Employees at Penn State in front of Old Main



Aayan Hamdani/Collegian

Mellow Honey performs during Mojofest Happy Valley Music Festival at Tussey Mountain on Saturday, April 18, 2026 in Boalsburg, Pa.



Noah Abererg/Collegian

Rhinomite competes in the long jump during the Hot Wheels Monster Trucks Live Glow N Fire Tour at the Bryce Jordan Center on Saturday, April 18, 2026 in University Park, Pa.



Zach Gleiter/Collegian

Students celebrate Holi on the Hub Lawn on Friday, April 17, 2026 in University Park, Pa.

'I've never seen anyone like her' Phenom Rocquette Allen wows in freshman season

By Noah Aberegg
THE DAILY COLLEGIAN

After committing to Syracuse in 2024, Rocquette Allen flipped to Penn State, following coach Kayla Treanor to Happy Valley.

With the Nittany Lions, Allen put on one of the most impressive freshman campaigns in the nation, earning numerous awards during her standout season.

"She's just a phenomenal kid," Treanor told The Daily Collegian. "She's just so incredibly hard-working and super competitive. She's just a really special kid."

While she's currently one of the best freshman players in the country, Allen didn't grow up playing lacrosse. Instead, she began as a swimmer and finally picked up a lacrosse stick in middle school, traveling the country as she progressed in her early career.

"Honestly, in my opinion, swimming isn't as fun anymore, just swimming back and forth," Allen told the Collegian. "There's no creativity compared to lacrosse. So my Dad bought me a real stick and I absolutely fell in love with it."

After playing for her middle school team, Allen joined coach Aliyah Weant at Mountain Vista High School and traveled across the country during the offseason to practice and play with SkyWalkers lacrosse in Maryland.

Since Allen lived in Colorado, lacrosse was a smaller sport and didn't have a lot of competition. With the SkyWalkers, she got to play in the capital of lacrosse.

"The opportunity for her to go play out on the East Coast was huge because the competition she saw there was a shocker," Weant told the Collegian. "Her progression over the summer was significant."

With the SkyWalkers, Weant noticed the effect of playing alongside other high-level athletes had



Brayden Burns/Collegian

Attacker Rocquette Allen (37) sprints up the field with the ball against the Oregon Ducks at Panzer Stadium on Thursday, Apr. 9, 2026 in University Park, Pa. The Nittany Lions beat the Ducks 19-9.

on Allen, as the blooming prospect returned for each school season with a greater skillset.

At the same time, Allen began to be recruited by several schools, including Syracuse, by Treanor. "I remember the first time watching her play and just thinking, 'Oh my God, I love this kid,'" Treanor said. "She was electric to watch. She was a true crease attacker."

As Allen continued to play with both her high school team and with the SkyWalkers, she showcased her work ethic and continued to set herself apart from her teammates.

"Roc is consistent," Weant said. "Every time she shows up to a game, you know you're going to get the best out of her. She's consistent and her stick skills are unmatched. I've never seen anyone like her, ever in my career."

During her junior year, she committed to Syracuse, a perennial national championship contender for women's lacrosse. When Treanor made the move to Happy Valley, so did Allen.

"I'm just a huge fan of hers," Treanor said. "I loved her in the recruiting process, so I was just thrilled that she came with me to Penn State."

Arriving to Happy Valley in the fall, Allen quickly returned to the hard work and hustle she had put on display throughout her high

"I am very grateful for (awards) and everything I did to get those, but at the end of the day, there's more to give and more to prove."

Rocquette Allen

school days.

"I'm not thinking about the future, it's just how I can help my team out today," Allen said. "I can always do better, I can always work harder, be better at serving everyone."

As the season started, Allen was one of three Nittany Lions named as Big Ten Players to Watch and eventually started in all 17 games for the blue and white.

After scoring two of Penn State's 10 goals in the season opener, the Lonetree, Colorado, native recorded her first of many five-goal games against UMass four days later.

"(Her performance) wasn't surprising to me at all," Weant said. "She's just going to be back at the practice field working for the next one."

Allen experienced her second five-goal game against Bucknell, followed by a lower-scoring game where she only scored two goals against Pitt. However, her second goal came at the most crucial time, defeating the Panthers in overtime.

"The thing that stood out to me most was her finishing ability behind the net," Treanor said. "No angle is still a great angle for Rocquette Allen, and she's one of the first players that I've seen

play that I'm like, 'Ooh, that was similar to how I played.'"

The freshman star continued to battle through the season, earning her first Big Ten Freshman of the Week honor after scoring a goal with three assists against Drexel.

That was her first of many awards throughout the season as she continued to stuff the stat sheet. Midway through the season, Allen led the Nittany Lions in goals scored, making SportsCenter-caliber highlight plays in the process.

"I put the work in outside of practice," Allen said. "Knowing that I'm working outside of practice and practicing those things, it's all going to translate. Perfect practice makes perfect."

Allen finished her freshman regular season with her sixth hat trick of the year, tallying 41 goals with 22 assists in Year 1. The young star also recorded her sixth Big Ten Freshman of the Week honors, capping off her season with a unanimous All-Big Ten Freshman Team selection.

"This year alone she's had a lot of success," Treanor said. "Knowing Roc, it's only going to continue to climb. Just when you think that's it for her, there's always going to be something."

While Allen wants to succeed and win a national championship during her four years at Penn State, her focus is on her day-to-day actions and being the best she can be.

"All I care about is God, winning and just being a better person," Allen said. "I am very grateful for (awards) and everything I did to get those, but at the end of the day, there's more to give and more to prove."

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Crowell talks end of season

By Gianna Dowling
THE DAILY COLLEGIAN

As the month of May creeps around the corner, Penn State is down to six games left of its regular season. The Nittany Lions travel to Illinois this weekend, before hosting No. 4 Nebraska for their season finale.

Coach Clarisa Crowell met with the media on Wednesday to discuss the team's outlook in the final stretch.

Pleasant surprises

As injuries began to creep up on Penn State, Crowell has made some lineup adjustments in the latter half of the season. This called for different players to show improvement and step up throughout the year.

One of these names is junior outfielder Frankee Flesher, who has had a unique journey to be a part of Crowell's squad, joining the softball team this season after medically retiring from the soccer team.

"She's really just played solid defense for us, but she's also put together some quality at-bats for us, that's what we always focus on," Crowell said. "She played in the fall, but she's never played in a college game, so yeah, she's been a pleasant surprise for sure."

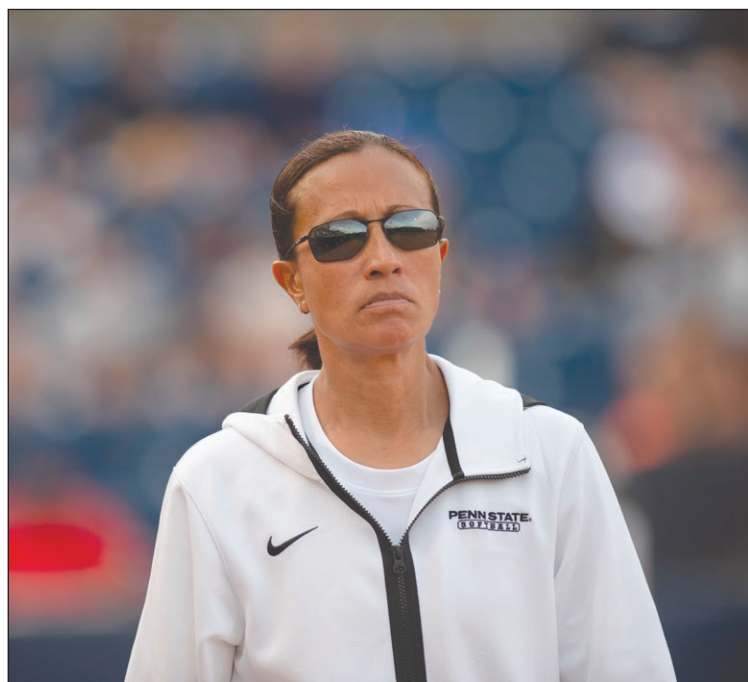
Another name that stands out for Crowell is freshman outfielder Breanna Hanik, who came alive in conference play. Hanik had been a consistent starter before Big Ten competition began, but was batting near the bottom of the lineup.

The Oak Lawn, Illinois, native posts a .333 batting average in conference play, resulting in a consistent spot as the leadoff hitter.

"I think Bree Hanik has done a really good job. Early on this season, she was hitting lower in the lineup, and then obviously, we've moved her up," Crowell said. "She's one of our best hitters in conference as well, behind Brooke Klosowicz and Allison Oneacre."

Finishing strong

Crowell referred to closing out games as the team's 'Achilles heel' this season. The Nittany Lions have lost seven games in the seventh inning this season, which is almost half of their 17 total losses.



Noah Aberegg/Collegian

Coach Clarisa Crowell stares toward the camera during Penn State softball's game against Bucknell at Beard Field on Tuesday, April 14, 2026 University Park, Pa. The Nittany Lions beat the Bison 11-3 in five innings.

"Find a way to win five of those games this season, it just looks different," Crowell said. "But I think in any sport, that's the hardest thing to do, is to finish strong. I think in order for a team to finish strong, you have to be the tougher team and you've got to have the playmakers that make the plays late."

In Penn State's most recent series, they dropped two games to Ohio State, one of which the Nittany Lions led for the entire game.

In the series opener, the blue and white fell 4-3 on a walk-off, but led 3-0 after the first inning. Additionally, the Buckeyes' game-winning two-run single came with two outs in the frame.

"Every series you go into, you want to put yourself in a situation where you can win the series, and we did that and really we should have finished it and won that first game," Crowell said. "It's been tough from an emotional standpoint, because we know that our record is not indicative of how good of a team we are, but I think they've handled it the best that they can."

Nearing the end

With just two series left in the regular season, Penn State is still vying to lock in a spot for the Big

Ten Tournament. The tournament welcomes 12 teams, and with an 8-10 conference record, the Nittany Lions currently place 10th.

The blue and white's upcoming trip to Illinois is a crucial one, to say the least.

"This weekend against Illinois, it's probably the biggest series that we have all year, just in light of what it means, because as we're trying to fight our way into that tournament, and our kids know what we need to do," Crowell said. "We have got to go 1-0 three times, like there's no option."

As a few critical games are approaching, Crowell's biggest message to her team is that the end is near and to finish the season strong.

"My biggest message to them is, all of us, even if you're going to win the championship, we're all near the end, and for me, that's always a tough thing, especially when you love your kids as much as we do," Crowell said. "The softball piece and winning is obviously a big part of it, but I want them to enjoy every moment that we have left."

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EIVA AWARDS

By Liana Tiamzon
THE DAILY COLLEGIAN

Penn State coach Mark Pavlik was named the EIVA Coach of the Year after leading the Nittany Lions to a dominant 2026 regular season.

In his 32nd season at the helm, Pavlik guided Penn State to a 20-7 overall record and a perfect 12-0 mark in conference play, securing the program's place atop the EIVA standings. The Nittany Lions also led the nation in blocking, highlighting one of the most effective defensive units in the country.

The honor adds to an already historic career for Pavlik, who announced that the 2026 season will be his final year leading the program. He currently holds a 694-241 career record, winning over 74% of his matches, and ranks third all-time in career wins among collegiate men's volleyball coaches.

Under Pavlik's leadership, Penn State has been the standard in the EIVA, winning 25 conference tournament titles and 27 regular season championships. A 10-time EIVA Coach of the Year, he has posted a remarkable 337-28 record in conference play.

On the national stage, Pavlik led the Nittany Lions to a 2008 NCAA championship and 25 NCAA Tournament appearances, including four trips to the title match. He has also developed some of the sport's top talent, coaching AVCA National Players of the Year Ivan Contreras and Matt Anderson, along with dozens of All-American and Olympic athletes.

Sean Harvey's breakout sophomore season reached another milestone as he was named the EIVA Player of the Year, becoming the 24th player in Penn State program history to earn the honor.

The sophomore has been a driving force behind Penn State's offense all season, establishing himself as one of the most efficient and reliable attackers in the conference. Harvey led the EIVA in hitting percentage while consistently

producing at a high volume, recording double-digit kills in 21 matches.

Serving as the Nittany Lions' primary offensive weapon, Harvey also led the team by a wide margin in total kills and played a key role in Penn State's perfect 12-0 conference record.

His efficiency and consistency have been defined by his season hitting percentage of .372, while averaging 3.80 kills per set, anchoring an offense that has relied on him in both high-pressure moments and extended matches.

The player of the year recognition adds to an already decorated season for Harvey, who earned four EIVA Offensive Player of the Week honors throughout the year.

As Penn State heads into post-season play, Harvey's dominance will remain central to the Nittany Lions' championship push. Penn State continued its dominant 2026 campaign with seven players earning All-EIVA honors, the conference announced Monday.

Harvey, Ryan Merk and Owen Rose, were all named to the All-EIVA First Team. The trio has been instrumental in Penn State's success this season, helping power the team to an undefeated 12-0 conference record.

Merk anchored the back line as the team's libero, providing stability in serve-serve and defense. Rose made his mark at the net as one of the top blockers in the conference. In his final series, he averaged 1.80 blocks per set and leads the EIVA in blocks with 129 on the season, sitting at 460 blocks in his career.

The Nittany Lions' depth was further recognized with three All-EIVA Second-Team selections in Gaige Gabriel, Matthew Luoma and Micheal Schwob. Each has played a key role in the Nittany Lions' balanced lineup, contributing on both ends of the court throughout conference play.

Tristan Hassell rounded out the group, earning All-EIVA Honorable Mention honors after delivering multiple standout performances in his freshman season.

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