

The happiest places on earth

Rated on a six-point scale

ACTIVE	HAPPINESS ▼	MEANING	STRESS
Place of worship	5.2	5.5	0.7
Outdoors (not at home)	5.0	4.9	1.0
Someone else's home	5.0	4.8	0.9
Restaurant or bar	4.9	4.6	0.8
Bicycle	4.8	4.2	1.1
Vehicle (passenger)	4.7	4.2	1.2
Gym or health club	4.6	4.9	0.9
Other store or mall	4.6	4.4	1.3
Walking	4.5	4.1	1.2
Your home or yard	4.3	4.1	1.3
Vehicle (driver)	4.3	3.9	1.5
Grocery store	4.2	4.1	1.5
Subway or train	4.1	3.8	1.9
School	4.1	4.2	2.2
Bus	4.1	3.5	1.5
Your workplace	3.9	4.4	2.3
Bank	3.8	4.5	2.1

Note: Data is weighted for duration and comes from 2010, 2012, 2013 and 2021; we have a sample of more than 13,000 time journals, but small differences are rarely significant.