

Length: 3.2 miles roundtrip (One hour to destination, allow for 4 hours total)

Elevation Gain: 540 ft.

Items: water, snacks, gloves, sturdy shoes, sunscreen, insect repellant

Special conditions: long sloping hills under the sun, three steep climbs, river walking, possible mud Sights to see: large waterfall, small emerald-green swim hole, central valley views