

Regulating Septic Systems to Control Nitrate in the NGLA

July 28, 2028



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Sources & Health Impacts



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Nitrate and Nitrite

- Breakdown product of human and animal wastes
- Good indicator of groundwater pollution
 - Remember: domestic sewage contains much more than just nitrate: PFAS, pharmaceuticals, cleaning products, fabric treatments, etc.
- Sources:
 - On-site sewage disposal
 - Farming (fertilizer use)
 - Animal wastes
 - Natural: mineral, nitrogen-fixing plants



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Nitrate and Nitrite

- USEPA maximum contaminant levels:
 - 10 mg/L – Nitrate (as N)
 - 1 mg/L – Nitrite (as N)
 - 10 mg/L – Total Nitrate and Nitrite (as N)
- Health impacts:
 - Drinking water: methemoglobinemia (“blue baby syndrome”)
 - Dietary (disputed): cancer, diabetes, adverse reproductive outcomes



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TABLE 1
Incidences of Methemoglobinemia Reported Worldwide, 1941–1995

Subject/location	Cases reported, water concentration	References
1941–1949 Infants, Minnesota	114 cases of infant MethHgb, including 14 deaths (30-month period). All but 2 > 20 ppm nitrate–nitrogen 2000 cases of infant MethHgb; fatality rate 8% Most cases > 4 × MCL; >80% unknown concn > 100 ppm nitrate; 3% from 14 countries < 40 ppm nitrate; 4.4% German cases < 50 ppm nitrate. Concentration not known in all cases.	Rosenfield and Huston, 1950
1945–1970 Infants (worldwide)	1 infant: Municipal water, 13.3 ppm nitrate–nitrogen 1 infant: Well water, 17.1 ppm nitrate–nitrogen 1 infant: Well water, 24.4 ppm nitrate–nitrogen Survey of 353 physicians: 29 reported treating approximately 80 cases of MethHgb; 60 of these occurred more than 10 years earlier (1 case not infant) Well water: Reported as high, but level not specified	Fan <i>et al.</i> , 1987, review of worldwide literature Virgil <i>et al.</i> , 1965 Jones <i>et al.</i> , 1973 Jones <i>et al.</i> , 1973 Nelson <i>et al.</i> , 1984 DWR, 1982
1965 Infant, Colorado		
1973 Infant, Texas		
1973 Infant, Oklahoma		
1972–1982 Infants, South Dakota		
1979 Infant, Petaluma, California,		
1986 Infant, South Dakota	2 cases, 1 fatal, > 100 ppm nitrate–nitrogen	Johnson, 1988
1987 Infant, North Dakota	1 case, 50 ppm nitrate–nitrogen	
1991–1992 All ages (U.S.)	Reports from Am. Assoc. Poison Control Centers 1825 exposures to nitrate/nitrite, 542 < 6 years old Environmental and other sources Formula mixed with 1 part water.	<i>Ann. J. Emerg. Med.</i> 10, 452–505, 1992 MMWR, 1993

• Numerous documented infant deaths in U.S. and world

Source: Fan, A. M., & Steinberg, V. E. (1996). Health implications of nitrate and nitrite in drinking water: An update on methemoglobinemia occurrence and reproductive and developmental toxicity. *Regulatory Toxicology and Pharmacology*, 23(1), 35–43.

<https://doi.org/10.1006/RTPH.1996.0006>

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1973

1993
6-week-old girl
Wisconsin

A brief history of the Nitrate MCL

- 1945 – Comly concludes methemoglobinemia can occur in infants following ingestion of well water (in formula) high in nitrates
 - Recommended formula water “not more than 10 or possibly 20 ppm”, based on zero cases in the record at 10 ppm or less
 - 2.3% of cases from water in range of 10 to 20 ppm
 - Most cases occurred at levels of 40 ppm or more
- Subsequent work explained why infants are susceptible – gastric acid levels are low enough to enable certain nitrite-producing bacteria to thrive.
- Bosch (1950): most affected wells less than 50 feet from barnyard, pig pen, privy, cesspool, or other animal or human waste contamination
- USPHS (Walton, 1951): most cases in private wells serving rural homes, but also some municipal wells



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A brief history of the Nitrate MCL

- 1962 – US Public Health Service establishes recommended limit of 10 mg/L nitrate nitrogen
- 1974 – EPA sets nitrate nitrogen MCL at 10 mg/L, nitrite nitrogen at 1 mg/L
- 1991 – EPA sets Total nitrate and nitrite (as N) MCL at 10 mg/L
 - theory: toxicity of both is additive
- Last two decades: EPA re-affirms nitrate and nitrite MCLs



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Nitrate Levels in Guam & CNMI

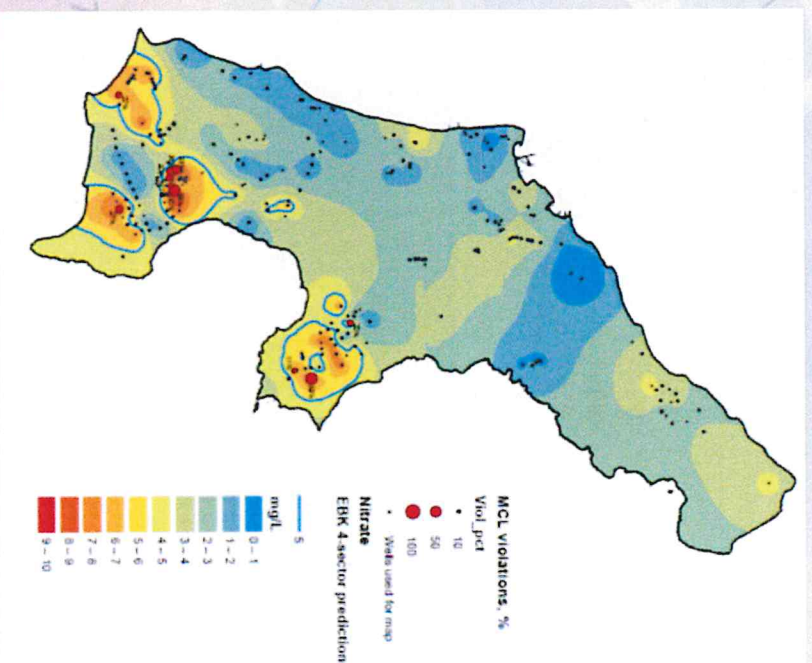


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Nitrate results - Saipan

Of 330 wells in database:

- 11 wells (3%) w/ MCL exceedences
 - worst well exceeded MCL on 56% of all samples
- 79 wells (32%) exceed the half-MCL
- Area exceeding half-MCL:
 - 4.47 square miles
 - 9.7% of Saipan's groundwater by surface area



Nitrate Results - Saipan

Comparison to other states:

9th place

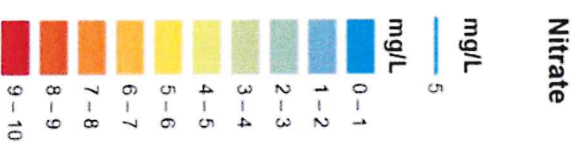
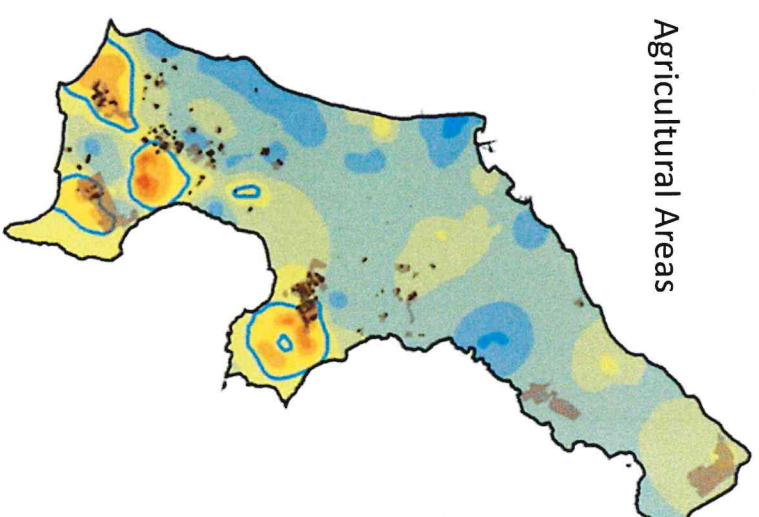
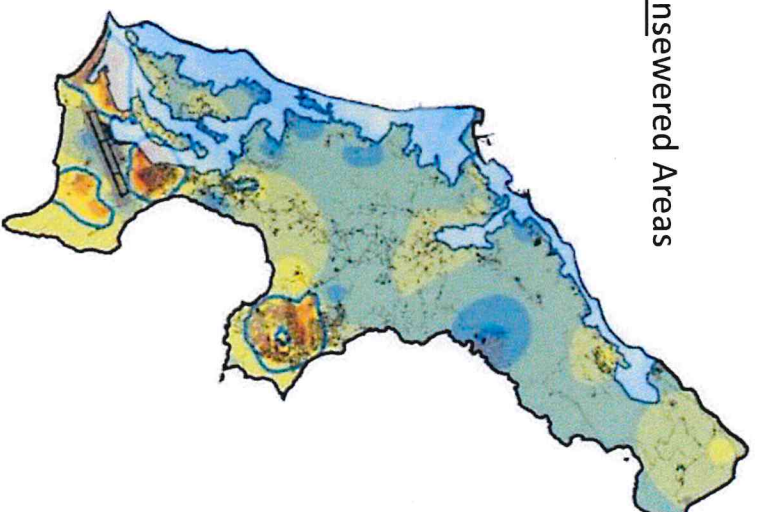
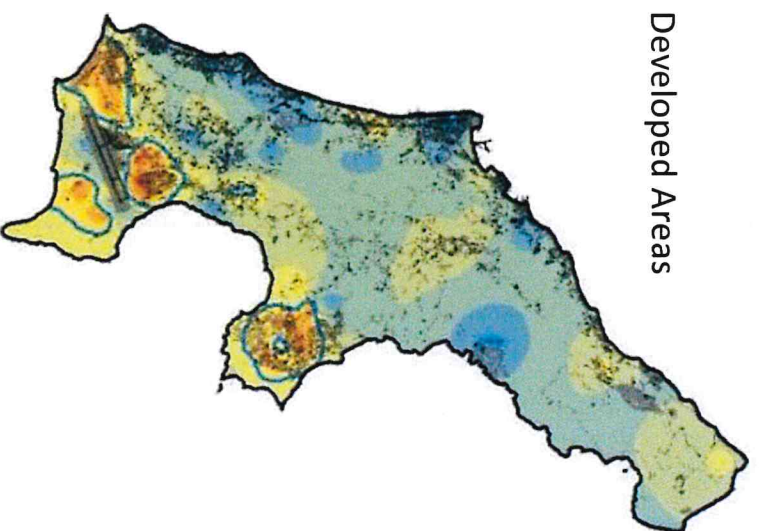
(if Saipan was the entire state)

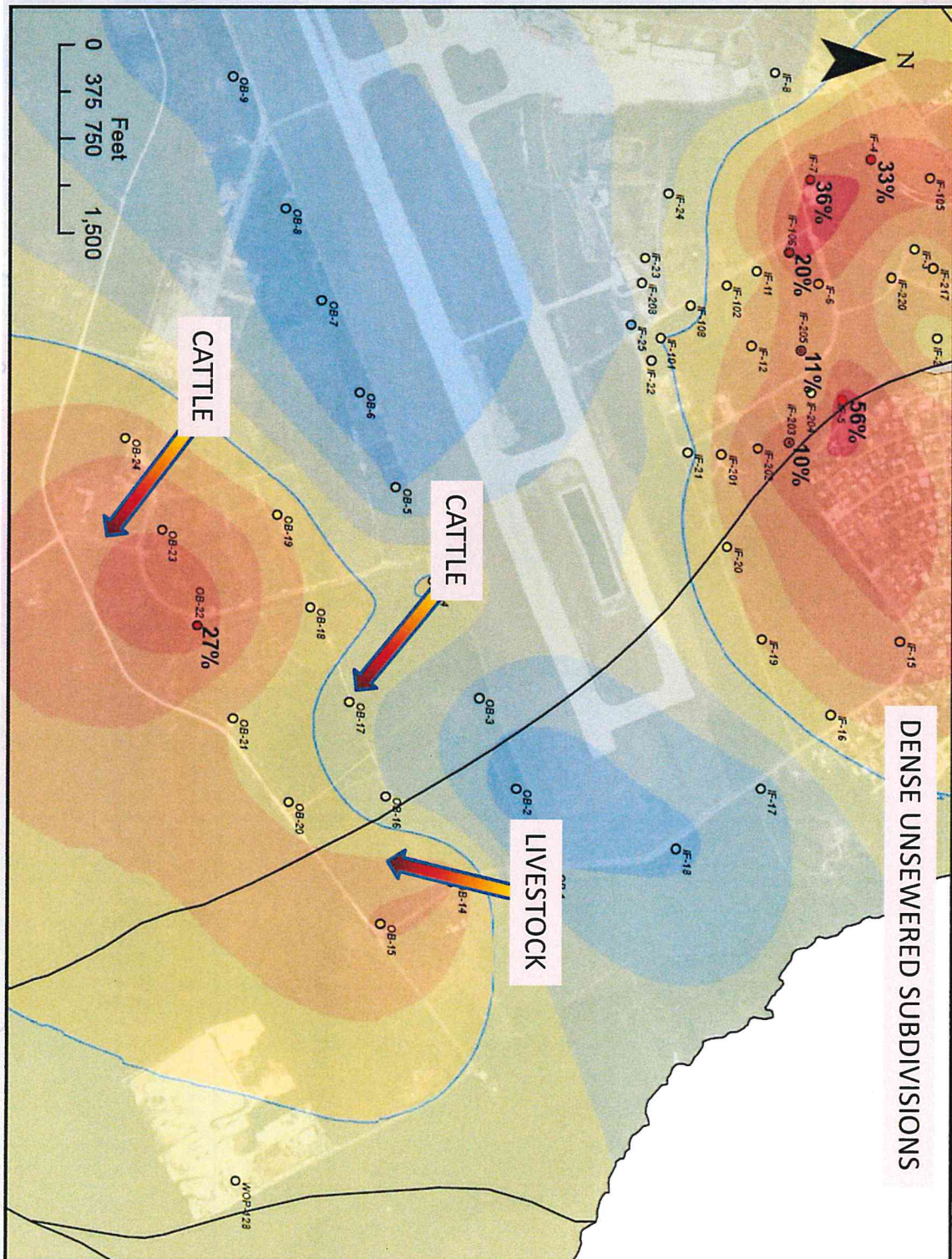
(Based on EPA data:

<http://www2.epa.gov/nutrient-policy-data/estimated-nitrate-concentrations-groundwater-used-drinking>)

State	Estimated % of state area with groundwater nitrate concentrations > 5 mg/L
Delaware	53%
Maryland	28%
Nebraska	17%
Rhode Island	16%
Louisiana	15%
Arizona	12%
Massachusetts	12%
California	10%
Saipan, CNMI	10%
Florida	9%
New Jersey	9%
North Carolina	9%
Kansas	8%
Washington	8%

Nitrate vs. Development





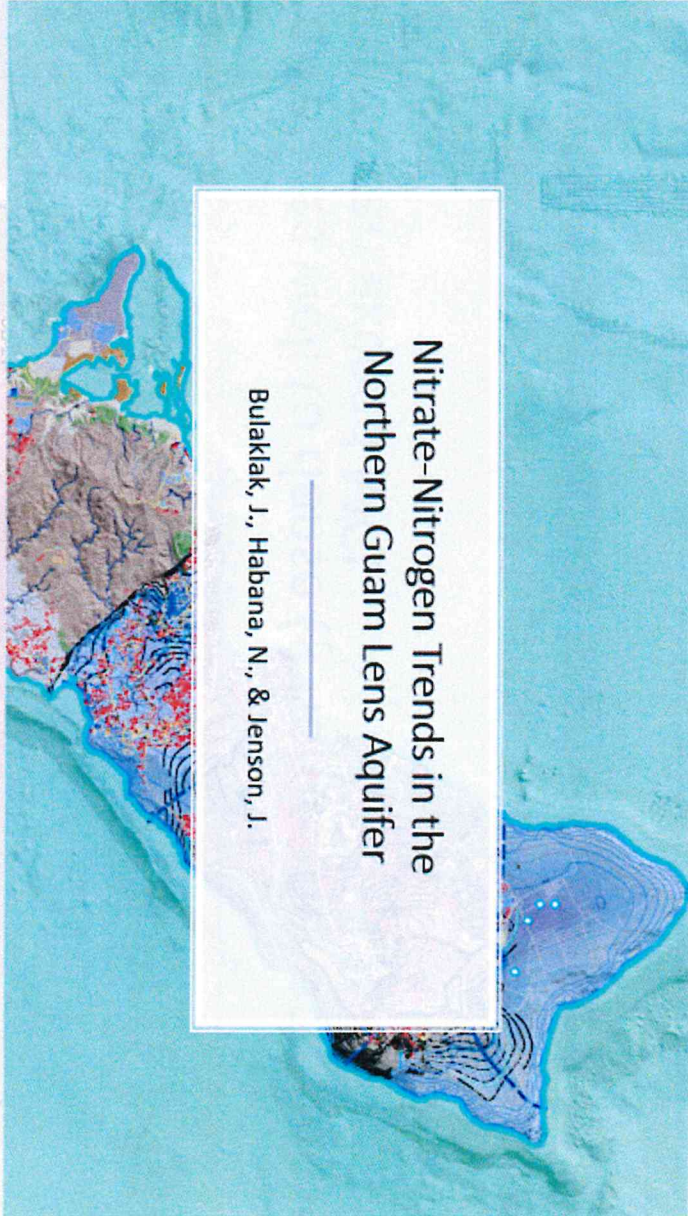
A map of the Northern Mariana Islands, specifically the island of Saipan, is shown in the background. The map is color-coded with a gradient from light blue to pink, representing different levels of nitrate concentration. Numerous sampling locations are marked with small circles and labeled with codes such as OB-8, OB-11, OB-12, OB-13, OB-14, OB-15, OB-16, OB-17, OB-18, OB-19, OB-20, OB-21, OB-22, OB-23, OB-24, OB-25, OB-26, OB-27, OB-28, OB-29, OB-30, OB-31, OB-32, OB-33, OB-34, OB-35, OB-36, OB-37, OB-38, OB-39, OB-40, OB-41, OB-42, OB-43, OB-44, OB-45, OB-46, OB-47, OB-48, OB-49, OB-50, OB-51, OB-52, OB-53, OB-54, OB-55, OB-56, OB-57, OB-58, OB-59, OB-60, OB-61, OB-62, OB-63, OB-64, OB-65, OB-66, OB-67, OB-68, OB-69, OB-70, OB-71, OB-72, OB-73, OB-74, OB-75, OB-76, OB-77, OB-78, OB-79, OB-80, OB-81, OB-82, OB-83, OB-84, OB-85, OB-86, OB-87, OB-88, OB-89, OB-90, OB-91, OB-92, OB-93, OB-94, OB-95, OB-96, OB-97, OB-98, OB-99, OB-100. Some locations are also labeled with nitrate concentrations, such as 36%, 20%, 11%, 10%, and 27%. A yellow arrow points from the text 'Observations from the Northern Marianas' to the map.

Observations from the Northern Marianas

- Nitrate correlates well to dense (4 homes per acre) unsewered development, can exceed MCL
- Agriculture, and even modest numbers of livestock, seem to be associated with elevated nitrate in groundwater, even exceeding MCL
- Depth to groundwater might be a factor: Shallower groundwater (Tinian, ~100 ft) has higher concentrations vs. deeper (Rota, ~600 ft) with similar loadings

Guam

- Research still underway by University of Guam, Water and Environment Research Institute (UOG-WERI):



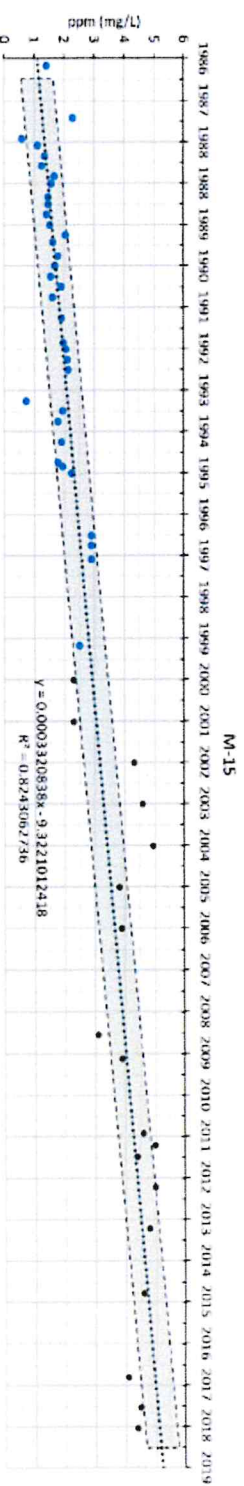
Nitrate-Nitrogen Trends in the Northern Guam Lens Aquifer

Bulacklak, J., Habana, N., & Jensen, J.

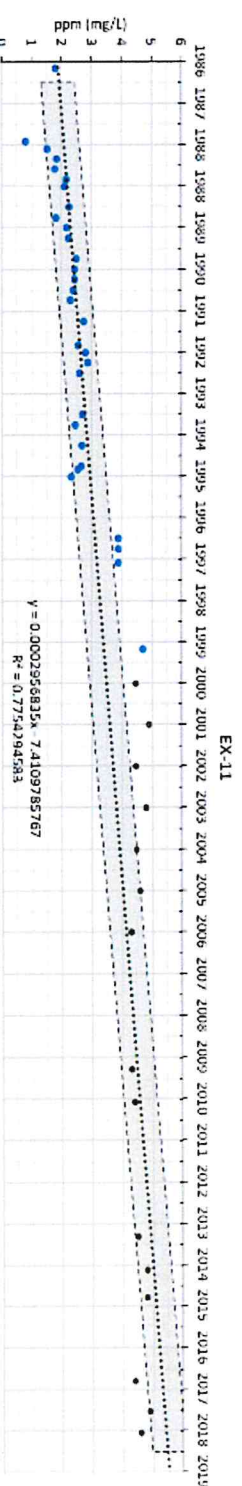
- # Guam
- Research still underway by University of Guam, Water and Environment Research Institute (UOG-WERI):
-
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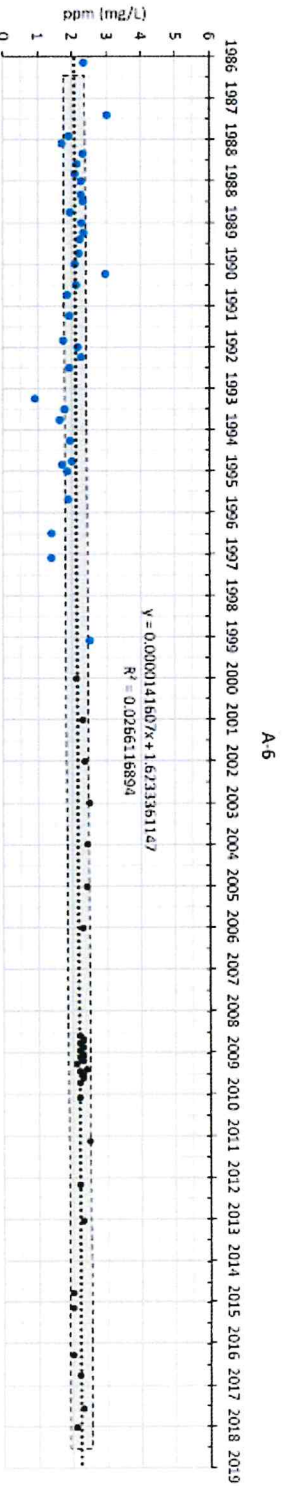
increasing over entire period
68 wells (47%)



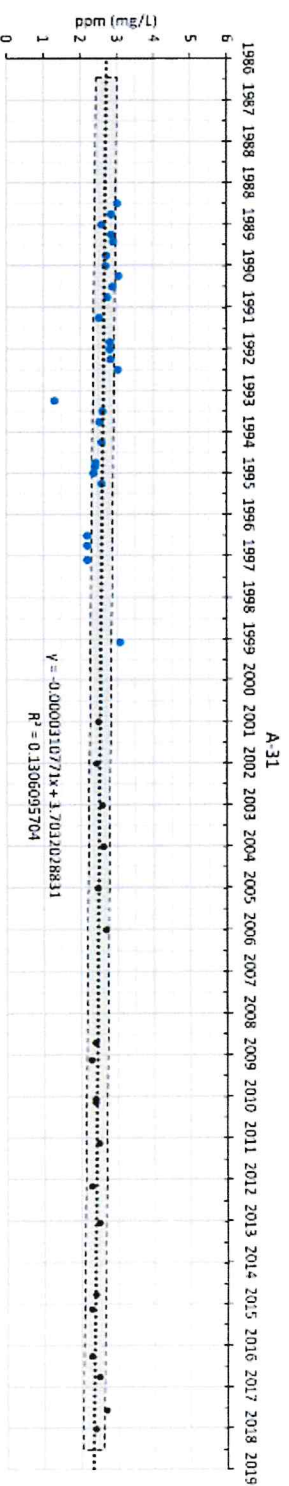
increasing then flattens
16 wells (11%)



84 wells (58%)



stable
55 wells (38%)



decreasing
7 wells (5%)

A map of Guam with a color-coded overlay representing groundwater nitrate levels. The map shows various locations marked with codes like FC-8, FC-24, FC-102, FC-104, FC-21, FC-19, FC-47, FC-18, FC-1, OB-1, OB-4, OB-5, OB-16, OB-15, OB-14, OB-15, OB-16, OB-17, OB-18, OB-19, OB-20, OB-21, OB-22, OB-23, OB-24, and MOF-228. Concentric contour lines are drawn across the map, and several percentage values are scattered across the top right area: 30%, 20%, 11%, 10%, and 40%. A large red area is visible in the lower right, and a blue area is in the lower left. The title 'Guam Results & Concerns' is centered on the map.

Guam Results & Concerns

- Nitrate is increasing in majority of wells (58%)
- Unsewered development is steadily increasing in Northern Guam
- Saipan shows what could happen to groundwater if no action is taken

Nitrate Control on Guam

Policy: in theory and in practice



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1982 Northern Guam Lens Study

- John Mink's landmark report
 - Nitrate is the primary concern for the regulation of on-site wastewater disposal systems
 - Little to no removal of nitrate can be expected from systems installed in Guam's limestone
- Mink's 1982 computed maximum septic system density: **1 home per 3 acres**
 - Simple, mass balance calculation:
 - 9400 people
 - 60 gallons per day wastewater per capita
 - 54 mg/L nitrate-nitrogen in wastewater
 - 35 inches per year rainfall recharge rate



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1982 Northern Guam Lens Study

- Mink's 1982 revised density calculation: **1 home per 1 acre**
- ASSUMPTIONS:
- Two-thirds of GPZ will remain undeveloped:
3 acre min. lot becomes 1 acre
(same number of septic systems, spread over a smaller area)
 - Background nitrate ("natural"): 1.5 mg/L
 - GOAL: Maximum allowable nitrate contamination: 4.0 mg/L (less than half MCL)
 - Nitrate monitoring to inform revisions to minimum lot size, over time (GEPA monitoring program)



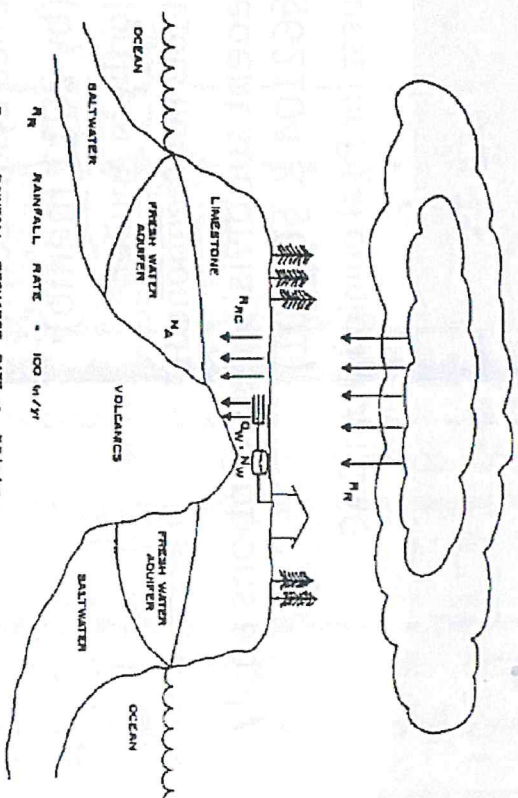
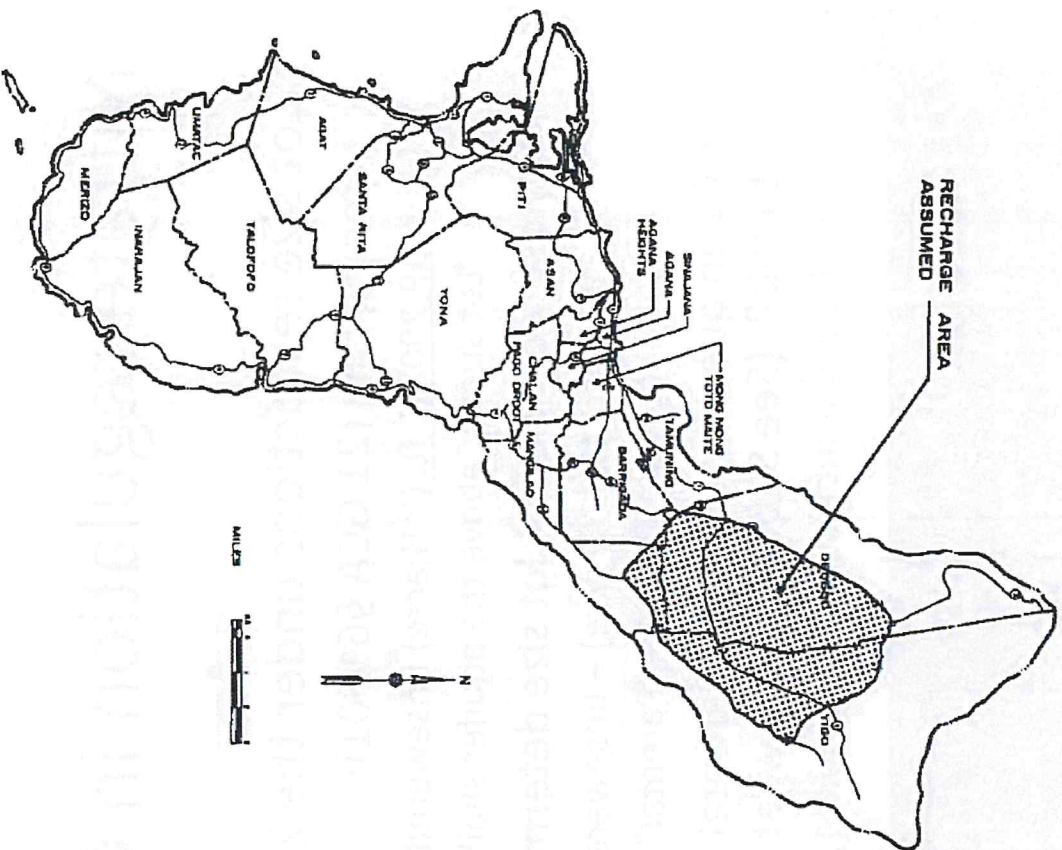
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1982 Northern Guam Lens Study

- Mink's 1982 calculated livestock limitations:
 - 4,500 sq. ft. per pig
 - 300 sq. ft. per chicken
 - Strong controls (collection & proper treatment of wastes) highly recommended
- Mink's 1982 fertilizer recommendations:
 - 15 pounds N/acre-year is okay: adds about 0.24 mg/L to aquifer nitrate



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NOTE: ASSUMES ALL OF THE NITROGEN IN THE WASTEWATER INFILTRATES INTO THE GROUNDWATER

FIGURE 4-1
NITRATE CONCENTRATION
CONTRIBUTION OF ON-SITE SYSTEMS
INTO NORTHERN LENS

Nitrate regulation in Guam

- Lot size restrictions under the Zoning Law (21 GCA Ch. 61):
 - Zoning Law (21 GCA §61501):
 - 19,200 sq. ft. (~ ½ acre) unsewered “on top of Northern Aquifer”
 - “lot sizes ... above the aquifer shall be established by the GEPA”
 - Most recent GEPA lot size determination (by 2011 memo):
 - 19,200 sq. ft. (~ ½ acre) – unsewered, “over Northern Aquifer”
 - 9,600 sq. ft. (~ ¼ acre) – “Parental” (Decedent lots not mentioned)
- Open question: how do Parental and Decedent subdivision exemptions apply to this? (See Subdivision Law at 21 GCA §62104 & §62501)
 - This is the subject of GEPA’s April 1, 2019 request for legal opinion from OAG



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Nitrate regulation in Guam

- Guam Water Quality Standards (22 GAR §5101(c)(1)(B)):

“high density residential development, more than one (1) dwelling per one-half (1/2) acre, should not occur without adequate public sewer service”

- The basis for the one-half acre density requirement in the Zoning Law and Water Quality Standards – as opposed to Mink’s 1- or 3-acre recommendation – is not known to current agency staff.



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Summary of the current regulatory controversy:

- Zoning Law and GEPA rules are clear on one-half acre being the minimum unsewered lot size within the NGLA (GPZ)
- 2011 GEPA lot size memorandum: a memo can't override regulation (Water Quality Standards)
- 2011 GEPA memo mentions only "Parental" lots as exception to one-half acre rule – not "Decedent" lots
- Subdivision Law seemingly contradicts Zoning Law – but unclear and the subject of GEPA's request for Legal Opinion (open since 2019)
- GEPA is concerned with rising nitrate levels, increasing pressure to develop more unsewered areas, & use of Parental and Decedent rules to evade regulation.



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FY 2022 to-date Parental Subdivision Septic System Statistics (Oct. 1 through June 27)

- 79% of new homes built on Guam are on septic systems (145 of 183)
- 52% of new septic systems are located over NGLA (76 of 145)
- 53% of NGLA septic systems are $\frac{1}{4}$ acre Parental lots (40 of 76)
- 80% of NGLA Parental Lot septic systems are not the original owner (32 of 40)



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Current conditions vs. 1982 recommendations:

- Total septic systems allowable within recharge area, per Mink's 1 home per 3 acre calculation to stay within 4 mg/L:

$$\frac{17,400 \text{ acres}}{3 \text{ acres per septic systems}} = 5,800 \text{ septic systems}$$

- Actual 2022 count? Records not kept at GEPA
 - 20 years ago: 15,500 septic systems in recharge area (McDonald, 2002)
 - Increasing at around 100 per year, recently
 - Many parts of NGLA are already at 4 mg/L or greater



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Sinkholes and other closed-contour depressions

● Location (generally deepest point)

Google Earth - New Polygon

Google Earth - New Polygon

Name:

Description

Style, Color

View

Altitude

Measurements

Perimeter:

20.7 Miles

Area:

17,414 Acres

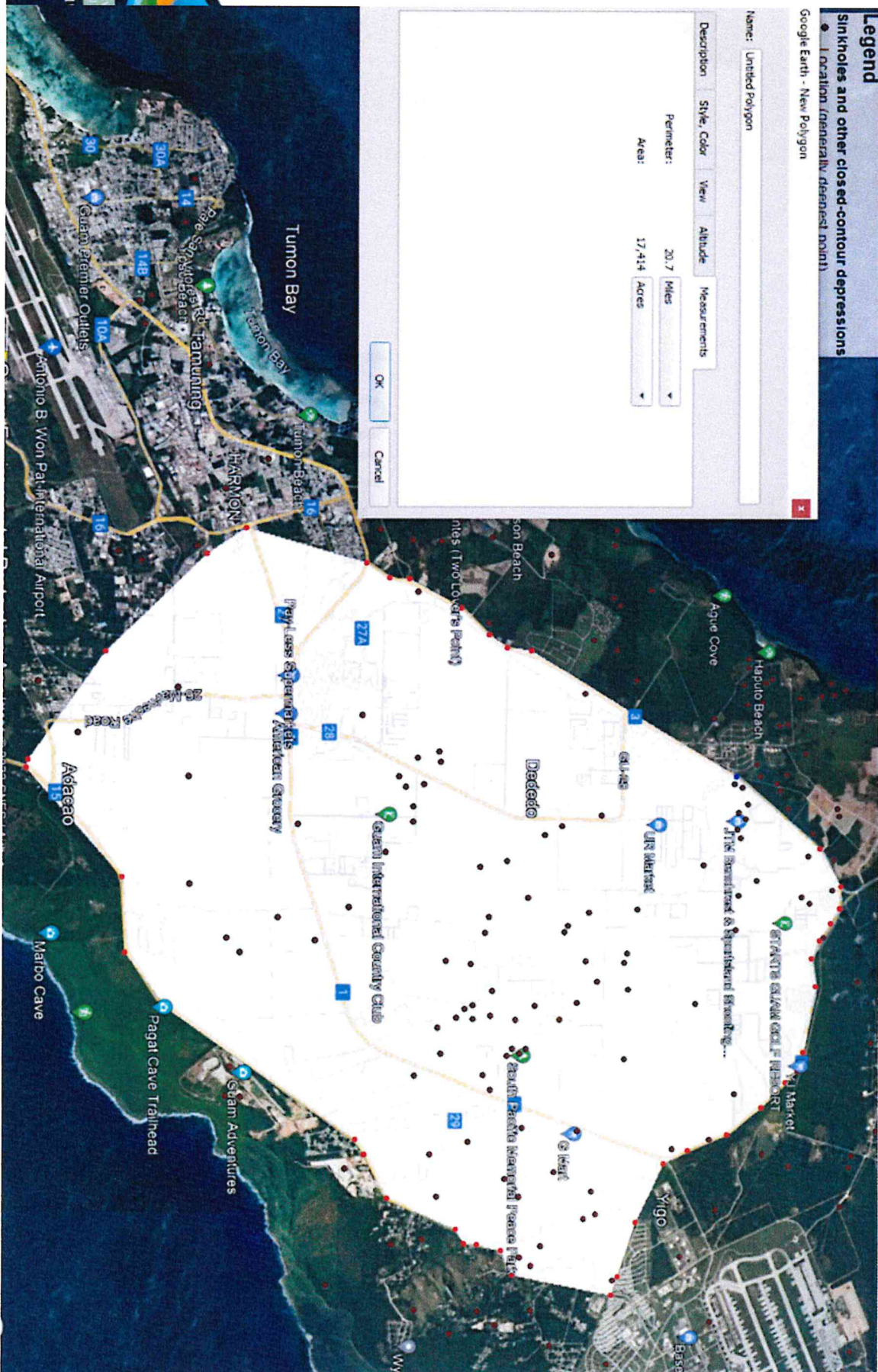
OK

Cancel

Description	Style, Color	View	Altitude	Measurements
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Perimeter: 20.7 MilesAcre: 17,414 Acres

OK Cancel



Potential Solutions



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Potential Solutions

- Extend sewer service & connect existing homes
 - The best solution, but costly
 - Who pays? Much of current development is by investors – but skirting the subdivision rules through the Parental and Decedent exceptions
- Density restrictions or moratorium based on nitrate levels
 - Not likely to be supported by developers & land owners
- Technology: nitrogen-reducing onsite treatment systems
 - Costly & require oversight, maintenance. Still adds to the problem.
 - 4 advanced systems equals 2 “old” systems; but still adds 4 homes worth of sewage to NGLA



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Current activities

- GEPA working to adopt International Private Sewage Disposal Code
 - 2009 Code adopted as part of 2010 Building Code law – never implemented
 - Numerous conflicts with existing GEPA septic system rules
 - MANY differences – will require transition period (2 years?) and extensive industry training
- Need to adopt latest edition (2021) to qualify for FEMA training funds
- DOES NOT address density, or nitrate control



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Current activities

- GEPA considering rules to require nitrogen-reducing systems for Parental (& Decedent?) Lots
 - NSF-245 Standard: tested & certified to reduce nitrogen by 50% or more
 - Complicated systems that require O&M oversight
 - Annual operating permit? Third-party maintenance contracts? Already unpopular with the realtors
- GEPA working with legislature to clarify lot size/density issue
 - This is a policy issue and best resolved through policy/law



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Questions?

CAPT Brian Bearden, P.E., BCCE

brian.bearden@epa.guam.gov



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