Gesundheit Carolina
Wellness and Regenerative Medicine

Your Bridge To Wellness

Gesundheit, the German word for good health, or a state of wellness, is the guiding principle of Gesundheit Carolina and ... it is much more than wishing people well when they sneeze. The American equivalent is saying “bless you.”

Gesundheit Carolina is a cutting edge, multi-disciplinary practice that recognizes that each therapy must be carefully matched to the unique needs of each patient. There are no one-size-fits-all solutions in a good medical practice. Dr. Bettina Herfurt is an AMA Board Certified physician, with extensive experience and credentials in Functional Medicine (certified 2013), Integrative Medicine (trained in Dr. Andrew Weil’s fellowship, board certified), Environmental Medicine, tick-borne disease (Lyme), Osteopathic (cranial) manipulation, botanical medicine and nutrition.

Schedule a complimentary phone consultation to find out if we can be your bridge to wellness.

Good health is nothing to sneeze at!
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