

**Sioux County**

**Caregiver**

**Support Group**

**Wednesday, August 14, 2019**

**5:30 – 6:30 PM**

**Bring your loved one.**

**Meal is provided by Elderbridge!!**

**Pizza Ranch**

**1505 8th St. SE**

**Orange City, IA**

**Do you help an older or disabled loved one or friend with tasks? You are a CAREGIVER.**

**JOIN US for Pizza & Fellowship to support the work that you do as a caregiver to your loved one.**

**MASON CITY • FORT DODGE • SPENCER**

**CARROLL • SIBLEY**

**CALL US TODAY! 800-243-0678**

**WWW.ELDERBRIDGE.ORG**

**COME LEARN**

**HOW WE CAN HELP YOU!**

**Do you…**

**Help Dad pay his bills?**

**Take your grandma shopping?**

**Clean mom’s house and do her laundry?**

**Provide meals to a loved one?**

**Take your neighbor to appointments?**

**You are a CAREGIVER!!**

**Providing care to family & friends can be difficult.**

**WE CAN HELP!**

JOIN US FOR INFORMATION & CONVERSATION ABOUT ALL THE WAYS

ELDERBRIDGE AGENCY ON AGING CAN HELP YOU!

**FOR MORE INFORMATION CONTACT:**

**NANCY KETCHAM, FACILITATOR &**

**FAMILY CAREGIVER SPECIALIST**

**ELDERBRIDGE AGENCY ON AGING**

**800-243-0678**

**nketcham@elderbridge.org**

