

ANXIETY

		County 2020		State 2020	
		8th	11th	8th	11th
During the past 30 days, how often have you been bothered by feeling nervous, anxious or on edge?	Not at all	31.4	22.2	42.8	27.7
	Several days	36.2	39.1	32.6	38.5
	More than half the days	9.9	12.9	10.2	14.7
	Nearly every day	22.5	25.9	14.3	19.1

SELF-HARM

		County 2020			State 2020		
		6th	8th	11th	6th	8th	11th
During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	Students reporting 0 times	82.7	67.6	79.0	84.0	80.5	80.9
	Students reporting 1 or more times	17.3	32.4	21.0	16.0	19.5	19.1