

### North Coast

## CITIZEN.

northcoastcitizen.com

July 2, 2020

Volume 26, No. 12

### Brown extends face coverings requirement statewide

Ov. Kate Brown announced Monday, June 29, that Oregonians statewide will be required to wear face coverings in indoor public spaces, beginning this Wednesday, July 1. The guidance applies to businesses and members of the public visiting indoor public spaces. Face covering requirements are already mandated in eight counties.

"From the beginning of the reopening process, I have said that reopening comes with the risk of seeing an increase in COVID-19 cases beyond our health systems'

capacity to test, trace, and isolate them," Brown said. "Over the last month, we have seen the disease spread at an alarming rate in both urban and rural counties. The upcoming July 4 holiday weekend is a critical point for Oregon in this pandemic, and we can all make a difference."

"Modeling from the Oregon Health Authority shows that if we don't take further action to reduce the spread of the disease, our hospitals could be overwhelmed by new COVID-19 cases and hospitalizations within weeks," Brown said. "The choices every single one of us make in the coming days matter."

Brown said face coverings that cover your nose and mouth play a critical role in reducing the spread of this disease because droplets from our breath can carry the virus to others without us realizing it. If we all wear face coverings, practice six feet of physical distancing in public, wash our hands regularly, and stay home when we are sick, then we can avoid the worst-case scenarios that are now playing out in other states.

"I do not want to have to close down businesses again like other states are now doing," Brown said. "If you want your local shops and restaurants to stay open, then wear a face covering when out in public."

Please keep your Fourth of July celebrations small and local, Brown said. There had been a lot of new COVD-19 cases following the Memorial Day holiday. Another spike in cases after the upcoming holiday weekend could put Oregon in a dangerous position.

"Oregonians have all made

incredible sacrifices over the last several months that have saved thousands of lives," Brown said. "The actions we take now can protect our friends, neighbors, loved ones, and fellow Oregonians from this disease, and prevent the need for another statewide shutdown. We are truly all in this together."

Oregon Occupational Safety and Health (OSHA) will take the lead, along with other state and local agencies, in enforcing face covering requirements for all covered Oregon businesses.

#### On the ballot

## Current Manzanita Mayor Mike Scott announces candidacy for third term

Manzanita Mayor Mike Scott has announced his candidacy for a third term as mayor.

Scott said we continue to be in a global pandemic with the economic chaos that goes with it. We are just now moving into reopening in the community. But this emergency could easily continue into next year.

I have the experience needed to lead the community through the next few difficult years, Scott said. He served eight years on the Rinehart Clinic board, two years as president. He served on the board of the Riverbend Players.

Scott serves

on the Tillamook
County budget
committee, was
chairman of the
Manzanita Safety
Committee and
served three years
on the Manzanita Pla

on the Manzanita Planning Commission. He served eight years on the Manzanita City



Mike Scott

served two terms as Manzanita's mayor. Most recently, he led the community through a 72 day state of emergency during the COVID-19 pandemic.

Council and has

"If reelected I promise you that I will continue to hing in my power to

ple – some who

have lived here

for decades, many

who have moved

here from around

Manzanita

the country.

is defined by

its diversity of

thought, by its

social capital, by

volunteerism. So,

its high level of

do everything in my power to help our community recover from this pandemic," Scott said in his candidacy. "I also will do everything in my power to get new city facilities built in a timely, civil, and fiscally responsible manner."

Scott said there may be differences of opinion among the council and other residents but he will not resign in the middle of his term because this becomes hard work and isn't always harmonious. He looks forward to being able to continue to serve the community and asks for your vote.

## Jerry Spegman announces run for city council

Jerry Spegman announced Friday, June 19, that he will be a candidate for a seat on Manzanita's city council in this November's election

When Scott Galvin and Randy Kugler announced their plans to run for city office, they called for more transparency from elected representatives, and committed to actively engage citizens in addressing collective challenges. Spegman shares these goals and believes he can add to the mix of perspectives, skills, and experiences offered by Galvin and Kugler.

In October of 2017, Spegman attended the community workshop at the Pine Grove that kicked off Manzanita's planning process for a new

city hall. It was an awe-inspiring display of civic engagement, with a large and spirited crowd offering diverse and creative ideas, he said.

Two years

later, in an off-

year, special
election with only
one item on the
ballot, just under 80 percent
of Manzanita voters turned
out in another astonishing

demonstration of civic engagement.

Spegman said these two events are not particularly surprising to many because we know that the town is

blessed with an abundance of

smart, talented, informed peo-

Jerry Spegman

a well-attended
reent public meeting and extraordirned narily high voter turnout are
ing perhaps not unexpected, but
neither should they be taken
for granted. This degree of
two civic engagement doesn't

neither should they be taken for granted. This degree of civic engagement doesn't happen everywhere. We should regard it as a great asset and take full advantage of it, Spegman said.

Something went wrong be-

tween the Pine Grove meeting in 2017 and the overwhelming defeat of the bond measure in 2019, Spegman said. Elected leaders anywhere can get out of step with their constituents, but that shouldn't happen in a town like ours. There are too many people here willing to speak up, willing to contribute, willing to participate, he

Spegman is running for city council to listen carefully, to tap into the energy and resources here, to help capitalize on our many community assets. In a town with so many interesting and informed voices wanting to be heard, it will be hard to please everyone. But we can do better than we did between the Pine Grove meeting and the vote last November, he said.



The Doris Davis Trail follows a sewage line easement and was recently blocked off by a fence and no trespassing signs. Photos courtesy of Classic Ridge Trail Access Campaign.

## Campaign hopes to open Doris Davis Trail, new South Cherry Trail

Hilary Dorsey Staff Writer

The Classic Ridge Trail Access Campaign has proposed to Manzanita City Council to permit use of a new public walking trail ('South Cherry Trail') where existing road right-of-way exists from Cherry Street west to Ocean Road.

The volunteers wish to construct this trail for walking purposes only and it would provide beach access and an evacuation route for numerous residents of the Classic Ridge area of Manzanita.

In the event of a tragedy, Classic Ridge will likely be an escape route for many. The most recent tsunami in Oregon took place in 1964, according to a blog post by

The Classic Ridge community represents roughly 200 households. In April 2020, all direct beach access was cut off due to closing of the dune access on Cherry Street and the barbed wire fencing of two properties that span The Doris Davis Trail that had been accessible for the last 40 years.

The Oullette's own the properties that travel across the Doris Davis Trail. They had decided to put up the fence with barbed wire and signs stating the area was under observation.

"There are six units there," said Rob Jordan, consultant with Idealist Consulting. "We called each other and then we reached out to Pete Anderson Realty and talked to the listing agent."

The listing agent, David Matthews, said the Oullette's were having trouble selling their property. Jordan said this was likely because of the high cost.

According to the campaign, the Doris Davis Trail provides a walking escape route that is roughly eight minutes from the beach. This trail was closed to the community on April 23 with barbed wire.

Jordan said they reached out to the community for volunteers. His company sponsored a website. The company works with nonprofits from Wounded War-

See **TRAILS**, Page 2



Fencing and no trespassing signs warn people that the trail is no longer assessable.

## **COVID-19 testing in Tillamook County**

#### What you need to know Chelsea Yarnell

Guest Contributor

Have COVID-19 symptoms? Think you came in contact with a positive case? Need to be tested to return to work or travel?

These questions have left many people wondering, who's really eligible for being test in Tillamook County?

COVID-19 testing at both Adventist Health locations and the Tillamook County Health Department follow the criteria outlined by Oregon Health Authority and the Center for Disease Control and Preven-



tion. The criteria includes first consulting with a medical professional to

determine if testing is necessary.

"We encourage patients who think they need testing for COVID-19 symptoms or exposure, to call our offices and make an appointment for an in-person or virtual evaluation," said Cherie Plaisted, Marketing and Communication Manager for Adventist Health. "During the call, tell the provider about your symptoms and how you think you may have been exposed to the virus."

While a healthcare provider must order the test, Adventist Health is conducting tests for patients who are required to have them by employers to return to work and when required for travel purposes.

"To keep everyone safe, anyone with COVID-19 symptoms should call their healthcare provider in advance of any visit to discuss their illness and allow the provider to prepare for your arrival," Plaisted said.



Results from the tests vary in wait time depending on availability of supplies and capacity.

"For patients with symptoms, we provide rapid point-of-care testing, also known as PCR testing," Plaisted said. "Adventist Health Tillamook uses the Abbott Rapid ID PCR test units at our clinics in Manzanita, Lincoln City, Vernonia and Estacada, as well as at our medical center here in Tillamook. Rapid ID test results

are available within 20 to 40

minutes of testing. For clinics

without PCR, the tests are sent

to the hospital for analysis and

are available within 24 hours. Test results from outside labs take an average of five days to return, depending on the lab's capacity, staffing, and other factors."

Those who need testing for non-medical reasons (travel or return to work) should plan ahead to allow for time for test results to be returned.

"Each week, we receive a specific number of tests and swabs for each rapid point-ofcare testing site based on our needs," Plaisted said. "One of the benefits of being a part

See **COVID**, Page 2





#### **Wellness Exams**

For ages 3 and up, July through September

For children, teens and adults, ages 3 and up, who have not had a wellness exam in the past year, we are offering a wellness exam at NO COST to you (insurance will be billed) and a \$25 gift card (mailed after the appointment).

The wellness visit will cover:

- Physical exam
- Immunizations
- · Lab testing (as needed)
- · Dental, hearing, nutritional and vision screening

Note: the wellness exam meets all of the requirements for a sports physical.

To schedule your appointment 503-842-3900 • 800-528-2939 • TTY 800-735-2900

> Se habla Español 801 Pacific Avenue • Tillamook www.tillamookchc.org



Continued from Page 1

of a system of hospitals is that if our demand grows, we can access additional supplies, beds and expertise should we need it. However, the number of available tests and swabs are limited, so we must test based upon CDC and OHA guidelines. We work hard to manage the testing resources to balance an individual's desired to be tested with their need to be tested. By managing our testing resources carefully, we can ensure that we have testing supplies available to meet all of the needs for medically necessary testing.'

Early on in the pandemic, testing availability was extremely limited based upon strict criteria from the CDC. "As supplies and equipment

have become available, we have increased testing based on guidelines, directives and For those receiving tests at

needs," said Plaisted.

the Tillamook County Health Department, patients can expect to wait three to five days for results as they are all sent to the State lab. According to Tillamook

County Director of Emergency Management Gordon McCraw, currently, the Health Department receives 10 tests a week from the State.

"If we had a spike, they would ship many more," McCraw said.

who are really feeling be-

#### Trails

Continued from Page 1

riors Project to United States Olympic Committee and helps them build a campaign.

"The most obvious concern is beach access and then tsunamis," Jordan said. "That was voiced upon the community saying 'this is disturbing, we have no way to get up to the highest ground in the area and its all been blocked off."

High ground in terms of a tsunami represents a specific altitude – 50 feet about sea level. It is at these locations that designated assembly areas are established. An assembly area is a location that serves an immediate life safety purpose for immediate evacuation during a tsunami event. Groups, such as the American Red Cross, set up evacuation centers, for the purpose of long-term evacuee

The campaign has reached out to the property owners of the affected properties of Doris Davis Trail with no response. Jordan said the campaign asked Pete Anderson Realty to communicate with the Oullette's.

Matthews posted on the North County Facebook page that the trail was motivated due to encroachment by residents of both the Neahkahnie and Manzanita municipalities.

"There were a few different components to it," Jordan said. "A guy started to trailblaze a trail around Doris Davis Pond, which is that little swampy area. He blazed the trail and it ran into their

property. So he had not only taken the existing trail but he routed a trail that connected a whole other neighborhood."

Matthews suggested creating a trail on the right of way on Cherry Street. Pete Anderson Realty

stopped carrying the property.

Jordan said it's peculiar that they are not willing to talk with the community. "Its going to be very difficult for them to sell their properties when they're in the middle of a community dispute," Jordan said. "It's really

making the effort to talk. The campaign's hope is to open Doris Davis Trail and get the Cherry Trail approved.

peculiar that they're not even

"The way it's looking right now, the Cherry Trail is probably going to end up, if we're lucky, will be opened up first," Jordan said. It is possible that they

could move into litigation for the Doris Davis Trail. Jordan does not think they will have any trouble winning the case.

Jordan is a former disaster action captain for the American Red Cross and served during 9/11. His job was to make sure social workers were getting transported in and out, and supporting families throughout the New York and New Jersey areas.

Classic Ridge is a high ridge that juts out to the beach. If hit by a tsunami, you want to get at least 50 feet off the ocean floor, Jordan said, but 100 feet is ideal. He said with Classic Ridge, you can get to 100 feet in the time it would normally take to get to 50 feet.

Jordan said both the Doris Davis Trail and the South Cherry Trail are recognized

by Google Maps. There are some people

trayed, Jordan said. A lot of people are feeling dismissed by the Oullette's cutting off access to the trail. Now that there is a campaign, that is enough of a unified voice to allow the community to have communication. The campaign has received a number of emails from the

Classic Ridge community regarding the trail closure of Doris Davis Trail. One of the emails, from Jean and Bob, wrote that they have owned their house near the trail and had walked the trail for decades. When we bought the

house 27 years ago, we were told that trail would always be there and accessible because it follows a sewage easement line," Jean and Bob wrote. "It was a primary reason we chose the house we did: We loved having that beautiful wooded trail to walk down to the beach and have truly treasured it over the years.

Jordan said that he has sent letters to both of the property owners and neither of them have replied. He said this means the community is going to demand legal action soon, but he remains hopeful the owners will respond.

Classic Ridge Trail Access Campaign is a group of volunteers from the 200 plus homeowners of the Classic Ridge and surrounding neighborhoods of Manzanita. They are dedicated to ensuring trail access to the beach commu-Send comments to: head-

lightreporter@countrymedia.



## **Fillamook County Solid Waste**

For more information about recycling or hazardous waste disposal:

Call (503) 815-3975 or visit our website at www.co.tillamook.or.us/gov/solidwaste 503 Marolf Loop, Tillamook, OR 97141

#### **Solid Waste Events in July**

- Independence Day Holiday All transfer stations closed
- Household Hazardous Waste & Styrofoam Collection at the Tillamook Transfer Station (9am -1pm)
- Solid Waste Advisory Committee (SWAC) meeting



## PAINT RECYCLING

**Recycle Your Paint** 

There are PaintCare sites throughout Oregon where households and businesses can recycle or dispose of unwanted paint, stain, and varnish all year round, including these sites in Tillamook County:

1315 Ekloff Rd (503) 815-3975 on these dates Saturday, July 11, 2020

Saturday, Saly 11, 2020 Saturday, August 1, 2020 www.co.tillamook.or.us/gov/solidwasto

Pacific City True Value 34995 River Ave (503) 965-6295

**Manzanita Transfer Station** 34995 Necarney City Rd (503) 368-7764

All PaintCare sites accept up to 5 gallons per visit (some take more). Please call ahead to confirm business hours and ask if they can accept the type and amount of paint you would like to recycle. PaintCare sites do not accept aerosols (spray paint), leaking, unlabeled, or empty containers.

3 R's Word Search

The 12 underlined words can be found forward,

Reuse the items or find a another use for them.

The three R's help to cut down on the amount of

**Recycle** to <u>make</u> old things into <u>new things</u>.

LGIETHINGS Q S R E D U C TEHP U T

> н C

> > В D

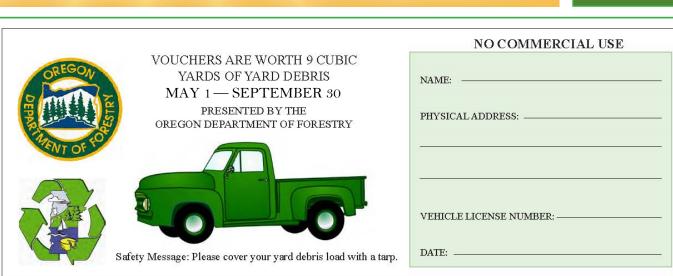
Н Α Ρ

LEARN MORE: Visit PAINTCARE.ORG or call (855) PAINT09

backward, up and down.

waste we throw away.

**Reduce** the amount of your <u>trash</u>.



#### **Participating Transfer Stations**

**Tillamook Transfer Station:** 1315 Ekloff Rd \* Tillamook, OR 97141 (off Tillamook River Rd 3 miles south of the City of Tilllamook) On site phone number: 503-842-2431 Hours: 8am-4pm. Seven days a week

Manzanita Transfer Station: 34995 Necarney Rd \* Manzanita, OR 97130 (between Manzanita and Nehalem) On site phone Number: 503-368-7764 Hours: Thurs-Mon, 10am—4pm

**Pacific City Transfer Station:** 

38255 Brooten Rd\* Pacific City, OR 97135 (2 miles SE of Pacific City) On site phone number: 503.354.4383 Hours: 9:00 am—4:00 pm Friday, Saturday & Monday; 1:00 pm – 4:00pm

Debris Items: tree limbs, leaves, yard and lawn clippings, branches, twigs, shrubs,

Acceptable Yard

household trash or plastic bags, sod with dirt weeds, woody debris, rose bush clippings



Unacceptable

Items:

tree stumps, no

If you can successfully solve the puzzle, send your name, age, and the city you live in to: recycle@co.tillamook.or.us by Tuesday, July 15, 2020, for a chance to win a prize from the Master Recyclers!

(Write WORDS in the subject line.)



TAKE CONTROL!

Help reduce your risk of wildfire in just a weekend. Create a defensible space, a 30' non combustible zone around your home. Defensible space is an effective method to reduce your risk against wildfire.

## Tillamook County Leadership discusses governor's opt-in face mask guidance

**Hilary Dorsey** Staff Writer

Tillamook County Leadership discussed at their community meeting Friday, June 26, Gov. Kate Brown's opt-in guidance for wearing face masks, as well as other county updates related to COVID-19.

"I've been very involved the last couple of days working with trying to provide some liability waivers for businesses, schools districts and local governments, so that if they are following recommended guidelines and responsible procedures, that they could not be sued if an employee or customer believes they contracted COVID from that business, in that school or in that government office," Rep. David Gomberg said. "I actually worked to create a letter,

signed by 10 other Democrats, asking the Democratic leadership to move forward with an amendment that would provide that liability

Tillamook County Community Health Centers Administration Marlene Putman said a seventh confirmed case was reported in the county on June 22, the first new case since April. On Sunday, June 28, the Tillamook County Public Health Department announced that it has been informed of the eighth and ninth positive cases of COVID-19 in the county.

The center has received guidance from Oregon Health Authority (OHA) and the governor's office on face coverings. For the public in general, individuals are to wear masks, face shields or face coverings in all indoor spaces where physical distancing cannot be maintained. New guidance states that children between the ages of two and 12 are to wear masks as well.

Putman added there are 28 individuals who are prepared to conduct contact tracing and they can still provide an online testing to train people to be a contact tracer if needed.

Commissioner Mary Faith Bell said a lot of people had contacted the commissioners, asking them to opt in to Gov. Kate Brown's requirement for face masks. As of June 26, they were scheduled to discuss this at their board meeting at 10 a.m. Wednesday, June 1.

Commissioner Bill Baertlein said so far, he had only heard comments from people who wanted to opt in to the rules.

The City of Manzanita

also asked the governor's office if the city could opt in to the face mask rules. They

to make resolutions for local are currently following local mask wearing, including Nehalem and Rockaway Beach. guidance they issued for their

On Monday, June 29, Brown announced that "People are really getting on board with this mask Oregonians statewide will be thing," Manzanita Mayor required to wear face cover-

Other cities were planning

ings in indoor public spaces, beginning Wednesday, July 1. The guidance applies to businesses and members of the public visiting indoor public spaces.

Send comments to: headlightreporter@countrymedia.

## Community Health Centers



#### Our heroes wear scrubs!

This team brings smiles to our faces -- it's our dental team. In the early days of COVID-19, they had to shut down our dental services. But they have reopened after a slow and meticulous process of establishing improved safety protocols. Our team has been quick to get care for our patients as quickly and safely as possible.

If you need dental care and are on Oregon Health Plan or uninsured, call us at 503-842-2356. No one is ever turned away for an inability to pay.

Please join us in appreciation for our dental team, who are working to protect the health of our community.

> #dentalhealthheroes #ourheroeswearscrubs

COVID-19 Nurse Advice Line 503-842-3940

Se habla Español 801 Pacific Avenue • Tillamook 503-842-3900 • 800-528-2939 • TTY 800-735-2900 www.tillamookchc.org

#### Two new confirmed cases of COVID-19 reported in Tillamook County

The Tillamook County Public Health Department announced Sunday, June 28, that it has been informed of the eighth and ninth positive cases of COVID-19 coronavirus in the county. The individuals are between the ages of 60-69 and 30-39 respectively.

Public health department staff is working with both individuals who remain under self-isolation at home. Contact investigation is currently ongoing. Community members with health concerns can contact the Health Center's COVID-19 nurse line at 503-842-3940.

COVID-19 is a highly

infectious illness. Local and state health officials continue to urge all Oregonians to take steps to protect those who are most vulnerable to complications from COVID-19. Those considered "high risk" include adults 60 and older, or anyone with a serious health condition, including lung or heart problems, kidney disease, or diabetes, or anyone who has a suppressed immune system.

To help control the spread of the illness the public is urged to follow Oregon Gov. Kate Brown's March 23 executive order to stay home to the maximum extent possible.

Every resident should take these basic steps to protect those most at risk:

- Cover your mouth and nose when you cough or
- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, or mouth with unwashed hands.

• Stay home if you feel ill. For information on the most current cases in Oregon, including future positive cases in Tillamook County use the link at the Oregon Health Authority site: http:// healthoregon.org/coronavirus

### Manzanita officials submit formal request for governor's mask guidance

Prior to Oregon Governor Kate Brown's order requiring people to wear face masks inside public places, the City of Manzanita officially submitted a formal request to the Governor's office, to be added to the list of counties and jurisdictions of places needing such an order.

The letter states on June 22, the City of Manzanita initiated conversations with Jennifer Purcell, North Coast Regional Solutions coordinator, and Sarah Means, South Valley/Mid-Coast Regional Solutions coordinator, in hopes that the city might also be included in the State of Oregon list. On June 24, the city initiated its own local mandatory mask requirement following the state's guidance. Manzanita is a vacation destination on the North Coast and subject to a large influx of visitors throughout the year, but

particularly during the warm summer months. Many of those visitors arrive from, or travel through, the counties currently under the mandatory face covering guidance. The addition of the Manzanita community to the face mask order will serve to provide notice and emphasis to those traveling to Manzanita of the need to both bring and to wear masks while in Manzanita.

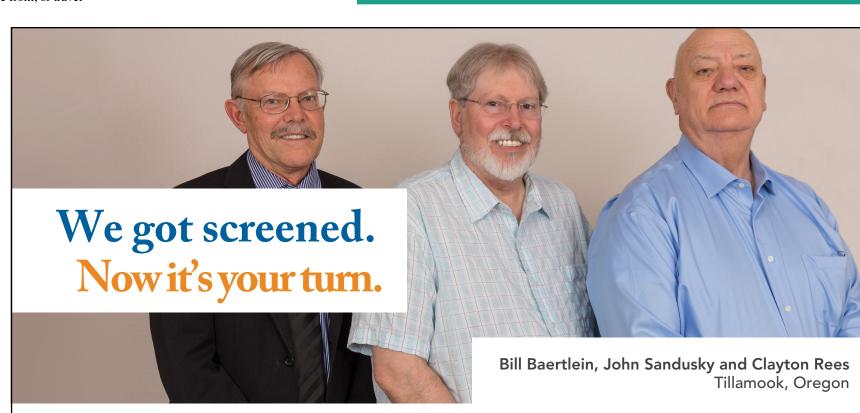
The City of Manzanita has maintained a strong mask wearing campaign since the inception of the COVID-19 pandemic," the letter reads. "All local businesses require face coverings and our community is in favor of continued efforts to encourage the use of masks. Since Manzanita is the permanent home to many vulnerable retired citizens that both fear for their health and the health of others, we believe in masks, we wear masks, and we encourage all who visit to wear masks. Please help us continue that effort."

# ITIZEN

#### **TOP 10 REASONS** to advertise frequently

- 1. People may not need your product or service today, but they may need it
- 2. Frequency builds trust.
- 3. Frequent advertising adds credibility to your message.
- 4. When an ad is seen frequently, it gets the consumer yearning for your service and they will take action to buy it.
- 5. Advertising frequently helps put your name out in front of the competition's.
- 6. Frequency is the best way to get lower advertising rates.
- 7. Advertising frequently is a lot like repeatedly inviting a friend to come see you. One day, they are bound to visit!
- 8. Frequent advertising helps you build a steady source of incoming sales.
- 9. Out of sight, out of mind.
- 10. You make more money when you do! It's plain and simple.

northcoastcitizen.com 503-842-7535



Screening can prevent colorectal cancer or catch the #2 cancer killer early when it's highly treatable. Most people get screened because they're encouraged by someone they know and trust. So if you've been screened, please talk about your experience. And encourage others to get screened too.

**COLORECTAL CANCER** The cancer you can prevent.

www.TheCancerYouCanPrevent.org



### Emergency Medical students practice skills through simulation scenarios

**Chelsea Yarnell** Guest Contributor

"You are called out to an ATV accident at Sand Lake for a young female who was the un-helmeted ridder on an ATV that crashed into another ATV. Patient is complaining of left thigh pain and is a little

What do you do? This scenario is just one example of what the Emergency Medical Services students at Tillamook Bay Community College (TBCC) faced at their simulation trainings on June 11.

In partnership with Adventist Health Tillamook, Nehalem Bay Fire & Rescue,

RESIDENTIAL

CONTRACTOR

All your home improvement needs

Rockaway Beach Fire Rescue, and Nestucca Rural Fire Protection District, TBCC created scenarios with live actors for a hands-on-experience for their students.

"Under normal circumstances our EMS 106 class would participate in clinical and field rotations throughout the term," said Brooke Bennett, TBCC Program Coordinator. "The requirements are one, eight hour shift in the ER for a clinical rotation; and two, 12 hour shifts on the ambulance for field rotations. COVID has prevented students from the opportunity to participate in these rotations."

COVID impacted healthcare programs throughout the

**Coastal SIDING** 

Got rot, leaky

warped deck?

windows, decks,

and roofs!

windows or roof,

We do Siding, I

EXPERTS!

Country with delays in testing, labs, and clinical placements. The TBCC students were in jeopardy of not receiving hands-on experience before the term ended. TBCC worked with local partners to devise live simulations and alternate clinical experience, ultimately allowing students to complete the program. At the training there were

four stations, three with live patient scenarios and one in a moving ambulance. Jesse Walsh with Nehalem Bay Fire & Rescue provided a thorough demonstration of a high-fidelity mannequin. "Practice and repetition is

so critical," said Todd Hesse Rockaway Beach Fire Chief. "Hands-on is one of the three main ways of learning. It prepares them for the field. It's really important." Students entered the live

patient scenarios by being read the circumstances of the settings. Broken legs. Chest pain. Respiratory distress. All ailments portrayed by live "Each of the (partici-

pating) partners brought staff members to serve as proctors and live patients," Bennett said. "I had been

 2 M
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I
 I

O H B T I T N O B A Q B N O I T S B U D

Y A J T I O O T A H W A B H T O N A M

| T | M | E | M | D | O | H | E | D | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T | M | T |

researching the best way to conduct scenarios and every positive outcome shows the use of EMS professionals or Standardize Patients (people that are paid actors to act out a patient role)...I learned of the advantage of having EMS professionals to be able to lead students as the scenarios play out."

Students were expected to verbalize and walk through how they would respond in each situation.

'You can get ready on some points on a mannequin, but to look and solve a problem by talking to your patient [makes a difference]," EMS student Casey Cannon said.

In the ambulance simulation, students were given an orientation of the equipment, medications, and expected to administer CPR in the back of a moving unit.

"They get a sense of the limitations by being in the back of the unit," said Dr. Mark Bowman, Prehospital Physician Advisor at Adventist Health Tillamook and Medical Director for the Healthcare Programs at TBCC, who helped oversee the training.

Even in the midst of the



COVID pandemic, students are still eager to join the emergency medicine field.

"These students are people who are driven and bootson-the-ground type people," Bennett said.

While the simulated event does not replace students' cognitive exam and psychomotor exam in order to get their National Certification and State Licensing, it is an opportunity for students to get hands-on-training while waiting to resume their field rotations.

The three fire districts involved in the training have agreed to sign an Affiliation Agreement with TBCC to al-

Celebrating Independence

Day may look a little differ-

Be safe while celebrating

July 4 holiday

low students to complete field rotation time on fire calls. Clinical and field rotations will resume with Adventist Health in July for which Adventist Health will also be paying for all students' personal protective equipment during their time there.

"I am in awe of the way these community partners have stepped up in our time of need. We are so lucky to live in Tillamook County," Bennett said. "I believe this will be an ongoing partnership between TBCC and our local fire districts and the opportunity to provide better training and education to all future first responders.'



503-919-0764

jsholzgrafe@gmail.com

gagellcconstruction.com

**Publisher** Joe Warren

CCB# 222261

**Reporter** Hilary Dorsey,

email headlightreporter@countrymedia.net

Sales Katherine Mace, email headlightads@countrymedia.net

**Ad Production** Stephania Baumgart

**PHONE** 503-842-7535 • **FAX** 503-842-8842

**EMAIL** editor@northcoastcitizen.com

**WEBSITE** northcoastcitizen.com

biweekly by Country Media, Inc. 1906 Second Street, P.O. Box 444, Tillamook, OR 97141

The North Coast Citizen (15503909) is published

#### SUBSCRIPTION RATES

\$42.00 annually in county; \$59.00 out of county. \$42.00 for online only. Periodicals Postage paid at Tillamook, OR.

#### **POSTMASTER**

Send address changes to P.O. Box 444, Tillamook, OR 97141 Member Oregon Newspaper Publishers Association (ONPA)

© 2020 by the North Coast Citizen. All rights reserved.

#### **LETTER POLICY**

The Citizen welcomes letters that express readers' opinions on current topics. Letters may be submitted by email only, no longer than 300 words, and must be signed and include the writer's full name, address (including city) and telephone number for verification of the writer's identity. We will print the writer's name and town of residence only. Letters without the requisite identifying information will not be published. Letters are published in the order received and may be edited for length, grammar, spelling, punctuation or clarity. We do not publish group emails, open letters, form letters, third-party letters, letters attacking private individuals or businesses, or letters containing advertising.

#### **Deadline for letters is noon Thursdays.**

The date of publication will depend on space.

#### **Obituaries**

The North Coast Citizen has several options for submitting obituaries.

- Basic Obituary: Includes the person's name, age, town of residency, and information about any funeral services. No cost.
- Custom Obituary: You choose the length and wording of the announcement. The cost is \$75 for the first 200 words, \$50 for each additional 200 words. Includes a small photo at no additional cost.
- Premium Obituary: Often used by families who wish to include multiple photos with a longer announcement, or who wish to run a thank-you. Cost varies based on the length of the announcement.
- Obituaries need to be submitted by Friday at 5 p.m. the week prior to publication.

All obituary announcements are placed on the North Coast Citizen website at no cost.

SY9W2MA **- Super** Crossword



Be part of this new guide showcasing the Coast Guard's service on the **Oregon Coast** 

Our salute will be featured in ten Oregon newspapers and their websites this July

To participate, contact Katherine by July 17th (503) 842-7535 headlightads@countrymedia.net



Celebrating summer holidays with fireworks can be fun, but it can also be dangerous. Here are a few helpful things to remember if you plan to use fireworks at your summer celebrations.

- ★ Do not string fireworks on utility poles or set them on padmount transformers. ★ When setting up fireworks, be sure you are in a clear area with no
- overhead power lines or electrical facilities nearby.
- ★ If fireworks or objects become entangled in power lines, do not try to free them, instead, contact Tillamook PUD immediately at (503) 842-2122 or (800) 842-2122.

#### Tillamook PUD

P.O. Box 433 ★1115 Pacific Ave ★ Tillamook, OR 97141 503.842.2535 ★ 800.422.2535 ★ www.tpud.org

and keeping Oregonians safe. As we are all aware, COVID-19 is present and on the rise in our communities. Simple actions such as keeping a 6 feet distance from others, regular hand washing and wearing a face covering are all ways to manage the risk of spreading COVID to others.

ent this year. Although annual

festivals and summer activ-

ities have been canceled or

there are still ways to enjoy

summertime celebrations

while managing your risks

restricted due to COVID-19,

Consider other ways to celebrate - with family and in small groups. If fireworks are a tradition you must maintain, keep a bucket of water or hose nearby, and maintain a safe distance from people, pets and buildings. Always purchase legal fireworks and use them only in areas where they are allowed. Remember, all fireworks are prohibited on Oregon State beaches, parks, campgrounds, and state and federal forest lands; check your local jurisdiction

Multiple areas in Oregon are abnormally dry with much of the state experiencing severe drought. This makes for elevated wildfire conditions and increased risk. Help manage the risk of human-caused wildfire by practicing basic wildfire safety at home, at work, and when you are out and about hiking, camping and enjoying Oregon scenic areas. If you do travel for the holiday weekend, plan to stay close to home.

for restrictions.

'Show your independence this Fourth of July and make choices to keep you, your family and your community safe," said Andrew Phelps, director of Oregon's Office of Emergency Management, in a press release.

## Church Services Cannon Beach to Nehalem

#### Nehalem

**Nehalem Bay United Methodist Church** 

36050 10th Street • PO Box 156 Nehalem 97131-0156 503-368-5612 nehalembayumc@gmail.com

The Reverend Steve Wolff Worship Service: Sunday 11:00 Adult Sunday School: 9:30 A.M. Sunday Nehalem Senior Lunches: Noon Tuesday & Thursday Nursery Available ADA Accessible

To feature your spiritual organization on this panel:

Contact Katherine at (503) 842-7535,

H49258

headlightads@countrymedia.net.

## CLASSIFIEDS

Classified Ads: 3 p.m. Monday before publication date

To place an ad Call **503-842-7535** 

headlightads@countrymedia.net www.northcoastcitizen.com

19 Houston

28 Sprayed,

24 Letters

30 Spring

flower

32 Jumping

stick

**33** Sch. in

31 Coin maker

Columbus

thought!"

40 Good buy

Douce"

42 Cut short

43 Rug type

44 Daughter in

Horrible"

45 Software

testing

"Hägar the

baseballer

before xis

with "down'

www.northcoastcitizen.com



Tillamook County Transportation District (TCTD) is looking for customer service-oriented individuals to join our team of professional drivers. Training provided along with competitive wages and benefits.

Application available online at:

http://www.nworegontransit.org/jobs/transit-driver/

Submit completed application to: Tillamook County Transportation District

Attn: Driver Position

3600 Third Street, Suite A

Tillamook OR 97141

Fax: 503-815-2834 or email: hr@tillamookbus.com



#### **Housing Case Manager/ Homeless Outreach Specialist**

**Fulltime Permanent** 

CARE seeks a 40 hour per week Housing Case Manager and Homeless Outreach Specialist. Responsibilities include providing case management for Veterans, people who are homeless, at risk of becoming homeless, or recently housed, and outreach throughout the county to those who are experiencing homelessness. Exp. with case management and past work with

low-income people req'd. Exp with Veterans a plus. Bilingual Eng. and Span a plus. Salary \$15-18 /hr DOE, benefits included.



Applications available at www.careinc.org employment page, CARE office: 2310 1st Street, Suite 2, Tillamook, or call (503) 842-5261.

#### TillamookBay COMMUNITY COLLEGE 4301 Third Street • Tillamook Oregon 97141 **Part-time Position**

Commercial Truck Driving Instructor

Compensation: \$26.25/hour

Contact Pat Ryan

(503) 842-8222, ext.1020 patryan@tillamookbaycc.edu

Details and application packet available at:

http://tillamookbaycc.edu/tbcc-

employment-opportunities/

TBCC is an equal opportunity educator and employer.

### New & Repairs 971.344.0772 Lic # 204814

Are you **DOWNSIZING**, organizing an ESTATE SALE, **GARAGE SALE or FUNDRAISER?** Use our classifieds to get the word out!

Country Media, Inc. Cannon Beach Gazette

North Coast Citizen Tillamook Headlight Herald Lincoln City News Guard Clatskanie Chief St. Helens Chronicle

Contact us today! 503-842-7535

headlightads@countrymedia.net classifieds@orcoastnews.com



headlightads@countrymedia.net Reservations deadline: 5:00 PM Friday

#### **Classified** Special! **Purchase a**

**Print Classified** Ad in

Get a FREE 2 Week Online

**Classified Liner** Reserve by noon Tuesdays the week of publication.

> **Phone:** 503-842-7535 **Email:** headlightads@

countrymedia.net

#### **Super** Crossword 108 Figure skater 56 Caught fish 18 Core belief

#### THE OSLO CHORDS

with pots

57 Comparable

solution)

60 Mama's ma

61 Yoko of art

and music

62 Beaten track

63 Foldout beds

66 Miracle food

68 Alan of "The

70 Be a lure to

Aviator"

69 Caroling

71 Castro of

Cuba

**75** On the

ocean

72 Bundle up

73 In this spot

74 Petty of films

76 Rural assent

to a lady

79 Meanings in

tune

64 Suffix with

meteor

65 L-P link

(contact lens

(with)

**58** — -Free

87 Sword part

89 Spanish for

91 Siouan tribe

92 Aetna rival.

for short

chewing

tobacco

96 Certain intl.

delegate

97 Minneapolis

neighbor

relative) 99 Ross or Rigg

100 Bowling lane

101 - canto

sitcom

103 "Iliad" writer

104 Newspaper

**107** ESPN no.

109 Suffix with

110 Four halves

112 Auto navig.

Elton John

hero

111 Title for

aid

113 Rock's -

think pieces

102 1970s

(non-blood

95 Lumps of

"I love you' 90 Untruth

ACROSS 58 Big like

1 Bus or train schedule 10 Marveled vocally

15 Cowboy rope 20 Like political

cartoons 21 Lilting song syllables 22 Sigmoid curves

23 Start of a

riddle 25 Michigan city 26 Scotland's - Ness

27 Address on the net 28 Opening part

of an email

29 Munched on 30 Riddle. part 2 38 Melodious

passage 39 Wipe out 40 Riddle.

part 3 50 Guevara called "Che" 51 Tillage tool **52** Cut short

54 French lady friend

part 4 66 How-to book 118 Pig 67 Unspecified travel Vincent

68 Riddle, part 5 74 Install, as tile "— Doone"

(1869 novel)

info 80 Campus VIP 81 Feel unwell

Abbr. 85 Clings

part 6 93 10th-century

95 End of the

53 In — (lined 106 Porto Rico,

55 Treating unkindly

ieans 119 Talked into 120 "Alive" actor

Slutskava

109 Riddle's

answer

117 Material for

in daytime

destination 121 Certain eel 122 Big names

Santa

60 Riddle.

59 Sitting spot

on Santa

78 Defiant types DOWN 79 Pill bottle

84 Egypt, before 1971

88 Riddle,

Holy Roman emperor 94 Gremlins'

riddle 102 Letter before sigma 105 One ruining

107 Buy stuff

par exemple

something

35 Ang of film 1 Elon Musk's car company 36 Art Deco illustrator 2 — box (TV) 37 Young deer 3 Chop finely 4 Write deeply 38 To (perfectly)

5 Bodily digit 6 Onassis' nickname 7 Drill addition 8 Chou En- -

9 Ernie of golf 10 Cheri of comedy 11 Brand of

toothbrushes

**12** Bit of a laugh 13 Pipe bend **14** Night's counterpart

15 Match official 16 Mullah's faith 17 Off the direct course

46 Mogul 47 Mined

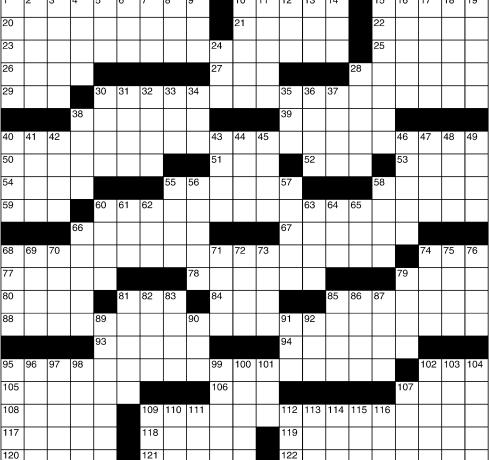
49 Jug type 55 Sound of an air kiss

phase 81 Moving around metals 48 Part of ENT

82 "Suffice say ...' 83 Boxer Spinks 85 Oodles

Speedwagon 114 Lyricist Gershwin 115 Supposed psychic gift 116 Gloomy —

86 Salami shop



Crossword answers on previous page.

## Business Service Directory

To advertise call 503-842-7535 or email Katherine at headlightads@countrymedia.net

#### Landscaping

Laurelwood Compost • Mulch Planting MacMix • Soil Amendments YARD DEBRIS DROP-OFF (no Scotch Broom)

Laurelwood Farm



Nehalem Bay Ready Mix Mohler Sand & Gravel, LLC

• Hot Water • Prompt Delivery • Crushed Rock • Fill Material • Rip Rap Decorative Bounders

20890 Foss Road, Nehalem

503-368-5157

Call in advance for Saturday delivery • CCB #160326

Floor Covering



**RECYCLED (Polyethylene) CARPETS** WOOL CARPETS • CERAMIC/PORCELAIN TILE NATURAL STONE TILE Open Tuesday - Friday 10-5 • Saturday 10-4 03-368-5572

#### Highlight of the Week



Nehalem Bay Ready Mix Mohler Sand & Gravel, LLC

- Hot Water
   Prompt Delivery
- Crushed Rock
   Fill Material
   Rip Rap
  - Decorative Bounders

20890 Foss Road, Nehalem 503-368-5157

Call in advance for Saturday delivery • CCB #160326

Engineering



www.morgancivil.com

jason@morgancivil.com

503-801-6016

Manzanita, OR

North Coast Business Service

> Directory To advertise Call 503-842-7535



A Professional Law Corporation Sarah Smyth McIntosh Attorney licensed in Washington & Oregon

Business • Contracts • Corporations • Partnerships Banking • Real Estate • Land Use • Estate Planning www.smvthmcintosh.com 503-368-4225

Attorney

44 Laneda Ave., Ste. #3 • Manzanita, OR 97130

Realty

LOVE WHERE **YOU LIVE** 

Living Room Realty



Dave Leach, Broker Licensed in Oregon E: dave@livingroomre.com P: 503-704-0946

Construction

JOHN A. EDGAR CONSTRUCTION johnaedgar@outlook.com

Serving Oregon families since 1995

RESIDENTIAL - REMODELING - NEW CONSTRUCTION John A. Edgar

(503) 368-3362 Cell (503) 812-0830

## PO Box 30

General Contract CCB #109199 Manzanita, OR 97130

US Bank

(held in gym)

available)

Station

Nehalem Post Office

Bayside Gardens Shell

NCRD Fitness Center

NCRD Fitness Classes

NCRD Recreational

Swim (limited space, call

Nehalem Animal Healing

North County Food Bank

Rinehart Clinic (curb-

side prescription pick-up

Adventist Clinic

- By appointment -

(503).457.1092

Pauseful Massage

Manzanita Links

## Events, services and businesses open in North County

**Upcoming Events** Virtual 4th of July Events

July 3 - July 5• Online at www.ci.manzanita.or.us/4th/

Hoffman Center Gallery Re-opens July 9, 1-5 pm • www.hoffmanarts.org/

Manzanita Farmer's Market – Fridays thru Sept. 18 • Drive-thru pick up only. Pre-order Sun-Wed at www.manzanitafarmersmarket.com

Trailkeepers of Oregon June Trail Parties

 Visit www.trailkeepersoforegon.org/events Wonder Garden Wednesdays, weekly at 10 am

• Pre-register at ketzel.

Graceful Giants: All

About Whales – July 8 at

Email capefalconmr@

Virtual Writing Work-

Characters - July 18

shop: Creating Non-Human

•Visit www.hoffmanarts.

North Tillamook Library

curbside pick-up/drop-off)

Manzanita Post Office

levine@gmail.com

6:30 pm

gmail.com

org to register

**Open Services** 

Columbia Bank

Spa Manzanita – By appointment - (503).368.4777 Graceful Waves Chiropractic - (503).368.9355

Take-out (Call ahead, \*\* denotes local delivery)

#### In Manzanita:

- A Mighty Thai -(503).368.8424
- Sister's & Pete's Coffee & Treats - (503).368.7437
- Manzanita News & Espresso – (503).368.7450
- El Trio Loco -
- (503).368.8746
- Left Coast Siesta -Closed until July 8th

DISCOVER MORTH COU

503-355-2010 (Office)

503-355-3011 (Fax)

165 S Miller Street / PO Box 551

Rockaway Beach, OR 97136

Office License #201206260

Unique Shops Events Lodging

**Call Us For A Free Market Analysis** 

Of Your Home's Value!

Let our licensed brokers guide you through

the process of buying or selling your home!

#1 office in Rockaway Beach!

Open 7 Days a Week!

All brokers licensed in the State of Oregon

- Marzano's Pizza -(503).368.3663
- Manzanita Coffee Co. -(503).368.6623
- Sandune Pub Closed until July 9th
- Yolk (503).368.9665
- Manzanita Mudd Dog (re-opening early July)

#### In Nehalem:

- Buttercup -(503).368.2469 \*\*
- The Bunk House -(503).368.5424 \*\*
- Hugo's -
- (503).368.4444 • ML Pub & Grub -
- (503).368.4990 • Pizza Garden -
- (503).368.7675 \*\*
- Riverside Fish & Chips
- (503).368.3344 • Wanda's Cafe + Bakery
- (503).368.8100 Patio

for take-out orders beginning July 3.

• Wolf Moon Bakery -(503).457.7925

#### In Wheeler:

- Handy Creek Bakery -(503).368.2253
- Bayview Liquor (503).368.4906
- The Roost -(503).368.2625 – Closing at noon on July 4

Place your

business here!

Your ad will alternate

weekly between the

Tillamook Headlight Herald

and North Coast Citizen.

Price includes online placement 1 Col x 2" \$18 • 2 Col x 2" \$30

Contact Katherine at:

headlightads@countrymedia.net

503-842-7535

• Rising Star Cafe – (503).368.3990

Open For Sit-Down Dining (call ahead for hours)

#### In Manzanita: • A Mighty Thai -

- (503).368.8424
- Neah-Kah-Nie Bistro (503).368.2722
  - MacGregor's Whiskey
- Bar (503).368.2447 • The Winery at Manza-
- nita Open daily • Yolk – (503).368.9665 –
- Closing at 1 pm on July 4
- El Trio Loco -(503).368.8746

#### In Nehalem:

- ML Pub & Grub (503).368.4990 (outside
- Bayway Tavern -(503).368.5625
- Pizza Garden -(503).368.7675
- Riverside Fish & Chips
- (503).368.3344 Grocery Stores (\*\* de-
- notes local delivery) In Manzanita: (face mask required)
- Manzanita Fresh Foods - (503).368.5250 **\*\***
- Manzanita Grocery & Deli – (503).368.5362 \*
- Wild Grocery –
- (503).368.5316 In Nehalem: (face mask
- required) Nehalem Food Mart –
- (503).368.5639 Mohler Co-op –
- (503).368.5791
- Open Retailers In Manzanita: (face mask
- required) Manzanita Lumber
- Co. 7:30-5, Mon.-Fri.; 8-5
  - (503).368.5337 4th Street Gallery –
- 12-4 pm July 2 July 6 -(503).440.5643
- Cosmic Healing NW –
- Call ahead (503).800.1092
- Dixie's Vino 12-6 daily - (503).781.7271
- Four Paws on Beach 10-5 daily - (503).368.3436
- Cloud & Leaf 10-3

- daily (503).368.2665 • Moxie Fair Trade - Call
- ahead -(503).368.3638
- Salt & Paper 10-4 daily - (503).368.7887
- Syzygy 11-5 daily –
- (503).368.7573 • Bahama Mama's – 10-5
- daily (503).368.2453 • Finnesterre – 11-5 Wed.-
- Mon. (503).368.8377
  - SUP Manzanita
- By appointment –
- (503).368.4777
- Polaris Gallery 11-4 Fri.-Mon – (503).703.4828
- T-Spot 10-5 daily -(503).368.7768
- Unfurl 11-5, Fri.-Tues.
- (10-4 on Fri. July 4) -(503).368.8316 • Wisteria Chic
- 11-4, Thur.-Mon. -(503).368.3870
- Yoga Roots Studio -Online classes -
- yogarootsstudiomanzanita@gmail.com
- In Nehalem: (face mask
- required) • Hal's – 10-5:30 daily –
- (503).368.5885
- Hope Chest 10-4,
- Thur.-Sat. (503).368.4461 • Nehalem Lumber – 8-5,
- Mon.-Sat. (503).368.5619 • Nehalem Bay Winery -
- Curbside pick-up only
- (503).368.WINE • Oregon Beach Horseback Rides -Daily
- (971).237.6653 • Riverside Trad-
- ing 10-4, Wed.-Mon. (503).368.3344\*\* • Pete's Antiques -
- (503).368.6018 \*\* • Rising Hearts – Call
- ahead (503).800.1092 \*\* • Angelina Boutique –
- (503).368.7440 \*\*
- Kendra's Inn Farm Stand – Open daily (503).368.7488
- In Wheeler: (face mask required)
- Wheeler Treasures - 11-5, Mon.-Sat. -
- (503).354.4454 · Wheeler Marina
- 6-6:30 pm daily (503).368.5780
  - Wheeler Station 10-5

- daily (503).368.6210 • JW Merc Honey (at
- Wheeler Treasures) 12-3:30 daily • Pelican & Piper – 10-6
- Mon.-Sat.; 11-5 Sun. www.pelicanandpiper.
- Salmonberry Commons Online orders -
- www.salmonberrycommons.com • Oregon Coast Railriders
- info.ocrailriders@gmail. Local Lodging and

Camping If you would like the con-

tact info of hotels, camping, term rentals in Manzanita, Nehalem, and Wheeler

please contact the Visitors Center at info@exploremanzanita.com • Note that Nehalem Bay

State Park campground by reservation only, no walkins. Yurts and cabins will remain closed.

#### **Hiring Locally** Manzanita Beach

- Getaway Rentals -(503).368.2929 • Sunset Vacation Rentals
- -(503).368.5221• Neah-Kah-Nie Bistro –
- (503).368.2722 • Yolk – (503).679.7787 • Ocean Inn -
- (503).368.7701
- The Winery at Manzanita - (503).580.9464 Volunteer Opportunity
- · Volunteer as a Trailhead & Beach Ambassador at key locations this sum-
- mer. If you are interested in volunteering, contact Kyla Sjogen
- trailambassador@thepeoplescoast.com
- Participate in a trail party and be part of team finishing the trail between Neahkahnie Mountain and
- Manzanita. For more info on upcoming dates, visit www.trailkeepersoforegon.org/events



This special publication will be inserted into the Tillamook Headlight Herald, Cannon Beach Gazette and North Coast Citizen newspapers and it will be featured on all three websites as an electronic flipbook.

Highlightyour specialities!

Ad space is limited. To reserve space, contact Katherine at headlightads@countrymedia.net or 503-842-7535.