

Remembering **Pixieland**

Page 2

North Coast

Opinion Page 4

Serving North Tillamook County since 1996

ITIZEN

September 8, 2022

Volume 29, No. 17



northcoastcitizen.com

Tourism facilities and marketing grants open

Deadline to apply is Dec. 1

Ilamook Coast Visitors Association (TCVA) announces the 2022-2023 fiscal year grants opened on September 1, and applications are available online at tillamookcoast.com/grants. The grants are funded by the transient lodging tax (TLT) collected by the county, and administered by TCVA.

The tourism-related facilities grant has \$500,000 available, open to government agencies, special districts and nonprofits for tourism-related projects. The maximum request is \$75,000. No match is required, but if used as a match for other grants, the additional funding must be in place or be committed to the project. Deadline to apply is December 1, 2022.

The tourism marketing grant is funded annually at \$100,000 with a maximum request of \$10,000. Agencies, special districts, nonprofits and private businesses related to the tourism industry are welcome to apply. Past projects include website development, social media campaigns, online marketing campaigns, videos, exhibits, tradeshow booths, brochures and many others. The marketing application has an extensive list of eligible projects as well as those that are non-eligible. Deadline to apply is November 1, 2022.

Tillamook County has awarded more than \$5 million in tourism facilities grants since 2015, soon after the transient lodging tax was collected and available for disbursement. The county is a leader in destination development in Oregon and one of the first to make tourism-facilities grants available beyond visitor or convention centers. Also since 2015, TCVA has invested \$850,000 in marketing grants to local organizations and businesses; that amount includes \$100,000 the Tillamook Creamery matched in 2020 during the first year of

A third grant for business signage is a pilot program made available in spring, 2022. It is a 50% matching grant, up to \$10,000, for brick-and-mortar tourism businesses in accommodations, recreation & entertainment, food & beverage, and visitor information centers. \$166,000 is currently available and will continue until funds are exhausted. Find out more here.



New life for Kilchis House: A community asset of Supportive Housing

ast week, the CARE ⊿Board of Directors entered into an agreement with Tillamook Family Counseling Center's (TFCC) Board of Directors for the sale of the former Kilchis House property in Tillamook, OR. TFCC plans to provide affordable, permanent supportive housing for individuals who struggle with significant behavioral health challenges. This will provide a stable housing option with mental health support services accessible on-site for residents. This program is made possible through an allocation by the Oregon Legislature (House Bill 5202) to the Oregon Health Authority. Using this allocation of state General Funds, OHA's grant awards to Oregon counties specifically targets and supports the development of local behavioral health housing options. After the sale's closing and Oregon Housing and Community Services approval the launch of the new program is expected to begin following some minor renovations to the building.

"Right now, many people with severe and persistent mental illness struggle to find housing and to stay housed because of their illness," states Frank Hanna-Williams, Executive Director of TFCC, "This new project means that



Citizen file photo of Kilchis House prior to closing its doors as an assisted living community.

many more people will not face homelessness and will have a place where they can get the support they need." The new TFCC program at the former Kilchis House will include up to 30 units of affordable rental housing for those with significant behavioral health challenges. "We are so excited to be working with TFCC on this project' comments Peter Starkey, CARE's Executive Director, "CARE and TFCC have a strong partnership and collaboration between our programs, and we are excited to continue working with TFCC on this new endeavor."

After a long and rigorous process of reviewing the financial performance of CARE's assisted living facilities during the COVID-19 pandemic, the CARE Board of Directors made the difficult decision to close the Kilchis House and the Nehalem Bay House earlier this year. "While we have been working to find a new

owner for Kilchis House, we have focused on identifying a buyer whose mission and use aligns with CARE's mission to create more healthy and resilient communities in Tillamook County," comments Dusti Linnell, Chair of the CARE Board, "TFCC's plan aligns perfectly with that mission."

CARE continues to explore the future of the former Nehalem Bay House property. Both properties are restricted to seniors and those with disabilities under the terms of Elderly Bond that originally funded the development of these properties in the mid-1990s. Linnell assures "we will continue our process of maximizing the potential of Nehalem Bay House for the community." Please like CARE on Facebook @TillamookCARE and @TillamookFamilyCounselingCenter to receive updates and information as this process unfolds.

What September brings to farmers' markets on Oregon's north coast

few harvests got off to a slower start thanks to rain through June. But since then, the warm sun has encouraged a bountiful harvest. Here's a short list of what you'll find available from local farmers now:

- Huckleberries (Yes! and often foraged)
- Tomatoes (finally)
- Cantaloupes
- Onions yellow
- Purple artichokes • Beets (for salads, pickling and canning)
- Green beans
- · Cauliflower and broccoli
- Chiles • Potatoes
- Yams
- Pumpkins (toward the end of the month) And don't forget all the other foodie goodies available: jams, coffee, bakery, candies, tea, meats

Farmers Markets on the North Coast

- Astoria Sunday Market Sundays, 10am to 3pm , May 8 – October 9
- Seaside Farmers Market Wednesdays, 2-6pm, June 15 - September 28
- Cannon Beach Farmers Market Tuesdays,
- 1-5pm, June 14 September 27 Manzanita Farmers Market – Fridays, 4-7pm,
- May 27 October 7
- Garibaldi Night Market Thursdays, 4-8pm, May 26, June 30, July 21, August 11, September 1 Tillamook Farmers Market – Saturdays, 9am –

2pm, June 11 – September 24

• Pacific City Farmers Market – Sundays, 10-am – 1pm, June – September (exact dates pending)

• Neskowin Farmers Market - Saturdays, 9am -1pm, May 21 – October 1



The North Coast Food Trail is in its fifth year, and includes 80 members who offer locally sourced menus and locally crafted foods and beverages. In 2019, Sunset Magazine editors named it the best food trail in their annual Travel Awards issue. For more information, visit https://northcoastfoodtrail.com

Watching over the snowy plover

nowy plovers are a rare shore-Showy provers are a range bird species that live on Oregon beaches. These fluffy little birds blend in with their surroundings and can be hard to spot. Just few decades ago these birds almost disappeared

The populations of the Western Snowy Plover have made a comeback thanks to a coordinated effort by biologists, volunteers and educated beachgoers up and down the Oregon

Coast. Dave Lauten and Kathy Castelein have been on the forefront of this effort. The Bandon-based biologists came to Oregon to study plovers

26-years-ago.

"We were hired to do the job the first year, and then we liked it so much it turned into another year... and then it turned into 26 years," Lauten said.

The biologists study the birds by finding their nests - which consist of just a few tiny eggs laid right in the sand. They monitor the nests along with the mating pairs of birds. When the baby birds hatch, the biologists put small colored bands on their legs

in order to track them. "It's interesting to study the individual birds at each beach and see the dynamics of population - and what

is working and what isn't working," Castelein said.

Lauten and Castelein have worked with the Nature Conservancy and Oregon State University, and they now work with Portland State University's Oregon Biodiversity Information

Their dedication to birds and to wildlife is what keeps them moti-

"We work 7-days a week all summer long. You have to have the passion to get up out of bed at 5 a.m. every morning day after day and you have to have a passion for the birds – and find it interesting," Lauten said.

"It's a little bit like a game because you are getting clues all the time about where the birds might be nesting and where to find the birds and whether or not the brood is still active. So for me I look at as a little bit of a challenge to make it fun," he

Bringing the birds back

Not everyone knows there are endangered-species right here on the Oregon Coast, the biologists said.

"There are a lot of people that don't understand what is going on,

See **PLOVER**, Page 3

Pixieland documentary refreshes memories

JEREMY C. RUARK jruark@countrymedia.net

A video documentary about a former Oregon Coast amusement park has generated high views on social media and renewed memories of what life was like years agoon the Oregon Coastg.

The Forgotten Story of Pixieland: The Oregon Coast Amusement Park was released live on YouTube August 12 and generated over 340,000 views in the first several days.

"The Oregon coast was once home to an amusement park that promised to be the Pacific Northwest's answer to Disneyland," Documentarian Peter Dibble writes in his introduction of the video. "Despite the talent and heart that went into its development, the park shut down within just a few years. This documentary tells the full story of the defunct Pixieland park, from its earliest inspiration to its long-lasting impact on the local community.' The Headlight Herald talked

with Dibble about the documentary.

Citizen: Why did you decide to the Pixieland Docu-

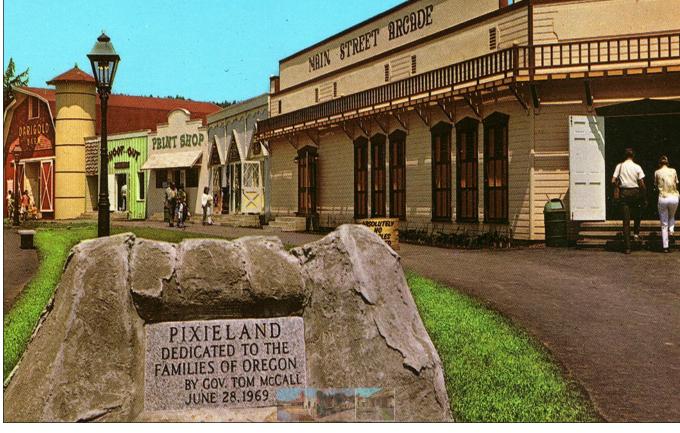
Peter Dibble: I'm really interested in theme park history and have been wanting to tackle something in that realm for a long time. I was originally looking into the amusement parks that operated around Portland in the early 20th century. But through some of that early research I came across information about Pixieland and ended up getting far more invested in that story instead.

Citizen: What did you take away from doing this documentary and what surprised and/or amazed you?

Dibble: The most surprising thing to me has just been the sheer number of people who still fondly remember the Pixie Kitchen and Pixieland. Partnering with some folks in Lincoln City really helped me understand the extent of that. If I had stuck solely to online research, I don't think I would've fully understood the park's lasting importance to the community.

Citizen: What is your hope that we take away from this documentary?

Dibble: It's just a fascinating and fun story that many people don't realize happened



COURTESY FROM THE KIWANIS CLUB OF LINCOLN CITY

This photo shows Pixieland when it was in operation.

in Lincoln City. Even for those who don't live in town, or even in Oregon, I think it has a wide

appeal simply because of the heart and soul that went into the park. So many aspects of that time period really elicit a lot of nostalgia, too.

Citizen: Are you surprised by the reaction after it was released on Facebook?

Dibble: When was getting ready to release the documentary on YouTube, I was expecting a handful of people to say they remembered Pixieland. But there has been an absolute

outpouring of people who have been sharing their own memories of specific rides, etc. Even though it was a small park that lasted less than a decade, I've been pleasantly shocked at just how many people still have cherished memories of that place—and have been able to find the video in such a short

Citizen: What are the comments you are getting about the documentary?

Dibble: Plenty of people have been sharing things they remember about the park. I think my favorite comments are the people who have said they only had vague childhood memories of an amusement park in Oregon but had gone most of their life without knowing what it was called or where it was located—and now they've been able to connect the dots.

Citizen: Will this documentary be aired on OPB or any of the Oregon television stations?

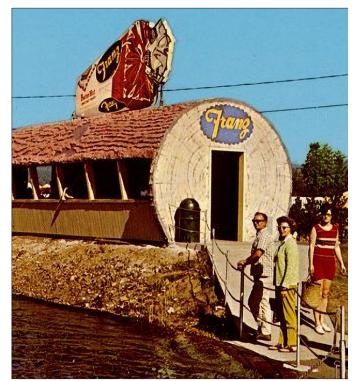
Dibble: There are no plans for that, no.

Citizen: Any other documentaries in the works about local events, local folks or local locations?

Dibble: I've got plenty more ideas for other pieces of Pacific Northwest history that I would love to cover in the future, though I haven't fully committed to which one will be next. For the moment I'm just taking a break and enjoying the response to the Pixieland video.

Dibble attended film school several years ago, but he ended up taking a different career

duction but didn't feel you



More attractions at Pixieland.

path. Over the past few years, he began making documentaries as a hobby.

"To explore different pieces of obscure history that haven't been covered in this format before," he said.

Dibble said he started the Pixieland documentary

production in April and finished in August. The project cost approximately \$500 to produce, funded by donations to Dibble's YouTube account and his personal finance.

See the Pixieland documentary on YouTube at https:// youtu.be/MuqdoGzksTk

FREE WEBINAR CARING FOR A LOVED ONE WITH MILD DEMENTIA

THURSDAY, SEPTEMBER 22 · 3PM

It can be overwhelming for a caregiver as they navigate the new challenges of this reality. To provide support for caregivers of a loved one with mild dementia, PRESTIGE SENIOR LIVING FIVE RIVERS is hosting a free webinar entitled "Caring For A Loved One With Mild Dementia: How to Navigate The Challenges" with Adria Thompson, a dementia consultant and certified dementia practitioner.

Join us on Thursday, September 22 at 3pm PT for the webinar examining topics related to mild dementia for caregivers. You'll also receive advice and tips on how to best support your loved one while navigating the disease.

Sign up for the free webinar at **PrestigeCanHelp.com**. For more on our cognitive programming, contact our team at (503) 842-0918.

Prestige Senior Living Five Rivers 3500 12th St. · Tillamook, OR 97141 (503) 842-0918 \cdot www.PrestigeCare.com



Acting and Auditioning Workshop slated at NCRD

Have you ever wanted

to act? Or have you ever wanted to audition for a local play or theater pro-

had the experience? Now is your chance to garner that experience through a Acting and Auditioning Workshop scheduled October 8, from 1 to 4 p.m. at the Performing Arts Center, North County Recreation District in Nehalem, located in the theater.

> This workshop is being presented by Chazz Miska and Stephen Clark, both veteran Directors and Actors with decades of theater/auditioning experience. They'll focus on theater basics, acting fundamentals and how to audition. If you want to get on stage but don't

know where to start, this workshop is highly recommended. And for you experienced actors you may learn some new tips and tricks that will help you hone your skills.

You must be 14 years of age or older to participate. Proof of COVID

vaccination is not required at this time. Registration is



Write Chazz Miska at cmiska@me.com for more details. We look forward to seeing you.

WHERE TO FIND LOCAL FOODS AFTER THE FARMERS MARKET SEASON ENDS

Oregon's north coast offers a bounty of local foods - produce, seafood, meats and value-added products, such as jams, jellies, sauces, cheeses and much more. The area is home to at least 250 small farms, 100 small fisheries, and a dozen or more craft beverage makers. Many of these small businesses sell their products at local farmers markets from May or June through September or October.

As the popular farmers markets nine of them along Oregon's north coast, from Clatskanie to Neskowin - wind down, it's important to continue to support local producers.

Food has a big impact on Oregon's north coast economy. Residents and visitors

Wild Manzanita Grocery

spend \$380 million on food and beverage - whether in restaurants that offer locally sourced menus, in grocery stores working with local growers, at farmstands and local businesses, at pubs or wineries serving craft beverages, and at farmers markets.

When you buy local products, you're supporting an entire ecosystem of businesses and hundreds of employees. A restaurant that serves Dungeness crab can buy directly from a local crabber, bypassing a middle food broker. That crabber gets a better price for its catch than if sold to a processer, and the restaurant gets a better price from the crabber. Both businesses benefit by increasing their profit margins, and being able to pay their employees higher wages.

This fall, winter and spring, seasonal produce is still available, as are seafood and meats. Buy directly from the producers - many seafood retailers are owned by fishers, or join a Community Supported Agriculture (CSA) farm. Wild Manzanita at 298 Laneda Ave., Manzanita. Check their website at wildmanzanita.com. Or contact Food Roots, a nonprofit supporting small farms. They offer an online marketplace. Reach them at foodrootsnw.org or call 503-815-2800.

Sponsored by Tillamook Coast Visitors Association; funded by a grant from the USDA Rural Food Systems Program through the Columbia Pacific Economic Development District.

ADVERTISEMENT



Plover

Continued from Page 1

or don't even know that these birds exist," said Lauten. "But it's happening right here."

Snowy Plovers were listed as an endangered species in 1993. At that time, there were only about 70 snowy plovers left on Oregon Coast beaches.

The United States Fish and Wildlife Service designed a recovery plan for snowy plovers with a goal to grow the population to 250 plovers on the Oregon Coast and the southern tip of Washington.

The population of snowy plovers has exceeded that goal since 2015 – and the highest estimate of breeding birds recorded was 613 birds in 2021, according to Cheryl Strong, a fish and wildlife biologist based in Newport.

"We definitely have years when they do better than others – but in the big picture of things they are doing really well," Strong said.

A number of different agencies have been involved in snowy plover recovery – from federal and state agencies, to nonprofits such as Audubon.

"It's a very cohesive group. It's been a very collaborative effort that has been going on to help recover this species in Oregon," Strong reported.

Biologists Lauten and Castelein said when they originally started working with plovers, their habitat was limited to only certain beaches on the south end of the state.

Now, they nest in every county on the Oregon Coast – which is really a success for the state, they said.

Plovers in peril

Snowy Plovers have been in trouble for a few different, but inter-related, reasons. This includes habitat loss, an increase in predators and human disturbance.

Snowy Plovers rely on camouflage and early detection of predators to survive.

They like to be in wide open places where they can see threats coming from far

vay.

Invasive grasses have made

it easier for different kinds of predators to prey on snowy plovers.

"The grass can bring in predators like raccoons, skunks, foxes and weasels. They can hide out in that habitat where they couldn't 100 years ago," Castelein said.

Another main predator is ravens and crows.

"There are a lot more of them now than ever because of the human resources that they exploit like dumps and dumpsters and even farms," said Lauten.

Ravens are extremely intelligent animals and they are broad omnivores, so they can eat a lot of different things, he said. Unfortunately this includes snowy plover eggs.

"They are really smart and really efficient at finding plover nests – and as Kathy and I say the 'incredible edible egg.' It's a lot of protein and it doesn't fight back or bite," Lauten said.

Also, because plovers live on the beach and lay eggs right on the beach, their nests are at risk of inadvertently being stepped on or trampled over by beach-goers, dogs, horses and ATVs.

Human interaction can also make snowy plovers leave their nests – and wind can blow sand over their nests or predators can swoop in while they are away.

Pay attention to signs

State and Federal agencies have placed signs to alert beachgoers of the presence of plovers, and sometimes rope off certain areas of beaches where plovers nest.

"The signs are here for a reason. It helps people to be aware," Castelein said. "When you get to the parking lot, take the five minutes to read the signs so you can understand what the rules and regulations are. Because we do try to provide space for humans to recreate even where there are snowy plovers."

The 30 seconds of attention it takes to become aware of the snowy plovers can make the difference between a positive or negative human interaction. Snowy plovers can co-habitate with humans if the humans just give them a little space – the biologists said.



Snowy Plover with a chick.

"Generally speaking, we do get cooperation from the public. The ones who don't usually follow the rules usually fall into two categories: They are just are new to the beach or don't pay attention, or you get serious violations from people who are repeat offenders and there's just not much you can do except bring in law enforcement," Lauten said.

"We would rather just educate people though," Castelein added. "Sometimes we ask people to stay on the wet sand and they have trouble understanding what that means."

"I also think people sometimes assume plovers are nesting in the grass and not just right on the beach and that's a tough one to get across. Literally their nest is just three "rocks" on the sand and it's so easy to step on it – or a dog or horse to walk on it, or also an ATV or a bike," Lauten said.

Because they dedicate so much of their time an effort to snowy plover recovery, the biologists said it is disappointing to they see plover eggs or a nest destroyed by human causes.

"It's a little rough because we have hosts designated at the state parks – people who are out here often and moving ropes around and trying to educate people – so it is avoidable," Castelein said.

People should be able to recreate on the beaches and

there should be room for plovers to nest too, she said. The idea is to "Share the Shore." This means having fun while protecting the natural environment at the same time.

Did you know?

The average life of the snowy plover is about 3 years – but the record holder is 16

and to enter our drawing for a

supply kit from ReadyWise!

chance to win an emergency food

years old. Female

Female plovers maximize reproductive output by nesting with different males throughout the nesting season. This is called serial polyandry.

Plover chicks are precotial – meaning "they're cute, right?" They are fluffy, their eyes are open and they are running around within a few hours of hatching. But they do need their parents to keep them warm, lead them to food and protect them predators.

- Plover facts provided by Eleanor Gaines at the Oregon Biodiversity Information Center



FILL AMOOK BUD

TILLAMOOK PUD
PO Box 433 • 1115 Pacific Avenue
Tillamook, OR 97141
www.tpud.org • 503.842.2535

Attention Business and Organizations!

Here's your opportunity to reach out to some of our targeted markets with your promotions this fall.



This pull-out tabloid informs readers about preparing for the stormy season ahead, fires, floods and other

natural disasters.

Advertising Deadline September 12
Publishes September 27



Home repair professionals, builders and real estate brokers, insurance, tax and legal firms, remind our readers about how your services can help them this fall, or get them on your project schedule for 2023. Stand out in Tillamook County's only guide dedicated to property development, home repairs and upgrades. Homeowners need to know about your services!

Advertising Deadline September 14 Publishes September 20



Reach out to our older readers or caregivers in this special section that focuses on good health and active lifestyles.

Advertising Deadline September 28
Publishes October 14



The State is not putting out a Voters Pamphlet for Tillamook County. Instead, we are publishing one that will be delivered to each U.S.P.S. address in Tillamook County.

Advertising Deadline October 4
Publishes October 10



National First Responders Day is October 28, 2022. Join us as we recognize Tillamook County's First Responders in this special pullout tabloid. Advertising Deadline October 19

Publishes October 25



Join us in recognizing the importance of our veterans in Tillamook County. Advertising Deadline November 2 Publishes November 8



In this annual publication, family-owned businesses in Tillamook and Clatsop counties will be featured in profiles and paid advertising just in time to kick off Thanksgiving weekend and the emphasis on shopping locally. A regional list of holiday events will also be included.

Advertising Deadline November 16

Publishes November 22

Headlight Herald itillamookheadlightherald.com



For more information:
Call 503-842-7535 or email Katherine Mace at headlightads@countrymedia.net

CITIZEN
northcoastcitizen.com





From head to toes, we care for all of you Wellness exams for ages 3 and up

- NO COST to you (insurance will be billed)
- \$25 Gift card for ages 7 and up (mailed after visit)
- \$15 Gift card for ages 3 to 6 (mailed after visit)
 Offer good from July 1, 2022 to December 31, 2022

You are eligible if you have not had a wellness exam in the last 12 months

The wellness exam* may cover:

- Physical exam
- Immunizations
 In clinic lab testi
- In clinic lab testing (as needed)Dental, hearing, nutritional and vision screening

* A wellness exam meets all of the requirements

for a sports physical

To schedule your appointment 503-842-3938 • 800-528-2938 • TTY 711 Se habla español

801 Pacific Avenue • Tillamook

www.tillamookchc.org

Letters and Columns

Voter intimidation in Tillamook County?

We read and hear about voter suppression efforts in other parts of the country, but could that happen in Tillamook County? It may surprise some readers to know that an attempt at voter suppression has happened already in our small county. Following the 2020 election, a group of Manzanita residents wrote to the County Clerk, Tassi O'Neil, to challenge the registrations of 27 Manzanita voters. They claimed those voters did not have legitimate voting residences in the County. The Clerk rejected all the claims.

So what residence can a citizen use to register to vote? Oregon election law is clear. ORS 247.035(1)(a) states that the residence used for voter registration is "the place in which habitation is fixed and to which, when the person is absent, the person intends to return." This rule does not require a voter to occupy the voting residence full-time. The Secretary of State has recognized that some voters, such as "snow-birds" do not live full-time in their voting residence. Likewise, some County voters, including

many of those Manzanita voters who were challenged, own homes in two different Oregon counties. They chose to vote in Manzanita because they had deep community involvement. The voter fraud claims against those 27 people were nearly 20% of all such claims in Oregon following the 2020 election. Only two of those 140 cases are pending. In fact, voter fraud is extremely rare, especially in Oregon. Of 61 million votes cast from 2000 to 2019, there were only 38 convictions for voter fraud-a 0.00006% rate.

As one of the 27 voters who were challenged, I thought Tassi O'Neil's decision would discourage further attempts at voter suppression. Unfortunately, some Manzanita residents have again questioned whether all residents have a right to vote. Let's be clear – All U.S. citizens have the right to vote. If you are lucky enough to own two homes, you can choose which one, but not both, to use as your voting residence. You don't even need to own property to vote in America. You can vote if you are homeless, in college, or living in another country. America is a government of all the people. No citizen has a superior right to vote over other qualified citizens.

Deb Tinnin Manzanita

I support Laity for HD 32

Midterm elections are quickly approaching, and virtually every major issue on the minds of Americans is "on the ballot", and not just at the national level. Education, healthcare, safety, and the economy are my biggest concerns for this election. That is why I am voting for Logan Laity for House District 32. His track record of supporting healthcare and education legislation impresses me. Logan lobbied the Oregon legislature to protect the Oregon Health Plan, to help low-income Oregonians access needed health care. As a healthcare provider I'm looking for a leader who will work hard to protect and improve access to healthcare for families in our community. My wife and I are raising two small children, and we depend on our local schools to provide a safe, quality education. Logan worked to support the Student Success Act, which will reinvest in early learning and K-12. Many American families struggle to make ends meet,



including mine. We depend on our leaders to work hard to boost our local economies. I support Logan because, as a member of the Tillamook Urban Renewal Agency Board of Directors, and a small business owner, he supports economic development projects to improve the lives of his neighbors. We need this kind of change that favors the middle class and that doesn't further damage the environ-

ment that our children will inherit. For these reasons, I am supporting Logan Laity for House District 32, and ask that youdo the same.Dr.

Marc Gendelman

We need a straight answer from those running for office

I request that everyone

running for office answer the following question in their voter pamphlet statement. Do you agree with Donald Trump that the January 6 rioters receive full pardons and an apology, no or yes? No obfuscating, no beating around the bush just a straight answer.

> Ted Chu Nehalem

'The Truth about the Economics of Logging' Online Event

North Coast Communities for Watershed Protection (NCCWP), which advocates to protect our local drinking watersheds, is excited to announce an upcoming talk with economist Ernie Niemi,"The Truth about the Economics of Logging" Online Event. The event will take place online via Zoom on September 13 at 6:30 p.m. PT.

Here is the LINK TO

REGISTER or at www. healthywatershed.org

For 40 years, Niemi has documented the external costs of timber production in the Pacific Northwest, with a special focus on timber workers, their families and their communities. He will speak with NCCWP about the realities of the economics of the logging industry as it currently stands, and realistic economic ways

forward for our community that are not extractive and destructive. Neimi will explain why logging is no longer an economic growth factor for our communities—in fact it actually jeopardizes the real economic drivers on the coast, which are quality of life (clean air and water) and recreation in our beautiful forests, beaches and rivers. Niemi's talk will address the

need for economic considerations of climate change and the biodiversity crisis, and provide tips for speaking up about the value of our forests.

NCCWP is a grassroots group of concerned citizens advocating for no more logging, no more chemical spraying near our coastal drinking watersheds, regardless of land ownership (you can sign our petition (https:// petitions.sumofus.org/p/ healthywatershed) We are excited to host this event, which will help dispel some of the common myths about logging and the local economy, and provide insight on why it's time to protect the great Pacific Northwest temperate rainforests from being used as money-makers for the corporate timber industry.

We look forward to seeing

you on September 13 at 6:30pm on Zoom! LINK TO REGISTER or at www. healthwatershed.org.

For more information rockawaycitizen.water@ gmail.com

healthywatershed.org | www.facebook.com/NCCWA-**TERSHEDPROTECTION**

Having conversations with a friend is suicide prevention

JANEANE KRONGOS

Tillamook Family Counseling

A friend has the ability to notice when their friends change. Sometimes the changes that they notice are positive changes (improved mood, improved health, improved relationship,

Classes

Gallery

Garden

Publications

adoption of positive hobby, improved self-esteem, or improved living situation), while other times the changes that they notice are a sign that their friend is thinking about suicide. Because a friend has

the ability to notice changes. it is important for them to be familiar with suicide warning signs and to be prepared to OFFMAN Explore Create Connect Visual Arts Writing Clay

Horticulture

hoffmanarts.org 🏋



Manzanita

have conversations with a friend about suicide when necessary.

In most cases, a person who is thinking about suicide will begin to exhibit suicide warning signs. Suicide warning signs typically appear in three categories, the categories include, talk (the way they talk about themselves or their future), behavior (the things that they are doing), or mood (how they are feeling). Common suicide warning signs include: saying that they want to die, searching for means to end their life, extreme mood swings, changes in sleep, increased substance use, increased gambling, untimely goodbyes, giving away treasured possessions, and isolating themselves from others. To learn more about suicide warning signs, I recommend reviewing the National Institute of Mental Health's fact sheet titled Warning Signs of Suicide. The fact sheet is located at

www.nimh.nih.gov. If you notice suicide warning signs in a friend, it would be beneficial to have a conversation with them about suicide. Continue reading this column for some practical conversation

Before the conversation: • Program local and na-

tional crisis hotlines in your phone. Two to consider are the Tillamook County 24/7 Crisis Hotline (503)842-8201 and the 988 Suicide and Crisis Lifeline (988).

· Identify local organizations that offer mental health services. Gather the following information about the organizations: website, contact information, street address,

and hours of operation. • Select a meeting date and time that will allow you enough time to have an

unrushed conversation with vour friend. • Select meeting location

that is private, familiar, safe, and free of distractions.

During the conversation: • Let your friend know you care about them.

• Let your friend know that you have observed some changes that have concerned you (changes can be suicide warning signs or changes in behavior). • Ask your friend how

they are doing.

• Listen to what your friend is telling you by practicing active listening. To learn about active listening review Very Well Mind's article titled What Is Active Listening?, this article can be found at www.verywellmind.com.

• Ask your friend if they are having thoughts about

• Reflect on the conversation and consider what type of support your friend would benefit from.

How to support your friend:

• Provide your friend with emotional support.

• Connect your friend to someone who has been known to help in similar situations.

• Provide your friend with contact information for local health service providers.

· If your friend is having thoughts about suicide, encourage them to program crisis hotlines into their phone. At this time, you can provide them with the crisis hotlines that you have programed in your phone.

• Encourage your friend to use environmental strategies to keep their home safe. Examples of environmental strategies include: disposing of unused or expired prescription medication,

locking up prescription medication in a lock box, locking up firearms in a safe, and having someone trustworthy change the combination to a firearm safe.

After the conversation: Check in with your friend to see how they are

• Provide your friend with

emotional support. • Repeat the conversation

as needed. If would like to learn

more about how to have conversations about suicide, I encourage you to consider participating in a suicide prevention training. One training I would like to highlight in this column is the Question, Persuade, and Refer (QPR) Gatekeeper training. This training is an evidence based suicide prevention training that has been used worldwide. Tillamook Family Counseling Center (TFCC), provides the QPR Gatekeeper trainings every other month or as requested. Since September 2020, TFCC staff has trained 228 community members in the QPR Gatekeeper training. The next QPR Gatekeeper training will be presented virtually on September 9th, from 10:00AM-11:30AM. If you are interested in signing up for this training email me at Janeanek@tfcc.org.

I hope that this column has been helpful to you. If you questions about the column please feel free to email me at Janeanek@tfcc.org.



Nehalem Nehalem Bay United Methodist Church

36050 10th Street • PO Box 156 Nehalem 97131-0156 503-368-5612

nehalembayumc@gmail.com The Reverend Steve Wolff Worship Service: Sunday 11:00

Adult Sunday School: 9:30 A.M. Sunday

Nehalem Senior Lunches: Noon Tuesday & Thursday Nursery Available **ADA Accessible**

To feature your spiritual organization on this panel: Contact Katherine at (503) 842-7535, headlightads@countrymedia.net.



North Coast

Serving North Tillamook County since 1996

Publisher Joe Warren

Reporter

email headlightreporter@countrymedia.net Sales Katherine Mace, email headlightads@countrymedia.net

Ad Production Stephania Baumgart

PHONE 503-842-7535 • **FAX** 503-842-8842

EMAIL editor@northcoastcitizen.com

WEBSITE northcoastcitizen.com

The North Coast Citizen (15503909) is published biweekly by Country Media, Inc. 1906 Second Street, P.O. Box 444, Tillamook, OR 97141

SUBSCRIPTION RATES

\$50.00 annually in county; \$67.00 out of county. \$50.00 for online only. Periodicals Postage paid at Tillamook, OR.

POSTMASTER

Send address changes to P.O. Box 444, Tillamook, OR 97141 **Member Oregon Newspaper Publishers Association (ONPA)** © 2022 by the North Coast Citizen. All rights reserved.

LETTER POLICY

The Citizen welcomes letters that express readers' opinions on current topics. Letters may be submitted by email only, no longer than 300 words, and must be signed and include the writer's full name, address (including city) and telephone number for verification of the writer's identity. We will print the writer's name and town of residence only. Letters without the requisite identifying information will not be published. Letters are published in the order received and may be edited for length, grammar, spelling, punctuation or clarity. We do not publish group emails, open letters, form letters, third-party letters, letters attacking private individuals or businesses, or letters containing advertising.

Deadline for letters is noon Thursdays.

The date of publication will depend on space.

Obituaries

The North Coast Citizen has several options for submitting obituaries.

- Basic Obituary: Includes the person's name, age, town of residency, and information about any funeral services. No cost.
- Custom Obituary: You choose the length and wording of the announcement. The cost is \$75 for the first 200 words, \$50 for each additional 200 words. Includes a small photo at no additional cost.
- Premium Obituary: Often used by families who wish to include multiple photos with a longer announcement, or who wish to run a thank-you. Cost varies based on the length of the announcement.
- Obituaries need to be submitted by Friday at 5 p.m. the week prior to publication.

All obituary announcements are placed on the North Coast Citizen website at no cost.

CLASSIFIEDS

To place an ad

Call **503-842-7535** headlightads@countrymedia.net www.northcoastcitizen.com

Deadlines

Classified Ads: 3 p.m. Monday before publication date







Like us on



Try our E-Edition at northcoastcitizen.com



Super Crossword —

WOODTHRUSH T I N S O L D I E R H E S S I A N S TUEDAISY C|R|Y|S|T|A|L|G|A|Y|L|E I D S S E T O N A B O D E C H I N A B E A C H S U N K R A U S S WASHTUB P S S T S I L V E R M A P L E RAREFEW C A B M A N M A D P E A R L O N I O N FOLIO ALE RUBYSLIPPERS TOE C A R O L I N E D I A M O N D L I L I R A E

CryptoQuote

Let us choose for ourselves our path in life, and let us try to strew that path with flowers. Emilie du Chatelet

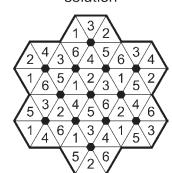
Weekly SUDOKU -

Δηςινίας

Answer												
7	3	2	6	9	8	4	5	1				
8	6	4	1	7	5	3	2	9				
1	5	9	4	3	2	6	7	8				
2	9	6	7	8	4	1	3	5				
5	4	8	3	1	6	7	9	2				
3	7	1	5	2	9	8	4	6				
6	8	5	9	4	3	2	1	7				
4	2	7	8	5	1	9	6	3				
9	1	3	2	6	7	5	8	4				

NOMELTARE

solution







Puzzles on page 6.

Business Service Directory

To advertise contact Katherine Mace at 503-842-7535 or Email headlightads@countrymedia.net



Sand & Gravel



Nehalem Bay Ready Mix Mohler Sand & Gravel, LLC

H64713

· Hot Water · Prompt Delivery • Crushed Rock • Fill Material • Rip Rap • Decorative Bounders

20890 Foss Road, Nehalem 503-368-5157

Call in advance for Saturday delivery • CCB #160326





MARMOLEUM · LAMINATE FLOORS CORK FLOORING • BAMBOO RECYCLED (Polyethylene) CARPETS

OOL CARPETS • CERAMIC/PORCELAIN TILE LUXURY VINYL FLOORING Open Tuesday - Friday 10-5 • Saturday 10-4

503-368-5572 36180 HWY 101, Manzanita • CCB#128946

Engineering



Engineering · Inspection · Planning 20 Years Experience in Tillamook County

JASON R. MORGAN, PE Professional Engineer

503-801-6016 www.morgancivil.com Manzanita, OR jason@morgancivil.com

PUZZLES AND GAMES

"Don't It

Make Mv

Brown Eyes

Blue" [15th]

51 Online

52 Driver's

selling

license,

SSN, etc.

55 Determined

56 Living space

57 1988-91 war

60 Earth's

heater

61 Bluegrass

fiddler

Alison

option

63 Laundry

65 &&&&

68 Tree of

62 Longtime ISP

receptacle

66 "Hey, over

America

72 Lid fastener

[25th]

76 Infamous

78 Very small

minority

80 Mineral

84 Angry

spring

81 Taxi driver

drama series

100 Low digit

101 Rapscallion

104 PC key abbr

105 Daughter of

109 Half-million-

[50th]

114 Mae West

116 "Dies

eastern North 117 Dog coater

play [60th]

(hymn)

118 "Eso Beso"

singer Paul

associated

answers in

this puzzle

NCAA team

124 Salt Lake City

119 Revered sort

with the starts of 10

120 Occasion

JFK

to accomplish

ACROSS

1 First scale

syllables

7 Gripping tool

11 Arid expanse

15 Move like a

19 "Not Afraid"

20 Affirmation of

self-ability

rapper

21 De-wrinkle

23 Stocks and

shares [1st] 25 Stand-up

comedian

26 Super serves

Richard

28 Play starter

robin's close

relative [5th]

battleground

35 Revolutionary

36 Wed. follows

37 Yellow-disked

camera line

flower

39 'Zine

40 Canon

43 Rapping

noise

mercenaries

29 American

31 Figure on

[10th]

War

a kid's toy

27 Low digit

22 Giant fair

in Mongolia

grasshopper

Super Crossword

47 She sang 87 Small, 34 Grazing

pungent pickling 126 Profit 127 Actor Steven vegetable 128 Work honcho [30th] 129 Deli breads 89 Player's 130 Possesses top effort, 131 Attractive DOWN 90 Literary leaf 92 Part of IPA

1 Bus station 93 Slow a car 2 Neighbor of a 94 Dorothy's 3 Get mature magical 4 Ending for shoes [40th] propyl 97 Filleted 99 Cough up

5 Sea, to Henri 6 "— big boy now" 7 Glutinous 8 Cold drink, informally 9 Like biting writing selling album 10 U.S. Navy off.

11 Toy for a boy, traditionally 12 Longtime cookies 13 Bail provider 14 Part of IPO 15 Find out 16 "How rude!" 17 Gorillas, e.g. 18 Opulent 24 Tearful 29 "As a matter of fact. I do!

30 Hollow-eyed

32 Sully

33 Ban

42 Beholds org. for sailors-to-be 43 Quick review 44 Eldest 90 Occasion for unrestricted Musketeer 45 Kite features amusement 91 Tolkien terror (with) 95 More silly 48 Actor Erwin 96 Eastern 49 Whole lot Michigan 50 Disconcert 53 Author Roald 98 Corn serving 54 1976-81 skit **102** "Top o' the to ya!" series 58 Sink bowl 103 Práiries, e.g.

area

38 Near-grads:

41 Part of 122-

Down

GIFTS OF

THE YEAR

82 Juan's water

84 Swabby's tool

83 Sweetums

86 Semi fuel

88 College

yours'

"Frasier"

59 Color shade 106 Accrue 61 Get down to 107 "Victory is propose 64 "It's freezing!" 108 Brother on 65 Filmmaker 110 Actor Patel of Hitchcock 67 Singer Wynette 111 No longer a 69 See 70-Down minor 112 Countryish 70 With 69-Down, 113 In a deadpan tourist's

manner printed guide 114 Smear on, as 71 Ring, as bells paint 115 Crazy about 73 Nepali, e.g. 74 Said words **120** Past 75 Sectioned, as 121 PC key abbr. a window 122 Speed 77 Conductor Wagon 79 Teeter 123 Golfer Snead 81 Be a kvetch

22 26 28 33 40 52 76 105 106 109 116

126

Weekly **SUDOKU**

by Linda Thistle

	3		6			4		
8				7	5			9
		9			2		7	
2				8	4			5
	4			1			9	
	7	1	5			8		
6					3	2	1	
		7	8					3
	1			6				4

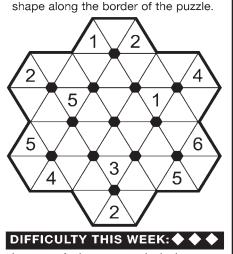
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ♦♦♦ HOO BOY!

© 2022 King Features Synd., Inc.

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon



Easy ◆◆ Medium ◆◆◆ Difficult © 2022 King Features Synd., Inc.

CryptoQuote

AXYDLBAAXR is **LONGFELLOW**

One letter stands for another. In this sample, A is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

KHM WR BAZZRH CZJ ZWJRHKUHR ZWJ NIMA FO KFCH, IOS WR MJT MZ RMJHD MAIM NIMA DFMA CKZDHJR.

HQFKFH SW BAIMHKHM

©2022 King Features Synd., Inc.

Puzzle answers on page 5.



125

129

124

128

Fillamook County Solid Waste

For more information about recycling or hazardous waste disposal:

Call (503) 815-3975 or email us at recycle@co.tillamook.or.us or visit our website at www.co.tillamook.or.us/solid-waste

Focus on Metal Recycling

Whether it's the lid of a "tin" can or the undercarriage of a truck, metal is recycled in essentially the same way throughout the world. Pieces of

metal are cut, pressed, crushed and loaded into furnaces according to a "special mix" that varies depending on the input material and the desired outcome material.

With or without rust, with or without paint, each can, bed frame, shovel, tire rim, and car body adds up, contributing to a recycling process that provides society with new cans, tools, cars, rebar, and all those things made of metal that surround us each day. Your old toaster that no longer works may become a tip in a ball point pen, or the metal hanger you no longer need may return as a part in your new lawn mower.



Collect nails, screws, small metal pieces, and lids in a tin can, and then squeeze the top of the can shut. This will prevent the smaller items from falling out when the can gets moved, dumped, crushed, and transported.

121 122 123

BUT ONLY IF YOU RECYCLE IT!

Metals recycling is a logistics-heavy, energy-intensive process that is far beneficial to the process necessary to mine and process iron ore into new steel products. It is also a system that has a strong domestic base, enabling locally collected materials to be recycled domestically, and then returned to

domestic manufacturers and/or users.

Of the 14,000 tons of materials recycled in Tillamook County in 2020, one third of it was scrap metal -nearly 4,700 tons!



Yes, we **can** make a difference – one **can** at a time.

NAME:



Paint Recycling Made Easy

Tillamook County HHW 1315 Ekloff Rd

Tillamook (503) 815-3975

on this date:

Recycle Your Paint

There are over 180 PaintCare sites in Oregon where households and businesses can recycle or dispose of unwanted paint, stain, and varnish all year round, including these sites in Tillamook County:

True Value Pacific City (503) 965-6295

LEARN MORE: VISIT PAINTCARE.ORG OR CALL (855) PAINT09

Manzanita Transfer Station 34995 Necarney City Rd (503) 368-7764

All PaintCare sites accept up to 5 gallons per visit (some take more). Please call ahead to confirm business hours and ask if they can accept the type and amount of paint you would like to recycle. PaintCare sites do not accept aerosols (spray paint), leaking,





VOUCHERS ARE WORTH 9 CUBIC YARDS OF YARD DEBRIS

PRESENTED BY THE

OREGON DEPARTMENT OF FORESTRY

Safety Message: Please cover your yard debris load with a tarp

15th MAY 1st - SEPTEMBER 30TH

Tillamook Transfer Station: 1315 Ekloff Rd * Tillamook, OR 97141 (off Tillamook River Rd 3 miles south of the City of Tilllamook) On site phone number: 503-842-2431 Hours: 8am-4pm. Seven days a week

Manzanita Transfer Station:
34995 Necarney Rd* Manzanita, OR 97130 (between Manzanita and Nehalem) On site phone
Number: 503-368-7764 Hours: Oct 1st thru March 31st, Thurs-Sun, 10am—4pm;
April 1st thru September 30st. Thurs-Mon, 10am—4pm

Pacific City Transfer Station Nature City I have 15 and 15 and 15 and 15 and 15 and 15 and 16 a

TAKE CONTROL!



NO COMMERCIAL USE

Participating Transfer Stations

Debris Items: tree limbs, leaves, yard and lawn clip pings, branches, twigs, shrubs, weeds, woody debris, rose bush clippings

tree stumps, no household trash or plastic bags, sod with dirt



Help reduce your risk of wildfire in just a weekend. Create a defensible space, a 30' non combustible zone around your home. Defensible space is an effective method to reduce your risk against wildfire.