

Tillamook County Housing Commission announced funding aid to now build multifamily rental housing

Application closes September 1, 2022

The Tillamook County Housing Commission announces its first funding opportunity starting in July 2022. The Multifamily Rental Housing Fund has launched to help build new multifamily rental housing of three units or more. Proposed projects may be located anywhere in the county, including cities and unincorporated areas.

The program was developed by the Finance Committee and supported by the full Housing Commission, with the approval of Tillamook County's Board of Commissioners. The online application for the Multifamily Rental Housing Fund is accessible on the Tillamook County Housing Commission webpage: <https://www.co.tillamook.or.us/bc-hc/page/tillamook-county-multifamily-rental-housing-fund>.

Who can Apply?
Any individual, private company, builder, developer, public agency, local government, or nonprofit organization may apply. New projects and projects already in planning are eligible. The closing date to apply is September 1, 2022, and funds are expected to be available as of October 1, 2022.

To create fair standards for assessment, applications will be evaluated by Housing Commissioners using a criteria-based point system weighted to give small and large projects an equal chance. Applicants must submit a pro forma, the financial document that demonstrates their need for additional financing for the proposed project.

As part of the process, applicants will make a short presentation of their project to the Housing Commissioners. Final award decisions will be made by the Board of County

Commissioners.

What is the Source of these Funds?

The major source of this new Multifamily Rental Housing Fund comes from \$400,000 County Commissioners designated out the federal American Rescue Plan Act (ARPA) funds Tillamook County received in 2021, which must be spent by December 31, 2024. Additional funds come from the fees Tillamook County collects for the Short Term Rental (STR) operator license.

How can Funds be Used?

Funds may be requested for any cost in the project so long as the proposal demonstrates that need, including infrastructure system development charges, cost overruns, materials, labor, and permits. The maximum amount the grant will fund is \$20,000 per unit.

Proposals must be for the construction of three or more new rental units. After final award selections are made by the Board of County Commissioners, successful applicants will enter a negotiation phase to finalize the terms and conditions of the award.

Encouragement of Mixed-Income Rental Projects

Tillamook County continues to face a now widely recognized crisis in the shortage of available rental units at virtually all levels of income.

To encourage mixed-income projects, the fund awards points at all ranges of area median income (AMI) but places more weight on greater levels of affordability. AMI tables are published annually by the U.S. Department of Housing and Urban Development and calculated



for Tillamook County based on household size.

And to ensure an even playing field across smaller and larger projects, points are awarded based on the percentage of units in a project—rather than the number of units—that fall into each AMI range.

For example, a 10-unit project rented at 80% AMI to 120% AMI would earn more points than the same project rented at 120% AMI or greater. And a 100-unit project with a similar mix of workforce rent ranges would earn the same points as the 10-unit project.

At least some units must be affordable to renters earning under 120% of AMI. (see chart page 3). The Fund defines “affordable” as 30% of gross household income.

Applicants can choose a term of commitment (e.g., 10, 15, 20, 25, or 30 years) to maintain rents at the stated levels and awardees will be required to submit an annual verification form.

Failure to measure up to these commitments, for whatever reason, may result in a requirement to return some of the funds already given to the project.

How Does Funding Benefit the Community?

The benefit for the community is to increase the number of available rental units by stimulating the construction of quality multifamily housing at rent levels that working people can afford.

According to Tillamook County Housing Coordinator, Thomas J.

Fiorelli, the Commission anticipates opening the fund at least once per year.

This Multifamily Rental Housing Fund is the first strategy in a larger effort to solve Tillamook County's housing crisis. Other funding programs likely to be discussed for consideration by the Finance Committee may aim to increase home ownership and help to address barriers to development.

For more information and answers to questions about the Fund, please contact Thomas J. “TJ” Fiorelli at (503) 842-3408 x3419 or tjiorell@co.tillamook.or.us.

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Sheriff's office investigating homicide in Nehalem

On the morning of July 9, Tillamook 911 dispatchers were advised of a violent crime that occurred the night before at a residence on Highway 101 N in Nehalem. A deceased male adult was located at this residence and a major crimes investigation was initiated. “The victim had significant injuries and at this time appears to have died from homicidal violence,” said Tillamook County Sheriff's Office Detective Sgt. Michelle Brewer. “We arrested the suspect last night.”

William E. Stetzel, 58, of Nehalem, was arrested and booked on a charge of Criminal Homicide and is currently being lodged at the Tillamook County Jail.

Another location of interest was identified near the Nehalem Bay Fire Station. “We have the crime scene where the deceased was located, and we have the suspect's residence,” said Sgt. Brewer. “A search warrant was carried out at the suspect's residence this morning, and the Oregon State Police Crime Lab is currently processing the primary crime scene. An autopsy will be performed on the victim.”

As this is an ongoing major crimes investigation, information will be released when it is available and appropriate to do so. The Tillamook County Sheriff's Office does not release the names of victims of crimes.

The results are in, and you knocked it out of the park!

It takes a while for local results to trickle upstream, where they are crosschecked with other data before resulting in statewide or national results, so it should come as no surprise that we are just now getting our finalized recycling results from 2020 – some eighteen months

later. But that doesn't mean we should not be proud of the results:

In just one year, from 2019 to 2020, the quantity of materials recycled in Tillamook County increased by nearly 4,000 tons, an increase of 37.6% in just one year!

During that same time the quantity of materials landfilled increased by about 1,200 tons, or just over 4%. Granted, this was the year in which we

shuttered our group activities and switched to a lot of online ordering, but it was also the year in which most restaurant orders were provided in take out containers, and everyone was working on a DIY project at home.

Nonetheless, Tillamook County's recovery rate came in a 31.4%, which is good, but not yet great. According to Solid Waste Program Manager David McCall, “anything under 60% means that we are throwing away a lot of materials that could be fairly easily recycled. Separating your metals, paper and plastic bottles from your trash means that you don't have to pay to dispose of it, and you can cut your quantity of trash down by about two-thirds. And all of our transfer stations are open on the weekends, so that you can more easily access recycling opportunities wherever you live.”

For more information about recycling, contact the Tillamook County Solid Waste Department at 503-815-3975 or online at www.co.tillamook.or.us/solid-waste

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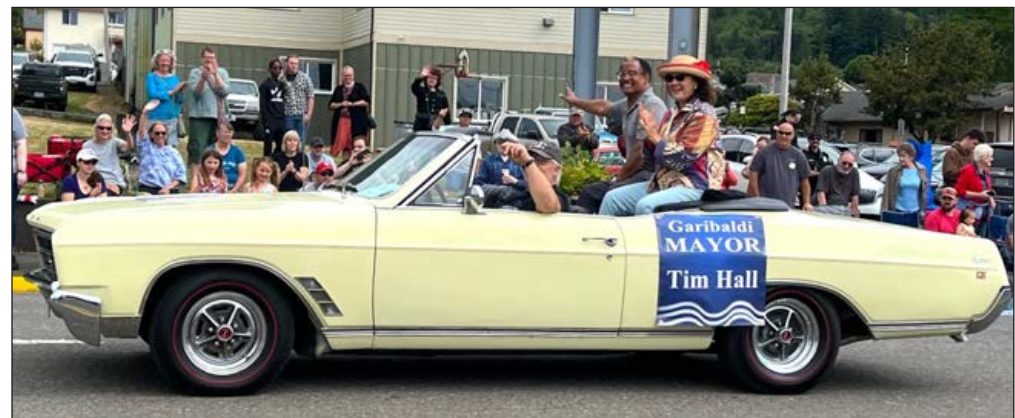
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Scenes from Garibaldi Days Festival



The 62nd Annual Garibaldi Days festival, which ran over three-days of activities and celebrations is in the books. This year's event featured a vendor marketplace and food booths, a parade down Highway 101, free live county music concert featuring the Nash Brothers, along with a beer garden and food vendors, and a full firework show over the bay.

Photos by Katherine Mace

COVID

Continued from Page 1

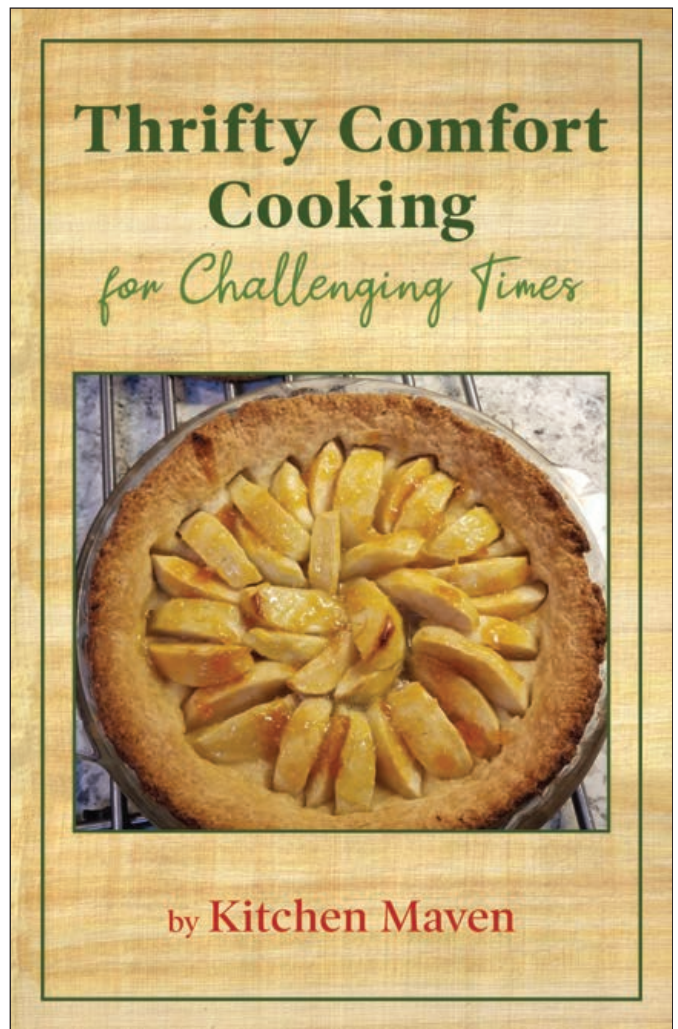
MRNA vaccine like Pfizer and Moderna and not the vectra vaccine like Johnson and Johnson. Instead, Novavax uses the traditional

system where a portion of the actual virus is used to help the body build up immunity. The technology is used in most vaccines worldwide. Early testing before Omicron showed in was 90% effective in stopping transmission and 100% effective in preventing severe illness. Sidelinger said it will be

arriving in the state soon. He also said while vaccines have not stopped all prevention of COVID, they remain the best tool in preventing hospitalizations and deaths. "I want to thank the nearly 7 in 10 Oregonians who have completed the vaccination series," Sidelinger

Kitchen Maven Cookbook: Local author donates pandemic cookbook to the Oregon Food Bank

When the 2020 pandemic brought upheaval to everyone on the planet, Oregon grandmother, home chef, and food writer Judi Berman-Yamada (Kitchen Maven) set to work, in near isolation, writing her bucket list cookbook to benefit the Oregon Food Bank and her neighbors experiencing food insecurity in these challenging times. While creating her cookbook, Yamada began eating better (she lost forty pounds), moving more and improved her own health. "This ongoing shortage has become more crucial than ever as local hunger relief programs observed a 40% rise in food insecurity and the need for assistance during the pandemic," cited Yamada. "Access to nourishing food is difficult for countless people in rural, inner city and low-income communities. To maintain services for those affected by food insecurity, local Food Banks and other food relief agencies need continued aid. Whether we make donations, volunteer time, grow and distribute food, or even contribute a cookbook, we can all help." All (100%) author royalties for retail and online sales will go directly from the publisher, Gatekeeper Press, to the Oregon Food Bank (OFB). The OFB and a select group of local food resources/producers will



Above photo of the cover of Thrifty Comfort Cooking for Challenging Times provided.

have unlimited access to author pricing for fund raising purposes. The cookbook became available July 1, 2022 on Amazon.com, Barnes and Noble.com and through links at <https://kitchenmaven.org>

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TBCC CONNECTIONS

Career - Technical focus at TBCC

Dr. Ross Tomlin
TBCC President

As we move past our June graduation ceremony at TBCC and into our short summer, we are initiating two big construction projects that will transform the college. One is our new Healthcare Education Building that the voters of Tillamook County approved in May, which will focus on housing our new nursing program that is currently being developed and all our other growing number of healthcare programs. The other construction project is the renovation of our new Center for Industrial Technology (CIT) building across the street from

the main campus. Both of these projects highlight the emphasis we are placing on Career-Technical Education (CTE) programs at TBCC. These programs prepare graduates of a CTE degree or certificate program with the skills needed to obtain a good paying job in a career with excellent opportunities. The College has expanded the number of CTE programs over the past five years in different fields for those people that want to stay locally and find a higher paying, rewarding career. The CIT building was purchased by TBCC in November 2020 and was previously the Mechtronics auto repair business on Third Street.



The building needs to be renovated to be used by our Manufacturing and Welding Technology programs. The College submitted a \$1.1M grant application to the US Economic Development Administration last year to help pay for the renovations to the CIT building. We finally

received word last month that TBCC was awarded the grant! As Governor Brown responded upon learning we received the grant, “It will expand hands-on training programs at TBCC’s Center for Industrial Technology, equipping students with the skills they need to access high-demand, good-paying career opportunities in the manufacturing and industrial technology sectors. With this investment, TBCC will continue stepping up to meet the needs of Tillamook County employers today and into the future.” Now we can begin the process to hire a project manager and architecture firm to help us design the renovation work that will include

classroom and lab space for both programs. These programs are currently located in the CTE Building at Tillamook High School where we share space with the high school Agriculture-focused programs. We have been using space there for the past 12 years since the last bond measure was passed that funded the construction of the current main campus building and renovated the CTE space at the high school. Both the college and high school programs have been growing, with the TBCC Welding Technology program being added three years ago, so space at the high school is getting tight. Moving most of the Manufacturing and Weld-

ing Technology programs into the new CIT space will allow these programs to expand to meet increased demand. TBCC will have a new CTE Dean starting soon who will oversee all of the CTE programs at the college, including the development of our new nursing program. The Dean will also work with our new Vice President of Instruction and Student Services, Dr. Paul Jarrell, who comes to us from Lane Community College, to explore and add additional CTE programs at the college over the coming few years. It is important for us to continue serving Tillamook County residents with expanded options of training for good paying, local jobs.

A ‘Sign’ of healing in Garibaldi

Finn Findling
Chair Planning Commission City of Garibaldi

A short time back, June Ekborg took over for retiring Garibaldi icon Norma Johansen (“Smokey” to her Pokémon GO friends) at the Garibaldi branch of the Tillamook County Library. June is equal parts engaging & delightful, an enthusiastic conversationalist, and passionate about her work. June and I got to chatting. I told her I’m pretty sure I’m Chair of the Planning Commission as part of a

hazing ritual set up by my old next door neighbor, Mike Rebasman. She asked me about road signage for the Library. I said I remember signs being there once. She said she couldn’t find it. I let her know that Commissioner Shattuck, Rolland Sheldon, and I have a final design meeting with ODOT in August regarding the downtown US 101 paving project, and I could ask their team about it. She thanked me, but wondered if there was something to do in the interim. I told her she could always check with ODOT.

Though they are woefully understaffed, ODOT has been incredibly helpful with us so far. Then I gave her my email and asked her to CC me on the correspondence so I could stay looped in case she ran into issues. I should have known she didn’t need my help. In under a week, she had several positive exchanges with ODOT before reaching their sign coordinator. Within two days, the coordinator came to Garibaldi and put up the new green City Hall / Fire Department / Library signs that now (re-)appear on US

101 across from 6th St. Apparently a storm had blown them over, and something got lost in the shuffle. A story all too familiar. There ought to be statues made for folks like June Ekborg. While the ODOT project will be the meat & potatoes of the future of downtown Garibaldi, personal triumphs will be what sustains the wave of recent progress and overcomes the years of fishy neglect & deflect. It will take more June Ekborgs: someone who saw something, said something, and saw it through. Someone

who learned the history of the problem in order to ask poignant questions till she figured out the process, and made an actual difference. And we’re talking about a big, huge, awesome statue. One where she’s standing atop a stack of Neil Gaiman books with her stretched out arm and below her, a sign. Both valiantly pointing to the Library. By the time this is published, my baby twins will hopefully have attended their first “Storytimes,” which now occur Friday at the Library, 3pm. They’ll be read to

by June. And, June, if you’re reading this, I hope you’ve finally checked out “The Big Short,” before I check it out yet again. Talk about learning from history. It’s all about the Anthony Bourdain scene: “See, it’s not old fish. It’s a whole new thing! And the best part is, they’re eating 3-day-old halibut.” PS: We have an opening on the Planning Commission. Open to all eligible Garibaldi residents. Terrible sense of humor is a plus. Please email interest letter to kylie@garibaldi.gov.

LETTERS TO THE EDITOR

Tillamook County residents stepped-up

Here are the results of the NALC annual food drive for 2022. Only nine branches participated in Oregon. Tillamook was fifth with 2,679 lbs of food collected. Overall the NALC collected 35,658,590 LBs!

I just want to say thank you to the people of Tillamook county for the generous donations of food. All of our food stayed right here in Tillamook County distributed to our food banks both north, south, and central. Thanks also to our Tillamook food bank for their time and help in getting the food collected. We could not have achieved success without their assistance! Thanks,

Matt Mumford
President
NALC Branch 2558

Oregon needs a good leader

I would like to point out to “why bother?” That the governor we have now, is the most hated governor in the United States for the second year in a row.

And this is because she is not interested in making Oregon a livable state, she cares not for the citizens that live here, and she does not represent them. Unfortunately the Democrats in our legislature don’t represent us either, because under Kate Brown the Dems vote the way they are told or they suffer the consequences. We are a heavily taxed state and I see no benefit at all to citizens for the money that we pay to live here. Tina Kotek and her woke followers will be twice as bad as Gov. Brown. One of the best things that we have in this county, our small farms, and our small local businesses, are being put out of business by legislation from our state Democrats. I cannot call them leaders. As a former Democrat and now Independent, I would like to say I am tired of hearing about “Trump” for any reason at all in this conversation. We are taking about electing a governor. Trump is what people say when they have nothing intelligent to add to the conversation. I think Christine Drazen would offer more than ten times the leadership of Kate Brown, and I think Betsy Johnson is equally a good choice. And boy does Oregon a really good leader to pull us out of the mess we are in.

Dixie Gaainer
Nehalem

Let’s get Betsy on the Ballot!

Betsy Johnson as governor is the best thing that could happen for Tillamook County. She understands our issues, needs and concerns, and she has proven herself to be a powerful ally for our community. She is personable and responsive and she gets things done. In her twenty years as our state senator, Betsy helped countless local individuals, families, farms, businesses and organizations. I don’t know how many people she went to bat for during COVID who couldn’t get their unemployment, but it was A LOT. Literally hundreds of Tillamook County residents have Betsy’s cell phone number because she gave it to us when we called her for help.

Imagine what it will mean for Tillamook County to have a governor who knows us and loves us and will take our calls. Just think about that for a minute. Betsy is the only candidate for governor who has deep, committed ties to our community.

Betsy’s campaign kickoff in Astoria was a who’s who of current and past elected leaders including county commissioners, state representatives, mayors and city council members from at least three counties, both Democrats and Republicans. Elected leaders support Betsy because we’ve worked with her and we know how powerful she is, how effective and accessible and fair, and how hard she’ll fight to help us.

Some of the most important work ahead is bridging the ever widening gap between Democrats vs Republicans, liberals vs conservatives including within our own parties, urban vs rural, etc., working together instead working against each other. We are much stronger together than divided.

Betsy is the only candidate for governor who will lead a bipartisan state government, bringing together both parties, urban and rural, the best ideas and the brightest minds to solve problems we all share as Oregonians.

Betsy’s candidacy is a rare opportunity to elect an unaffiliated governor who will truly represent everyone. In fact, she would be the first woman unaffiliated governor in the history of the nation.

Some of my Democrat friends are worried that Betsy will peel away enough moderate Dem votes to make a Republican win a possibility. I don’t think so. I think a lot of Oregonians are sick of hyper partisanship and ready for a change. Betsy is the only

candidate who is coming up the middle, offering refuge and hope to both parties and to the vast numbers of unaffiliated/undecided voters. In a local meeting of bipartisan Betsy supporters, a prominent Republican farmer shared recently that he hopes that his fellow Republicans recognize that Drazen can’t win in Oregon, and understand that their only real choices are Betsy or Kotek. I have yet to vote for a candidate with whom I agree 100 percent, and this election is no exception. Betsy is the candidate I believe will do the most good for Oregon and for Tillamook County. That’s why I support Betsy. Go to runbetsyrun.com to sign the petition to get Betsy on the ballot for governor. Contact Jerry Dove at jdovetil-langers@gmail.com to join the Tillamook County Betsy Brigade. Let’s get Betsy on the ballot for governor.

Mary Faith Bell
Nehalem

Dear Citizens of Tillamook County

The horror of anti-semitism has returned to our community. We have no reason at this point to believe that more than one person was involved in distributing the offensive leaflets you may have seen in recent weeks, but one person is far too many when this kind of paranoia and falsehood is involved. Within living memory a world war erupted when these very ideas overtook parts of Europe. Many millions of people died, including more than a million Americans, some of them our own parents and grandparents. Standing idly by, looking the other way when disturbed people begin to spread these lies again, is the worst form of disrespect for the sacrifices our parents and grandparents made.

We do appreciate the prompt attention given to this matter by the Tillamook Police Department, and we are aware that the First Amendment prevents our government from suppressing even the ugliest political speech, but as private citizens and stewards of our civic health, the Central Committee of the Tillamook County Democratic Party will not tolerate the ideology expressed in these leaflets. We make no allowances for open-mindedness on this subject. We condemn anti-semitism, and we affirm our love and support for the Jewish members of our community. Will you do the same?

Cole Brecheen
Chair, Tillamook County Democratic Party

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Health care costs increase in Oregon and nationally

STAFF REPORT

Health care costs grew 49% per person across insurance markets between 2013-2019 in Oregon, outpacing national health care cost growth during the same time period, according to a new Oregon Health Authority (OHA) report.

By market, Medicare costs per person grew 58%, commercial market costs per

person grew 45%, and Medicaid costs per person grew the slowest at 32%.

Rising prescription drug costs and the cost of professional services were the primary factors driving health care cost increases.

Between 2013-2019, Oregon's health care costs grew faster than income—while per person health care costs grew 49%, per person income grew 31.5% and average wages

grew 21.6%.

The report shows that for people in Oregon with commercial, employer-sponsored insurance, the cost of the average annual deductible and insurance premiums combined in 2019 was 10.1% of median income.

“The effects of rising health costs have a direct impact on the well-being of people, families and our communities,” OHA Director Patrick Allen said, “When health care costs grow faster than income and the cost of living, they squeeze the budgets of families and businesses and reduce access to care. It’s important for Oregonians to understand how health costs

are growing – and why – so we can take steps in our state to contain them.”

The report documents cost growth across six major service categories and identifies which types of services are responsible for most of the cost growth in each market. Between 2013 and 2019, per person pharmacy costs grew the most (116%). Inpatient services have the highest per person costs and grew by 22% over the six years.

In the commercial market, professional services contributed the most to overall cost growth between 2013 and 2019. Pharmacy, emergency department, professional services and outpatient services grew by more than 60% from 2013 to 2019, with pharmacy costs growing the most at 93%.

In the Medicare market, pharmacy costs grew by 185% from 2013 to 2019, far

outpacing any other service category in any of the three markets. Pharmacy costs were the main driver of Medicare cost growth in this time period, increasing from \$794 to \$2,261 per person.

In the Medicaid market, professional services and pharmacy contributed the most to overall cost growth between 2013 and 2019. The Medicaid market saw less growth across service categories compared to the commercial market. Service categories in the Medicaid market also had lower per person costs, with the exception of inpatient services.

Between 2012-2017, Oregon held costs under its section 1115 Medicaid waiver agreement with the federal government to a rate of growth of 3.4%, which authorized Oregon to deliver care to nearly 1 million Oregon Health Plan members through coordinated care organizations (CCOs).

The cost categories measured under Oregon’s 1115 waiver are a subset of the costs included in the 2013-2019 health cost growth report. Oregon’s 1115 waiver focuses on limiting cost inflation for core Medicaid benefits paid by federal and state governments.

The calculation of cost growth under the waiver does not include categories such as increases in payments to hospitals for uncompensated care graduate medical education, emergency care for non-citizens, the cost of behavioral health prescription medication and other costs. (State health officials released a fact sheet that outlines different types of health cost calculations.)

These data show that Oregon’s CCO model helped slow cost growth in the Medicaid sector. While Medicaid costs per person grew by 32%, between 2013-2019, Medicare costs per person grew 58%, nearly double.

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The North Coast Citizen (15503909) is published biweekly by Country Media, Inc.

1906 Second Street, P.O. Box 444, Tillamook, OR 97141

SUBSCRIPTION RATES

\$50.00 annually in county; \$67.00 out of county.
\$50.00 for online only.

Periodicals Postage paid at Tillamook, OR.

POSTMASTER

Send address changes to P.O. Box 444, Tillamook, OR 97141

Member Oregon Newspaper Publishers Association (ONPA)

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The Citizen welcomes letters that express readers' opinions on current topics. Letters may be submitted by email only, no longer than 300 words, and must be signed and include the writer's full name, address (including city) and telephone number for verification of the writer's identity. We will print the writer's name and town of residence only. Letters without the requisite identifying information will not be published. Letters are published in the order received and may be edited for length, grammar, spelling, punctuation or clarity. We do not publish group emails, open letters, form letters, third-party letters, letters attacking private individuals or businesses, or letters containing advertising.

Deadline for letters is noon Thursdays.
The date of publication will depend on space.

Obituaries

The North Coast Citizen has several options for submitting obituaries.

- *Basic Obituary:* Includes the person's name, age, town of residency, and information about any funeral services. No cost.
- *Custom Obituary:* You choose the length and wording of the announcement. The cost is \$75 for the first 200 words, \$50 for each additional 200 words. Includes a small photo at no additional cost.
- *Premium Obituary:* Often used by families who wish to include multiple photos with a longer announcement, or who wish to run a thank-you. Cost varies based on the length of the announcement.
- Obituaries need to be submitted by Friday at 5 p.m. the week prior to publication.

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Death Notice

Vincent Glaudin, 95 of Manzanita died in Manzanita July 12th 2022. He was born on Aug. 3, 1926. Hughes-Ransom Mortuary are handling arrangements.

Conservationists challenge logging plan

Oregon-based conservation organizations Cascadia Wildlands and Oregon Wild challenged the Bureau of Land Management's (BLM) Siuslaw Field Office's plan to log public lands west of Eugene across seven watersheds. The agency's "N126 Late Successional Reserve Landscape Plan Project" is one of the largest logging proposals on public lands in Oregon in decades. The targeted forests are home to at least three federal Endangered Species Act (ESA) listed species: northern spotted owl, marbled murrelet, and Oregon Coast coho salmon, along with the red tree vole, which is currently a candidate for ESA listing. The agency failed entirely to consider impacts to these species, amongst other errors.

"BLM has purposely hidden the specifics about this massive logging project from public review," said John Mellgren, General Counsel at the Western Environmental Law Center. "Federal law

demands the government fully disclose its plans and prepare a robust Environmental Impact Statement before proceeding with the logging contemplated by the BLM's N126 project."

The agency's proposed project authorizes commercial logging in areas that were designated as off-limits to commercial logging in the BLM's governing 2016 management plan. 14,227 acres of Late-Successional Reserve ("LSR") lands would be logged—nearly all of it commercially. The agency's primary management objective for LSRs is to promote the development and maintenance of foraging habitat for the northern spotted owl, including creating and maintaining habitat to increase diversity and abundance of prey for the owl, regardless of whether owls are present.

Additionally, over 2,000 acres of Riparian Reserves

■ See Plan, Page 6

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TILLAMOOK COUNTY WELLNESS

Free Summer events to get the whole family moving

Tillamook County Wellness

We may be coming in on the last month of summer, but there are still plenty of local, family friendly events taking place right here in Tillamook County (for free!) Whether it’s wandering down Laneda Avenue in Manzanita to enjoy the local poetry displays or joining a guided tour to learn about our salt marsh habitats, there is something for everyone over the next couple weeks. These opportunities make for a great excuse to round up some friends and family to enjoy the summer weather - and a huge thank you to the local organizations who are hosting these events for free!

Events Organized by Date: Hoffman Center Poetry Walk by the Hoffman Center for the Arts

When and where: July 1st – 30th along Laneda Avenue in Manzanita
This Poetry Walk features fifteen poems celebrating summer at the coast and written by local poets. Poems are placed along nine blocks of Laneda Avenue in Manzanita, between the Visitor’s Center on 1st to the west and the architecturally beautiful Columbia Bank building at Classic Street to the east. This poetry walk is a fun and free event for all. You can also buy a chance to win one of the 18

by 24 framed poems for \$10 per ticket - winners will be selected August 1st.

To learn more, visit <https://hoffmanarts.org/events/poetry-walk/> or the Facebook page @Hoffman Center Manzanita

Mindfulness Walk by Tillamook County Wellness

When and where: Sitka Sedge Natural Area Parking Lot on Saturday July 30th at 9 am (for guide training) or 10 am (for mindfulness walk)
Join TCW for a guided morning walk-and-learn! Besides benefiting mental and physical health, mindfulness is free, with no gear to buy, and available to try any time. This is a 2 for 1 mindfulness event: From 9 am to 10 am, we will be leading a “guide training” for those who would like to learn how to share mindful walking techniques with your community. At 10 am, we will start the guided mindfulness walk at the Sitka Sedge parking lot trailhead. By the end of the walk, you will have the materials and knowledge to continue a mindfulness-based walking practice, and pass on the knowledge to friends and family.

To learn more, visit the Facebook page @Tillamook-CountyWellness for the event details

Salt Marsh Ecology Walk along Netarts Bay by

Friends of Netarts Bay – Watershed, Estuary, Bay, and Sea

When and where: Sunday July 31st from 10 am to 2 pm at the Netarts Bay (4949 Netarts Hwy W)

Description: Join Friends of Netarts Bay – Watershed, Estuary, Beach, and Sea (WEBS) for a FREE event including a presentation and guided tour along the salt marsh at the southern end of Netarts Bay. Learn about the plants and animals that live in this unique habitat and the importance of this environment from the forest to the water’s edge. Discover how plants survive in a salty world and explore the succession of vegetation from the bay to the dunes. This event is free but registration is required.

To learn more, visit <https://www.netartsbaywebs.org/events/> or the Facebook page @NetartsBayWEBS

Walk and Talk: Cape Falcon Marine Reserve by North Coast Land Conservancy

When and where: Thursday August 11th, 2022 from 10 am to 12 pm at the Devil’s Cauldron and Elk Flats Trail in Oswald West State Park

Description: Bring your binoculars and hiking shoes for a walk and talk on the Elk Flats Trail with both the NCLC Marine Program Coordinator Kirstin Bayans and Land Steward Eric Owen.

Along the way, we will discuss the surrounding flora and fauna of Oswald West State Park and the Cape Falcon Marine Reserve. The walk terminates at the Devil’s Cauldron overlook. This program is free but registration is required.

To learn more, visit <https://nclctrust.org/on-the-land/> or the Facebook page @nclctrust

This Way to Well-Being by Tillamook County Wellness

When and where: Multiple locations from April through October

There is no “right” path to wellness; it’s a journey that is unique to each person. We all have different interests that motivate us, as well as different challenges or barriers that prevent us from sticking to healthy habits. By looking at the things we want to do, we stand a much better chance of getting on – and staying on – a path to well-being. To help you navigate what that path might look like, we have developed a handy map of fun



activities here in Tillamook County that have helped others improve their health and well-being. This activity is free and open to everyone. As an added bonus, visiting points along the map gives you a chance to win prizes!

To learn more, visit <https://tillamookcountywellness.org/> this-way-to-well-being-2/ or the Facebook page @TillamookCountyWellness

For more upcoming local events, keep an eye on the

Tillamook Chamber of Commerce Community Calendar which can be found here: <https://tillamookchamber.org/events/>

Other wellness questions? Email us at info@tillamook-countywellness.org. For more local health and wellness information, visit www.tillamookcountywellness.org or follow Tillamook County Wellness on Facebook and Instagram.

Plan

Continued from Page 5

are slated for commercial logging. Akin to LSR purposes, Riparian Reserves’ primary management objectives are to contribute to the conservation and recovery of ESA-listed fish species and their habitats; maintain and restore natural channel dynamics, processes,

and the proper functioning condition of riparian areas; and maintain water quality and streamflows to protect aquatic biodiversity and to provide quality water for recreation and drinking water sources.

“Public trust in federal agencies is undermined when those agencies do not follow their own management plans developed via a public process,” said Nick Cady, Legal

Director for Cascadia Wildlands. “The last remaining reserved areas should remain just that: protected for wildlife and fish from the commercial logging at the root of these iconic species’ decline.”

The project also authorizes the addition of 50-90 miles of new roads to the already bloated public lands road network, and 300-420 miles of existing roads would be rebuilt or renovated. The plan

is designed to generate 380 million board feet of lumber.

“This project demonstrates that BLM’s narrow pursuit of timber makes them unable to see that logging harms many other public values we obtain from our public forests, such as clean water, fish and wildlife, recreation, and carbon storage,” said Doug Heiken, Conservation and Restoration Coordinator for Oregon Wild.

The lawsuit alleges viola-

tions of the National Environmental Policy Act, including failure to take the requisite “hard look” and failure to conduct any site-specific analyses or prepare an Environmental Impact Statement, and that BLM’s failures to follow its own management plans violate the Federal Land Policy and Management Act. Cascadia Wildlands, Oregon Wild and hundreds of their members and supporters par-

ticipated in the project development, submitting detailed public comments raising these concerns at every opportunity, but the agency failed to remedy the serious flaws in their decision, resulting in today’s lawsuit.

The organizations are represented by attorneys from the Western Environmental Law Center and Cascadia Wildlands.



Tillamook County Solid Waste

For more information about recycling or hazardous waste disposal:

Call (503) 815-3975 or email us at recycle@co.tillamook.or.us or visit our website at www.co.tillamook.or.us/solid-waste

Focus on ASBESTOS

Back in the Good Ole Days, we made wide use of asbestos, a naturally occurring, heat-resistant material. Asbestos was added to cloth, paper, cement, plastic and other materials to make them stronger, as well as insulate. Due to the popularity of asbestos, it was used in many construction materials, and can be found in many older houses.

As is often the case, it was too good to be true. When asbestos dust is inhaled or ingested, the “spurs” or “hooks” on these microscopic fibers can become trapped in the body, especially in our lungs. Exposure to asbestos can cause cancer, as well as other health conditions, such as mesothelioma and asbestosis. It may take decades for symptoms to occur, but the damage is done, and the damage may lead to years of painful suffering.

exposed, especially when the truck runs its compacting cycle. When the trash is dumped at the transfer station people (both workers and other customers) are exposed, as well as the people working at the landfill – where the heavy equipment used to pack trash will surely break those tiles and cause dust to fly.

Several years ago rules were updated, requiring that an asbestos survey be conducted by a certified inspector before any demolition can be permitted. These rules were put in place to protect those members of our community who are potentially exposed to the hazards of asbestos dust.

In anticipation of the updated rules, we invested

in our system, so that our citizens can more easily comply with the requirements of these rules. We encouraged a couple local professionals to obtain their asbestos surveyor/inspector certifications, so that we can find professionals locally, rather than having to pay for someone to come from The Valley. We set up an asbestos acceptance opportunity (together with all necessary supplies) at the Tillamook Transfer Station, accepting small amounts of asbestos containing materials for small fees, so that our residents wouldn’t have to travel to Hillsboro to properly dispose of ACM. (Tillamook and Hillsboro remain the only places accepting ACM in the Northwest Region.)

It’s important that we all

follow the rules, to ensure that no one is exposed to asbestos dust, and no one has to suffer from these

terrible diseases.

You can find information and forms on our website,

at www.co.tillamook.or.us/solid-waste/page/construction-and-demolition-debris

NO ASBESTOS

CALL DEQ BEFORE RENOVATING OR DEMOLISHING.
Don't put yourself or others at risk of exposure.

EXTERIOR SURFACES

Cement Asbestos Siding
Cement Asbestos Roofing & Felt
Window Putty

Questions? Call DEQ at 503-229-5982 or email: deq.nwrasbestos@state.or.us

MISCELLANEOUS

Woodstoves
Flooring:
Vinyl Asbestos Sheets, Tiles, and Underlayment
Old Built-In Items:
Dishwashers and Ranges

INTERIOR SURFACES

Sprayed-on Popcorn Ceilings
Acoustical Tiles
Sheetrock Tape Mud

Heating and Ventilation:
Heat Source Covering
Pipe Insulation
Door and Cover Gaskets
Air Duct Covering

New disposal prices at Tillamook County Transfer Stations

Manzanita

\$127.44/ton
Minimum fee
(up to 172 lbs): \$11
Surcharge: \$13
Total Min. Fee: \$24

Yard Debris:

\$12/CY

A \$20 “tarping fee” may be charged on each uncovered, unsecured load.

Tillamook

\$108.75/ton
Minimum fee
(up to 400 lbs): \$22
Surcharge: \$2
Total Min. Fee: \$24

Yard Debris:

\$90.27/ton

Min. Fee: \$10/220lbs

Pacific City

\$127.44/ton
Minimum fee
(up to 172 lbs): \$11
Surcharge: \$13
Total Min. Fee: \$24

Yard Debris:

\$12/CY

Effective July 1, 2022; Per Tillamook County Board Order 22-015

Recycling remains free-of-charge

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Manzanita
(503) 368-7764

Tillamook County HHW
1315 Ekloff Rd
Tillamook
(503) 815-3975
9 a.m.-1 p.m.

on this date:
Saturday, August 6, 2022
<https://www.co.tillamook.or.us/solid-waste>

All PaintCare sites accept up to 5 gallons per visit (some take more). Please call ahead to confirm business hours and ask if they can accept the type and amount of paint you would like to recycle. PaintCare sites do not accept aerosols (spray paint), leaking, unlabeled, or empty containers.

LEARN MORE: VISIT PAINTCARE.ORG OR CALL (855) PAINT09

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