

Small Test. Big Protection.

1,900. That's right. Our General Surgeons, including

Dr. Ryan Garry in Norfolk, performed 1,900 colonoscopies last year.

1,900 Steps Toward a Healthier community.

Screening saves lives. A colonoscopy is simple, safe, and one of the most effective ways to prevent colon cancer. It's easier than you think.



Myth: It's painful.

Fact: Most patients sleep comfortably through the procedure.

Myth: It takes all day.

Fact: The procedure usually takes less than 30 minutes.

Myth: I feel fine, so I don't need it.

Fact: Colon cancer often has no symptoms in its early stages.



Dr. Ryan Garry
FACS, General Surgery

If you're age 45 or older, or have a family history of colon cancer, it's time to schedule your colonoscopy. **This year, make yourself a priority.**

**Schedule your colonoscopy now.
Call 402-844-8110.**