

JOIN US FOR A PELVIC FLOOR WORKSHOP

**Tuesday, September 16th
at 12:15 p.m.**

**at Northeast Nebraska
Physical Therapy**

710 S. 13th St., Norfolk, NE



***At this workshop, we
will cover:***

- ✓ Pelvic Floor Dysfunction
- ✓ How we can help you improve your overall pelvic health

**PRESENTER:
ANNIKKA MILLER, PT**

**Call 402-371-8278 or use QR code
to reserve your seat today!**

*This workshop is perfect for those of all ages who want to move without
fear, improve bladder control, and feel stronger from the inside out.*

*Seats are limited - don't miss your chance to take control
of your pelvic health!*



Northeast Nebraska Physical Therapy
THE FEEL GOOD EXPERIENCE