

# Panther Project

## Intramural Sports

At Norfolk Junior High School, students can compete in many different athletics and activities. When looking at athletic teams, NJHS has travel teams, which would be the A, B, and C teams, and there are also Intramural teams. Intramural teams are offered for volleyball, football, and basketball seasons throughout the school year. Unlike travel teams, intramural sports focus on accessibility, welcoming students of all skill levels to experience the excitement of game-day atmosphere. Through these competitions, participants develop athletic skills, build lasting friendships, and create memories in a supportive environment at Norfolk Junior High.



The mission of Norfolk Public Schools is to prepare all students to pursue their goals for the future.



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