

RED LIGHT THERAPY IN NORFOLK, NE

At Norfolk Pain Solutions in Norfolk, NE, we provide red light therapy, also known as low-level laser therapy or photobiomodulation, which involves exposing the body to low levels of red or near-infrared light. While research is still ongoing, red light therapy has the potential to increase blood flow, reduce inflammation, increase levels of collagen and increase production of fibroblasts.



PHYSICAL BENEFITS OF RED LIGHT THERAPY

Accelerated Wound Healing
Pain Relief
Improved Skin Health
Weight Loss



MENTAL BENEFITS OF RED LIGHT THERAPY

Improved Mood
Stress Reduction
Improved Sleep Quality



TRUE WEIGHT SOLUTIONS IN NORFOLK, NE

It may be hard to believe, but many True Weight Solutions Program™ patients lose 20-40 pounds of Pure Fat in as little as 60 days. The True Weight Solutions Program™ doesn't discriminate if you're male or female, young or old. We have tested this doctor formulated program on thousands of patients.



COACHING

Learn what to eat, when to eat it, and how to make healthy choices.

DIET DROPS

Supports maximum weight loss by alleviating hunger.

TRUE KETO

Proven to aid in healthy fat burning. Increase your energy and boost your metabolism!

B12

Naturally boosts energy and mood. Promotes a healthy nervous system. Stimulates fat burning.

HOW TO GUIDES

Access our guides to help you lose the weight and stay on track.

PHONE APP

Easily track your progress from anywhere with our advanced app.

DAILY EMAILS

Receive your daily plan in personalized emails.

SUPPORT

Schedule one-on-one visits with our doctor.