



Ditch the mask.

Obstructive sleep apnea (OSA) affects many adults, causing loud snoring, restless nights, daytime fatigue, and serious health risks such as high blood pressure and heart disease.

If you're struggling with your CPAP mask for OSA, we can help. The Inspire implant is a minimally invasive solution that keeps your airway open while you sleep by delivering gentle pulses that move your tongue out of the way with each breath. This allows you to breathe freely and sleep soundly without masks or hoses.

Schedule your appointment today with Dr. Justin Oltman or Dr. Eric Rohe at (402) 844-8275 or visit FRHS.ORG to learn more.



Ear, Nose & Throat

*Take control of your
sleep and your health.*

27 Inspire implants
completed in 2025

100% of these patients
have shown to be effectively
treated for Obstructive Sleep
Apnea using Inspire