

# Discover how - North Country Woman Lost 29 Pounds In Just 2 Months!

*I feel more confident and relaxed. I don't stress about failure. I lost 29 lbs. in the past 2 months, AMAZING! - Jeannine Bermond*

## **You get sick of the discomfort**

*As I got older, my body started to revolt. It turns out I had just given up on looking thin and feeling healthy. When I had a hard time painting my toe nails I knew something had to give.*

## **Nothing else worked**

*Everything I tried to help get me healthier failed to work. I felt stuck and knew I wanted a better life.*

## **I knew hypnosis worked**

*When I was talking to my friend one day, she told me she quit smoking - just like that! I asked how; North Country Hypnosis was her reply. I knew it was time to give it a try*

## **Instant Success**

*I immediately crave exercise and nutritious foods. It all seems so natural.*

*I am proud of the fantastic results I got with this program and would recommend it to anyone. Call now for your free hypnosis screening.*



## **Building Momentum**

*North Country Hypnosis had a positive effect on more than my new body and my healthy mind. Now I have a plan and a goal. Both have become automatic. It all seems so natural.*

## **Free Screening**

*It won't cost you one red cent to find out how quickly this program can help you. Everything was explained in detail. The free, no obligation screening is fun and informative. My first impression of North Country Hypnosis was how relaxed and welcoming the environment is. It really felt like a safe place to be. When I first came in I was skeptical, but during the free screening I realized it wasn't scary or mysterious at all. It's very comfortable and I learned it can be very easy.*

*I believe in the program 100%. It worked for me. I've recommended it to my friends, that's why I'm sharing my story with you. Do what I did, call for your free hypnosis screening right now.*

## **MORE RESULTS....**

*So far, I have lost 77 pounds. I recommend this program very highly. Ella Mae – Machine Operator*

*I have lost over 90 pounds and changed my life. Michael Poirier – Customer Service, Clay*

*After three weeks, I lost 12 pounds and blew my physician away with my lowered blood pressure. Don McMaster – IT Manager*

*I no longer have intense cravings. I no longer drink soda. Tina Keck - Massage Therapist, Adams*

*I feel better, I move better, I can get on and up off the floor. Stephen Goodrich - Retired, Sackets Harbor*

*I had gastric bypass, and I was sabotaging the surgery. Hypnosis helped achieve the things I wanted with my weight. Jean Ferguson - Retired, Auburn*

## **QUIT NICOTINE, TOO!**

*"I don't crave cigarettes. Quitting has been so easy, I don't need their free rehypnosis." Alexandra – Fitness Provider, Syracuse*

**CONVENIENT LOCATION** – You'll be here easily with two turns off Interstate.

**EXPERIENCED, RELIABLE & LOCAL** – As your neighbors for over 45 years and as the oldest hypnosis center in Upstate New York, you can trust us! You get programs which have been used successfully with thousands of clients.

**RISK-FREE HYPNOSIS SCREENING** – As a weight client, you get a *free* hypnosis screening!

**PROFESSIONAL FACILITIES & INDIVIDUAL ATTENTION** – You want a professional hypnotist providing individual sessions and custom programs, and that's what you get!

*Real people. Real results. Call now for your free screening.*

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HYPNOSIS**

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