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FC Cincinnati boosts local economy

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Let immigrants make America great again



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American student loan debt - a rapidly-growing federal burden — is on the verge of eclipsing \$1.5 trillion. An estimated 44.2 million Americans have one or more student loans on file.

It is the largest financial asset on the federal government's balance sheet, making up 51.8 percent of total assets.

don't necessarily know enough about it. I think it was last year or the year before that you had to take this course and then you would be allowed to do your FAFSA,"DeSimone said.

Student loan debt — which surpasses total U.S. credit card debt by roughly \$620 billion - continues to grow because students have little understanding of how the loan program operates,

"I think a lot of students aren't educated enough on [subsidized loans versus unsubsidized loans]," DeSimone said. "How long am I really going to be in debt? I don't think people necessarily figure that out entirely until it's too late."

- Raquelle DeSimone

"It's gone up every year," said third-year business marketing and sales student Raquelle DeSimone. "[My] freshman year, I had one unsubsidized and one subsidized loan, so together I think it was like \$5,500."

**During Federal Reserve** Chairwoman Janet Yellen's second-to-last meeting in December 2017, the U.S. Federal Reserve chose to raise interest rates for the fifth time since the 2008 financial crisis. Jerome Powell is expected to succeed Yellen later this year, potentially leading to hawkish policy when combined with a business-friendly administration.

"There is no such thing as a painless Fed hiking cycle," Bank of America economic researcher Ethan Harris wrote in a letter to investors.

DeSimone says her access to high-balance loans has increased for each consecutive year of attendance at UC.

"Sophomore year it was \$6,500 and now I think for this year it'll be like \$7,500 for each year," DeSimone said.

Federal loans are linked to rates on the 10-year Treasury note, which represents future changes in Fed policy.

"I think people that go in to it

DeSimone said.

"I think a lot of students aren't educated enough on [subsidized loans versus unsubsidized loans]," DeSimone said. "How long am I really going to be in debt? I don't think people necessarily figure that out entirely until it's too late."

According to a study by fintech firm IonTuition, 80 percent of workers with student loans say they would prefer to work

for a company which offers a loan repayment benefit. Companies such as Aetna, Chegg, Fidelity Investments, Penguin Random House and PricewaterhouseCoopers offer different types of repayment programs and tuition reimbursements.

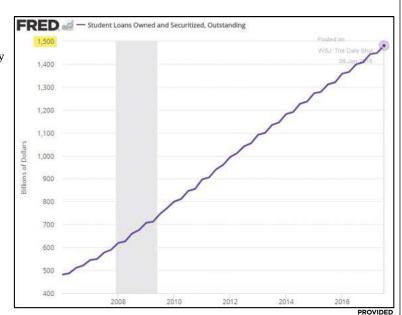
"I'm really thankful that my parents are able to do that, because I won't have to worry about paying it off afterwards," said third-year journalism student Karina Baffa. "But it's kind of uncomfortable talking about it."

The Brookings Institution provides data revealing that default rates depend more on individual and institutional factors than average debt levels. This leads to the conclusion that the average debt per student has risen over time, and defaults are highest among those who borrow relatively small amounts.

Data estimates suggest that nearly 40 percent of student loan borrowers who entered college in 2004 will default on their loans by 2023.

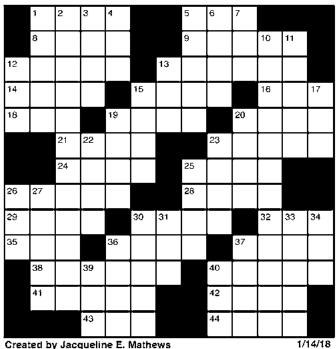
For black graduates, the number of defaults are even larger. Black graduates who hold a bachelor's degree default five times the rate of their white counterparts, and are more likely to default than white college dropouts.

For more information on how maintain your student loans, visit American Student Assistance at http://www.asa.org.



## THE TV CROSSWORD

by Jacqueline E. Mathews



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- 5 "Please Don't \_\_ the Daisies"
- 8 Dull speaker 9 "Lady and the
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Solution to Last Week's Puzzle													
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## **BLM Cincinnati will not attend Women's March**

ZACH PERRIN | NEWS EDITOR

In January 2017, thousands of people flooded the streets of Washington D.C. and other major cities around the country in a fervent display of opposition to the Trump administration.

This year, the women's march will be held once again in D.C., accompanied by numerous other sister marches throughout the U.S.

United We Stand Cincinnati — a Cincinnati-based activist organization — is organizing the march this year. It will largely be focused around voter registration, which reflects the march's "Hear Our Vote" theme as liberal activists encourage people to take their qualms with President Trump to the ballot box.

The march will take place Jan. 20 beginning at the National Underground Railroad Freedom Center downtown.

Black Lives Matter: Cincinnati (BLMC), who have been overwhelmingly active in Cincinnati politics in recent years, announced last week that they would not be participating in the Cincinnati Women's March in an essay published on their

website.

"Our organization operates based on 11 political principles, the ninth principle explicitly states that we support mass action and do not believe that deep-going changes will be made through the ballot box," reads the statement, criticizing the march as "a poorly veiled campaign to elect more Democrats."

BLMC argued that the march "[filters] the power of our community down to casting votes."

The organization attempted to convince UWS to change the theme to "Hear Our Voice" rather than "Hear Our Vote," but the request was denied.

"The main demand not only disenfranchises countless black women and women of color, but also totally misses the point of women's liberation," the statement reads. "Everyone in the United States does not have a vote — whether because of immigration status, age, prior criminal convictions, access to official identification, transportation issues — but everyone does have a voice."

BLMC also announced an event they are holding on the same day as the march.

Called "Effective Ways to Fight for Women's Liberation," it will be a discussion forum focused on why BLMC believes women's liberation cannot be accomplished through voting.

After receiving flack on social media for the statement, BLMC issued a fact sheet clarifying their stance on the issue.

The fact sheet explicitly states BLMC's independence from Black Lives Matter as a national organization, citing their concerns with the fact that BLM have turned their focus toward national elections.

"Those who oppress us MUST convince us their system does provide a road to liberation and that the system is just BROKEN, rather than working EXACTLY LIKE IT'S SUPPOSED TO," the fact sheet read. "And that's where voting comes in."

This lead to lively discussions on social media about what should and should not be the proper tactics for activism with aims of women's liberation.

Some supporters of the march point out that while BLMC is right in arguing that there are many other important forms of political participation, voting should not be discredited as a useful political tool.

## Even before graduation, UC asks senior students for financial gifts

MOUNIR LYNCH | OPINION EDITOR

A month before Tyler Nants graduated, he received an email from the UC Alumni Association requesting a monetary donation.

Other UC seniors in the same position — usually around a month away from commencement — were contacted by the university for the same reason.

"I started receiving asks [for donations] in my student mailbox about a month before I graduated, and continued receiving them for about a year after I graduated," Nants said.

He was both flabbergasted and confused as to why the university would beg donations from students who have not yet reached graduation.

"I frankly find the asks insulting," Nants said. "I think it's an unfeeling slap to the face on the university's part to ask students — many of whom haven't even started paying off their student loans and are about to undergo the arduous task of securing employment after graduation, ate up already with bills — if they would 'pretty, pretty please give more money to the university."

To many, student debt is the primary quip with UC's donation requests. Student debt now exceeds credit card debt as the largest financial burden on the average citizen, according to The News Record.

Alex Yersky, a recent special education graduate, also claims that UC contacted him several times about donating. To Yersky, UC's tendency to ask for donations is an unreasonable nuisance.

"[UC asked] shortly before

graduation — I knew it was probably coming," said Yersky. "They have several times. And I have donated to the athletic department before. I wish they would stop asking for more donations as I am in some major debt and give when I can."

UC has many options for donating, and most donations go to either the UC Foundation or the Alumni Association to fund academic programs, scholarships and alumni activities. UC Health also receives a number of contributions.

According to the UC Foundation's 2017 annual fiscal report, the university received gifts totaling \$139,646,022 with a total endowment of \$1.3 billion. The endowment increased by \$86 million in 2017, the report reads.

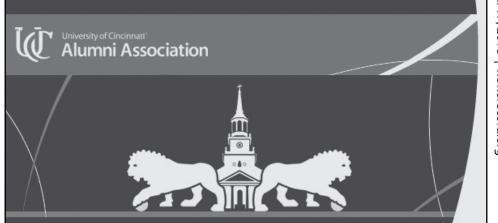
In November 2017, seniors

expected to graduate in the spring were sent an email asking for donations to the "senior class gift" — a fund based on donations from current senior class students.

For a \$20.18 donation, undergraduate seniors can earn the "Loyal Children" benefits, which include a senior class T-shirt and a green graduation cord. For \$50, a tour of Nippert Stadium is included on top of the lowest-tier benefits. Should a senior choose to donate \$100 to the senior class gift, they will be entered for a chance to win a pair of tickets to the distinguished alumni celebration, plus a chance to win priority graduation

seating. These benefits are included in addition to those from the previous two tiers.

UC continues to earn a consistent flow of donations each year. It is unclear how many of these donations are given by students who are hassled for donations while enrolled at UC.



Jan. 17, 2018 | newsrecord.org



## UC students impact local economy; bring in more than \$500 million of new money

PARKER MALATESTA | NEWS EDITOR

The University of Cincinnati Economics Center released its annual report on economic and fiscal impact, which focuses on three tenets: operations expenditures, capital expenditures and student spending.

The inquiry separates economic impact into two categories: net and retained economic impact. Net economic impact measures money originating from outside Ohio's portion of the Cincinnati metropolitan area that is spent within the local economy. Retained economic impact computes spending of local students.

During fiscal year 2016, UC spent \$1.1 billion on operations.

Nonlocal students brought approximately \$203.8 million in new money to the area, while local students spent roughly \$311.8 million. The UC Economics Center estimates roughly \$149.8 million in wages were paid due to local student spending.

Third-year physical therapy student Jennifer Johnson commutes to campus every day, and she says she spends roughly \$60 every week at businesses around campus. Sri Babu, a graduate computer science student, said she spends less than \$10 per week in the Ludlow Avenue area where she lives.

Capital expenditures represent anything from **▼** equipment and construction to books and software. In fiscal year 2016, UC generated roughly \$155 million in capital expenditures. More than \$101.2 million remained within the metropolitan area.

"Economic changes at the regional scale degrade the quality of these alternative measures as surrogates for local traits — the swifter and more extensive the transformations, the greater the deficiency," writes Dr. Joshua Drucker in his study, "Economic Impact Analysis amid Rapid Change."

Drucker focuses on approaches that create data inequality, such as location quotients and minimum requirements to estimate local parameters.

The UC Economics Center estimates that the total economic impact of the university on Brown, Butler, Clermont, Hamilton and Warren counties was circa \$3.3 billion in fiscal year 2016

UC's operations, capital expenditures and student spending led to nearly \$1.1 billion in wages being paid in the area.

Additionally, UC produced roughly \$274.8 million in fiscal benefits for local municipal, county, state and federal governments. The federal government received the highest proportion at 56.3 percent. Comparatively, the state of Ohio received 33.6 percent, whereas 10.3 percent went to local governments. Because UC

is a not-for-profit school, they are not required to pay property tax.

The study predicts that, in fiscal year 2016, UC provided employment for 21,513 individuals.

According to the U.S. Department of Education, more than 30 percent of people who file a so-called **Employee Certification** Form — intended to confirm one's public service loan forgiveness status — are denied.

Per the Consumer Financial Protection Bureau, borrower communications is the number one student loan complaint, followed by IDR Plan Enrollment, Payment Allocation and Public Service Loan Forgiveness.

In "A Guide for Undertaking Economic Impact Studies," John Crompton highlights the conceptual rationale for undertaking an economic impact study.

"It shows residents of a community pay funds to their city council in the form of taxes," Crompton writes. "The city council uses a proportion of these funds to subsidize production of an event or development of a facility. The event attracts nonresident visitors who spend money in the local community both inside and outside of the event that they visit. This new money from outside of the community creates income and jobs in the community for residents. This completes the cycle."

## FC Cincy to take its booming from Clifton over to Oakley

**ZACH PERRIN | NEWS EDITOR** 

Soccer fans in Cincinnati, Detroit and Sacramento are currently in a state of

On Dec. 20, Nashville was granted a spot in the Major League Soccer expansion.

"Nashville is a rising city with a passionate soccer fan base, a dedicated ownership group and civic leaders that truly believe in this sport," MLS commissioner Don Garber said in a statement.

Garber's statement highlights three tenets that may prove important to the cities awaiting the next announcement: strong ownership and political support, dedicated fans and a city with an emerging socioeconomic status.

"All three [cities] submitted impressive bids which the league will take additional time to review before announcing a final decision in the new year," the MLS said in a statement.

Each of the remaining candidates have problematic elements, leaving no clear favorite for the official decision.

In 2016. Cleveland Cavaliers owner Dan Gilbert and Detroit Pistons owner Tom Gores announced plans to build a soccer stadium in downtown Detroit, but later reversed course.

After adding the Ford Family as partners, Gilbert and Gores said the teams would play games at the home of the Detroit Lions: Ford

Sacramento's bid has withstood several funding troubles. The day following the Nashville announcement, Sacramento Republic's FC CEO Kevin Nagle filed a statement that it was publicly seeking new major investors.

Nagle confirmed that former Hewlett Packard CEO Meg Whitman and San Francisco 49ers CEO Jed York were no longer a part of Sacramento's bid.

"FCC's biggest problem is not having a stadium,"third-year English student Ryan Clady said.

However, the passing of the FCC stadium deal in November 2017 suggests a solution may finally be on the horizon.

The proposed stadium in Oakley is an important aspect of Cincinnati's bid as supporters of FCC seek to prove to the MLS that the city cultivates a strong soccer

The numbers speak for themselves, however, as FC Cincinnati has continually attracted record-breaking crowds at Nippert

Sacramento's Republic FC sold out every game in the season; however, the field they play at holds roughly 11,500 people in comparison to Nippert's 40,000.

While the proposed stadium is an important part of Cincinnati's bid, it also makes the MLS seem like a solid deal for Cincinnatians

A study conducted to assess the economic output generated by an MLS stadium in Cincinnati predicts between 2,200 and 2,600 full-time and part-time jobs, as well as roughly \$200-\$215 million in wages, salaries and self-employment income during the construction period.

Many of those jobs will disappear postconstruction. The stadium, however, should create about 320 new jobs by the fifth year, and generate substantial traffic to local

"We get really freakin' busy," said Cincy Deli's assistant manager Tirrell Domineck. "Probably up to a 50 percent increase in business.'

The deli — located on Jefferson Avenue across from campus — is just one of many whose revenues surge during FCC season.

"They want to get a drink before they go in the game because it's so expensive over there," Domineck said.

One only needs to look at the streets around UC to see the sheer number of people that FCC brings to the area.

"It's definitely some of the only nights we have wait times, so people have to wait 15-20 minutes for a table," said Amanda Scheurle, hostess at Keystone Bar and Grill. "We put our best servers on for those nights, because we're turning people over like crazy. Other than that, normally it's pretty low key. But you know when it's a game night that you're going to be here longer, and you're going to have more people."



## UC professor makes new discovery about breast cancer

PATRICK MURPHY | SENIOR REPORTER

Nearly one in eight women will be diagnosed with breast cancer during their lifetime, and each one of these women may have a form of breast cancer radically different from the next.

"That leads to the question, 'What is breast cancer?'" said Dr. Xiaoting Zhang, associate professor at the Department of Cancer Biology in the University Cincinnati's College of Medicine. "Different reasons can lead to different subtypes of breast cancer — it's not like one thing can answer all of these questions."

However, a new discovery documented by Zhang's research team has identified MED1 — an estrogen receptor (ER) binding protein — as a new and important player in the complicated field of cancer biology.

According to Zhang, there are four major subtypes of breast cancer with various alterations in each. However, each of these researched subtypes contain established clues — or biomarkers — which give oncologists an idea of which type of breast cancer each patient has.

These oncologists can then use targeted therapy by administering drugs to neutralize the specific biomarkers

which result in the unregulated growth of cancer cells. But, while many breast cancer patients respond to drugs targeting these biomarkers, there are others who don't respond — a term Zhang describes as "therapy resistant."

"That's what leads us into our study," Zhang said. "We try to figure out what can be used to overcome this kind of resistance."

Zhang's study looked at ER+ and ER+/HER2+ subtypes of breast cancers.

75 percent of all breast cancer patients are categorized as ER+, yet roughly 50 percent of those patients are resistant to the ER targeting drug known as Tamoxifen, according to cancer cell and biology Ph.D. candidate Melissa Leonard, the co-author of this study.

"So, what do you do for these women?" said Sejal Fox, a research scientist and lab manager in UC's Department of Cancer Biology. "You've got no drug that targets that receptor. This is what these guys are doing. Somehow, you're trying to manipulate the system so that you can have other targets for these poor women who have nothing."

That other target is MED1, a ER-binding protein that Zhang's research has not only found in high levels with

ER+ and ER+/HER2+, but has shown to contribute to resisting therapeutic drugs such as Tamoxifen.

"If you can degrade this protein, or disrupt its function, you can basically stop the expression of these genes that are allowing these breast cancer cells to grow," Leonard said.

Leonard said Zhang's team is working to make MED1 a biomarker like ER or HER2, so that oncologists can add MED1 to their calculus of personally treating each cancer patient.

"That's called individualized medicine," Zhang said. "We have these four major types, but in those there are many different types. That's why we need more people to figure out exactly what pathways went wrong."

In response to Zhang's development, a UC accelerated grant is supplying \$40,000 to Zhang's lab for additional safety testing before the research can be moved into clinical trials. However, Zhang said more will be needed to bring this research to cancer patients.

"That's definitely our goal," Zhang said. "And if UC wants to invest, that's certainly very welcome."

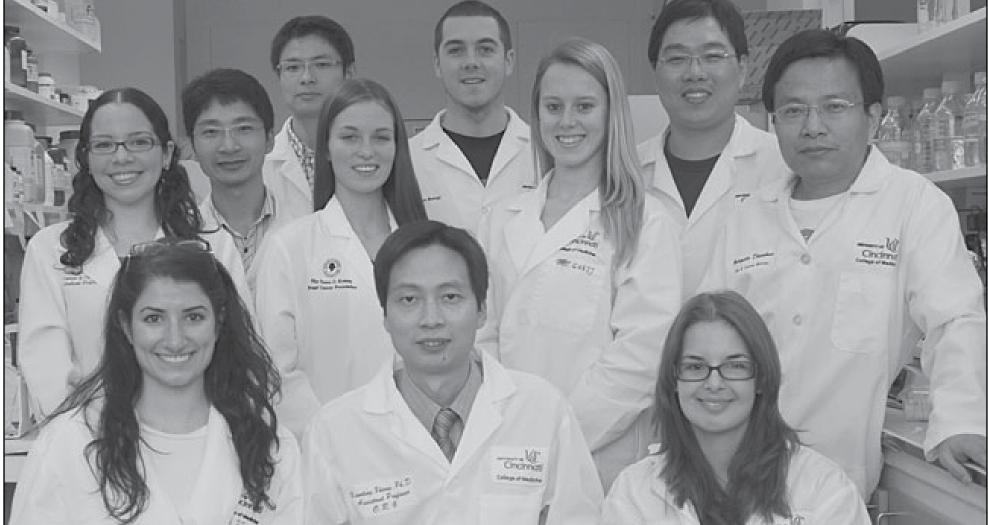


PHOTO FROM UC COLLEGE OF MEDICINE'S WEBSITE

## How to budget your money while being a college student

NOELLE ZIELINSKI | LIFE & ARTS EDITOR

As the spring semester kicks into gear, many students are determined to set goals for themselves. One of the most popular goals is to save money, but what does "saving money" entail for a college student? A few obvious approaches include investing in savings, eating out less and eliminating frivolous spending. However, some students fail to realize that proper budgeting requires a balance of allotting money to things you want and things you need.

Budgeting is more than just saving money. Budgeting not only encourages discipline, but teaches students how to balance their wants and needs. Learning the basics of budgeting can make your money last longer, as well as help you build your savings.

#### Eat out less, for real:

First and foremost, it's time to redefine your expectations of "eating out less." Often, students believe that eating out five times per week rather than six constitutes cutting back and saving money, but this logic is flawed. Instead of saying you'll eat out less, try setting a set number of times per week you can afford to go out and buy fast food. Furthermore, set a maximum amount of money you

can spend each time you go out. This creates a simple, organized structure which may serve as a foundation for your budget. Another suggestion to save some extra money is to deposit anything you don't spend per week in a jar. For example, let's say your budget allows for eating out three times a week with a maximum limit of \$15, and one week you only eat out twice. Place the remaining money in a jar, or deposit it in your savings account. This way, the money you saved is not laying around and begging to be spent. Instead, it's in a safe place where you can watch it accumulate over time.

#### Resist the urge to frivolously spend:

Secondly, remember that you can still buy things you want when you're on a budget. Budgeting does not mean cutting out all leisure expenditures. Rather, it means allotting a set amount of money per week on non-essentials. For example, Starbucks is a necessity to many college students, and adhering to a budget does not mean you must cut out Starbucks entirely. However, if you drink Starbucks every day, you may have to cut back in another spending area such as eating out or grocery expenses. In budgeting, this is called compromise. If you spend \$25 a week on Starbucks and your weekly allowance for wants is \$30, you have only \$5 left to spend on other leisure activities. That's a recipe for going over your budget. You

will have to decide between getting Starbucks less, or taking money away from another area so that you can afford what you want.

#### Save Money for What You Really Need:

Lastly, don't forget to allot enough money to meet your needs. It's great to eat Chipotle for dinner and wake up feeling refreshed with an iced coffee from Starbucks, but you need more than that to survive. Money for groceries, bills and other essential expenditures should come first and foremost in your budget. If you don't need it, put it on the back burner. Basically, prioritize your budget. Don't try to keep track of it in your head. If you do so, it's highly likely that your budget will fail. One of the most effective ways to physically maintain your budget and track your spending is through Microsoft Excel and Numbers. These two applications make it easy for you to track your budget and see exactly where your money is going. It is also a great way to see how much money you've accumulated throughout your budgeting process. These steps may seem tedious at first, but if you make budgeting a part of your regular routine, you will begin to see a difference in your money-managing skills and a growth in your savings.





January 22, 2018 2:00pm TUC Cinema

## SPEECH AND EQUALITY

Among our most prized constitutional values are those of free speech and equality. A panel of experts will discuss what the Constitution requires, how to resolve apparent conflicts between these values, and the significance of each to democracy.

This event is free and open to the public.



Professor Omotayo Banjo, PhD., UC College of Arts & Sciences



Professor Eric Jenkins, Ph.D., UC College of Arts & Sciences



Professor Ronna Schneider, UC College of Law



Professor John Paul Wright, Ph.D., CECH



This panel discussion will be led by College of Law Interim Dean Verna Williams.

## A guide to completing your Cincinnatus service hours

This event features the following speakers:

NOELLE ZIELINSKI | LIFE & ARTS EDITOR

If you're a Cincinnatus Scholar or are required to complete service hours for any reason, you know that it can sometimes be difficult to accomplish. Whether you're putting them off until the last minute or avoiding them altogether, service hours often feel more like a chore than a service to the community. While some students already have their hours completed, there are plenty who have not yet given them a second thought. Other may simply not know where to start. Here are some ways to make service hours at least a little more enjoyable, plus a few suggestions about how to find them.

Find a friend:
Doing service hours by

yourself is a surefire way to dislike whatever you're doing. Find someone you know who is doing community service in the same place as you. It's an easy way to have more fun, helps the time pass quicker and can make the experience more memorable.

## Pick what's best for you:

If you're not a morning person, don't schedule all your service hours in the morning. It might sound like a good idea to wake up early and get everything over with before noon, but this approach may hinder you. Picking activities based off the number of hours earned is not always the best option, either. If something is worth eight hours of service but it's something that doesn't

interest you at all, it will make the experience much less enjoyable. Instead, pick something worth two service hours at a location that interests to you. Picking something that you actually enjoy doing will make the time go by faster and will make you want to do that service again.

#### Know your resources:

Many students are only told once where to find service opportunities and resources. UC's webpage for service and volunteer opportunities is volunteer. uc.edu. This website finds needs and events that require service hours, and includes a dashboard to track your hours. It is the easiest way to sign up for hours and find opportunities that best suit volu

#### **Suggestions:** The location of your

service hours should depend heavily on where you are most interested in working. Here are a few ideas to help you identify what your areas of interest are. There are several opportunities involving manual labor and cleaning up the community, such as "Clean up Cincy" or the "Neighborhood Enhancement Program." These events allow you to engage in hands-on activities such as painting buildings or fences, picking up trash around the community and cleaning up parks and gardens, among others. These events are incredibly opportunities to give back to the community in a physical way. If you're looking for something less physically

demanding, you could work with grade school and high school students as a tutor or mentor. This is a personal form of service with incredibly rewarding results. Children and schools would be very thankful to you for giving time to promote the education and well-being of students.



KAREN SCHIELY | AKRON BEACON JOURNAL | TNS

Coventry High School students Orion Spikenard, 15 (left) and Ryan Mollohan, 15 and Phillipe Cousteau Jr. founder of EarthEcho International and Sean Russell, EarthEcho Water Challenge manager plan trees near Furnace Run.

lan. 17, 2018 | newsrecord.org

## 'Waitress' dines in at the Aronoff

ANNE SIMENDINGER | STAFF REPORTER

Order up, Cincy! The fourth show in Cincinnati's 2017-18 Broadway season is here. "Waitress," a story of redemption, love and the power of friendship, is playing in the Aronoff Center. After seeing incredible success in New York, the show took its diner on the road to spread some sugar across the country. Cincinnati is the 10th stop on the "Waitress" cast's map after debuting in October at Playhouse Square in Cleveland.

As you step into the Aronoff lobby, there are mini pies-in-a-jar for sale, immersing you into the southern diner scene that encapsulates the spirit of the show. On opening night, avid theatergoers and fans of the show teemed with excitement. The score, written by award-winning contemporary musician Sara Barielles, soulfully complements the musical's rich story. As the lights dim, the audience receives a

message from the composer herself, warning spectators to turn off their cell phones.

"No one's going to like you if your phone rings," Barielles said.

Desi Oakley leads the show with her beautifully raw portrayal of Jenna Hunterson: a waitress and pie aficionado who finds herself at an emotional crossroads upon discovering that she is pregnant. Oakley's emotionally powerful performance is sure to leave audiences stunned.

Joining Oakley are three veterans of the show. After a year's stint in Broadway, Charity Angél Dawson reprised her role Becky, Jenna's hilariously unapologetic and sassy best friend. Dawson brought down the house with her Act 2 showstopper, "I Didn't Plan It." Jeremy Morse — another show-stopping performer and Broadway veteran plays the eccentric and lovable Ogie. Morse leaves audiences in stitches every

his debut song, the audience "never ever wants to get rid of him." Larry Marshall plays Old Joe, the owner of the diner where Jenna and her friends work. Marshall is the most recent veteran of the show after a two-month stint on Broadway.

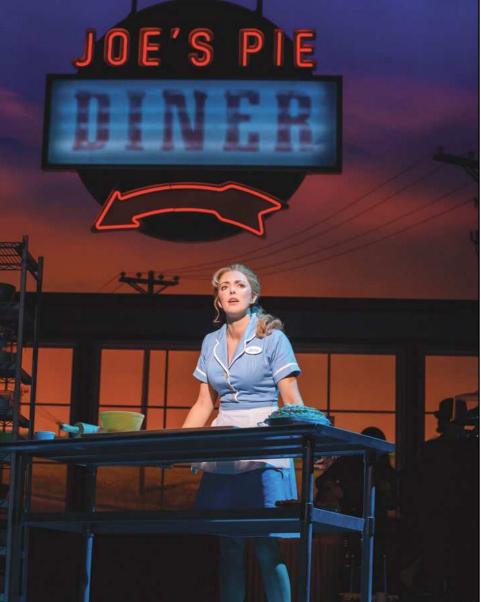
Other notable performers include Lenne Klingaman as Dawn, the quirky best friend who melts hearts as the third member the waitress trio. Bryan Fankhart plays Dr. Jim Pomatter, Jenna's awkward yet charming gynecologist, and Ryan Dunkin plays Cal, the diner's boss and cook.

The entire cast is phenomenal. With Oakley at the helm, the ensemble, onstage band and offstage swings and crew members harmoniously mix together to make a beautiful pie.

Run to catch a taste of Oakley's fabulous performance at the Aronoff Center, now through Jan. 21. Just as Jenna sings in her Act 1 ballad, "it's amazing what this company can do."







PHOTOS PROVIDED BY BROADWAY ACROSS AMERICA. PHOTOS TAKEN BY JOAN MARCUS

## Let's Get Healthy: Simple, diet conscious meals for college

NOELLE ZIELINSKI | LIFE & ARTS EDITOR

Sometimes it's tough to even think about being healthy on a college budget, let alone actually live a healthy lifestyle. Believe it or not, there are several affordable healthy recipes for the everyday college student, as well as tips and tricks to turn classic college cuisines into a nutritious meal. Here are a few recipes that will make healthy eating deliciously simple.

#### Ramen Noodle Bowls:

This is one of the easiest ways to make something healthy for almost no additional cost. You'll need your favorite type of ramen, a few of your favorite vegetables and your preferred protein (optional).

1. Begin by cooking your ramen as you normally would, but add just half of the flavor packet to your noodles. Add slightly more water than you normally would to make a broth.

2. As the water begins simmering, begin cooking your vegetables and protein and set them to the side. (Tip: If a stovetop is unavailable to you, try buying frozen vegetables that are cooked in the microwave. It's fast, simple and delicious. Plus, you can

save the leftover vegetables for your next noodle bowl.)

3. When the noodles are done cooking, place your vegetables and protein in the bowl with the ramen. Microwave or allow to simmer on a stovetop until it's at your desired temperature.

4. Add seasoning of your choice and enjoy. (Tip: To add some spice to your ramen, try adding a few drops of Sriracha sauce to your noodle bowl and mix well.)

#### Baked Lemon Chicken:

Chicken is one of the most inexpensive ways to eat healthy. This recipe

is no exception — and it tastes delicious. There are endless ways to prepare chicken. You can eat it by itself, pair it with spaghetti or rice or chop it up and use it as a salad garnish for a quick and healthy lunch or dinner. For this recipe, you'll need four boneless chicken breasts, butter, chicken broth, minced garlic (optional), fresh lemon juice, Italian

1. Preheat the oven to 400 degrees and grease a baking sheet (a large casserole dish will also work)

seasoning, salt and pepper.

work).

2. Melt butter in a large skillet and cook chicken

for two to three minutes on

each side. Then, transfer the chicken to the baking sheet.

3. In a bowl, mix chicken broth, lemon juice, garlic, Italian seasoning, salt and pepper.

4. Pour the sauce over the chicken and bake for 20-30 minutes until chicken is cooked through. Roughly every five minutes, spoon the sauce from the pan onto the chicken.

5. Remove from oven and serve as desired.

#### Four-Ingredient Smoothie Bowl:

This is one of the easiest recipes for an Instagramworthy smoothie bowl. It requires just a few simple ingredients, and the results are both delicious and aesthetically pleasing. You'll need blackberries, coconut milk (or almond milk), full-fat coconut milk, vanilla extract, a few drops of stevia liquid (optional) and toppings such as strawberries, blueberries, oats or coconut chips.

1. Combine all ingredients in a blender and blend until smooth throughout.

2. Place your smoothie in a bowl, top with your choice of fresh fruits and enjoy. (Don't forget to take a picture for your Instagram feed first!)



lan. 17, 2018 | newsrecord.org

## FC Cincinnati's four best offseason signings so far

DAVID WYSONG | EDITOR-IN-CHIEF

While many fans are focused on whether Futbol Club Cincinnati will be receiving an invitation to Major League Soccer, the team has been busy at work, reshaping its roster almost entirely.

At the beginning of the offseason, only nine players filled roster spots after more than half of the 2017 team was informed they would not be returning. Since then, 14 new additions have been made.

So, this begs the question: Which new players will have the biggest impact this upcoming season? Here are the four players I believe will make the most noise for FC Cincinnati in 2018.

#### Emmanuel Ledesma, Forward

Charlie Hatch of the Cincinnati Enquirer called Ledesma one of FC Cincinnati's biggest signings ever, and I must agree with him.

Ledesma played in the North American

Soccer League (NASL) in 2017. He made 19 appearances for the New York Cosmos and scored 10 goals as well as six assists. He also found success in the English Football League Championship. During the 2013-14 season, he scored seven goals in 27 games for Middlesbrough FC.

In a press release, FC Cincinnati head coach Alan Koch lauded his ability to make something out of nothing.

Ledesma should be an exciting player to watch.

#### Tommy Heinemann, Forward

I am very, very excited about Heinemann. Not only can he score a lot of goals, but he also brings championship experience.

Last season, Heinemann was a part of the San Francisco Deltas NASL championship-winning team. He scored a team-leading 10 goals over 31 appearances.

He has also found success in the MLS as he scored three goals in 29 appearances and 12 starts for the Columbus Crew in 2011.

Koch acknowledged not only the fact that Heinemann can score goals, but said that his defensive play can set the tone for the entire team.

Heinemann played a major role in a championship run last season, and I think he could do the same thing in the Queen City this season.

#### Lance Laing, Midfielder

Laing has been recognized for his stellar play throughout his career.

He has played in over 150 NASL matches and has been named to the NASL Team of the Year — also known as the NASL Best XI — three times. In 2017, he scored eight goals and five assists in 24 games for North Carolina FC.

Laing was also a part of the Jamaican national team that was the 2015 CONCACAF Gold Cup runner-up. Koch said Laing has an exceptional left foot, and will be a huge threat for the team on free-kicks.

Laing — along with Ledesma and Heinemann — will bring a massive scoring punch to FC Cincinnati in 2018.

#### Evan Newton, Goalkeeper

Newton will be able to take the place of former FC Cincinnati goalie Mitch Hildebrandt — who signed with the Atlanta United of the MLS — and there will not be much of a drop off.

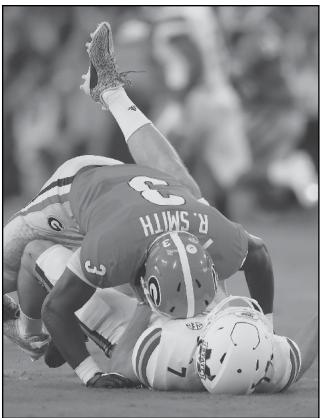
For the last four seasons, Newton played in the United Soccer League's Western Conference. In 2017, he had 73 saves for Sacramento Republic FC, which was tied for No. 16 in the USL and No. 8 in the Western Conference.

2015 was an even better season for Newton. He notched 100 saves for Oklahoma City Energy FC — No. 2 in the USL — and was a USL Goalkeeper of the Year finalist.

This season, we will definitely be able to say "Evan says no."



ALEXANDRA TAYLOR | SENIOR PHOTOGRAPHER



CURTIS COMPTON | ATLANTA JOURNAL-CONSTITUTION | TNS

Georgia linebacker Roquan Smith levels Mississippi State quarterback Nick Fitzgerald, who just gets the ball off for a incomplete pass during the first half on Saturday, Sept. 23, 2017, in Athens, Ga.

## Who should the Bengals draft?

JASON SZELEST | SPORTS EDITOR

As the NFL playoffs roll into the conference championship games this weekend, the Cincinnati Bengals find themselves in a far-too-familiar position this time of year: watching the games from their couches. Following a 7-9 season — the second consecutive year where they failed to make the playoffs — the Bengals will now focus on April's NFL draft. The question is, which prospects should they focus on with their No. 12 pick in the first round? I think you will find a common theme amongst these targets.

#### 1. Mike McGlinchey- OT Notre Dame

Other than left guard Clint Boling, every player who received playing time on the Bengals' offensive line this year was rated as significantly below average by Pro Football Focus. It all starts with the most important position on the line — left tackle — where the Bengals replaced allpro Andrew Whitworth with 2015 first-round pick Cedric Ogbuehi. The Texas A&M product predictably flopped after a dreadful season as right tackle in 2016. Mike McGlinchey has the long arms and quick feet necessary to be a solid blind side protector at the next level. He would be a huge upgrade for a team that desperately needs to improve on protecting its quarterback, who was sacked 39 times this year.

#### 2. Quenton Nelson- OG Notre Dame

There is a reason Notre Dame rushed for 6.3 yards per

carry and 35 touchdowns this year. They had the two best offensive line prospects in the nation to run behind. At 6-feet 5-inches-tall, Nelson is an absolute road-grader in the run game — blasting open holes that a truck could fit through. The Bengals tried multiple players at the right guard spot throughout the year and — to put it nicely — they were all horrible. Cincinnati has a solid duo of young running backs in Joe Mixon and Giovani Bernard, but there is only so much they can do when the defensive line is three yards in the backfield by the time they touch the ball. Give them a guy like Nelson to run behind, and the results will be impressive.

#### 3. Roquan Smith- LB Georgia

The Bengals would be insane to go anywhere but offensive line in the first round — unless all those prospects are off the board by the time they pick, which is unlikely. Vontaze Burfict is a stud, but has missed a considerable amount of time due to injury and suspension. When he is not on the field, the Bengals have been gashed in the run game. Even when he is on the field, he could use some help, as the Bengals' other linebackers are not that great. Roquan Smith won the Butkis Award as the nation's best linebacker and is a playmaker who flies all over the field. Smith would also provide a huge boost in the pass defense, as the Bengals linebackers have not done well covering opposing tight ends and running backs.

The NFL draft starts on Thursday, April 26, where the Cleveland Browns will open up with the first pick.

## Five Takeaways from the Bearcats' win over the Central Florida Knights

JASON SZELEST | SPORTS EDITOR

The University of Cincinnati men's basketball team defeated the University of Central Florida Knights 49-38 Tuesday night at CFE Arena in Orlando.

It was the Bearcats ninth win in a row as they improved to 16-2 on the season, including a 5-0 mark in American Athletic Conference play.

Here are a few takeaways from the game:

## 1. Gary Clark is a problem

The senior forward recorded his second straight double-double leading all scorers with 17, as well as recording a game high of 14 rebounds. In a game where points came at a premium, Clark proved he was the only player on the court capable of putting the ball in the basket. Defensively,

he completely shut down anyone on the Knights whom he was tasked with guarding.

## 2. The bench needs to do more

The Bearcats received minimal production from the second unit Tuesday night. The bench registered just 10 points on 4-of-13 shooting, with no player putting more than three on the board. Junior guard Cane Broome, who Cronin put on the bench with the vision of creating a super sixth man, has not lived up to the hype surrounding him when he first came to UC. After averaging 23.1 points per game at Sacred Heart University, he has averaged less than nine per game this season. He was 1-of-7 from the field against UCF and committed two turnovers. UC needs more production from the bench against

fiercer competition, and it starts with Broome.

#### 3. These Bearcats don't quit

For their third time in the last four games, the Bearcats overcame at least an eight-point deficit to rally for victory. Their sloppy play and poor shooting is concerning, as it has led them to trail against inferior competition. Their ability to battle back, however, is a good sign. Cronin has shown the ability to make halftime adjustments, and his players have demonstrated the ability to kick things into higher gear when it is needed. Their experience in coming from behind could prove beneficial come tournament time.

## 4. This defense is the best in the nation

This game certainly

adhered to both team's strengths, as the No. 2 and No. 3 defenses were going up against each other. Anyone with the slightest inkling of basketball knowledge could have told you this would not be a high scoring game. While UCF has struggled offensively all season, the 38 points the Bearcats held them to was their lowest point total in a game this millennium. UC's defense smothered the Knights all night, providing zero open looks en route which allowed them to shoot 30 percent from the field.

## 5. Cumberland is an enigma

This is the most confusing player I have seen at UC in a while. Cumberland came to UC as a hometown product out of Wilmington High School with loads of hype, ranked as the No. 55 recruit in the nation by

ESPN — Cronin's biggest signing since the extremely disappointing Jermaine Lawrence. It is easy to see why the hype was so big, as the sophomore guard displays a smooth shooting stroke combined with the necessary speed and strength to get to the rim on a consistent basis. However,

predicting whether he will show up is impossible. After not scoring a single point in 36 minutes against Temple, Cumberland scored 32 points combined during the next two games. Expecting him to continue building on that success, he instead laid an egg, putting up five while taking only four shots.



JUSTIN HILES | STAFF PHOTOGRAPHER

Justin Jenifer (3) dribbles down the court during the second half of the Crosstown Shootout against the Xavier Musketeers Saturday, Dec. 2, 2017 at the Cintas Center.

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## Goings hopes to rebound from injury, return to solid form

JASON SZELEST | SPORTS EDITOR

The University of Cincinnati women's basketball team is off to an 11-7 start this year, potentially poising them for their best season in over a decade.

Junior guard Nikira Goings plays a major role in the team's success, as she leads in scoring with 13.1 points per game on average.

Goings came into this season with big shoes to fill — those of three-year starter Bianca Quisenberry

— and has exceeded expectations.

"I knew that [Quisenberry] was a big part of this team last year — that she was a great leader — she played with a lot of heart and it showed on the court," Goings said. "I knew I just had to play as hard as I could. I knew I couldn't be just like her, but I knew that I could bring the intensity just as well as he could."

Goings was confident going into the season, but surprised even herself as she became the go-to scorer

on a team that returned multiple double-digit scorers last season.

"I wouldn't say I didn't expect it, but I didn't at the same time," Goings said."I knew I was capable of doing it. I worked really hard this offseason to get my shot to fall consistently, so once that started happening for me, I got confidence. In the preseason, it felt good going into the season, and it's been working for me ever since."

Unfortunately for Goings,

her breakout season experienced a setback after she sprained her ankle against East Carolina University. She has sat out the past four games as she recovers.

Goings said her teammates have provided a big boost to keep her positive throughout the recovery process.

"It's been hard, it's been tough," Goings said. "My teammates keep me uplifted; they keep me positive. We just got two big wins the past two games,

and that makes me feel better that we can still push through and win big games and that they don't need me out there to win. It's been hard, and I have been working as hard as I can to get back. I am looking forward to being back on the court."

Goings says she looks forward to reexperiencing the spirit of the game upon her return.

"Just the intensity and the passion, I love the game, I love the competitiveness, and I miss it," Goings said.

"Not going out there and being able to share the energy with my teammates, the crowd, the fans is difficult. I'm just trying to bring as much energy as I can from the bench."

Now off crutches and walking around without a limp, Goings hopes to be back on the court soon to help UC down the stretch of conference play.

The Bearcats will take the court next against the University of Memphis at St. Ursula Academy Sunday at 2 p.m.

## Mounir's weekly



MOUNIR LYNCH | OPINION EDITOR

#### 1. Fixed gear bikes

The fixie has been trendy among urban cyclists for nearly ten years now. Their hip aesthetic makes any rider look ten times cooler than everyone else. Still, they're the least practical bike you could ever imagine. In a city like Cincinnati with rolling hills, they are a massive danger. Without gears, your body must work twice as hard to get from point A to point B. They also don't have brakes, so stopping them is incredibly risky. Fixie riders are reminded of this fact every day after their super trendy and wobbly morning bike ride to work. The absolute sole purpose and function of the fixed gear is to make you look

#### cooler. 2. Hunter boots

When mother nature brings us this classic Ohio gross wintry mix, UC's sorority girls throw on the Hunter boots. They're long, bulky rain boots that come in all colors and a couple different styles. They also cost somewhere in the realm of \$150, and are only really worn a few times a year. When my girlfriend wore them during her year abroad in France, she was informed by her host family that the boots were extremely tacky and made you look like you were going on a fishing trip. She was also advised not to wear them throughout the rest of her trip for the sake of being fashionable. 3. Bean boots

It wouldn't be fair to put Hunter boots on this list without including Bean boots. It is a shame that most of my peers are introduced to the wonder of L.L Bean through their ugliest article of clothing. For those of you who don't know, Bean boots are really durable winter and rain boots that are half rubber duck boot and half leather boot. They have a sharp cutoff between rubber and leather that looks simply hideous. They also are extremely expensive, especially after their popularity led to a supply shortage. L.L Bean has been making them for over 100 years and they're not going away any time soon ... unfortunately.

#### 4. The Golden Globes

The Golden Globes aired last week, and they were nothing short of meh. We got to see some great political discourse and deal with the cringe-worthy hosting job of Seth Myers, whose jokes were completely embarrassing and almost entirely not funny. They honestly lack the integrity and rich history of the bigger show, the Oscars. To me, the Golden Globes are sort of a preview for the Oscars, and will never be as fulfilling. I got some great movie suggestions, though, because I had never heard of most of the nominees until that night. Thanks, Golden Globes!

#### 5. Cereal

Cereal sales have apparently gone down a significant amount the past few years, even though eating breakfast is more common now more than ever. I can see why. As a kid, I had a million different favorite cereals. Reese's Puffs, Frosted Flakes, Captain Crunch, and for some version Frosted Mini-Wheats started my day every day for years. Looking back, though, I find cereal to be relatively lackluster. Sure, maybe part of it is the fact that I don't often eat breakfast anymore (don't be like me), but if you think about it, it's really nothing special. The only reason we ate it so much as kids is that, deep down, we knew that we were just eating sweets for an entire meal and not getting in trouble for it.



Protesters gather at the Ohio Statehouse to voice their opposition to Senate Bill 5, Tuesday, February 22, 2011, in Columbus, Ohio.

## What students need in a new governor

MOUNIR LYNCH | OPINION EDITOR

With the governor's race heating up as the primary election looms in the distance, many voters are faced with a growing list of candidates from both parties. Most recently, Dayton Mayor Nan Whaley dropped out of the race in order to endorse the Democratic Richard Cordray-Betty Sutton ticket. Currently, there are six potential Democratic nominees including Joe Schiavoni, the Ohio Senate Minority Leader from Youngstown; and Dennis Kucinich, an unsuccessful two-time presidential hopeful in 2004 and 2008.

For Republicans, the choice is not so complicated. Recently, Secretary of State and former gubernatorial candidate Jon Husted bowed out of the race to run on Attorney General Mike DeWine's ticket. Now, **DeWine and Lieutenant** Governor Mary Taylor are the only two candidates running for the Republican nomination.

After the 2016 election, the importance of the young student voter has been recognized nationwide. Voter turnout and registration among voters aged 18-24 has skyrocketed, and the effects of a surge in youth voters reverberated throughout the country. In elections like the

Alabama Senate Election, for instance, Doug Jones narrowly defeated Roy Moore after receiving over 65 percent of votes from the 18-24 voter base.

Will the student vote play a similar role in the Ohio election? Absolutely. Students know that the actions of public officeholders affect their daily lives. Now more than ever, students recognize the importance of voting and running in state and local elections. This year, whoever best represents the average student's interests will emerge victorious.

#### **Education**

Education — especially higher education — is a key issue for student voters. The national student debt now exceeds \$1.5 trillion and is the largest source of financial burden for American citizens. The student debt crisis needs to be addressed by every single gubernatorial campaign in Ohio. A candidate who does not make student debt reform and affordable education a highlight of their campaign will not likely perform well amongst students. Recently, Ohio Governor John Kasich included a measure to lower the burden of textbook costs for Ohio students in the state's budget. As a result

of that measure, public institutions must cover the cost of textbooks exceeding \$300.

#### City development

Infrastructure, development and transportation are all important issues for student voters as well. Young Americans are flocking to Ohio's fast-growing urban areas in the big C's — Cleveland, Cincinnati and Columbus - and are boosting their economies. The heavily urbanized younger generations are interested in reforming and modernizing urban public transit systems.

Students care about Ohio's natural resources and are highly aware of the dangers in our future imposed by climate change.

#### Plentiful online information

Social media and the internet are among the most popular ways for students to get their political information. A successful candidate for governor will provide millennials with plentiful information online and on social media. Websites are a common way to show student voters what the candidate stands for leading up to the primary. So far, Ohio's candidates have disappointed.

Republican campaigns

have not done a great job taking stances on issues that young voters care about. Taylor's campaign website cites healthcare, addiction and taxes as her main points. As for the more successful DeWine-Husted campaign, the platform seems to be mostly about family values and traditions — not something that students pay much attention to. As for Democrats, campaign websites are mostly empty with links to donate to the campaign and a short candidate bio included. This is the case for Kucinich, Cordray, O'Neill and Pillich — just a few of the Democrats in the running. However. Schiavoni's website includes issues like medical and recreational marijuana, reproductive health, college affordability and net neutrality all issues students are passionate about.

If candidates from either party want a shot at winning over student voters, they need to pay attention to their best interests. Campaigns cannot stick to the status quo or play to their base anymore. A successful gubernatorial campaign will leave space in their platform to address these very important issues. If they don't, their chances of winning are slim.

## Immigrants from 'shithole' countries made America great; let them do it again

MOUNIR LYNCH | OPINION EDITOR

In 1885, a 16-year-old Bavarian named Freidrich boarded a large ship, The Eider, in Bremen, Germany. It was destined for the land where dreams come true: America. Friedrich was young, alone and had merely one family member to look after him in the United States. Back home, his country was full of starving, unemployed people. They did not have a secure food source, and political turmoil building toward the first World War was only just beginning.

Between 1840 and 1880, German immigrants came to the United States by the masses to flee persecution, a crumbling economy, mass poverty, unemployment and starvation. The great European famine reached Germany in 1845, leading to a massive surge of German immigrants

America has been accepting of these vulnerable individuals, and several immigrants believe this tradition still rings

Now, for most undocumented immigrants, life in America is full of constant fear and worry. They know they are breaking the law simply by being here, and that this new administration seems hellbent on rounding people up and detaining them.

In Ohio, immigration agents are purported to target Mexican grocery stores in search of undocumented individuals. In many cases, they will detain and question people without warning or proper reasoning. The Trump administration has made it their mission to kick out as many immigrants as possible, regardless of whether they hold proper documentation.

"Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!"

#### - The Statue of Liberty

seeking refuge and a higher quality of life in the United States.

Not one day after arriving in the United States, Friedrich was hired by a German barber. After years of saving money at the barber shop, he was finally able to move west and open a successful restaurant business. Eventually, he was involved in the late 19th century gold rush, where he earned a fortune. His family — the Trump family saw nothing but success for generations to

In 2016, his grandson Donald J. Trump was elected President of the United States. Trump campaigned on messages promising an end to "mass immigration" like the German influx less than 200 years prior. "They're bringing drugs. They're bringing crime. They're rapists," the President said from Trump Tower on the day he launched his presidential campaign.

He was referring, of course, to Mexican immigrants, which comprise most immigrants entering the U.S. today. They like Freidrich Trump in the 19th century are fleeing violence, poverty, unemployment and political corruption, and see the United States as a shining beacon of hope and opportunity.

The reality is that many immigrants will pursue the American dream by any means necessary, which means illegally crossing land and water borders. Traditionally,

In January 2018, the President expressed his concern that so many people were migrating to the United States from "shithole" countries like Haiti, as well as many other countries throughout the African continent.

Upon arrival, most of these immigrants from "shithole" countries work jobs that the average American does not want (including housekeeping, custodial jobs, domestic labor and agricultural work).

Trump's incessant use of vulgar, racist and hateful language against groups of people seeking the freedoms and opportunities America has offered throughout its entire existence is shameful. His rhetoric is un-American, and fails to represent the integrity of a true leader. Political figures on all sides have denounced Trump's comments and wish to reach an amicable solution for countless undocumented immigrants whose futures remain uncertain.

Time and time again, our government aims to punish those Americans who contribute so much to our society. The Trump administration seeks to end protection for legal Salvadorian and Haitian immigrants. Programs and protections received by these immigrants — who significantly contribute to our economy and workforce — are under

In September 2017, the executive branch rescinded the Obama-era Deferred

Action for Childhood Arrivals (DACA) program. The program protected the rights of Americans born to undocumented immigrants who have known only the United States as home. They are students, workers and active members of society. Many young Americans in similar positions arrived in America too early for DACA protections. Unfortunately, this means that many immigrants who are deported to countries understand little to nothing about. To them, America is the only home thev've ever had. Some don't even speak the language of the countries they're being deported to.

The Trump administration is pushing for bipartisan immigration reform which would include the construction of a border wall. It's the same border wall that Trump claimed Mexico would pay for in full throughout his 2016 campaign. Now, the administration is asking Congress to fund the construction of the wall.

It would seem the Republican party has forgotten about the foundation of our country: hard-working immigrants in search of a better life. Perhaps it is due to their fear of those who are different than themselves. A non-white, non-rich, potentially non-Christian European immigrant who grew up speaking a language other than English.

When people like Freidrich Trump entered the country during the early years of immigration, many were greeted by Lady Liberty's monument towering over the shores of New York, welcoming foreign immigrants to their new home. The plaque on the statue contains text from New Colossus — a sonnet that details exactly how immigration makes America truly great. The sonnet reads:

"Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!" Donald, your grandfather came from a "shithole" country, too. His story is every immigrant's story from generations past, and for many more generations to come. Comprehensive immigration reform does not mean redefining American values. There must be another answer.



Protesters hold up signs during a rally supporting Deferred Action for Childhood Arrivals, or DACA, outside the White House on September 5, 2017. Federal immigration authorities have resumed accepting requests for renewals in DACA, the Obama administration program that shielded hundreds of thousands of young immigrants from being deported.

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## TNR staff question of the week:

## Who is the most inspirational person in your life?



Marvin Lewis, he has shown me that I can fail time and time again but still keep a job. -David Wysong, Editor-in-Chief



Both of my parents. My mom is an immigrant who faced a lot of anti-woman persecution in her home country. My dad is an angry hippie ex-Librarian and the smartest person in the world. They both inspire me endlessly. -Mounir Lynch, Opinion Editor



My Intro to Wine professor. He has consumed alcohol on every continent. Except Antarctica..

Shae Combs, Photo Editor

My grandmother. She has -Erin Couch, Managing Editor



My grandmama. She's taught me that even in times of struggle and adversity to keep moving forward and maintain a calm front. - Noelle Zielinski, Life & Arts Editor



emphysema but is still completely independent, which I admire a lot.



#### **Editor-In-Chief** David Wysong

#### **Opinion Editor** Mounir Lynch

#### **Chief Photographer** Aaron Dorsten

#### **News Editors** Zach Perrin Parker Malatesta

#### **Managing Editor** Erin Couch

#### **Broadcast Reporter Emily Wilhelm**

#### Newsroom 509 Swift Hall 513-556-5912 Chief.newsrecord@gmail

#### **University of Cincinnati** 45221-0135

#### **Photo Editor** Shae Combs

#### Life & Arts Editor Noelle Zielinski

#### Designer Gabrielle Stichweh

#### **Sports Editor** Jason Szelest

#### **Online Editor** Stephanie Smith

#### **Chief Reporter** Jacob Fisher

#### **Copy Editor** Jacob Fisher

#### Videographer Mallory Elder

#### **Advertising** 510 Swift Hall 513-556-5912 newsrecordbiz@gmail

## Things to do this weekend:

- CCM's Moveable Feast Benefit Event: Sample performances from UC Basketball: The basketball team takes on 4 p.m. Saturday CCM's "stars of tomorrow" Friday 6:30 p.m.-11:00 p.m.
- Mario Kart 64 + Super Smash Bros Melee Tournament: Bust out the ol' Game Cube and N-64, because it's time to crush your friends (and strangers) in a fight-to-the-death Mario tourney. Thursday. 7 p.m. Bogart's.
- Playhouse Perspectives: Hunter Foster: Have a conversation at Eden Park with the director of Million Dollar Quartet at 6 p.m. Sunday.
- Half-Price Zoo Days: If you think you can brave the frigid weather, come out to the Cincinnati Zoo and gaze upon shivering wildlife for half the price, every day through March 9.

- at BB&T Arena.
- Mad About Plaid Bar Crawl: If you have a flannel and are 21 or older, join in on this pub crawl in Mount Adams for a good cause. Saturday 3-9 p.m.
- SuperTrue at Know Theatre: Enter the life of two New Yorkers caught in the middle of a mid-life crisis at this play that opens Friday at Know Theatre. 8 p.m. Friday. Know Theatre.
- Cincy Brew Bus: Experience all of Cincinnati's finest breweries, distilleries and winemaking facilities. Drinking ticket comes with free samples. Tours Thursday through Sunday. \$50-\$65 drinking ticket; \$25-\$30 non-drinking ticket. 520 Vine St.

kfast | Best Burger | Best Chinese Food | Best Indian Food | Best Mexican Food | Bushi | Best Dessert | Best New Restaurant | Best Coffee Shop | Best Bar | Best Conest Hookah Bar | Best Smoke Shop | Best Tattoo Shop | Best Clothing Store | Best Residence Hall | Best Place to Study | Best Fraternity | Best Sorority | Best Male Anale Athlete | Best Breakfast | Best Burger | Best Chinese Food | Best Indian Food | Food | Best Pizza | Best Sushi | Best Dessert | Best New Restaurant | Best Coffee Sh | Best Concert Venue | Best Hookah Bar | Best Smoke Shop | Best Tattoo Shop | Best Core | Best Landlord | Best Residence Hall | Best Place to Study | Best Fraternity |

**Best Male Athlete** ian Food | Best Me t Coffee Shop | Bes op | Best Clothing | Best Sorority | Be Chinese Food | Best New Restaurant ke Shop | Best Tat e to Study | Best Fr | Best Burger | Bes ni | Best Dessert | Be Hookah Bar | Best S dence Hall | Best P thlete Best Breakf st Pizza | Best Sush cert Venue | Best H dlord | Best Reside

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Voting ends Wednesday, Jan. 24

**Burger | Best Chine** ssert | Best New Re Best Smoke Sho Best Place to Stud Breakfast | Best Bu a | Best Sushi | Bes enue | Best Hookah d | Best Residence **Best Female Athlet** kican Food | Best P Bar | Best Concert ng Store | Best Lar Best Male Athlete ndian Food | Best Coffee Shop | Best Shop | Best Clothin ty | Best Sorority | E

ete | Best Female Athlete | Best Breakfast | Best Burger | Best Chinese Food | Best st Mexican Food | Best Pizza | Best Sushi | Best Dessert | Best New Restaurant | Best Bar | Best Concert Venue | Best Hookah Bar | Best Smoke Shop | Best Tattocthing Store | Best Landlord | Best Residence Hall | Best Place to Study | Best Frater ority | Best Male Athlete | Best Female Athlete | Best Breakfast | Best Burger | Best | Best Indian Food | Best Mexican Food | Best Pizza | Best Sushi | Best Dessert | Best Coffee Shop | Best Bar | Best Concert Venue | Best Hookah Bar | Best Smoton Shop | Best Clothing Store | Best Landlord | Best Residence Hall | Best Place to