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An artist's rendering of the exterior of Probasco Auditorium. ILLUSTRATION PROVIDED BY WEISKOPF, WAGSTAFF AND GOETTEL

UC expands to meet demand

MITCHELL PARTON | MULTIMEDIA DIRECTOR
KEELY BROWN | NEWS EDITOR

Incoming students at the University of Cincinnati will experience a transformational period in the university's history throughout the next three years. The board of trustees has approved three new projects bordering the west side of campus to expand academic space.

The projects, which the UC board of trustees voted to move forward with at its April 23 meeting, will cost the

university an estimated total of \$97.5 million.

The plans include constructing an academic hall for the Colleges of Arts and Sciences (A&S) and Engineering and Applied Sciences (CEAS), converting the vacant Second Church of Christ Scientist at the corner of Clifton Avenue and Probasco Street into an auditorium and creating a new studio and working space for the College of Design, Architecture, Art and Planning (DAAP).

Expansion Continued on Page 4

TNR suggests BoK classes

TNR STAFF

General education required classes may not be your favorite classes, but they don't have to be boring or mind numbing. UC offers many interesting classes to fill breadth of knowledge (BoK) requirements, but here's a condensed list of some of our favorites so you don't have to weed through Catalyst to find them.

Matt Huffmon | Managing Editor: *The Age of Dinosaurs* (GEOL 1008)

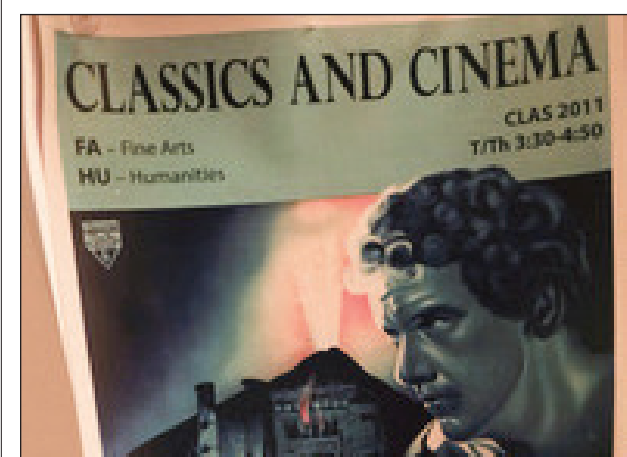
It was a wacky class that I was somewhat forced into in order to fulfill an elective and it ended up being extremely informative. It talked about the way the media has portrayed the

existence of dinosaurs, specifically through Jurassic Park. The class doesn't exactly make you love dinosaurs, but it made you appreciate the finding of fossils, and it was overall a good time.

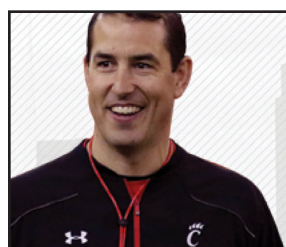
Mitchell Parton | Multimedia Director: *The Internet and Everyday Life* (COMM 2089)

It makes you think about the internet in different ways. At the end of the class it makes you feel very grateful for all the technology that we have now, and how much our society has grown. It also makes you think about how

BoK Classes Continued on Page 6



The University of Cincinnati offers a variety of Breadth of Knowledge courses for students. ALEX MARTIN | PHOTO EDITOR



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The University of Cincinnati LGBTQ Center will walk in the Cincinnati Pride Parade on Saturday, June 22, 2019. @UCLGBTQCENTER | INSTAGRAM

LGBTQ Center to take part in Cincinnati Pride

DAVID REES | FEATURES EDITOR

The University of Cincinnati's LGBTQ Center will be participating in the 2019 Cincinnati Pride festival June 22. All UC students, staff, faculty, alumni, friends and family are welcome to register to walk with UC on the parade route which begins at the corner of Seventh street and Central avenue at 11 a.m. in downtown Cincinnati.

The LGBTQ Center will be working with its Faculty and Staff Association to organize a strong UC presence at this year's festival. The center will be working with campus partners to bring students, faculty and staff to the festival to march in the parade.

The Pride festival will begin at noon at Sawyer Point, where UC will be tabling to showcase the LGBTQ resources and support available on campus to display the university's commitment to diversity, inclusion and equality.

For the program coordinator of UC's LGBTQ Center, Jayson Douglas, Pride is a time where he gets to envision himself walking alongside the LGBTQ+ giants; those that have come before him and made room so that he can come to work every day and show up as his authentic self.

"These same giants are people that made ways so that I can marry who I choose to marry and do so unapologetically," said Douglas. "Pride is historical, social and of course, educational. I attend pride every year. I even travel to other pride events in other states on occasion."

UC has made strides for the LGBTQ community on campus with the creation of the LGBTQ Center and sequentially earning a 4.5 out of 5 stars in the Campus

Pride Index, which is a national listing of LGBTQ friendly universities. In addition, UC was ranked #52 among the top LGBTQ friendliest colleges.

"Bringing UC to Cincinnati Pride shows the university's commitment to creating and nurturing a welcoming environment for students, faculty, and staff who identify as LGBTQ," said Director of the LGBTQ Center, Preston Keith. "It is a way to showcase that there is a strong, vibrant, and thriving community here that is supportive."

This is not the first year that the LGBTQ Center will be participating in pride, and it has proven to be a great platform for the center to be engaged with the larger Cincinnati community. It creates opportunities for LGBTQ students to connect to resources, community and support outside of UC as well, Keith said. This year will be Keith's first Cincinnati Pride.

"I am excited to see what unique features will be incorporated in the Pride festival," Keith said. "In my experiences with other pride festivals, I have always found that it is a space for celebration and community building. It is a reminder that there are so many people who identify as LGBTQ or who are supportive and are allies with the LGBTQ community."

Beyond Pride there are many ways for the UC community to support the LGBTQ community in Cincinnati, such as volunteer at local nonprofit organizations that provide support services for LGBTQ members, such as the Safe and Supported program at Lighthouse Youth and Family Services, Caracole and Women Helping Women.

What's it like to be the Bearcat mascot?

OLIVIA TAYLOR | STAFF REPORTER

It's commencement day in May and recent graduates are walking toward Nippert Stadium in their caps and gowns. Friends and family bustle around campus as they try to get the best picture of their new graduate.

An undergraduate student walks by the crowds sporting a gray UC T-shirt. He looks just like any other student, but at any UC event every eye is on him. This seemingly ordinary student hypes up the crowd and represents UC through its iconic mascot, the Bearcat.

Front and center at many school functions and sporting events, the Bearcat is a position sworn to anonymity. The identity of the Bearcat is not revealed until the student graduates, which is a deliberate choice by the UC marketing department.

"I have really close friends who don't know I'm the

Bearcat," the student said. "I love the secrecy, because being the Bearcat isn't about glory, bragging rights or people chanting your name, and I can be the truest, most energetic version of myself, without anyone knowing." Becoming the Bearcat

"I love the secrecy, because being the Bearcat isn't about glory, bragging rights or people chanting your name."
-the Bearcat mascot

starts with three days of tryouts, which include tests of physical strength, endurance and improvisation with random props. Any student can try out, even those who have not been on the UC cheerleading team.

On game day, the Bearcat wakes up as early as the players. Hours before kickoff, he can be seen walking around campus

greeting fans during pregame celebrations. At game time, he goes into the stadium to cheer along with the crowd and interact with the fans. Like with the players, games days take a toll on the Bearcat's physical and mental stamina. The turf is 10 degrees warmer than the regular temperature, and being inside the fur costume can create even more heat.

"You can never sit still," he said. "You always have to keep moving and doing something like riding in the golf cart, taking selfies, anything but sit on the sidelines."

A constant presence and icon of the university, the Bearcat has formed close relationships with regular fans, even if who is in the costume is a mystery.

"The Bearcat recognizes

[the fans] but they

don't recognize me when I'm not in the suit," he said. "Kids and fans will hug you all game and I could walk past them after the game and they have no idea."

Being the Bearcat takes an exaggerated persona, and the UC student who wears the costume has to adopt another personality when they assume the role.

"I'm just a regular student," he said. "But once the costume comes on, I'm the Bearcat. There's a sassiness to the Bearcat that comes out every time."

Still, the Bearcat says it takes a certain maturity to represent UC while wearing its most iconic symbol; there is a line between harmless fun and inappropriate behavior that should not be crossed. Despite the responsibility, every moment as the Bearcat is a rush of excitement.

"When the adrenaline gets going, I feel like one of the football or basketball players," he said. "But being the Bearcat is really just about connecting with fans and making people laugh and smile."



The University of Cincinnati mascot, the Bearcat, attends many on-campus events such as sporting events. ALEX MARTIN | PHOTO EDITOR

Five impactful moments that happened over the past year



Chandler Rankin is the University of Cincinnati's current student body president, and Abbie Smith is the current student body vice president. PROVIDED BY RANKIN SMITH 2019

MITCHELL PARTON | MULTIMEDIA DIRECTOR
KEELY BROWN | NEWS EDITOR

UC tuition hike overwhelmingly opposed by student groups

The University of Cincinnati proposed a 6 percent increase to its annual tuition and fees for undergraduate in-state students for the upcoming 2019-20 academic year. The board of trustees will vote whether to approve the new tuition in June.

The proposal would bring costs for new students to \$11,660 per year, or an extra \$330 per semester. For out-of-state students, annual tuition and fees are expected to cost \$26,994 — roughly a 2.5 percent increase over its current value.

Seven of the University of Cincinnati's on-campus political organizations have signed a petition, created by the UC chapter of the Young Democratic Socialists of America (YDSA), to reject the proposed tuition hike.

Five of UC's largest politically-affiliated student organizations — UC College Republicans, UC College Democrats, UC Young Americans for Liberty, UC Young Americans for Freedom and YDSA — have signed the petition. UC's undergraduate Student Government also passed a resolution opposing the tuition hike.

Other campus organizations that have pledged their support including the UC Roosevelt Institute, Fossil Free UC and UC Feminists.

UC Undergraduate Student Government (SG) elected a new president and vice president

Two students who ran unopposed as a slate were elected by popular vote to become the next student-body president and vice president at the University of Cincinnati for the 2019-20 academic year.

Chandler Rankin, a

third-year economics and political science student, is the new student body president. His running mate, Abbie Smith, a third-year international business and business analytics student, is student body vice president.

Rankin and Smith's platform included expanding mental health resources, enhancing minority advocacy, establishing a fund to aid survivors of sexual assault and working with UC to make health care more affordable for students.

"Something I'm personally really excited about is the internal development of our organization," Smith said. "Beyond the platform ... we're really excited to be working on smaller, everyday practices that will bring us closer to the student body."

UC colleges selected two new deans

The University of Cincinnati College of Law and The Carl H. Lindner College of Business selected its new deans during the 2018-19 academic year. The College of Arts and Sciences will also welcome a new dean in the upcoming school year.

Verna Williams was appointed in April 2019 to become dean of the UC College of Law. She is the college's first African-American dean and was selected for the position after serving as interim dean since 2017.

"I think this is a real forward-thinking institution that is focused on our students and helping them succeed in the profession," Williams said. "The goal of the profession is serving the public, and in important ways, [lawyers] are guardians of democracy."

Williams has been a faculty member since 2001 and co-directs UC's joint-degree program in law and women's studies.

Marianne Lewis was selected as the Lindner College of Business' dean in March 2019. She is the college's first female dean.

"This is a true homecoming and honor to be the next leader of the Carl H. Lindner College of Business," Lewis said in a news release. "As part of an urban university, the college has a tremendous responsibility to educate our future business leaders in ways that advance the entire Cincinnati region and our global society."

Lewis currently serves as dean of the Cass Business School in London and will begin her term at UC July 1.

1819 Innovation Hub celebrated grand opening

The 1819 Innovation Hub officially opened its doors Oct. 6, 2018. The space is the first UC building dedicated to fostering collaboration between industry, community and the university and is the first phase of constructing an innovation district in Uptown — a neighborhood dedicated to bridging industry with the UC community.

The new building, located on Reading Road near the 71 Interchange onto Martin Luther King Drive, houses space for students to connect and collaborate with businesses. Current partners with spaces in the building include Kroger, Procter & Gamble, Cincinnati Bell and CincyTech, as well as other local corporations and nonprofits.

"This is a building, in my view, with infinite possibilities," University of Cincinnati President Neville Pinto said. "It will serve as the region's destination for thinking, making, doing, discovery and delivery."

UC debates removing McMicken's name from A&S

The University of Cincinnati is pursuing further research before deciding whether to remove Charles McMicken's name from the College of Arts and Sciences (A&S).

In November 2018, some students, faculty and staff

began advocating for the removal of the McMicken's name, arguing that his history as a slave owner is incompatible with the university's progressive, inclusive trajectory.

Pinto appointed a working group to examine the use of McMicken's name in the College of Arts and Sciences. The group took input from students, faculty and staff during a university-wide forum April 23. During the forum, co-chairs of the group took questions about the commission's purpose and timeline.

Although the university set a deadline for the group to issue a final report, the formal report will not be immediately released to the public upon submission. It may be released at Pinto's discretion.

The group will continue to evaluate the topic until it reaches a fully-researched conclusion with input from individuals and groups associated with the university.



University of Cincinnati students protest the proposed tuition price hike. PROVIDED BY VINAY TEMBURNIKAR

UC's plan for expansion

Expansion Continued from Cover



An artist's rendering of the interior of Probasco Auditorium.

ILLUSTRATION PROVIDED BY WEISKOPF, WAGSTAFF AND GOETTEL

Clifton Court Hall

The largest of the three projects will be a \$86.5 million classroom and office building between McMicken Hall and DAAP.

The 180,000 square-foot space, dubbed Clifton Court Hall, will house an anticipated 230 offices and classrooms for use by the Colleges of Arts and Sciences, Engineering and Applied Sciences among others, according to a news release.

Design will begin on the project this fall. Construction is planned to begin in fall 2020 with an opening slated for fall 2022.

The News Record reported in October that university architects plan to demolish Crosley Tower, a 16-story building that holds several departments within the College of Arts and

Sciences.

However, a new space is needed to house the building's current tenants before demolition can begin, said Dale Beeler, UC's director of project management.

"There's nothing on the horizon in the next two or three years until a replacement building is built on a different site that would allow us to empty those folks out of that building," Beeler said in October. "We need a swing building, so to speak."

Kenneth Petren, dean of the McMicken College of Arts and Sciences, said that in addition to the demolition of Crosley Tower, the space will prepare the university for a future renovation of the Old Chemistry Building. He said he additionally views this building as a chance to interact with

other colleges, similarly to the interdisciplinary uses of the 1819 Innovation Hub and the upcoming Digital Futures Building. Some of the centerpieces of the building, Petren said, may involve social sciences and media and film, among other collaborations.

Additionally, Petren said that the last new building that was designed primarily with the College of Arts and Science in mind was the Geology-Physics Building, which is now over 30 years old.

"Crosley coming down really was a big catalyst for this, because we have so many things located in Crosley, and there's just nowhere to put it all," Petren said. "There's an opportunity to put a permanent, real, visible building where those physical classrooms are, so all the pieces came together."

Probasco Auditorium

The University of Cincinnati is preparing to invest \$8.5 million into building a new auditorium and multiple classrooms just outside its Uptown West campus.

The space, dubbed Probasco Auditorium, will house new classrooms and an auditorium space seating more than 330, according to UC News.

"The vision for Probasco Auditorium is to create a contemporary learning environment in a repurposed but preserved historic architectural space," said John Seibert, interim head of planning, design and construction, in a recent news release. "We want to maintain as much of the existing character as possible."

The adaptive reuse project, planned by UC's Office of Planning, Design and Construction will transform the interior of the vacant Second Church of Christ Scientist at the corner of Clifton Avenue and Probasco Street.

The neoclassical Greek Revival exterior, built in

1921, will be preserved. The building's interior will be preserved and renovated as a lecture hall, with input from faculty working in partnership with the office of Planning, Design and Construction.

"[It's] a very beautiful, large space that can be used as a lecture hall that will provide much needed large lecture space for campus — this is always a challenge to provide enough venues like that," Petren said. "A lecture hall that size is really valuable. I'm sure the planners are really thinking hard about how to make that space accessible to students."

Renovations include a complete heating, ventilation and air conditioning removal and replacement, installation of new restrooms and upgrades to the building elevator. Audio and visual equipment will be added to meet educational needs. Other upgrades are planned, but the details have not been released.

"We're glad the university values the building for its architectural character and seeks to retain a beautiful building in the neighborhood and that it will be used for a good

fine arts and art education graduate studios.

UC will construct a one-story structured frame clad in steel at 425 Riddle Road, across from DAAP. The new facility will feature "at least 25 studios, a maker space for

on-site fabrication of works and an exhibition space to hold critiques and to showcase students' work," according to a news release.

Kate Bonansinga, director of the DAAP School of Art, told UC News that fine arts

graduate students currently rent space on Reading Road, which will be repurposed by the National Institute of Occupational Safety and Health (NIOSH).

"This new studio means more than just dedicated, interdisciplinary space for the next generation of fine artists and educators," Bonansinga said in the news release. "It embodies UC's investment in the role of the arts within a research university, which will ultimately attract even more inventive minds and nourish the important role of the arts in our wider scholarly, creative community."

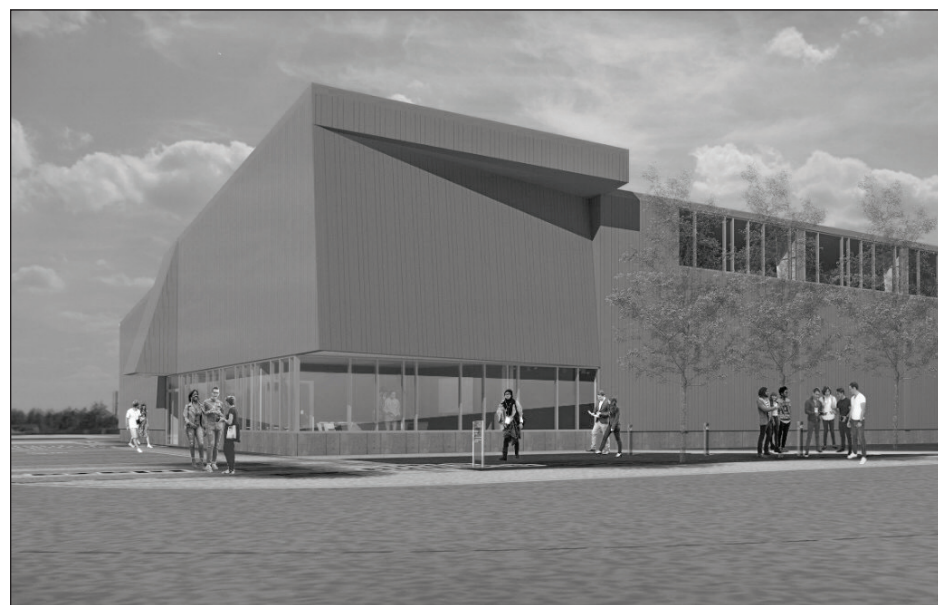
purpose," said Nathan Hess, president of the Clifton Heights, University Heights and Fairview (CUF) Neighborhood Association in a news release. "It's a happy outcome to see it maintained as the beautiful space it is."

The renovated space may also be used for public purposes and events and is open to the neighborhood's wide mix of people — including families and senior citizens.

DAAP Studio Annex

The last new project is a \$2.5 million studio and working space for DAAP's

"Crosley coming down really was a big catalyst for this, because we have so many things located in Crosley, and there's just nowhere to put it all."
—A&S Dean Kenneth Petren, on Clifton Court Hall



The College of Design, Architecture, Art and Planning is opening a new studio and working spaces called the DAAP Studio Annex. ILLUSTRATION PROVIDED BY EMERSON DESIGN LLC

Eight things you didn't know you needed for life on campus

ANNE SIMENDINGER | LIFE & ARTS EDITOR

From finding correctly-sized sheets to picking out the perfect shower caddy, packing and moving to college can be a bit overwhelming and confusing. What do you bring from home? What shouldn't make the cut? How many things should be bought during move in? We're here to give you a helping hand as you pack your bags.

Electric Kettle

Making ramen, tea or microwavable mac and cheese will be so much easier if you have an electric kettle. Rather than making a trip to the bathroom or kitchenette every time you want to make food, you can fill up an electric kettle to its maximum fill level and it'll be good for a few meals or drinks.

Clip Fan

Air conditioning in the dorms has a tendency to be unreliable, so any additional air support that you can find is a smart move. You can clip the fan to your bed post and it can provide a nice breeze while you study, sleep or more importantly — watch Netflix without sweating.

Shower Shoes

Don't be the gross person to get athlete's foot from not wearing some kind of foot protection in the community showers. Any kind of waterproof shoe will do; such as slides or flip flops — even crocs would work. Water shoes with plush padding are not recommended since the water will be trapped in the padding — they'll smell bad and could grow bacteria which isn't much better than athlete's foot. If you buy anything from this list,

please buy some shower shoes.

Command hooks/strips

You have to hang the obligatory fairy lights and nostalgic photos of friends and family back home with something, so that's when command hooks and strips save the day. These are perfect because if you use them correctly, they won't leave a mark on the walls when you move out or decide to redecorate mid semester as a procrastination strategy. You can find them in multiple sizes and shapes. The larger command hooks are the best way to hang coats and towels to make room for other clothes in your closet.

Extra-long phone charging cords and power strips

If you are in a junior loft or high loft, it will be

impossible to get your phone to reach your bed with a standard phone cord. An extra-long cord will make it possible to feed your technology addiction. Speaking of making sure all your technology can get to where it needs to go, you're also going to need more outlets than you will have access to. Make sure to grab some power strips to electrify your new space.

Grammarly subscription

This will be your lifesaver in college. Grammarly, a web browser extension, will proofread everything you write, whether it's a sentence fragment, an unnecessary comma or even an extra space. Basic corrections are free, but to get sentence reconstruction and more critical editing, a subscription is necessary. Worried about the price? Several sites offer discount codes for a subscription, so save some money while you save your grades.



Top: Grammarly logo.

Bottom: A new dorm room is a blank canvas for incoming college students, and students tend to worry about forgetting some of the necessities. JOSEPH O'CONNELL | FLICKR

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General Education classes to liven up your week

BoK Classes Continued from Cover

new technology influences the way we go about our lives.

Noelle Zielinski | Editor-in-Chief:
Introduction to Creative Nonfiction
(ENGL 2013)

It was more like a workshop class, so I definitely became more comfortable with people reading my work. I got to genuinely express my creative self. You get to write two essays about whatever you want, both personal narratives about events in your life. It was a truly collaborative experience.

Anne Simendinger | Life & Arts
Editor: *Theatre History for Non-*
Majors (DRPF 2054)

This class made my theater nerd heart so unbelievably happy. You start

the class in the earliest years of theater and end around the Shakespearian times. The early years can seem archaic and boring, but the professor was so passionate about the subject and made every era so interesting with clips of shows produced at the time, and how it relates to modern theater. It was mandatory that you attended a show and wrote a critique, hopefully tying some element of the show to what was being learned in class.

It was awesome to have an experience component to discuss during class. I remember every hour passing too quickly, and genuinely being sad when the class ended for the semester.

Brittany Fletcher | Lead Designer:
Sex and Death (PHIL 1089)

This class was wild. The first half

of the semester covered topics under “sex.” My favorite week discussed fetishes and how certain fetishes fall under psychological imbalances, such as pedophilia. I chose to discuss fetishes for the midterm paper, and I took a devil’s advocate stance by saying pedophilia was more of a “sexual preference” than a fetish. (I don’t fully believe this, but I wanted something interesting to write about.) The second half of the semester covered “death.” The week I liked the most talked about allotment of resources during a crisis. For example, in an essay I chose to talk about this, and I weighed the pros and cons of allotting resources to the young and/ or healthy versus the older/weak/ unhealthy.



Breadth of Knowledge courses are required for students to gain academic experience outside their majors. **ALEX MARTIN | PHOTO EDITOR**

Five resources on campus to help you get through the semester

ANNE SIMENDINGER | LIFE & ARTS EDITOR

Entering college is incredibly exciting, but it always helps to have some help as you begin your collegiate journey as a Bearcat. UC has incredible organizations and resources that are always available and free to students. Here's a few essentials to start you out on:

Counseling and Psychological Services (CAPS)

As the transition into college can be hectic and busy, it can be easy to forget to check in with your mental health. Located right above Target on Calhoun Street, Counseling and Psychological Services (CAPS) provides various clinical treatment services to help UC students with their mental wellbeing. Students can have a psychological assessment, individual counseling, group therapy and other services for substance recovery and sexual and gender based violence. Your first three individual sessions are free, then for every session after that you will be charged \$35, or \$7 per session for students under UC's insurance plan. Group therapy is always free. There is no reason too big or too small to not talk about your mental health, especially under the guidance of a trained professional.

The Learning Commons

The Learning Commons is here for all your academic support needs. Whether you need one-on-one or

group-based tutoring, learning communities, writing help or even success skills workshops, you can find it in French Hall West. What makes this even better? It's all free. There are tutors for over 200 classes, and science and math even have their own support center, the Math and Science Support Center (MASS), as these subjects tend to be trouble spots for many students. MASS offers both study tables and supplemental review sessions to help students better understand the material covered in class. Do you struggle with writing papers? The Academic Writing Center (AWC), housed in Langsam Library, has you covered with free writing assistance. You can sign up for a one-on-one meeting with a trained writing professional to either help get you started on your writing, or look over it once you've finished the draft. If you don't want to make the trip all the way to Langsam, you can also video chat with AWC tutors for the same writing help, or send in a paper up to 6 pages for feedback from the tutors.

Bearcats Pantry

Located in Stratford Pavilion, the pantry provides students with food, hygiene products and clothing, as well as food vouchers that can be used in dining halls. All students are welcome to the pantry, and can come as many times as needed. When you enter, you will fill out an intake survey for information about your demographic information, then slide your bearcat

card and you are good to shop.

Women's Center

Do you need a place to relax or learn strategies and tools to overcome sexism and gender inequality? The Women's Center, located in Steger Student Life Center, has comfy couches, pillows and free coffee for students to chill out and gain a little caffeine fix. The Women's Center also has free tampons, pads, condoms and other personal health products. The center offers various leadership trainings and programs, such as the Change Makers Conference and Women in Leadership and Learning. All genders are welcome.

**African American Cultural
and Resource Center (AACRC)**

The main goal of the African American Cultural and Resource Center (AACRC) is to help with the social, spiritual, cultural and academic concerns of the African-American student population at UC. There are various programs run through the AACRC, including workshops, peer mentoring and the Transitions Program, which helps first-year students with leadership training. There are other student groups for certain interests, such as the AACRC choir, the BASE Steering Committee and Habari Gani Ambassadors. All students are more than welcome to experience any and all of the activities and services offered at the center.



The Bearcats Pantry, located in Stratford Heights, offers food to students in need. **ALEX MARTIN | PHOTO EDITOR**



The African American Cultural and Research Center is a resource for African American students on campus. **ALEX MARTIN | PHOTO EDITOR**

How to experience professional sports in Cincinnati

MATT HUFFMAN | MANAGING EDITOR

Although there is great pride in University of Cincinnati Athletics, it's important to be aware of what Cincinnati has to offer for professional sports.

Below are the three more prominent options in the local area and the best ways to purchase tickets to events.



FC Cincinnati plays at Nippert Stadium on campus at the University of Cincinnati. ALEX MARTIN | PHOTO EDITOR

FC Cincinnati (FCC) soccer

Soccer in Cincinnati has been booming since the inception of Football Club Cincinnati (FCC) in August 2015. Originally introduced in the lower-level United Soccer League (USL), success quickly followed the team.

The Orange and Blue captured the 2018 USL Championship before being accepted as the newest member of Major League Soccer (MLS) May 29, 2018. The team has played its home games on UC's campus at Nippert Stadium since 2016, and averaged an attendance of 25,717 in its final season in the USL (capacity of 33,250 for soccer).

The club is slated to play the rest of its home games at Nippert before moving into West End Stadium, which is currently under construction and expected to have a capacity of approximately 26,000.

The MLS regular-season runs into October, and FCC's final home match is Sept. 29.

If interested in checking out a match before they depart from Nippert, visit www.fccincinnati.com/tickets for all ticketing options.

Cincinnati Bengals football

This year is the beginning of a new era for the Bengals of the NFL, as a new, young head coach is entering with a revised vision for the direction of the franchise.

Zac Taylor was hired to replace Marvin Lewis Feb. 4 after Lewis and management mutually parted ways Dec. 31, 2018. Taylor, 35, has local ties, as he was UC's offensive coordinator and quarterbacks coach during the 2016 season.

After a disappointing 6-10 record last season, check out whether or not Taylor's presence has an immediate impact.

Whether you're a football fan or not, Paul Brown Stadium is a beautiful facility located on the banks of the Ohio River.

A short three-mile drive from campus, "The Banks" is a go-to area for not only pro sports, but also exhibits plenty of notable restaurants and bars.

The first home preseason game is Aug. 10 against the Kansas City Chiefs and the regular-season lasts until the end of December. Tickets are available through www.bengals.com/tickets.

Cincinnati Reds baseball

Originally introduced as the Cincinnati Red Stockings in 1869, the Reds of the MLB pride themselves as baseball's first openly all-professional team.

Great American Ballpark, also located on The Banks, provides scenic views of downtown Cincinnati and is a popular spot for locals throughout the summer months.

Many promotional games will continue to take place throughout the season, including merchandise giveaways, firework nights and the always popular "bark in the park," where the organization encourages fans to bring their furry friends.

The 2019 season is the first under new manager David Bell — a 12-year MLB veteran as a player and graduate of Cincinnati's Archbishop Moeller High School.

Regular-season play runs through September and all your ticket needs can be fulfilled at www.mlb.com/reds/tickets.

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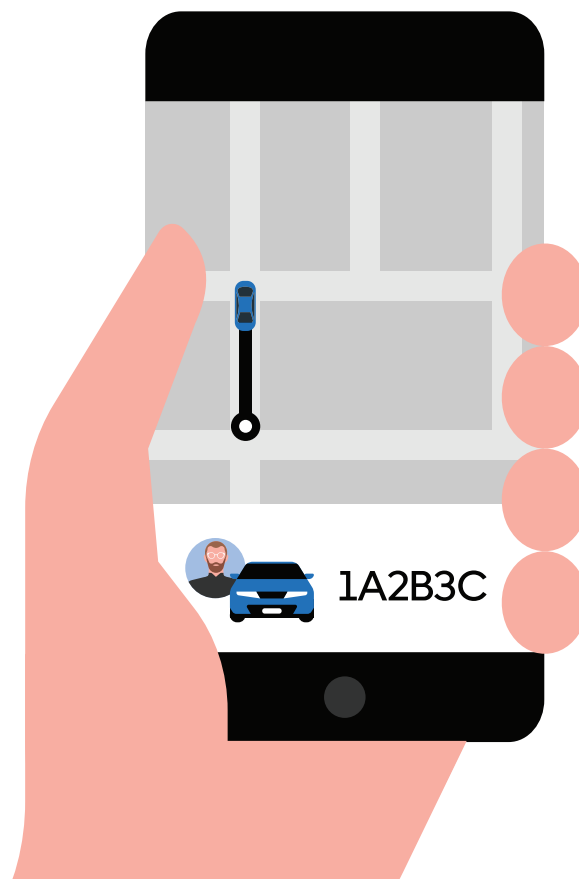
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Five fall sporting events you don't want to miss

SPENCER SCHULTZ | SPORTS EDITOR

The University of Cincinnati's athletic teams have a busy fall season, including matchups with notable opponents. Below is a list of events that are likely to attract the most attention.

Football versus UCLA

The Bearcats will begin its season against the Bruins for the second straight year, but this time in front of a home crowd. After entering last season's matchup as the heavy underdog and pulling out a 26-17 win, UC head coach Luke Fickell will look to add back-to-back wins against UCLA to his resume.

This game was a thriller a year ago and has a good chance of being the same this season. Kickoff is scheduled for 7 p.m. Aug. 29. ESPN will provide full television coverage if you aren't able to attend. Single game tickets are not yet available.

Volleyball versus Xavier University

UC will seek its fifth straight victory against the Musketeers in its lone matchup this season. The Bearcats defeated the Musketeers, 3-1, in 2018 at Saint Ursula Academy due to the renovations to Fifth Third Arena.

UC will travel to the Cintas Center this season. The team will look much different, as head coach Molly Alvey lost three key seniors in Carly Nolan, Jade Tingelhoff and Abby Williams to graduation.

Incoming redshirt senior Jordan Thompson is one of the top outside hitters and will compete with the USA collegiate team for the third time this summer. Dates and times have yet to be announced.

Women's Soccer versus University of South Florida

After tying or defeating USF in each of the past three straight seasons, UC dropped one of its two home losses to the Bulls in 2018.

USF is coming off a stellar season in which they finished 15-4 (8-1 American Athletic Conference). The Bearcats will look for similar success after finishing under .500 for the first time in four years last season. UC's roster is expected to feature 15 upperclassmen in 2019. Dates and times have yet to be announced.

Football versus Miami (Ohio) University

The matchup known as the "Victory Bell" game between the Bearcats and RedHawks never fails to disappoint. Miami will be eager to end UC's 13-game winning streak after being shut out 21-0 at Paul Brown Stadium last year.

The Bearcats were undefeated (6-0) at home last season, so Fickell and the team need all the support they can get. Incoming junior running back Michel Warren II will seek another dominant performance after scoring two touchdowns on the RedHawks in the win. The 124th Victory Bell game is scheduled for Sept. 14.

Football versus University of Central Florida

The Bearcats will seek revenge on the Knights when they come to town in October. Then-No. 11 UCF blew out No. 19 UC on its home field 38-13 and went on to have the best record in the conference. The Knights senior quarterback McKenzie Milton suffered a gruesome leg injury toward the end of last season, but is expected to make a full recovery. The game is scheduled for Oct. 4 with kickoff TBA.



University of Cincinnati students can receive free tickets to sporting events by visiting the box office. **TNR FILE**

How to get into UC Athletics events

ZACH FRIES | STAFF REPORTER

Since 2015, the University of Cincinnati Athletic Department has offered an initiative called "Experience UC" that gives students and fans an opportunity to attend women's basketball, lacrosse, volleyball, women's tennis, men's/women's soccer, men's/women's golf, swimming and diving and track and field events for free.

"Experience UC is a user-friendly community outreach effort we have been developing over the last year," UC Director of Athletics Mike Bohn said on gobearcats.com. "This is an opportunity for many more to witness the seismic changes which are transpiring on our incredible campus... The Bearcats are competing to be the class of the league and we invite people to be a part of an unprecedented time in Clifton."

For football, current UC students can purchase season tickets for \$70 before the season. Not only does this include tickets to all home games but select food concession options on game days and a complimentary

UC Under Armour T-shirt.

The 2019 football schedule includes home games against UCLA, Miami (Ohio), UCF, Tulsa, Connecticut and Temple.

However, students also have the option to claim a free ticket by visiting the UC Athletics ticket office windows during the week leading up to the game. The ticket office is located on the outside wall of the Richard E. Lindner Athletics Center facing Nippert Stadium.

Men's basketball is the only other sport that currently requires student tickets. Season ticket prices for the student sections typically run around \$150. But like football, students can visit the ticket office to claim a free ticket leading up to the game.

Although the official schedule with locations has not yet been released, UC's non-conference schedule for the upcoming season will include matchups with University of Tennessee and University of Nevada. Regional non-conference road games will feature Xavier University, Northern Kentucky University and

Ohio State University as well.

In 2016, the UC Athletics department added a student rewards ticket program called Ruckus Rewards.

Students can download the app through the Apple Store and "check in" when attending athletic events to gain points. Earning a certain amount of points will give priority for merchandise and tickets to more prominent athletic events, such as the Crosstown Shootout rivalry game against Xavier.

Aside from receiving priority for big rivalry games, students can also use the app to obtain tickets for football or basketball games.

Students are also able to claim prizes such as Under Armour gear, locker room access, courtside seats and the opportunity to travel to road games for the two sports.

For more ticket information, students can visit the Bearcats Ticket Office located at 2751 O'Varsity Way Suite 480 or call 1-877-CATS-TIX. More information is available on gobearcats.com.



The University of Cincinnati's men's basketball team plays Xavier University every year in the Crosstown Shootout. **JUSTIN HILES | SENIOR PHOTOGRAPHER**

The best strategy to deal with public demonstrations

SAMUEL SCHELL-OLSEN | OPINION EDITOR

When first-year students walk around a college campus, they will often have to face public demonstrations that will make them uncomfortable. Many of these demonstrations include subjects of religion, abortion, the economy, race and climate. These messages can be stressful to students who already have enough concerns in their academic lives.

Yet, The First Amendment to the United States Constitution allows students or the public, to hold demonstrations on college campuses:

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of

the people peaceably to assemble, and to petition the Government for a redress of grievances.”

In the past, many of these demonstrations led to good causes. Women’s Suffrage and the Civil Rights Movement gained a lot of support on college campuses.

Recently however, many of these demonstrations have led to violence.

So how should students handle these demonstrations?

To start, these demonstrations can’t be shut down. The United States is the only country in the world where free speech is recognized as a human right and protected by law. Throwing this privilege away because you disagree with someone’s perspective is irrational.

Do we confront them at these demonstrations?

If you are emotionally mature enough, then yes. By emotionally mature, it means you can take on bigotry and debate hate on reason and logic, without resorting to violence.

College was founded on the basis of learning and debating ideas, which includes the ones you may not agree with.

When Westboro Baptist Church came to UC in fall 2018 and espoused its controversial rhetoric, counter protesters came to protest. The counter protesters came with signs, slogans and scolded the so-called Church on why its logic was so backward.

The group was forced to leave after its protest went nowhere. This was all done without a single drop of violence. It was a model example of how a counter protest should be.

However, most of the

public demonstrations on campus aren’t high-profile, and are obscure fringe groups. This won’t draw a large counter-protest group like the one against the Westboro Baptist Church. So, what is the best strategy in this case?

Ignore them.

Yup, just walk on by.

These fringe groups thrive on attention and reactions. Giving them attention by yelling and being confrontational is counterproductive. Big name groups like Westboro Baptist Church are different because they are already a big name but this isn’t the case for fringe groups. The best way to combat their ideas is to give them no acknowledgement at all.

The best way to fight bad ideas?

Don’t give them the light of day.



Westboro Baptist Church members protest current social and political issues on the University of Cincinnati’s campus. **TNR FILE**

While the ‘freshman 15’ is overrated, you should still try to eat healthy

SAMUEL SCHELL-OLSEN | OPINION EDITOR

The “freshman 15” has the reputation for striking fear into new college students and for good reason. It has earned its reputation by stating first-year students will gain an average of 15 pounds during their first year of college.

So, for decades, first-year students have made it a top priority to avoid the ghoulish “freshman 15.”

But, while the “freshman 15” has earned its reputation, does it deserve the notoriety? Factually, no. According to a 2011 Social Science Quarterly study, less than 10 percent of freshman in the study gained 15 pounds or more during their freshman year.

The average is actually between 2.4 pounds for women and 3.4 pounds for men.

While this is more than the average adult gains in a year, it is dramatically less than a 15-pound increase.

So where did the “freshman 15” come from?

The “freshman 15” is relatively new. In 1989, Seventeen magazine printed an August edition which had a cover line giving tips for “fighting the freshman 15.” And so, the “freshman 15” has stuck with us since.

But while the “freshman 15” is overrated, freshmen should still take caution.

First-year students need to take into account college dining halls. College dining halls give its students plentiful options of food. After all, the job of college dining halls is to make eating nice and simple. But while some of these food options are healthy, many are not.

Not to mention some of these college dining halls are located near fast food restaurants. First-year students will choose the better tasting food over the healthier food most of the time which will lead to weight gain.

It’s vital that first-year students incorporate healthy options that college dining

halls provide, which to the college dining halls credit, is not hard. Some college dining halls make healthy options very easy to find.

The case can be made that without parental supervision, many first-year students are lost in terms of diet. Many freshmen have had their parents cook their meals their whole lives. This is why we see horror stories of students either gaining or losing unhealthy amount of weight.

Colleges usually have wellness centers to help with issues like these. First-year students should take advantage of these centers to exercise, and if possible, find trained professionals. These professionals can help students make the correct choice on their diet and exercise.

While the “freshman 15” is overrated, it’s still important for first-year students to be healthy, as doing so will lead to a healthier mindset, leading to a successful college career.



Top: Late night studying and going out with friends often leads to less healthy food choices, such as pizza. **ALEX MARTIN | PHOTO EDITOR**

Bottom: Is the “Freshman 15” merely a myth or a reality for most students? **WIKIMEDIA**

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9	7	2	3	8	6	4	5	1
3	6	4	7	5	1	2	8	9
7	9	1	5	2	3	6	4	8
2	4	5	6	9	8	1	7	3
6	8	3	4	1	7	5	9	2
4	1	7	8	6	9	3	2	5
5	2	9	1	3	4	8	6	7
8	3	6	2	7	5	9	1	4

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares" (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Does it sound complicated? Each Sudoku grid comes with a few spaces already filled in; the more spaces filled in, the easier the game – the more difficult Sudoku puzzles have very few spaces that are already filled in.

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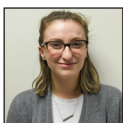


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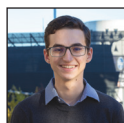


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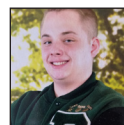
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