

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Top
London
Broils**
\$5.98 lb.

**Family Pack Beef
Stew or Cubed Steak**
\$6.98 lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Family Pack
Boneless
Pork Chops**
\$3.99 lb.

**Frozen Chicken Breast
or Chicken Tenders**
\$2.98 lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Fresh
Ground Chuck**
\$4.98 lb.

Cash Mondays!
Save 5%

F & L Market

AD IS EFFECTIVE: 2.11.26 – 2.17.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!
Chesapeake Oysters \$17.99 Pint

Cash Mondays!
Save 5%

**Family Pack USDA
Select Ribeye Steaks**
\$12.99 lb.

**Frozen
Lobster Tail**
2/\$7
2.5 oz.

**Fresh
Atlantic Salmon**
\$7.98 lb.

**Frozen
Cooked Shrimp**
\$7.98
16/20 ct. 1 lb. Bag

**Butter Ball
Ground Turkey**
\$4.98
1lb. pack

**Gwaltney Bacon regular
or Thick Cut**
2/\$7
12oz. pack

**Sugardale
Franks**
4/\$5
12oz. pack

**Pasteurized
Crabmeat**
\$9.98
1lb. Can

Sushi
\$3.98
6oz. Packs
All Varieties

**Snow
Crab Legs**
\$14.98 lb.

**Oscar Mayer Lunch Meat
Turkey, Chopped Ham,
Ham & Cheese**
2/\$7
16 oz.

Bakery Specials!
Chocolate Fudge Cake
\$13.99
50 oz.

Donuts
\$4.49
Dozen

Sweet Potato or Pumpkin Pies
\$5.98
8 in.

Produce Specials!
Fresh Strawberries
\$2.99 lb.

Hampton Peanuts
\$2.99
24 oz.

Limes & Lemons
2/\$1

Produce Specials!
Russet Potatoes
\$4.99 \$2.99
10 lb. Bag 5 lb. Bag

Chap Stick
99¢
15 oz.

Cheetos & Fritos
\$3.99
9 to 10oz.

Crisco Vegetable Oil
\$4.99
40 oz.

Ragu Pasta Sauce
2/\$5
24 oz.

Kens Dressing
\$2.99
16 oz.

Muellers Pasta
\$1.29
16 oz.

Duke's Mayonnaise 30 oz. **\$4.99**
Squeeze 18 oz.

Double Q Salmon **\$3.99**
14.75 oz.

Maruchan Noodles
\$4.99
12 Pack

Armour Chili
2/\$4
14 oz.

Treet
2/\$4
12 oz.

Hunts Manwich
2/\$3
15.5 oz.

Bounty
\$6.98
4 Rolls

Country Crock
\$2.99
15 oz.

Mayfield Ice Cream
\$3.99
48 oz.

DiGiorno Pizza's
\$2.99
19 to 2 oz.

YooHoo Cans
\$6.99
12 Pack