

Tired of Pretending Everything's Okay?

There's a Place in Lynchburg Where Recovery Begins.

Whether you're seeking help for yourself or someone you love, Sobrius is here with real hope and real healing. We provide evidence-based treatment in a peaceful, private setting, with a new center now open right here in Lynchburg, VA.

At Sobrius, we understand that each person's journey to recovery is unique. That's why we offer a range of treatment options, including our Partial Hospitalization Program (PHP) as a vital level of care. Our PHP delivers a structured yet flexible approach, combining the intensity of residential treatment with the independence of outpatient support for those who need comprehensive care while maintaining important parts of daily life.

Every journey is unique, and so is our approach. We meet people where they are, offering structured support with compassion, dignity, and expert care backed by proven results.

Chances are, we have a program that aligns with your needs. Let's talk through what might feel like the right next step.

We've walked this path with hundreds of people, and we'll walk it with you.

(888) 996-7332 Take the first step. Call today.





sobrius.health