Senior Citizen Discount EVERY SUNDAY & TUESDAY!

5% OFF ORDERS EXCLUDING CIGARETTES

60 YEARS & OLDER

Whole Sirloin Tips
$5.49 lb. Sliced Free

Sirloin Tip Roast
$5.98 lb.

F&L MARKET

Freshest Meats & Produce

2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM

God is Good Always

Family Pack Pork Loin Assorted Chops
$1.98 lb.

Center Cut Pork Loin Chops
$2.98 lb.

Hours:
M-Sat 8am-7pm
Sunday 9am-5pm

WEBSITE F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on

We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

Fresh Ground Round $4.98 lb.

Cash Mondays! Save 5%

Freshest Meat Market in Lynchburg! F & L Market

Cash Mondays! Save 5%

Top Sirloin Steak $6.98 lb.

AD IS EFFECTIVE: 2.18.26 – 2.24.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!

Chesapeake Oysters $17.99 Pint

Felts Country Hams	**$3.49** lb. Sliced Free
Split Chicken Breast	**$1.29** lb.

Sugardale Bacon Regular or Thick Cut	**2/$7** 12 oz.
Armour Lunchables	**5/$5** 2 oz.

Frozen Cooked Shrimp	**$6.98** 26/30 ct.
Fully Cooked Hot Wings	**$3.98** lb.

Butter Ball Ground Turkey	**$3.98** 1 lb. pack
Food Club Lunch Meats	**2/$6** 9 oz.

Mussels All Varieties	**2/$7** 1 lb. pack
Smithfield Marinated Pork Roast or Tenderloins	**$4.99**

Bakery Specials! **Chocolate Fudge Layer Cake**	**$12.99** 50 oz.
Bakery Donuts	**$4.49** dozen
Pecan Pies	**$6.99** 8 inch.

Produce Specials! **Russet Potatoes**	**$4.99** 10 lb.	**$2.99** 5 lb.
Fresh Cabbage	**59¢** lb.	
Grade A Large Eggs	**$1.29** Dozen	

Produce Specials! **Slicing Tomatoes**	**$1.79** lb.
Maruchan Noodles	**$4.99** 12 pk.
Lays Potato Chips	**$3.99** 5 to 8 oz.

Muellers Pasta	**$1.29** 16 oz.
Ragu Pasta Sauce	**2/$5** 24 oz.
Glory Greens	**$2.99** 27 oz.
Dukes Mayo	**$4.99** 30 oz.

Van Camp Pork N Beans	**5/$5** 15 oz.
Double Q Salmon	**$3.99** 14.75 oz.
Hunts Manwich	**2/$3** 15.5 oz.
Cheerios	**$3.99** 12 oz.

Betty Crocker Spuds	**5/$5** 4 oz.
Purex Detergent	**$4.99** 50 oz.
Bounty	**$6.98** 4 rolls

Food Club Cheese	**2/$4** 8 oz.
Blue Bonnet Margarine	**$1.29** 16 oz.
Banquet Family Entrees	**$2.99** 24 to 28 oz.