

**Senior Citizen
Discount
EVERY
SUNDAY &
Tuesday!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Family Pack
Beef Shoulder
Steaks**

\$6.29 lb.

**Whole Boneless
New York Strips**

\$8.99 lb.



Freshest Meats & Produce
2517 Mempoial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • (434) 846-7232 • FLMARKET1@AOL.COM
God is Good Always

**Family Pack
Boneless
New York Strip Steaks**

\$9.98 lb.

**Family Pack Beef
Stew or Cubed
Steaks**

\$6.98 lb.

**Hours:
M-Sat
8am-7pm
Sunday
9am-5pm**

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Family Pack
Fresh Ground
Beef
\$4.99** lb.

**Cash Mondays!
Save 5%**

**Freshest Meat Market in Lynchburg!
F&L Market**

AD IS EFFECTIVE: 10.22.25 – 10.28.25

To join our VIP club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!
Chesapeake Oysters \$18.99 Pint

**Cash Mondays!
Save 5%**

**Beef
Shoulder
Roast
\$5.98** lb.

**Boston Butt
Pork Roast**

\$2.49 lb.

**Family Country
Style Ribs or
Pork Steak**

\$2.98 lb.

**Jimmy Dean Bacon
Hickory Smoked or
Applewood**

\$3.98 12 oz.

**Bars
Meat Franks**

2/\$3 12 oz.

**Frozen Boneless
Chicken Breast**

\$2.98 12 oz.

**Frozen Cooked
Shrimp 16/20**

\$7.98 1 lb. bag

**Country Line
Party Wings**

\$10.99 5 lb. bag

**Frozen Cut
Fish Nuggets**

\$2.98 lb.

**Frozen Armour
Meatballs**

\$12.98 4 lb. bag

**Frozen Breaded
Oysters**

\$9.98 1 lb. bag

Bakery Specials!

**Ice Carrot
Cake**

\$14.99 61 oz.

Pecan Pies

\$6.98

**Claxton Fruit
Cakes**

\$4.99 1 lb.

\$8.99 2 lb.

Produce Specials!

Peppers & Cucumbers

2/\$1

Slicing Tomatoes

\$1.79 lb.

Onions

2/\$4 3 lb. bag

Produce Specials!

Russet Potatoes

\$4.99 10 lb. bag

Double Q Salmon

\$3.99 14.75 oz.

Sweet Baby Rays

2/\$4 18 oz.

Barilla Pasta

2/\$3 1 lb.

Food Club Pasta Sauce

2/\$3 24 oz.

Bush's Baked Beans

2/\$5 28 oz.

Phillips Pork n Beans

5/\$5 15 oz.

Faygo 2 liter Drinks

2/\$3

Lucks Fried Apples

2/\$4

Peter Pan Peanut Butter

\$2.99 16.3 oz.

Crisco Oil

\$3.48 40 oz.

**Campbell's Chicken
Noodle or Tomato Soup**

5/\$5 10.5 oz.

Tide Simply

\$3.99 31 oz.

Bounty

\$10.99 6 Rolls

Kraft Singles

\$5.99 16 oz.

Totino's Pizza

2/\$4 10 oz.

Turkey Hill Tea

2/\$4 64 oz.

Grade A Medium Eggs

2/\$4 Dozen