

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Whole
Sirloin Tips**
\$5.49 lb. Sliced Free

**Sirloin
Tip Roast**
\$5.98 lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Family Pack
Pork Loin
Assorted Chops**
\$1.98 lb.

**Center Cut
Pork Loin
Chops**
\$2.98 lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Fresh Ground
Round**
\$4.98 lb.

Cash Mondays!
Save 5%

Freshest Meat Market in Lynchburg!
F & L Market

AD IS EFFECTIVE: 2.18.26 – 2.24.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!

Chesapeake Oysters \$17.99 Pint

Cash Mondays!
Save 5%

**Top Sirloin
Steak**
\$6.98 lb.

**Felts Country
Hams**
\$3.49 lb.
Sliced Free

**Split
Chicken Breast**
\$1.29 lb.

**Sugardale Bacon
Regular or Thick Cut**
2/\$7 12 oz.

**Armour
Lunchables**
5/\$5 2 oz.

**Frozen
Cooked Shrimp**
\$6.98 26/30 ct.

**Fully Cooked
Hot Wings**
\$3.98 lb.

**Butter Ball
Ground Turkey**
\$3.98 1 lb. pack

**Food Club
Lunch Meats**
2/\$6 9 oz.

**Mussels
All Varieties**
2/\$7 1 lb. pack

**Smithfield Marinated
Pork Roast or Tenderloins**
\$4.99

Bakery Specials!
Chocolate Fudge Layer Cake
\$12.99 50 oz.

Bakery Donuts
\$4.49 dozen

Pecan Pies
\$6.99 8 inch.

Produce Specials!
Russet Potatoes **\$4.99** 10 lb. **\$2.99** 5 lb.

Fresh Cabbage **59¢** lb.

Grade A Large Eggs
\$1.29 Dozen

Produce Specials!
Slicing Tomatoes **\$1.79** lb.

Maruchan Noodles
\$4.99 12 pk.

Lays Potato Chips
\$3.99 5 to 8 oz.

Muellers Pasta
\$1.29 16 oz.

Ragu Pasta Sauce
2/\$5 24 oz.

Glory Greens
\$2.99 27 oz.

Dukes Mayo
\$4.99 30 oz.

Van Camp Pork N Beans
5/\$5 15 oz.

Double Q Salmon
\$3.99 14.75 oz.

Hunts Manwich
2/\$3 15.5 oz.

Cheerios
\$3.99 12 oz.

Betty Crocker Spuds
5/\$5 4 oz.

Purex Detergent
\$4.99 50 oz.

Bounty
\$6.98 4 rolls

**Food Club
Cheese**
2/\$4 8 oz.

Blue Bonnet Margarine
\$1.29 16 oz.

Banquet Family Entrees
\$2.99 24 to 28 oz.