

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Frozen St. Louis
Pork Ribs or
Baby Back Ribs**

\$2.98 lb.

**Fresh Boston
Butt Roast**

\$1.98 lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Family Pack
Country Style Pork
Ribs or Pork Steak**

\$2.98 lb.

**Frozen
Chicken Wings**

\$2.49 lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Fresh
Ground Chuck**
\$4.98 lb.

Cash Mondays!
Save 5%

F & L Market

AD IS EFFECTIVE: 2.4.26 – 2.10.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!
Chesapeake Oysters \$17.99 Pint

Cash Mondays!
Save 5%

**A-1
Steak Sauce**
\$4.99 10 oz.

**Family Pack Boneless
New York Strip Steaks**
\$9.99 lb.

**Smithfield Bacon
Regular Cut or Thick Cut** **\$3.98** 12 oz.

**Hillshire Farms
Cocktail Smokies** **2/\$5** 14 oz.

**Ball Park
Meat & Turkey Franks** **2/\$6** 15 oz.

**Cooked
Shrimp Large** **\$7.98** 16/20 ct. 1 lb. Bag

**Ball Park
Frozen Beef Patties** **\$7.99**

**Bar S Bologna
Regular or Thick Cut** **5/\$5** 12 oz.

**Fully Cooked
Buffalo Hot Wings** **\$4.98** lb.

**Whole
Sirloin Tips** **\$5.99** lb.
Sliced Free

**Smokey Farms
Sausage Patties** **2/\$10** 27 oz.

**Crab Meat
Pasteurized** **\$9.98** 1 lb. Can

Bakery Specials!
Kings Hawaiian Rolls **\$3.99** 10 to 12 oz.

Coconut Cake **\$13.99** 48 oz.

White Castle Sliders **\$13.99** 25 to 29 oz.

Produce Specials!
Avocados **2/\$1**

Seedless Grapes **\$2.49** lb.

Hampton Peanuts **\$2.99** 24 oz.

Limes & Lemons **2/\$1**

Produce Specials!
Russet Potatoes **\$4.99** 10 lb. Bag

Wisconsin Hoop Cheese **\$6.99** lb.

Prego Pasta Sauce **2/\$5** 24 oz.

Barilla Pasta **2/\$3** 7 oz.-16 oz.

Sweet Baby Ray's Bar B Q Sauce **2/\$4** 18 oz.

Hidden Valley Dressing **\$2.99** 16 oz.

Luck's Fried Apples **2/\$4** 15 oz.

Duke's Mayonnaise **\$4.99** 30 oz.

Spam **\$3.99** 12 oz.

Double Q Salmon **\$3.99** 14.75 oz.

Jiffy Corn Muffin **4/\$3** 8.5 oz.

Hormel Chili **2/\$4** 15 oz.

**Campbell's Tomato
& Chicken Noodle** **\$4.99** 4 pk.

Bunker Hill Chili Sauce **5/\$5** 10 oz.

Pic Sweet Vegetables **2/\$5** 14 oz.

Kraft Cheese **\$2.99** 8 oz.

Coke or Pepsi Cans **\$6.99** 12 pk.

DiGiorno Pizza's **\$4.99** 17 to 24 oz.