

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Whole Boneless
Pork Loins
Sliced Free**

\$1.98 lb.

**Family Pack
Boneless Pork
Chops**

\$3.98 lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Half sliced Bone In
Pork Loins**

\$2.49 lb.


**Family Pack
Assorted Pork
Loin chops**

\$2.98 lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on 



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Fresh Ground
Chuck**
\$4.98 lb.

Cash Mondays!
Save 5%

Freshest Meat Market in Lynchburg!
F & L Market

AD IS EFFECTIVE: 12.31.25 - 1.6.25

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!

Chesapeake Oysters \$18.99 Pint

Cash Mondays!
Save 5%

**Family Pack
T-Bone Steaks**
\$8.79 lb.

**St. Louis Style Ribs or
Baby Back Ribs**

\$3.49 lb.

**Fresh Boston Butt
Roast**

\$1.98 lb.

**Family Pack Pork Steak
or country Style ribs**

\$2.98 lb.

**Market Cut Fresh
Hog Jowls**

\$2.99 lb.

Frozen Cooked Shrimp

16/20ct 1 lb. Bag

**Country Lime
Party wings**

\$10.99 5 lb. Bag

**Fresh Buffalo
Hot Wings**

\$4.98 lb.

Can Crab Meat

\$9.98 1 lb.

**Frozen Breaded Chicken Patties,
Strips, Nuggets, Ring, Popcorn**

\$12.99 5 lb Bag

**Boneless Beef
shoulder Roast**

\$4.98 lb.

Bar S Meat Franks

2/\$3 12 oz.

Produce Specials!
Navel Oranges

\$7.99 8lbs

Fresh Express Salads

2/\$5 9 to 11 oz.

Yellow Onions

2/\$5 3lb.

Produce Specials!
Apple Cider

\$3.99 64 oz.

Russet Potatoes

\$4.99 \$3.99 10 lb. 5 lb. bag

Green Cabbage

69¢ lb.

Bakery Specials!
Texas Toast

2/\$5 24 oz.

Iced Carrot Cake

\$13.99 61 oz.

J.J. Pies

4/\$3 4 oz.

Prego Pasta Sauce

2/\$5 23 oz.

Hytop Blackeye Peas

4/\$5 1lb.

**jack Rabbit Black
Eyes**

\$2.49 1 lb.

Lucks Fried Apples

2/\$4 15oz.

Betty Crocker Spuds

5/\$5 4 oz.

**Texas Pete Hot
Sauce**

2/\$3 6 oz.

Bounty Towels

\$6.98 4ct. Select Size

Charmin Mega

\$6.98 6 roll

Double Q Salmon 

\$3.99 14.75oz.

Pic Sweet Vegetables

2/\$6 28 oz.

Grade A Large Eggs

\$2.99 Dozen

Totinos Pizza Rolls

\$9.99 48.8oz.