

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Family Pack
T-Bone Steaks
\$8.79** lb.

**Family Pack
Assorted
Pork Chops
\$2.98** lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Frozen Family
Pack Chicken
Drumsticks
98¢** lb.

**Frozen Boneless
Chicken Breast
\$2.49** lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

Truck Load Chicken Sale! F & L Market

AD IS EFFECTIVE: 1.28.26 – 2.3.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!
Wisconsin Hoop cheese \$6.99lb.

**Fresh
Family Pack
Ground Beef
\$4.49** lb.

**Cash Mondays!
Save 5%**

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**Beef Shoulder
Roast
\$5.98** lb.

**Jimmy Dean Bacon
12oz. \$3.98** lb.

**Hillshire Farms
Cocktail Smokies
2/\$6** 14 oz.

**Frozen
Raw Shrimp
\$6.98** 1 lb. Bag

**Swaggerty Roll Sausage
Hot or Mild
2/\$7** 1 lb. Roll

**Bar S
Meat Franks
2/\$3** 12 oz.

**Armour
Meat Balls
\$13.98** 4 lb. Bag

**Holton Frozen
Hamburger Patties
\$24.00** 6 lb. Box

**Carl Budding
Lunch Meats
5/\$5** 2 oz.

**Snow
Crab Legs
\$14.98** lb.

**Frozen Spicy
Potato Wedges
\$11.98** 5 lb.

Produce Specials!
**Yellow Onions
2/\$4** 3 lb. Bag

**Navel Oranges
\$3.99** 3 lb.

**Peppers & Cucumbers
69¢** ea.

Produce Specials!
Russet Potatoes **\$4.99** 10 lb. Bag

**Yellow or Zucchini
Squash
\$1.49** lb.

**Seedless Grapes
\$2.99** lb.

Bakery Specials!
**Chocolate Layer Cake
\$12.99** 50 oz.

**Lewis Keto Bread
\$4.99** 16 oz.

**Bakery Donuts
\$4.49** Dozen

**Lucks Bean
Sale!
5/\$5** 15 oz.

**Peter Pan
Peanut Butter
\$2.99** 16.3 oz.

**Hunts
Manwich
2/\$3** 15 oz.

**Hunts Pasta Sauce
2/\$43** 24 oz.

**Food Club Pasta
5/\$5** 16 oz.

**Dukes Mayonaise
\$4.99** 30 oz.

**Lucks Fried Apples
2/\$4** 15 oz.

Double Q Salmon **\$43.99** 14.75 oz.

**Jiffy Corn Muffin
4/\$3** 8.5 oz.

**Bounty Towels
\$6.98** 4 Roll Double Size

**Food Club Butter
\$2.99** 1 lb.

**Grade A Large Eggs
2/\$3** Dozen

**Coke or Pepsi Cans
\$6.99** 12 pk.

**Doritos
\$3.99** 6 to 15 oz.