

**Senior Citizen
Discount
EVERY
SUNDAY &
TUESDAY!**

**5% OFF ORDERS
EXCLUDING
CIGARETTES**

**60 YEARS
& OLDER**

**Sirloin Tip
Roast**

\$6.29 lb.

**Bone In family
Pack Assorted
Pork chops**

\$2.98 lb.



Freshest Meats & Produce
2517 Memorial Ave. Lynchburg, VA 24501
PHONE: (434) 846-7448 • FAX: (434) 846-7232 • EMAIL: FLMARKET1@AOL.COM
God is Good Always

**Whole Frying
Birds**

\$1.98 lb.

**Boneless
Frozen Chicken
Breast**

\$2.98 lb.

Hours:
M-Sat
8am-7pm
Sunday
9am-5pm

WEBSITE
F-LMARKET.com

WE GLADLY ACCEPT
SNAP - FOOD STAMPS
WIC - EBT

Follow Us on



We reserve the right to limit quantities and correct typographical errors. NO RAINCHECKS

**Fresh Ground
Round**
\$5.49 lb.

Cash Mondays!
Save 5%

Freshest Meat Market in Lynchburg!
F & L Market

AD IS EFFECTIVE: 1.7.26 – 1.13.26

To join our VIP Text club, please text us at (833) 610-3325 and tell us you want to join the VIP text club!

Fresh Chesapeake Oysters \$15.99 Pint

Cash Mondays!
Save 5%

**Whole Sirloin
Tips Sliced Free**
\$5.99 lb.

**Carolina Pride
Bacon**

\$3.98
12oz. pack

**Jamestown Sausage
Hot or Mild**

2/\$6
1lb. Roll

**Frozen Pork
Tenderloins**

\$2.49
lb.

**Family Pack Top
Sirloin Steaks**

\$7.98
lb.

**Bar S Bologna Regular
or Thick Cut**

2/\$3
12oz.

**Oscar Mayer
Meat Franks**

2/\$6
16oz.

Frozen Raw Shrimp

\$5.98
31/40ct. 1lb. Bag

**Brookwood Bar
BQ Tub**

\$4.98
16oz. All Varieties

Frozen Tater tots

\$7.98
5lb. Bag

**Texas Pete Smoked
Sausage**

\$3.48
16oz.

Bakery Specials!
Iced Carrot Cake

\$13.99
61oz.

**Lewis Sandwich
Bread**

2/\$5
20oz.

Donuts

\$4.49
Dozen

Produce Specials!

Fresh Strawberries

2/\$5
lb.

Russet Potatoes **\$4.99** **\$2.99**

10 lb. Bag 5 lb. Bag

Produce Specials!

Yellow Onions

\$2.99
3lb. Bag

Bag Apples

\$2.99
3lb.

**North Carolina
Sweet Potatoes**

59¢
lb.

Jif Peanut Butter

2/\$5
16oz.

Double Q Salmon



\$3.99
14.75 oz.

Hamburger Helper

2/\$3
6.4oz.

Lucks Fried Apples

2/\$4
15 oz.

Folgers Coffee

\$12.99
22.6oz.

Hunts Ketchup

2/\$3
20 oz.

Ragu Pasta Sauce

2/\$5
24oz.

Niagra Water

\$4.99
32pk.

Armour Sale!
**Vienna Sausage
or Potted Meat**

4/\$3
4.6oz.
3oz.

Hunts Manwich

2/\$3
15.5oz.

Armour Beef Stew

\$2.99
20oz.

Blue Bonnet

\$3.99
45 oz.

Kraft singles

\$3.99
12oz.

Banquet Pot Pies

5/\$5
7oz.

Banquet Meals

\$1.79
11.8oz.