

UPCOMING GRIEF SUPPORT GROUPS

Fall and Winter 2022

Support Groups Offered by Chaplaincy Health Care

Understanding Grief

Every Tuesday for 10 weeks, starting soon

6 to 8 p.m. | Chaplaincy Administrative Offices – 1480 Fowler St. in Richland

An educational, grief support group for adults dealing with the death of a loved one.

Registration is required. Call (509) 783-7416 or email griefsupport@chaplaincyhealthcare.org to register.

Widow's Support Group

Every Tuesday for 10 weeks, starting soon

12 to 2 p.m. | Hospice House Chapel – 2108 W Entiat Ave. in Kennewick

An educational, grief support group for widows, widowers and partners who have lost a loved one.

Registration is required. Call (509) 783-7416 or email griefsupport@chaplaincyhealthcare.org to register.

Drop-In Grief Support Group

Every Thursday for 10 weeks, starting Oct. 6

1 to 2:30 p.m. | Chaplaincy Administrative Offices – 2108 W Entiat Ave. in Kennewick

Join us for an informational support group for adults dealing with grief.

No registration required.

Coping with the Holidays

Thanksgiving: Thursday, Nov. 10, 6 to 8 p.m., OR Saturday Nov. 12, 12 to 2 p.m.

Christmas: Thursday, Dec. 8, 6 to 8 p.m., OR Saturday, Dec. 10, 12 to 2 p.m.

Chaplaincy Administrative Offices – 1480 Fowler St. in Richland

One-time 2 hour session for adults dealing with stress, loneliness and confusion in the holiday season.

Registration is required. Call (509) 783-7416 or email griefsupport@chaplaincyhealthcare.org to register.

Gone Too Soon

In-person: Second Thursday of the month

6:30 to 8 p.m. | Chaplaincy Administrative Offices – 1480 Fowler St. in Richland

Virtual: Fourth Thursday of the month

5 to 6 p.m. | Virtual via Zoom

This group is available to adults who have experienced the loss of a baby before or after birth. On Sunday, October 9, we will host our 5th annual Remembrance Event on the lawn of Events at Sunset in Richland. This event will include an eco-friendly balloon release, a reading of the names of the babies remembered, special music and more. The Remembrance Event is open to the community and brings support and awareness to pregnancy and infant loss.

Registration is required. Call Aggie at (509) 430-4202 to register.

Grieving Parents

Second and fourth Wednesday of the month

6 to 7 p.m. | Chaplaincy Administrative Offices - 1480 Fowler St. in Richland

This group is available to adults experiencing grief due to the death of a child of any age.

Registration is Required. Call Craig at (509) 572-8349 to register.

Children's Grief Program

First and third Monday of the month

5 to 6:30 p.m. | Cork's Place - 712 W 19th Ave. in Kennewick

Sessions are specifically for children and adolescents ages 3-18 years, grieving the loss of a loved one. Parents and guardians are encouraged to stay for adult group meeting at the same time as the children are in session.

Registration is required. Call (509) 783-7418 or email corks@chaplaincyhealthcare.org to register.



ADDITIONAL GRIEF SUPPORT GROUPS IN THE COMMUNITY

Ongoing Community Grief Support: GriefShare

Weekly group seminar & support group designed to help you rebuild your life after losing a loved one.

To learn more and register go to: griefshare.org.

Richland Lutheran Church

Tuesdays from August 16 to November 15, 2022

6 to 8 p.m. | Virtual via Zoom

Note: November 1 will be a special discussion about "Surviving the Holidays"

Registration is required. Call (509) 943-3164 or email officeatrlc@gmail.com.

South Hills Church

Tuesdays from September 27 to December 13, 2022

6:30 to 8 p.m. | South Hills Church

Note: November 12 will be a special discussion about "Surviving the Holidays"

Registration is required. Call (509) 308-8155 to register.

Bethel Church

Thursdays from September 8 to December 8, 2022

6:30 to 8 p.m. | Bethel Church

Registration is Required. Call (509) 628-0150 to register.

Central Church

Wednesdays from September 7 to December 14, 2022

10 a.m. to 12 p.m. | Central Church

Note: November 16 will be a special discussion about "Surviving the Holidays"

Registration is Required. Call (509) 420-0052 to register.

