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General - Electric Contractor
Framing, Carpentry, New Construction
Kitchen/Bath Remodel, Quality Work
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Strong, experienced legal representation may make the difference in retaining your driver's license, avoiding jail and large fines. Over 30 years winning trial experience in Monterey Co. Past-president Monterey Co. Trial Lawyers Assn. Call the DUI Guy, Tom Nash, 831-624-5000. Your future is too important for rookies or Lawyers 'R' Us. www.attorneytomnash.com

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Pain is the #1 reason people choose Acupuncture. Find out for yourself, book now! Also treats digestion
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\$30-50 sliding scale
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MontereyCommunityAcupuncture.com

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15 years experience. I trim trees, plant lawns lay mulch, gardens, poison oak removal haul away anything.
Excellent ref's. 831-800-6520

IRRIGATION IS OUR SPECIALTY KEN MORRIS LANDSCAPE

Full service for all your irrigation needs. We've got you covered from start to finish. Installation, repair and troubleshooting. All phases of landscape installation. Contractor's license #942556
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Transplants by Toninelli Interior Plantscaping and Maintenance

We set it up, maintain it and replace plants as needed. I also take care of what you already have. Always looks great.
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Fast, friendly service. Patient training, quick repairs, reasonable rates. PC or Mac. Satisfaction guaranteed. 831-601-1818

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LOCAL BOOKSHOP

Used and New
Workshops/Readings/Culture
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559 Tyler St. Monterey (831) 333-0383
OldCapitolBooks.com

JAM W/ JOHN WEED'S CELTIC KIDS

Fiddler John Weed (Molly's Revenge, Story Road) invites kids of all ages - basic fiddle required - to join in for free. Guitar, Mando, Cello, Flute welcome. Every Tues. 4-6pm. St. Mary's By-The-Sea. 146 12th St. PG.(831) 224-3819
fiddlejamjp@gmail.com

ALL AMERICAN HANDYMAN

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No repair job too small!
Slow drains, lights, painting, dripping faucets, fences/decks, power washing, sticking doors and MORE!
Gen.Liab.Insurance, not a licensed contractor
831-869-2651

SUSAN'S SEASIDE SPA Body Massage & Foot Massage 775 Broadway Ave, Seaside (831) 747-2858

WANT TO STOP DRINKING?

Call Alcoholics Anonymous
831-373-3713 www.aamonterey.org

Tai Chi/ Qigong

Leonard Han, over 40 years experience teaching
Mon: Chen & Wed: Tai Chi Qigong, 7-9pm at JACL Building, 424 Adams St, Mry
(831)224-7071 or email lhan@csuumb.edu

BOOK DONATIONS

Friends of the Harrison Memorial Library are accepting book donations every Tuesday from 10am-12noon at Sunset Center, lower lot, corner of 10th & San Carlos, Carmel

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De-CLUTTER and change your life, empower yourself, reduce stress!
Home, office, relocations, garages, hoarding. Non-judgmental.
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Pet waste removal service. Preserve your beautiful home and the health/safety of your pets. Regular scheduled visits, contract-free. We clean and disinfect. Licensed. Also offering dog psychology. Call Coyote Scoop 831-393-0362, 831- 917-0209
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REMOVAL SERVICE

Hauling - Demolition
Chipping - Pressure Washing
\$95 load/hr + dump fees. No checks.
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7-days a week, Tim (831) 763-1087

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Junk Removal and Other Stuff
Garages, Storage lockers and more
Hauling is my calling
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AHHH BLISS!

Let yourself be pampered with Foot and Body massage
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STOP 5G ON EARTH AND IN SPACE

20,000 5G satellites are about to ruin the earth's atmosphere and disrupt its electromagnetic field. Sign the Appeal at www.5gSpaceAppeal.org

Sentry

ALARM SYSTEMS

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831-375-2727

LEARN TO QUIET YOUR MIND

Join Kheno Karten Rinpoche who teaches the "Four Dharmas of Gampopa"
A guide that leads one on a gradual path to true liberation.
Sat. Jun.8, 11am-4pm. 724 Forest Av, PG.
Open to the public
ManjushridharmaCenter.org

DIRTY HOT TUB?

I'll keep your water fresh & clean!
Drain & Fill, pH Balance, Filters
Monthly svc. avail./Senior disc./10 yrs exp.
AffordableHotTubCleaning.com
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GAY BAR

Franco's Norma Jean's-Monterey Co's. Premier Club
Every Saturday night
Special midnight drag show!
10639 Merritt St. Castroville
Cover varies - always worth it!!
Reservations req'd for parties 10 or more
(831) 794-7423

Time for a change?

I offer career solutions for executives, professionals and new graduates
Including-résumé development, interview preparation, LinkedIn profiles and salary negotiation.
Contact me at mjv@careercoachmjv.com, 831.657.9151, or careercoachmonterey.com.
It could mean the difference between stagnating in a job and succeeding in a career.

Wildlife Photographer Chase Dekker

Shares his passion for marine animal photography at the American Cetacean Society meeting Thurs, May 30, at 7:30pm
Boat Works Auditorium at Hopkins Marine Station in PG. Free and open to the public.
Doors open at 7pm. 971-322-8425

Women's Business Network

Are you starting or building a business? The Professional Women's Network of the Monterey Peninsula (PWN) meets the first Wednesday of the month from 5:30-7:30pm.
Mention this ad and attend your first meeting free.
Come network and connect. pwnmonterey.org

Argue Less, Love More!

Couples face issues from small to large. Change the way you communicate and change your relationship.
Hone your relationship skills at an interactive workshop:
Sun. June 2, 3:30pm at Asilomar Conference Center.
More info & tickets at www.arguelesslovelmore.net/workshop

Learn Samba Rhythms

We drum exciting Brazilian rhythms. Come join the fun! All levels experience, potential to perform locally.
Every Wednesday 6:30pm. \$10. Chautauqua Hall, Central & 16th Ave, PG.
(831) 915-0777 or Marcolca@aol.com

Attention Business Owners

LeTip of Carmel meets every Tuesday morning from 7:01-8:32am.
Our sole purpose is the exchange of business tips to increase our revenues.
It works!
Join us for a complimentary breakfast to learn more.
LeTipofCarmel.com

INSPIRING HEALTHY LIVES

through teamwork

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VOLUNTEER OPPORTUNITIES

Contact our Volunteer Office at 831-755-4215 for more information.

