AUG 20 2018



Rosen Bien Galvan & Grunfeld

To: Susan K. Blitch, Senior Deputy Monterey County Counsel

Michael W. Bien, Plaintiffs' Counsel, Rosen Bien Galvan & Grunfeld. Benjamin Rice, General Counsel, Correctional Medical Group Companies

Peter G. Bertling, Correctional Medical Group Companies

Eric Balaban, Senior Staff Counsel, ACLU National Prison Project

From: Tim Gilbert, ICC, CASp

Principal, MIG

Date: August 15, 2018

Re: ADA Compliance Monitoring Report #2, Monterey County Jail Class Action -

Hernandez v. County of Monterey, No. 05:13-2354 PSG

Introduction

The ADA applies to jails, detention facilities, correctional facilities, and community correctional facilities. The ADA requires that public entities, such as the Monterey County Jail, shall ensure that qualified inmates or detainees shall not, because a facility is inaccessible to or unusable by individuals with disabilities, be excluded from participation in, or be denied the benefits of, the services, programs, or activities of a public entity, or be subjected to discrimination by any public entity.

On May 15, 2018 Monitor Tim Gilbert, CASp and Tim's MIG colleague/access planner Laurel Kelly conducted a disability access monitoring site visit at the Monterey County Jail in Salinas, California.

This report contains the results of the May 15, 2018 site visit and addresses ADA compliance. Other monitors are addressing settlement agreement issues related to mental health care, medical care, general conditions of confinement and jail security, and dental care.

Meetings and Interviews

During the site visit the monitor met with Program Managers (Education Programs and Services), met with Dr. Tonti and CFMG staff, met with Intake Staff, met with the Ombudsmen and Compliance Sergeant, and conducted 2 confidential interviews with inmates who have disabilities.

Site Visit Attendees

Jasper Defranco, Sheriff's Sergeant, Compliance Sergeant
Jim Bass, Sheriff's Captain, Monterey County Sheriff's Office (MCSO)
Charles DaSilva, Corrections Programs Manager, Monterey County Sheriff's Office
Sarafina M. Tomaselli, Corrections Ombudsman, Monterey County Sheriff's Office
Cynthia Dorgan, Deputy, Monterey County Sheriff's Office

California Forensic Medical Group (CFMG) Interviews

Kathleen Tonti-Horne, MD, CFMG Christina Kaupp, Program Manager, CFMG Other CFMG staff

Program Managers Interviews

Kristin Arps, Salinas Valley Adult Education Consortium Joe DeRuosi, Monterey County Office of Education (MCOE) Other representatives of Salinas Adult School, MCOE

Access to Activities

The Monterey County Jail did authorize the use of the shower facility in the Infirmary as an accommodation for an inmate who determined that the shower in his housing unit was unusable based on his disability.

Access to Programs

The Monterey County Jail provides a variety of different programs for education, training, counseling, or other purposes related to rehabilitation. Some examples of programs generally available to inmates include programs to obtain high school equivalency (High SET), participation in Hartnell Community College classes, religious instruction and guidance, alcohol and substance abuse groups including counseling certification, and other programs.

Communication

Correctional facilities and jails must ensure that inmates who are deaf or have hearing loss actually receive the same information provided to other inmates. The Monterey County Jail has provided communication features in housing units for all inmates, including individuals who are deaf, have hearing loss, or have speech impairments. Electronic tablets (Telmate Tablets) located in housing units allow inmates to make requests, register grievances, and otherwise communicate with jail staff.

Custody Staffing

The Settlement Agreement requires that the Jail will develop and implement a Custody Staffing Implementation Plan to address inmate and staff safety and to address medical, mental health, disability-related, and other required programs and services. The Staffing Implementation Plan will ensure adequate coverage to:

supervise each housing and specialized housing area,

- to escort prisoners for court, for visits and legal visits, medical and mental health appointments, yard and other operations of the Jail, and
- to respond to medical, mental health, security, and natural disaster emergencies.

During the site visit, it was reported by Jail staff that an inmate complained that there was a lack of adequate transportation for a court visit.

Medical Care

During conversation with Jail staff and during an interview with an inmate, it was noted that the provision of eye glasses has been an issue.

Format of this Monitoring Report

This report is organized around elements listed as required components of the Settlement Agreement and Implementation Plan related to disabled access and accommodations for persons with disabilities. Prior the January 2017 site visit, the monitors delivered to the County a request for information about and physical access to the jail environment and practices listed in the Implementation Plan. For this current report, the information requested from the County is related to programmatic access only.

This report contains the following information and discussion of progress on programmatic access items 1-9 from Monitoring Report #1:

- A record of training for custody staff on the use of TracNet and Medical Treatment Orders.
- 2. Vests used by inmates with hearing impairments during their incarceration.
- Medical treatment orders identifying accommodations needed by inmates with disabilities.
- 4. Ombudsman Program responsible for assisting inmates with vision, learning or other information processing disabilities.
- 5. Monterey County Jail's grievance process.
- 6. Monthly log and audit report of the Compliance Sergeant's audit of two inmates who require some form of accommodation for their disability.
- 7. Quarterly report of the Jail Operations Commander documenting their audit findings.
- Tracking and documentation reports of the County Jail's Program Director regarding accommodations that have been offered for participation in programs and activities.
- Monthly audits by the Compliance Sergeant of the above reports. and the quarterly reports by the Support services Commander.

In addition, this report addresses education programs and services provided to inmates, additional information recorded during the site visit, a summary, and attachments.

Progress on Programmatic Access Items 1-9 from Monitoring Report #1

1. A record of training for custody staff on the use of TracNet and Medical Treatment Orders

Every detained entering the Jail is seen by a Registered Nurse during booking/intake. TracNet is part of the County Jail's management system. Anyone identified as having a disability is noted. TracNet records can be revised and edited at any time if a new disability occurs or an existing but unrecorded disability is identified after booking and during custody.

No record of TracNet training was received; however, during the site visit, staff attested to knowledge of its operation. The monitor met with and interviewed CFMG and Intake staff during the site visit. California Forensic Medical Group (CFMG) is the contracted provider of medical, dental, and mental health services at the Monterey County Jail.

Findings

- On April 1, 2015, the intake process was transferred to medical staff, who are responsible for supplying any modifications/accommodations requested by a qualified individual with a disability.
- Detainee intake is conducted by a registered nurse.
- Staff reported that TracNet has an accommodation request function, which alerts staff
 that a requested modification/accommodation has been approved.
- Sick call was identified as an opportunity to report a disability after initial intake.

2. Access to vests used by inmates with hearing impairments during their incarceration

Vests for individuals with visual, hearing, and mobility impairments are available in the RN Exam Room at Intake (see Figure 1).







Figure 1. Vests available for hearing, vision, and mobility impaired inmates

Findings

- Staff reported that inmates were not required to wear vests identifying them as individuals with disabilities, and some inmates have declined to wear them
- Staff reported that inmates are informed that use of the vests is a personal safety measure
 intended to alert staff that an inmate might not hear or see a command due to a disability.
 Since staff considered the vests a positive measure, they suggested that more education
 regarding their benefits be provided to inmates.

Staff reported there was no record of any inmate being victimized as a direct result of
wearing a vest. However, Dr. Tonti reported that inmates sometimes decline to inform
medical staff that they have a visual, hearing, or mobility impairment and/or refuse to
wear the vests, which they feel may mark them as "less than."

3. Medical treatment orders identifying accommodations needed by inmates with disabilities

The monitor met with and interviewed Intake and CFMG staff during the monitoring visit.

Findings

a. Interview with Intake Staff

- o The new Medical Intake Triage/Receiving Screening form used at intake is attached. Information is collected electronically. This form is not HIPAA protected.
- Staff reported that the Medical Treatment Order issued during Intake is still being used to track requested modifications/accommodations. However, the intake moment may not necessarily present an accurate picture of a detainee's physical or mental status. For example, a person's gait is documented during Intake, and it's estimated that up to 90% of inmates exhibit an unsteady gait at Intake. This may be attributed to a temporary impairment caused by drug or alcohol use rather than a sign of a disability.
- Visual acuity is measured at Intake using the Snellen Eye Chart to identify detainees with visual impairments.
- Detainees with speech and hearing impairments that affect activities of daily life (ADL) are asked to identify their preferred method of communication at Intake.
- The Intake RN issues a Medical Treatment Order to ensure that custody officers understand the modifications/accommodates required for a new inmate with disabilities.
- Intake uses Pacific Interpreters, an over-the-phone interpreting service, to communicate with detainees with limited English proficiency or who are deaf or have hearing loss.

See Attachment 1 for the Medical Intake Triage/Receiving Screening form.

b. Interview with CFMG Staff

- Sick call slips are printed, scanned, and attached to each inmate's electronic medical chart.
- Inmates with speech and hearing impairments that affect activities of daily life (ADL):
 - Staff reported that many inmates have hearing loss rather than being profoundly deaf. The Valley Hearing Center in Salinas provides repair services and batteries for hearing aids.
 - Staff reported that they are prepared to communicate in writing if requested.
- o Inmates with visual impairments:
 - Staff reported that not many inmates are profoundly blind.

- Glasses are provided to inmates based on their Snellen Test scores or if they
 report a history of needing glasses to correct conditions such as astigmatism.
- Staff have not arrived at the best solution to help inmates who wear glasses, but remain legally blind, understand the difference between the need for reading glasses vs. problems that require a visit to the ophthalmologist for specially made glasses.
- Requests for auxiliary aids such hearing aids, glasses, and other accommodations/modifications may be evaluated based on the anticipated length of incarceration. If inmates with short-term stays (for example, 10 days) did not use an auxiliary aid at Intake, it is difficult to substantiate a claim that during incarceration, their hearing or vision deteriorated to an extent that auxiliary aids were now required.
- o Inmates with mobility impairments:
 - An inmate with mobility disabilities who is unable to use the accessible shower room in a housing unit has been able to use the shower in the Infirmary.
- 4. Identification and access to the Ombudsman responsible for assisting inmates with vision, learning or other information processing disabilities

The monitor met with and interviewed Sarafina M. Tomaselli, Corrections Ombudsman, Monterey County Sheriff's Office, during the monitoring visit. Officer Tomaselli is responsible for responding to grievance process requests and is the liaison between the family of inmates and Jail staff.

Findings

Intake staff notify the Corrections Ombudsman, as well as the Housing Deputy, that a
new inmate will need assistance or modifications due to a disability. Staff reported that
there may be a stigma attached to an inmate who is observed having direct
communications with staff.

5. Monterey County Jail's grievance process

The monitor conducted an interview with jail supervisory staff and inmates who have engaged in the grievance process regarding disability.

Findings

- a. Interviews with Jail supervisory staff
 - During the monitoring visit, the monitor met with and interviewed supervisory staff who have engaged in the grievance process regarding disability.
 - The written grievance process has been supplemented with Telmate Tablets, which are provided to inmates in each housing unit. The use of tablets provides a centralized record of all inmate correspondence to the staff and has streamlined the process of routing grievances to the appropriate party. Staff reported a tenfold increase in complaints filed using tablets, which made it difficult to track requests when the system was first instituted. Additional information about Telmate Tablets is provided in Item 11 in Programmatic Access: Monitoring Visit 2

b. Interview with inmate A

- The monitor met with and interviewed two inmates during the monitoring visit.
 Inmate A reported engaging in the grievance process regarding disability.
- O Inmate A filed a Citizen's Complaint Form with the County District Attorney's Office rather than filing an ADA Grievance with the County Jail. The complaint related to the lack of a wheelchair-accessible van with a lift to travel to a court date. Inmate A reported that one court date was missed because the jail's van was not available. Inmate A also reported another incidence when it was necessary to hire a taxi with a lift to travel to a court appearance.
- o Inmate A's comments on requests for accommodations are reported in Item 6.

6. Audit of two inmates who require some form of accommodation for their disability

The monitor met with and interviewed two inmates who require some form of accommodation for their disability.

Findings

a. Interview with inmate A

- Inmate A reported that the intake process was acceptable regarding recording accommodations/modifications required for existing disabilities, which included the use of a wheelchair.
- o Inmate A required an in-prison physical therapy program; however, the use of some equipment included in the therapist's instructions was not allowed in the jail. Also, Inmate A reported that it took 1-1/2 months from the time of incarceration to set up the in-prison physical therapy program. Inmate A was able to use the jail's exercise yard.

o Inmate A was unable to use the accessible shower in the housing unit because the grab bar used for wheelchair transfer has been modified with a plate (see Figure 2). It was not clear in the interview if Inmate A filed a grievance to be allowed independent use of the Infirmary shower (see Figure 3). However, Inmate A reported that it took 2 weeks and a "court order" to resolve the request.



Figure 2: Grab bar at shower in housing unit



Figure 3. Grab bar at Infirmary shower

b. Interview with Inmate B

- o Inmate B reported having low vision before incarceration but did not have prescription glasses at Intake. During incarceration, Inmate B's vision disabilities, which include cataracts and other problems that require medication, were identified by medical staff. Inmate B reported that the glasses prescribed by an ophthalmologist "don't work" and are "not the right glasses."
- Staff reported that modifications, such as using the Telmate Table for magnification, requesting help reading written information, and wearing the vest when in the yard, were offered to Inmate B.

7. The quarterly report of the Jail Operations Commander documenting their audit findings

The quarterly report will be provided by the County but was not produced at the time of the site visit.

8. The tracking and documentation reports of the County Jail's Program Director regarding accommodations that have been offered for participation in programs and activities

Findings

a. Tracking report

 Staff reported only one request for modifications/accommodations in the last 3 months.

- Detainees with disabilities are identified during Intake and custody staff are notified of requested and/or required modifications/accommodations.
- A Monthly Special Conditions List is generated and actively updated when inmates are released.
- o The Intake List and the County List are not coordinated, and the inmate population is constantly changing. Therefore, it may be difficult to determine at any one time how many inmates with disabilities are currently incarcerated at the County Jail, what types of disabilities they have, and what modifications/accommodations were required or provided.
- The written request for modifications process has also been supplemented with Telmate Tablets. According to the Compliance Sergeant, 98% of requests for modifications are now filed electronically by inmates. A messaging system with a capability of including a 15-second video is available on the tablet. Staff reported that the use of tablets has provided a centralized record of all inmate correspondence with staff and has streamlined the process of routing requests to the appropriate party. Staff report that this system is easier to manage and provides opportunities for inmates to use standardized language as well as to include more individualized information. Additional information about Telmate Tablets is provided in Item 11 (Programmatic Access: Monitoring Visit 2).
- Staff reported that some inmates prefer to make in-person requests, and inmates may also leave telephone voice messages to request modifications / accommodations.

b. ASL requests

- Staff reported that no requests for ASL services were received since Monitoring Visit
- Medical staff reported that an ASL interpreter was available by phone upon request (each treatment room is equipped with a telephone).
- Staff reported that they would recommend the use of Purple Communications VRS, rather than TTY, for accurate ASL interpreting services using telecommunications devices.
- 9. The monthly audits by the Compliance Sergeant of the above reports. and the quarterly reports by the Support services Commander
 - o Monthly and quarterly audits were not provided during the monitoring visit.

Programmatic Access Items (Visit 2: Items 10-11)

10. Educational programs and services

Findings

 Sentenced inmates have access to a variety of programs that include individual counseling, educational and vocational classes, religious services, library services, and drug and alcohol programs. Staff reported that although the average length of stay is 32 days (with most stays lasting less than several weeks), 41% of inmates are sentenced to

- longer stays (some longer than 1 year) (result of AB 109). Program staff reported that additional classroom space was required.
- The GEO Group is the Monterey County Jail's core contractor for evidence-based inprison offender rehabilitation programs and post-release support services. GEO conducts a needs assessment when an inmate enters the jail and then schedules another meeting to discuss transition plans about 6 weeks before release.
- GEO works with staff and a coalition of providers, including a partnership with Hartnell College to provide High School Equivalency preparation (High SET). CASAS provides assessment services of the reading, listening, math, writing, and speaking skills of inmate English language learners, adult basic education learners, and high school diploma candidates. Inmates are also eligible to receive training leading to an Alcohol and Drug Counseling Certificate.
- The following notice is posted in classrooms regarding requests for modifications.

Attention Students

If you need assistance with any type of ADA issues, please notify or the teacher of your specific needs.

We do have magnifiers for those in need of sight assistance and hearing amplifiers for those that need assistance with their hearing needs. Thank you

Programs Unit

 Instructors are asked to inquire if any student needs modifications/accommodations such as a magnifier or hearing amplifier (see Figure 4).

See Attachments 2 and 3 for class schedules and descriptions of educational programs and services.



Figure 4. Magnifier and headset

11. Telmate Tablets

Findings

- One tablet is provided for every seven inmates (see Figure 5).
- Every inmate has access to a free section with Sam's Guide (local resource guide), the Health Department's web page, Sick Call, Grievances, Commissary (indigent pack), and inmate manual in English and Spanish.

· Additional internet access is available for a fee.







Figure 5. Telmate Tablets in Housing Units

Additional Information

The monitor observed isolation cells in Intake during Monitoring Visit #2.

The monitor did not observe new telephones during Monitoring Visit #2

The monitor observed Telmate Tablets in use during Monitoring Visit #2.

Summary

Interaction and discussion with Jail personnel attending the site visit indicate that those staff are aware of and actively engaged in the operation of the Implementation Plan and are actively accommodating inmates with disabilities.

Attachments

- CMGC Medical Intake Triage/Receiving Screening form (CFMG is a member of Correctional Medical Group Companies-CMGC)
- 2. Class Schedules
- 3. Educational Programs and Services

Attachment 1					
CMGC Medical Intake Triage/Receiving Screening form					
ADA Compliance Monitoring Report #2					

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Revision Date: 5/12/2017

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Revision Date: 5/12/2017

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Revision Date: 5/12/2017

Attachment 2

Class Schedules

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MONDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-0930	K-5	GEO – MRT Class	Rotunda Classroom
0830-1030	C-Wing	HISET	G-Wing Classroom #3
0845-0945	B-Wing T1	GEO – Spanish Change	G-Wing Classroom #1
0945-1045	B-Wing T2 & 3	GEO Change Co. Class	G-Wing Classroom #1
1100-1230	B & C Dorm	HISET	Dorm Classroom
1315-1415	D-Dorm	HiSET Class	Dorm Classroom
1330-1530	E & F Wing	GEO- MRT Class	G-Wing Classroom #1
1330-1430	A-Pod	CFMG – Mental Health	Rotunda Classroom
1400-1500	R-Pod	CFMG – Mental Health	V-POD
1730-1830	Q & U POD	AA	V-POD
1800-2100	C-Wing	Visiting	MJ Inside Visiting
1830-2100	Dorms	Commissary	Dorms
1830-1930	J-POD	Church	Rotunda Chapel
1830-1930	Bwing T1	Church	BW Tank1
1830-1930	D-Wing	AA -Spanish	H-wing
2015-2130	К4	Church	Dorm Chapel
2100-2230	Women's Section	Commissary	Women's Section
2100-2200	G-Pod	Visiting	MJ Inside Visiting
Revised 5-8-18			

TUESDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-0930	C & D Dorm	GEO - MRT Class	Dorm Classroom
0830-0930	D-Wing	HISET	G-Wing #3 Classroom
0830-1030	Q, T & U Pod	GEO - MRT Class	V-Pod
0930-1030	D-Pod	GEO Change Co. Class	Rotunda Classroom
1030-1130	E- Pod	GEO Change Co. Class	Rotunda Classroom
1100-1200	Q, T, & U Pod	HISET	V-Pod
1130-1230	C-Wing	Freedom Live Church	G-Wing #1 Classroom
1330-1430	E & F Wing	HiSET Class	G-Wing #2 Classroom
1330-1430	B-Pod	CFMG – Mental Health	Rotunda Classroom
1400-1500	S-Pod	CFMG – Mental Health	V-Pod
1800-1900	Q-Pod	Visiting	MJ Inside Visiting
1800-1900	D-wing	Church (Spanish)	G-wing
1830-1930	T-Pod	Church	V-Pod
1830-1930	K-5	Church	Rotunda Chapel
1830-1930	BWT3	Church	Inside B-wing
1830-1930	B-Dorm (1st Tue)	NA	Dorm Chapel
	C-Dorm (2 nd Tue)		
	D-Dorm (3 rd Tue)	0.00	
1830-1930	E & F Wing	NA	H- Wing
1900-2000	E-Wing	Visiting	MJ Inside Visiting
1945-2045	K16	Church	Rotunda Chapel
2030-2230	F-Wing	Visiting	MJ Inside Visiting
Revised 5-8-18		1126 C. D. Carrier and C. Carrier an	

WEDNESDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-1030	K-5	GEO – MRT Class	Rotunda Classroom
0830-1030	C-Wing	HISET	G-Wing #3 Classroom
0845-0945	B-Wing T1	GEO – Spanish Change	G-Wing #1 Classroom
0900-1000	WHO	Video Programming	Women's Holding
0945-1045	BW T1,2,3	GEO – MRT Class	G-wing #1 Classroom
1100-1230	B & C Dorm	HISET	Dorm Classroom
1130-1330	QTU Pod	Parenting Project	V-Pod
1330-1430	D-Dorm	HiSET Class	Dorm Classroom
1330-1430	R & S Pod	Change Co. Class	V-Pod
1330-1530	E & F Wing	GEO - MRT Class	G-wing #1 Classroom
1330-1430	мно	CFMG – Mental Health	Men's Holding
1400-1500	WHO	CFMG – Mental Health	Women's Holding
1800-2000	D-Dorm	Visiting	MJ Inside Visiting
1830-2100	Rehab	Commissary	Rehab
1830-1930	Q & U Pod	Church	V-Pod
1830-1930	K-17	Church	Dorm Chapel
1830-1930	G-Pod	Church	Rotunda Chapel
1930-2030	S-Pod	Church	V-Pod
2015-2115	H-Pod	Church	Rotunda Chapel
2030-2230	K-Pod	Commissary	K-Pod
2030-2130	J-Pod	Visiting	MJ Inside Visiting
2130-2230	BWT2	Visiting	MJ Inside Visiting
Revised 5-8-18			

THURSDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-1030	Q, T & U -Pod	GEO – MRT Class	V-Pod
0830-0930	D-Wing	HISET	G-Wing #3 Classroom
0945-1045	F Pod	GEO – Change Co. Class	Rotunda Classroom
1100-1215	Q, T, & U – Pod	HISET	V- Pod
1100-1200	D-Dorm	The Bridge Program	Dorm Classroom
1115-1215	C-Pod	GEO – Parenting Class	Rotunda Classroom
1220-1320	T-Pod	The Bridge Program	V-Pod
1330-1430	U-Pod	The Bridge Program	V-Pod
1330-1430	E & F Wing	HISET	G-wing #3 Classroom
1800-1900	MHO 1-2-3	Visiting	MJ Inside Visiting
1815-1915	C Dorm	Church	Dorm Chapel
1830-2230	Main Jail	Commissary	Main Jail
1830-1930	E & F Wing (1st & 4th Thurs)	Church	H-wing
1830-1930	D-Wing (2 nd Thurs)	Church	H-wing
1830-1930	C-Wing (3 rd Thurs)	Church	H-wing
1900-2000	MHO 4-5-6	Visiting	MJ Inside Visiting
1915-2015	B Dorm	Church	Dorm Chapel
2000-2100	WHO	Visiting	MJ Inside Visiting
2015-2115	C-Dorm	Church -Spanish	Dorm Chapel
2100-2200	BWT3	Visiting	MJ Inside Visiting
Revised 5-8-18			

FRIDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-0930	A & B Pod	Change Co.	Rotunda Classroom
0900-1100	K5	HISET	Rotunda Classroom
0900-1300	K5/ E& F Wing BWing Dorms/ Womens	One on Ones	Varies
0930 - 1030	Men's Holding	Video Programing	Men's Holding
0930-1130	QTU	Parenting Project	V-Pod
1800-2100	D-Wing	Visiting	MJ Inside Visiting
1830-1930	I-Pod	Church	Dorm Chapel
1830-1930	Q & U Pod	Church	V-Pod
2000-2100	R-Pod (1st & 3rd Fri)	NÁ	V-Pod
	S-Pod (2 nd & 4 th Fri)		
	R or S pod (5 th Fri)		
2130-2230	BWT1	Visiting	MJ Inside Visiting
Revised 5-8-18			

SATURDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-1030	E-Pod	Visiting	MJ Inside Visiting
0830-1030	T-Pod	Visiting	W/S
1100-1200	I-Pod	Visiting	MJ Inside Visiting
1300-1500	R-Pod	Visiting	W/S
1300-1400	D-Pod	Visiting	MJ Inside Visiting
1300-1400	B-Dorm	CFMG – Mental Health	Inside B-Dorm
1430-1530	K4	Visiting	MJ Inside Visiting
1800-1900	Q & U Pod	NA NA	V-Pod
	2 nd & 4 th Sat		
1730-1830	K5	Visiting	MJ Inside Visiting
1930-2030	K16	Visiting	MJ Inside Visiting
2100-2200	K17	Visiting	MJ Inside Visiting
	K		
Revised 5-8-18			

SUNDAY

Classes and Program's Schedule

TIME	HSNG UNIT	Class/Program Name	Location	
0830-1030	U-Pod	Visiting	W/S	
0830-1030	C-Dorm	Visiting MJ Insid		
1100-1200	H-Pod	Visiting	MJ Inside Visiting	
1300-1400	F-Pod	Visiting	MJ Inside Visiting	
1300-1500	S-Pod	Visiting	W/S	
1400-1600	B-Dorm	Visiting	MJ Inside Visiting	
1700-1800	A-Dorm	Visiting	MJ Inside Visiting	
1715-1815	B-Dorm	Church	Dorm Chapel	
1730-1830	T-Pod	NA	V-Pod	
1815-1915	D-Dorm	Church	Dorm Chapel	
1830-1930	R-Pod (2 nd & 4 th Sunday)	Church	n V-Pod	
1900-2000	C-Pod	Visiting	MJ Inside Visiting	
2030-2130	A & B Pods	Visiting	MJ Inside Visiting	
Revised 5-8-18				

Programs Unit - Dorgan

Attachment 3

Educational Programs and Services

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Al-Anon Family Groups

Ladies of Q & U-Pod,

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problem. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the 12 steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

If interested in attending no need to sign up. Just be dressed and ready to go.

Saturdays

9am-1015am

The Bridge Life Restored



FAITH - FAMILY - COMMUNITY

Discipleship Training Regeneration Program

Christian faith based 12 Step Program

Thursdays 11:00-12:00

If you are interested in attending this faith based program, please sign up below.

Thank you!

PRINT NAME	BKNG	HSNG

Interested in taking a class? Change Co. Class



What is the Change Co. Class?

As a participant of the Change Co. Class, you will be required to attend and participate in a variety of groups as scheduled. These groups include Employment Skills which is designed to assist the participant in finding a job right for them and help you develop a personal plan in your employment search. Anger management is designed to provide information a participant needs to keep their anger from causing them trouble. Pro social skills are designed to help a participant reintegrate into society. Lastly, Common Sense Parenting which is designed to provide with helpful technics to build strong family relationships.

If you interested in attending the Change Co. Class, please follow these steps.

Step 1: Via the tablet or written note state that you are interested in attending to the Programs Unit. Once you have been cleared by the Programs Unit you will then receive a response that you can have been cleared. You can then move on to Step 2.

Step 2: Submit a 250 word essay stating why you would like to attend and how the class may benefit you. This can be done via tablet or on paper form. Please address the essay to Dep. Dorgan or Mr. DaSilva/ Program's Unit.

Step 3: Once your essay has been received, you will then be placed on a class roster and notified when to attend class.

NOTE - Milestone credits will only apply to those who are sentenced 1170(h). All others will receive a certificate of completion and a recommendation letter.

Sincerely,

The Programs Unit



Sign up for Hartnell College Class

Fundamentals of Chemical Dependency Mondays & Wednesdays

Course Description:

An introduction and overview of basic concepts of chemical dependency including the history of alcohol and other mood-altering substances in the U.S. Myths and stereotypes of alcohol and drug use will be examined as well as sociocultural factors that contribute to the use of drugs. Theories of chemical dependency and an overview of the effects of various drug categories on human behavior, treatment and recovery approaches will be included.

Please submit your interest via tablet to the Programs Dept.

NOTE: Must be sentenced at least until the end of May 2018 to complete course.

KICKSTART PROGRAM

KickStart is a program that offers ex-offenders assistance in improving social skills, attitude, and skills necessary to seek, acquire and retain employment. Ex-offenders receive instruction in everything from grooming and appearance to developing a positive mental attitude and establishing goals. Assistance is also given on completing job applications and searching for employment. KickStart also focuses on employer thinking, what they want to know, how to avoid pitfalls and how to prepare for difficult questions. Participants attend workshops and also receive resource packets

If you are interested in attending please sign up below:

Print Name	Bkng #	Hsng Unit

Signature of Instructor:	Date:
orginates of the determinant	Date.

LIVING IN BALANCE



Moving from a Life of Addiction to a Life of Recovery

The following are sample topics that will be reviewed & discussed:

- Alcohol and Other Drug Education
- Triggers, Cravings & Avoiding Relapse
- Planning Sobriety
- Sex, Drugs & Alcohol
- Stress & Emotional Well-Being
- Skills for Reducing Stress
- Negative Emotions
- Anger & Communication

If you feel that you may benefit from this class please submit a request through the tablet.

Please Note....This class does NOT provide milestone credits

You do not need to be sentenced to attend this class.

Dep. Dorgan

Program's Unit

Not interested in attending class... Try personal Journaling instead



If interested, submit a request via the tablet to the Programs Unit. A personal journal will be mailed to you.

My Personal Journal booklet is divided into six sections. Each section covers a topic relevant to recovery. The information and questions will guide you to apply a 12 step program to your daily life.

- Substance Abuse
- First Step to Sobriety
- Spirituality
- Feelings
- Relapse Prevention
- Life Management

Sincerely,

The Program's Unit

The Parent Project



Series of 10 Parenting classes

The solution for parents who have difficult or out-of-control teens 11-17

Learn how to never argue with your adolescent again!

Prevent or intervene in alcohol or drug use!

Improve school attendance and performance!

Program Goals:

- · Reduce Family Conflict
- · Reduce Juvenile Crime
- Reduce Recidivism
- Improve School Attendance & Performance

Critical Issues Addressed:

- Arguing & Family Conflict
- Poor School Performance
- Media Influences
- Early Teen Sexuality
- · Teen Drug Use
- · Youth Gangs
- Teen Violence & Bullying
- Runaways

5 week series

Participants will receive a certificate upon graduation

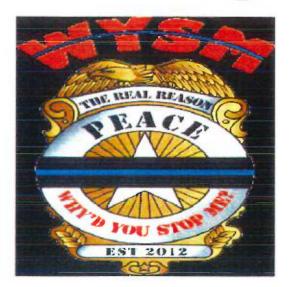
Participants must commit to the whole 5 weeks

Must not have a release date prior to the 5 week series completion date.

Please submit a written request via tablet to the PROGRAMS UNIT that you would like to attend the Parenting class.

NOTE: This class does not provide milestone credits

WYSM Program



Monday, May 14th, 2018

Time: 9:00am - 1:00pm

WYSM brings participants into the shoes of the police officer in order to understand the struggle with power and fear that our officers encounter. The program also incorporates an anti-gang and anti-narcotics message from a male African-American ex-gang member and a female Hispanic recovered drug addict. The dynamic speakers' messages coupled with audience-involved and scenario-based training, creates an increased understanding by the audience, thus creating trust and respect for policing.

Participants will receive lunch & snacks during the program.

TIM GILBERT MOORE IACOFANO GOLSTMAN, INC

800 HEARST AVENUE BERKELEY, CA 94710





800 Hearst Avenue | Berkeley, CA 94710 | USA

RECEIVED

AUG 20 2018

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MICHAEL W. BIEN
ROSEN BIEN GALVAN & GRUNFELD LLA
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SAN FRANCISCO, CA 94105