



Press Release 2023-2024 Polar Plunge

Subject: "Take the Plunge: Supporting Special Olympics Montana's Athletes in Icy Waters!"

Great Falls, Montana: Special Olympics Montana is thrilled to announce the return of the Polar Plunge event! Brave individuals and teams will gather around Montana, to take the plunge into icy waters and support the dedicated athletes of Special Olympics Montana.

The Polar Plunge isn't just a dip in the cold waters; it's a fun and exhilarating way to show support of the Inclusion Revolution for Special Olympics Montana athletes. Participants will take the plunge to raise funds and awareness for Special Olympics Montana athletes, providing them with year-round sports training, competition, and so much more.

This positive and adrenaline-pumping event is open to all thrill-seekers, and supporters of Inclusion Revolution. It's an opportunity to make a real difference while having a blast!

Event Details:

- See Dates, Times and Locations below.
- Registration Links: <https://go.somt.org/2023-24polarplunge>

Join us in making a splash and supporting the dedicated athletes of Special Olympics Montana. Participants can register individually or as part of a team, and fundraising efforts will directly impact the lives of these athletes, ensuring they have the resources to thrive in their chosen sports.

For more information, to register, or to support a plunger, visit <https://go.somt.org/2023-24polarplunge> or contact Amy Bliss, LETR Development Director for Special Olympics Montana at abliss@somt.org or 406-315-4212

Let's plunge into the cold waters together for a great cause! Together, let's support the champions of Special Olympics Montana!

About Special Olympics Montana:

Special Olympics Montana is a non-profit [501(c)(3)] organization.

The mission of Special Olympics Montana is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

For media inquiries, interviews, or additional information, please contact:

Amy Bliss
406-315-4212
abliss@somt.org

Follow us on social media:

Facebook: <https://www.facebook.com/MTLETR> Instagram: <https://www.instagram.com/mtletr/>

See Dates below.



Special
Olympics
Montana

POLAR PLUNGE

EASTERN MONTANA POLAR PLUNGE NOVEMBER 24, 2023 • SIDNEY, MT

GREAT FALLS POLAR PLUNGE DECEMBER 1, 2023 • GREAT FALLS, MT

MILES CITY POLAR PLUNGE DECEMBER 1, 2023 • MILES CITY, MT

MIDDLE OF NOWHERE DECEMBER 2, 2023 • GLASGOW, MT

SUBZERO SUPERHERO DECEMBER 2, 2023 • HAVRE, MT

BILLINGS POLAR PLUNGE DECEMBER 8, 2023 • BILLINGS, MT

SOUTHWESTERN POLAR PLUNGE JANUARY 20, 2024 • BUTTE, MT

PENGUIN PLUNGE FEBRUARY 3, 2024 • WHITEFISH, MT

SWEETHEART PASSION PLUNGE FEBRUARY 10, 2024 • HELENA, MT

PRESIDENT'S PLUNGE FEBRUARY 17, 2024 • BOZEMAN, MT

GRIZ DIP FEBRUARY 24, 2024 • MISSOULA, MT

LEWISTOWN POLAR PLUNGE MARCH 2, 2024 • LEWISTOWN, MT



FUNDRAISING MINIMUM:

ADULT PLUNGER: \$125 PER PLUNGER

YOUTH/STUDENT: \$50 PER PLUNGER

**REGISTER
NOW!**

