

# MONTANA KAIMIN

QÉYMIN | "PAPER THAT BRINGS NEWS"

## The Freshman Issue

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How to take care of yourself  
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How to actually get tickets  
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Special Issue August 14, 2019



# Letter from the editor

This special issue is just for you. Odds are, you're picking up the Kaimin for the first time. Hopefully it makes a good first impression.

I'm the editor of this paper, and I couldn't be more proud of the work done by all of the wonderful people who work here. We've never made a paper like this, and I'll be the first to admit we absolutely are trying to "get down with the kids."

As a staff of about 40 former freshmen, we get it. You're about to start a chapter of your life full of confusion, excitement, anxiety and a world of new experiences. Holding this paper in your hand, we're here with you.

Did your roommate kick you out to get down with a new hookup? Been there. Did your financial aid get "lost" with no sign of return? Join the club. Did your RA sniff out the faintest hint of kush coming out of your room and call the cops? Classic. Crying in your dorm room watching "Twilight" because you feel alone? You'll get through it. Are you at the cusp of an existential crisis because you've already changed your major

twice and it feels too late to do what you really want and now you have a minor too and you're trapped? Breathe.

That's why we exist, to remind you that you're not the only one. Every day, we'll be listening, thinking and acting to give you a voice. We're a bunch of muckraking, bold and hip journalists who are dedicated to giving you the information you won't find anywhere else. Pick up the Kaimin, bookmark our website and follow us on social media so you can be lucky enough to be showered in our content, rain or shine.

Thank you for reading this paper and giving us a purpose. Every week, we'll be here. And we aren't going away any time soon.

**CASSIDY ALEXANDER**

*Editor-In-Chief*  
editor@montanakaimin.com

LIKE IT? HATE IT? WISH WE WERE DEAD?

*Email us your opinions at*  
editor@montanakaimin.com



The Montana Kaimin is a weekly independent student newspaper at the University of Montana. It does not condone or encourage any illegal activities. The Kaimin office and the University of Montana are located on land originally inhabited by the Salish People. Kaimin is a derivative of a Salish language word, "Qeymin," that is pronounced kay-MEEN and means "book," "message," or "paper that brings news."

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## SUDOKU

Difficulty: Medium

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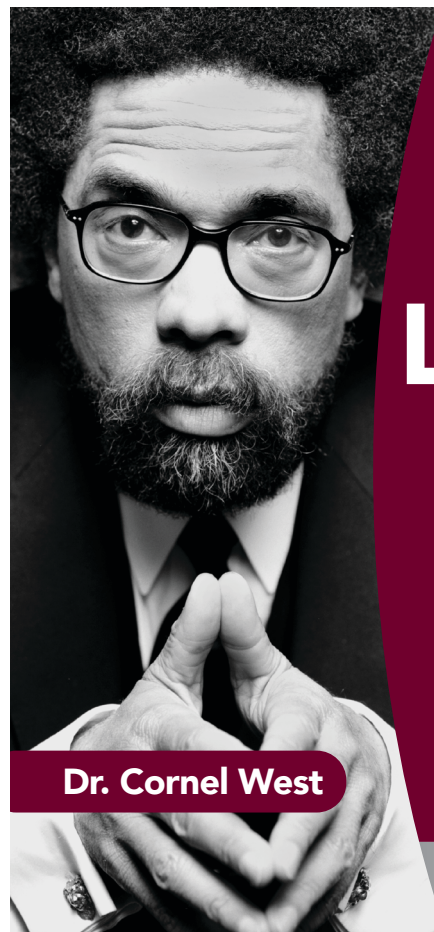
Edited by Margie E. Burke

### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

### Answers to Last Week's Sudoku:

3	9	2	6	4	8	1	5	7
8	5	7	3	2	1	4	6	9
6	4	1	9	5	7	8	2	3
5	1	3	7	9	2	6	8	4
7	6	4	1	8	3	5	9	2
9	2	8	5	6	4	3	7	1
2	8	5	4	1	9	7	3	6
1	3	6	2	7	5	9	4	8
4	7	9	8	3	6	2	1	5






**PRESIDENT'S  
LECTURE  
SERIES**

**7:30 p.m.  
Wednesday, Aug. 28  
The Wilma**

**Dr. Cornel West**

Free and open to the public. Seating is limited.  
Event details at [logjampresents.com](http://logjampresents.com).

## HELP WANTED

Westside Lanes is now hiring for Cocktail positions, Front Desk person and Snack Bar. Apply in person at 1615 Wyoming street, Missoula, MT. (406) 721-5263

# Need self-helping? Look no further.

KAILYN MIDDLEMIST

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Look at you. You're crying. Why? Take a look at your life. Why wouldn't you be crying? It's OK, crying is cathartic! But you probably want to stop crying before you need to leave the house again, don't you? That's what I thought. So, here's what you do.

1. Do some yoga. The easy shit. Downward dog. Did you fall? Of course you did. Now you're crying on the floor. This isn't going well. I'm sorry. Maybe try some yoga on the floor?

2. Now you're laughing at yourself! That's an improvement, right? Keep laughing. Don't start crying again because you've remembered you were sad and fell down during yoga. Seriously, no, stop crying. Just laugh again? Please?

3. This yoga thing isn't working out. Do you have any candles? Light them. The flames will calm you down.

4. Grab your Celestial Seasonings Tension Tamer tea, sit down and watch that candle burn. Remember the boy who dumped you in eighth grade at Jessica's birthday party and then kissed Jessica in front of you while "Check Yes Juliet" was playing?

5. The candle is a metaphor for his house.

6. Alright, now you're angry. That's cool, anger is better than sadness, yeah? Yeah. But now you want to punch stuff, but you can't lose your damage deposit because you're really poor and honestly that's probably why you were crying in the first place. Shit.

7. Uh... OK, here's what you're gonna do. Drink more Tension Tamer tea! I'm sure it's clinically proven and FDA approved to treat rage and a multitude of other ugly emotions that you feel all the time, like being jealous of Jessica a decade after the fateful day that obviously ruined your life.

8. The anger has overwhelmed you. You have transcended mortal rage into god-like fury.

9. Now that you're a god, you should probably stop crying. None of your subjects will respect you if your tears are spilling all over them from the great heights you've



LINDSEY SEWELL | MONTANA KAIMIN

now reached as a celestial being. You're large enough to destroy cities. And Jessica's house. Your crippling debt can't affect you now.

10. Alright, stop fantasizing. You're no god. You don't want all that responsibility anyway. Sounds hard. You couldn't handle that. You can't even handle yoga.

11. Wait a minute. Yes, you can handle it... The answer is corpse pose. It has always been corpse pose.

12. Here's what you're gonna do. Lie back on the floor. Flat on your back, arms at your side, palms up, fingers separated. Breathe. Focus on breathing into your belly, not your shoulders. In through your nose, out through your mouth. Stay still.

13. Close your eyes, picture your house.

Not the one you live in, but the one you want. Picture the angry, hurtful thoughts whispored in your head floating away. Use your mind and your powerful thoughts against your anxiety. Focus.

14. Keep breathing. Wiggle your fingers first, then your toes. Your negative feelings aren't permanent. Everything will be OK. I mean, look at you! You're doing yoga!

*Editor's note:* If you or someone you know is struggling with anxiety, depression or suicidal thoughts, there's a variety of local resources to seek help from.

There is no fee for the first counseling session at Curry Health Center. Subsequent

sessions are \$25. All students who have paid their student health fee are eligible for services, which are confidential. Call (406) 243-4711 to make an appointment or schedule online using your health portal. Crisis counseling is offered same-day or next-day for students in need.

Health coaching is a free service offered to students. Students meet individually with peer health coaches to seek improvement in areas like stress, nutrition, exercise and sleep. To book an appointment, call (406) 243-6719 or schedule online using your health portal.

Don't be afraid to talk to your RA, resident assistants are trained to help you find the resources you need to maintain good mental health.



# Tag yourself: Campus icons

## SETH "THE BOD" BODNAR

- Large and In Charge™
- Crest Whitestrips smile
- Mr. President
- Very popular, goes to basketball games, makes half-court shots



## PROVOST JON HARBOR

- Probably says "lovely" a lot
- Really wants you to buy Griz gear
- Seriously, try to spot him without Griz gear on
- He BLEEDS maroon and gray (unlike some of the campus faculty)



## CAMPUS BARISTAS

- Have seen us all at our worst
- Know all the hot tea
- Won't judge you for ordering an eight shot mocha (you know who you are)
- Will sell you a Scranton three minutes before your exam for only 25 cents



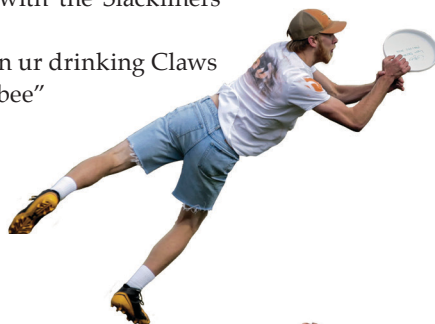
## MONTPIRG

- "Hi, are you registered to vote at your current address?"
- "hiareyouregisteredtovoteatyourcurrentaddress?"
- "hI, aRe YoU rEgIsTeReD tO vOtE aT yOuR cUr-ReNt AdDrEsS?"



## FRISBEEES

- Probably besties with the Slackliners (we stan)
- Ain't no laws when ur drinking Claws
- "Dude, catch this bee"



## LARPERS

- Level 18 dexterity
- Know more about LOTR than you
- Good choice for Meagher Bar trivia night teams

## SQUIRRELS

- Have zero fears
- Fast bois
- Will WRECK you for some goddamn trail mix



## MONTE BEAR

- Arguably the coolest bear on campus
- Loves high fives
- Almost as spirited as Jon Harbor
- Honestly more fun to watch during games than the actual game

## BIKERS

- You can't see them but you know they are right behind you
- Don't know what bells are
- Go too fast on the cobblestones even though you can barely walk on them
- Still late to every class



## CAMPUS REC GYM RATS

- Carry a literal gallon of water to every class
- Wait, do they ever leave the gym?
- Mirror selfie skills 10/10

## YOUR RA

- Says "community" in every breath
- "I'm not a regular RA, I'm a cool RA"
- Knocks on your door in the middle of sex



## SLACKLINERS

- Want you to "live your truth"
- Come out of hibernation as soon as the temperature is above 40°F
- Props for those balance skills tho



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# Meal plans 101

SYDNEY AKRIDGE

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Meal plans at UM are a little more complicated than choosing between All Campus and Food Zoo Unlimited.

All first-time freshman who live on campus are required to have a meal plan.

Both plans come with \$200 Flex Dollars that can be spent at all the food locations on campus. This money is available all semester, but if you don't spend it, you will lose it.

The Food Zoo Unlimited plan is pretty straight-forward. You can go to the Food Zoo as many times as you want (while its open) each week and you get the \$200 Flex Dollars to spend anywhere on campus throughout the semester.

With the All Campus plan, you have \$78.75 to spend each week anywhere on campus except for the Market in the UC. This resets every Sunday, and just like the Flex Dollars, if you don't use it, its gone. Swiping into the Food Zoo costs \$3.75 of the weekly budget.

It's important to budget your weekly meal plan money and your Flex Dollars. You can check how much money is left every time you swipe into the Food Zoo or when you purchase food anywhere else on campus. If you have money from your meal plan left on Friday that you won't use on Saturday, go to the Corner Store and stock up on snacks for your dorm room.

The Food Zoo is the cheapest option for any meal on campus. It's an all-you-can-eat buffet that only costs a swipe. It has options meeting any dietary restrictions, and the main line dish changes each meal.

After the first few weeks, the meals at the Food Zoo can start to feel kind of repetitive and you will probably find you like certain meals more than others. The Food Zoo module on the UMontana app posts the meal schedule. Watch out for chicken strip nights. They get pretty crazy.

*If you want to switch meal plans, reach out to the UM Dining meal plan specialist by calling (406) 423-6325 or emailing angila.kress@mso.umt.edu.*

# A guide to biting the bullet at the Food Zoo and making it through the year

ADDIE SLANGER

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We at the Kaimin decided to put together a little guide. A How To for the Food Zoo, if you will.

For your convenience, I've broken these tips down chronologically, from breakfast to lunch/dinner to dessert. Just keep this Kaimin issue with you as you navigate the confusing waters of the Food Zoo and you'll be set.

I will concede, breakfast at the Zoo is pretty consistent. It's probably the best meal of the day. I have two hacks, though, for when those scrambled eggs are looking a little too watery.

Let's start out with something serious. My friends and I have a Sunday waffle tradition to pass on to you, dear reader. The first step is pretty obvious: make the waffle. Next, sauce it up. Be as bougie as possible.

Recommended combinations include: peanut butter-banana, blueberry-whipped cream and strawberry-chocolate chip. Make it pretty. Fill your glass up with some orange juice and pretend you're drinking mimosas in the Hamptons with your fancy waffles.

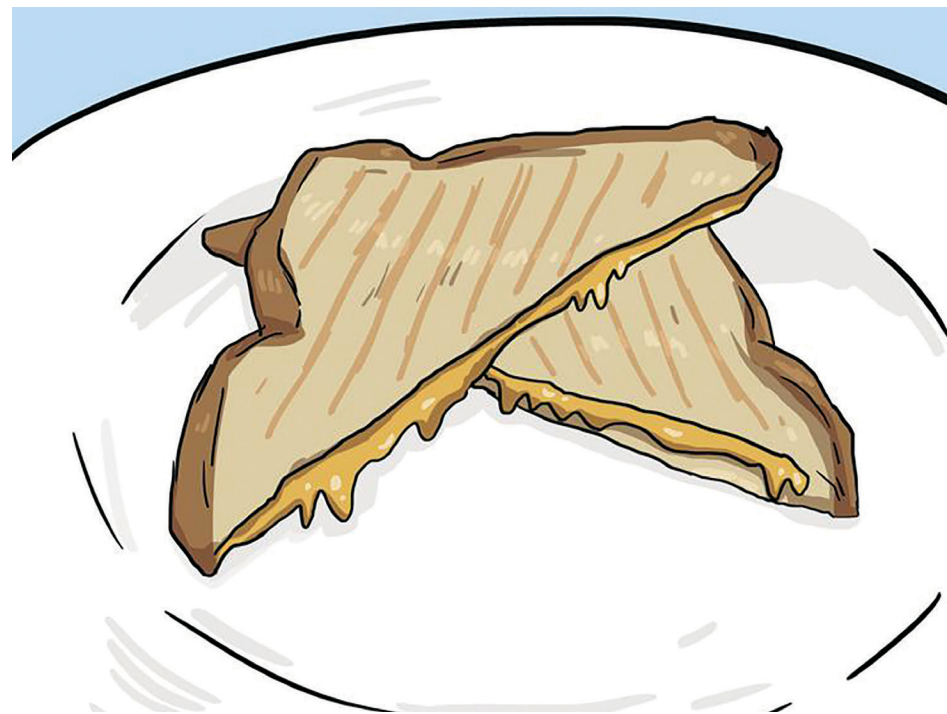
The best news is you can do this any morning. It doesn't even have to be a weekend.

If you're in a more savory mood, never underestimate the breakfast sandwich. There are a myriad of bread choices to choose from, and usually cheese and bacon (or some sort of protein) to glam it up. I'd also recommend adding some cream cheese and Sriracha to taste.

When she's constructed the way you want, pop her in the panini press (an instrument who'll be making a reappearance as we continue), and melt it all together.

For lunch and dinner, I decided to go for a combo, because I only have so many tips and lunch and dinner are kind of the same, right?

When all else fails, there's always a grilled cheese and soup. It often won't be tomato (the only constant in the Food Zoo soup section is the vegan chili) but part of this guide is dedicated to adaptability. And it will always be better than the not-worth-the-environmentally-conscious mushroom burgers or scary-pink chicken.



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You can go with the classic cheddar — I'd advise a thin layer of mayo to really enhance the flavor (is that how it works?). If you want a little finer-dining grilled cheese, I'd recommend some Swiss with pesto and sprouts. There's always a variety of toppings and cheeses to choose from at all times. When you have your desired combination, pop that mf in the panini press and voila.

Along that same thread, there is almost always bacon, and always (to my knowledge) lettuce and tomato for lunch and dinner. Choose your bread, slather on the mayo and make yourself a panini BLT.

You can also go crazy and make a barbecue chicken sandwich in the press. Add an onion ring and some jalapeños if you're really feeling adventurous. The world is your oyster.

When it comes to desserts, I have a few special tips and tricks. I have decided to rank them here from relatively healthiest to least healthy.

If you're feeling like you need something sweet on the lighter side, I can't emphasize enough how good a banana or apple with peanut

butter, almond butter or sunflower butter can be. For about two weeks last semester, the Food Zoo randomly had Nutella, so that's definitely applicable here as well. It's up to you. Live your truth.

If you're in the mood for something sweeter, or it's cheat day, let me blow your mind real quick with two simple words: whipped cream. It's almost always in the dessert area, and I've discovered it's one of the single most versatile foods in the Food Zoo.

Slap it between two cookies for a mock ice cream sandwich (note: there are always real ice cream sandwiches mere feet away from the dessert section at any given moment, but please suspend your disbelief for the sake of my hacks). Dip your coconut macaroons in it. Put some in your hot chocolate on a cold winter night. Put it on your pancakes in the morning or serve it with a side of fruit to be real classy. Use that stuff to its utmost potential.

And just remember, when all else fails, sometimes you just have to cut your losses and go to Pizza Hut. Nobody's perfect.



# An entirely non-exhaustive guide to gettin' out there

SARA DIGGINS

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## WALKING, OR RUNNING... OR WHATEVER

Exploring Missoula's trail system is by far the easiest, least expensive and most non-committal way to get some fresh air. If your roommate sprayed too much cologne (or bear spray, welcome to the Wild West) in your dorm and you need to just TAKE A WALK, head out in any direction and you'll find a trail to explore.

The best place to start is the Van Buren Street foot bridge. Located between the Clark Fork River and the Adams Center, this little feature is the nexus to a few great places to walk, run or roller skate.

Head across the bridge and north into the Rattlesnake neighborhood. Greenough Park is just there, with paved, wooded paths stretching up into the neighborhood, along the creek. West of the park is access for Waterworks. This trail network is a bit more rugged, but a great place to watch the sunset or take a light trail run.

If you want to get into nature RIGHT NOW, head north from the Van Buren foot-bridge on the Kim Williams Trail, running up the river on the south bank. This wide dirt trail goes east for quite a ways and gives good access to the Clark Fork River at several points, in addition to trails heading up the side of Mount Sentinel.

To explore Missoula a bit, head west on the Kim Williams Trail instead. This paved path takes you right into downtown. Cross at the Madison Street Bridge to access the River Trail on the north side of the river. It's a great way to walk to the Missoula Farmers Market on Saturday mornings.

Keep going past the Higgins Street Bridge and under Orange Street and you'll find the junction with the Bitterroot Branch Trail. This trail takes you south through town on a paved bike path, eventually heading out of town and down the Bitterroot River for 51 miles.

If you're looking to spend a few hours actually hiking, and someone you know has a car, there are a few great hikes that are a little less cliché (and frankly, more



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pleasant) than the 13 switchbacks to the "M."

The recently constructed 3.6-mile Barmeyer Loop Trail has a great view of the sunset and the city. It's one of the best date-night hikes near Missoula. 10-minute drive from campus.

The Blue Mountain network of trails is just south of town and not only extensive, but highly variable. In the mood for steep trails through the pines? Yep. In the mood for a nearly flat meadow walk? Yep, that too. 20-minute drive from campus.

The Rattlesnake Trails are another large, variable network of trails. Close to campus, these are the most remote and wilderness-like of the local trails. The main trail is relatively flat, with rolling hills, but head onto any offshoot trail for a more aggressive hike. 15-minute drive from campus.





## SKIING FOR... CHEAP? ACT QUICK

If you moved to Missoula to live out your ski bum dreams, you better start soon. The best deals on ski passes generally end in early October.

Snowbowl is Missoula's mountain. Just a 30-minute drive north on a gnarly dirt road, it's the most convenient option if your car has four wheel drive or good snow tires. It has just two lifts, but it's not a beginner mountain. The size-to-terrain ratio is good if you're an experienced skier looking for some awesome steepes. Buy a \$561 pass now for the cheapest deal. Day tickets are \$47, but you can save money by pre-buying day ticket coupons during the fall.

Discovery is the second-closest, an hour and 35 minutes east. It's the most accommodating to all levels of skiers. Student passes are only \$390, but prices jump to \$430 on Sept. 1. Day tickets are \$49.

Lost Trail is further out of town, an hour and 50 minutes south of Missoula. It's larger (five lifts) but has less vertical than Snowbowl. Season passes are \$474, but if you're not that committed, go in for a 10-day transferable with your friends for \$399. Day tickets are \$46. Someone on Google recommends the chili cheese fries.

Lookout Pass is an hour and 40 minutes west on the Idaho border. Pro tip: watch out for cops if you and your buddies enjoy shredding with the aid of the devil's lettuce. It's the cheapest option for students, with a \$99 student pass deal until Oct. 1. Skip class on a Thursday and snag two tickets for \$64. If you're lucky enough to be a ski season baby, skiing is free on your birthday. However, with only 1,150 feet of vertical, this resort isn't great if you want to ski the steepes.

## DO YOU EVEN FLOAT, BRO?

In order to be a true Missoulian, you'll need to float the Clark Fork River before the fall. It's true. We don't make the rules, we're just here to let you know. Here's how:

1. Purchase something that floats. You can buy a normal tire tube at Ace Hardware right off campus. Or, get a cool pool float like a flamingo or unicorn at Albertsons, Target, or Michaels. You'll also need a waterproof bag for your belongings, a rope to attach yourself to your new friends and seltzer water (it's more fun with the

boozy kind).

2. Park someone's car at your selected take-out location (see below) and drive east up the Clark Fork. For a shorter float, put in at Ben Hughes Park just barely out of town. For longer floats, head into East Missoula to White Trash Beach just off Speedway Avenue. For an even longer float, start on Tamarack Road. Don't lock your keys in the car, rookie mistake.

3. Float. This is as simple as it sounds.

4. There are a few options for take-out, mostly tailored to whether you and your buds want to take on Brennan's Wave. If you don't, get out near Albertsons and the Van Buren Street foot bridge. Leave a car on campus for this one. Another option before the wave is at Kiwanis Park, just before the Higgins Avenue Bridge. This one is ideal if you left a car downtown. If you DO want to Brave the Wave™, get out just after the Orange Street Bridge at the Speedboat ramp on the right side of the river. You aren't allowed to float past that point, so it's your last option. Below that? Shark infestation.

## GETTIN' THAT GEAR

Here are the best ways to get what you need with whatever meager income you have.

Becoming an enjoyer of the outdoors isn't always cheap. The Outdoor Program is located in the same building as the student Fitness and Recreation Center, crammed right up against Washington Grizzly Stadium. It has affordable rental gear, is newbie friendly and gives classes on new skills. The 14-foot-self-bailer-rowing-outfit-over-night-with-bear-resistant-cooler-includes-frame-oars-pump-dry-box-bear-resistant-cooler-&-5-life-jackets is only \$115 a night. Most smaller items are under \$30 and almost everything you'll realistically need is less than \$15.

For buying gear, the best of the best is Missoula's REI out on Reserve Street. Trailhead is smaller, but more conveniently located downtown. To save money, keep an eye out for deals at Goodwill and used gear sales happening in the UC. Be sure to check online sales for deals from locals and friends. Remember to buy gear in the each sport's off season for the best deals. In other words, if you are looking to become a skier, BUY SKI GEAR NOW.



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# Campus delights and town tributes: The first taste of college living

## Wednesday 14

Catch the UDASH shuttle at Miller Hall, Jesse Hall or the Music Building and enjoy Out to Lunch in Caras Park. Food trucks? You bet. The shuttle runs every 15 minutes from 11 a.m. to 2 p.m.

It's your chance to belt all (almost) five minutes of "Total Eclipse of the Heart" at Kraptastic Karaoke. Draft beers are half-priced. The Badlander. 10 p.m. No cover. 21+

## Thursday 15

Downtown Tonight is the perfect spot to grab some grub, catch some live music and bond with your new friends. Caras Park. 5:30 to 8:30 p.m.

## Friday 16

Take yourself out to the ball game and scream "NUTS" really loudly at a Missoula Osprey game. Starting at 4 p.m., head to Ogren park for music, food and people watching. First pitch at 7 p.m. General admission tickets are \$9.

## Saturday 17

Farmers market. Caras Park and the red Xs downtown. 8 a.m. to 12:30 p.m.

Do you know a lot of weird shit? Gather your new floormates and head to the University Center Commons (2nd floor) for a night of trivia. Word on the street is that prizes will also be attending. 8 p.m.

## Sunday 18

Your meal plan can only take you so far, so try your luck at Grocery Bingo at the University Center Commons (2nd floor). 8 p.m.

## Monday 19

Those skills you spent weeks mastering in middle school are finally paying off. "Minute to Win It" games and your chance at glory are in the University Center Ballroom (3rd floor). 8 p.m.

## Tuesday 20

Are you a former high school athlete trying to find a sense of purpose without an excuse to get swole every day? Head to the Oval for capture the flag and "crush this, bro." 8 p.m.

## Wednesday 21

Grab your blankets, pop some popcorn and head to the Oval for an outdoor screening of "Mean Girls." This is a safe, non-committal date idea for you and your new crush. It's going to be totally fetch. 9:30 p.m.

## Thursday 22

If you liked high school dances, you'll like this even more. Prep your Spotify with a killer playlist and put on your dancing shoes for a silent disco. The Oval. 8:30 p.m.

## Friday 23

Pew pew. Laser tag. University Center South Ballroom. 7 p.m.

## Saturday 24

Farmers market. Caras Park and the red Xs downtown. 8 a.m. to 12:30 p.m.

Lucky you and your thicc wallet. Nothing is more exhilarating than three hours bouncing around, swamp-assing it at the Flying Squirrel's Neon Lights Night. 9 p.m. to midnight. \$25 plus the cost of squirrel socks.

## Sunday 25

This is your hot girl summer. Time to break out the waterproof mascara, let's head to Splash Montana for a pool party. Buses will pick up from the Music Building every 15 minutes, starting at 6:45 p.m. Students only.

## Monday 26

Backpacks on. Do your best to show up to all your classes on the first day. And if you aren't registered for classes yet, for the love of what's good for you just do it.

It's your "official welcome" to campus, kinda like when you were in eighth grade and visited your high school for the first time. You should probably go to Convocation, at least for the ice cream. The Oval. 8 p.m.

## Tuesday 27

If you're a not-boy, the Revival Women's & Non-binary Workshop is the perfect place to perfect your self-deprecating bits of humor. The Badlander. 6 p.m. No cover.

Feel inspired by Simone Biles' perfect balance beam dismount? More likely, you just really want to dive into one of those foam pits. Either way, it's time to shine at Adult Tumble and Trampoline. Roots Acro Sports Center. 7:30 p.m. \$8.

## Go Beyond Your Major Influence Your University Experience



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# 7 things that make Missoula ‘zoo-nique’

DREW NOVAK

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Missoula is small but mighty when it comes to leisure activities. Ask anyone, and very quickly you’ll learn we work hard but play harder. Go off-campus to check out these recurring events, must-sees and gotta-dos.

1. First Friday: Falling on (appropriately) the first Friday of every month, this event sends Missoulians swarming downtown in search of the latest offerings by local artists and musicians. First Friday is where you’ll see landscape paintings next to black and white portraits, or local pottery butted up against handmade jewelry. Artists of all sorts use this monthly event to showcase their best material in local businesses downtown. Plus, free wine for those of age doesn’t hurt.

2. Missoula Farmers Market: Our farmers market is legendary. Seriously. You’d be hard-pressed to find a better selection of homegrown fruits and veggies, knick-knacks and food. The hustle and bustle happens Saturday mornings from 8 a.m. to 12:30 p.m. under the Higgins Street Bridge and next to the red Xs downtown. But don’t forget to check out the evening market, too. Every Tuesday from 5 p.m. to 7 p.m., folks can swing by the Xs to meet their shopping needs. Saturday markets run through Oct. 26 and evening markets run through Sept. 24.

3. The “M” Trail: You can’t miss it. That giant letter perched conspicuously on Mount Sentinel isn’t just for show. The surprisingly tough series of 13 switchbacks make for a

great spontaneous hike between classes, or you know, whenever you need to see Missoula from a different perspective. This is a great activity to break the tension with your new roommate.

4. Roxy Theater: The best damn theater Missoula has to offer. Alright, you won’t be able to watch the latest “Avengers” flick here — do you really need to? — but the Roxy is an old-fashioned cinema dedicated to the greats, new and old. This is where you go to catch the latest art house films, cult classics and crowd favorites. Where else can you go to watch a Hayao Miyazaki marathon one week, the original “Star Wars” that weekend and the latest Academy favorite next? Tip: the Roxy has the best popcorn in town. Real butter + toppings like curry and brewer’s yeast = a good time.

5. Brennan’s Wave: Granted, the season for water sports is waning, but Missoulians aren’t going to let a little thing like cold stop them from catching some gnarly action, dude. You can often spy some (very devoted) surfers honing their craft at this Missoula landmark located under the Higgins Street bridge.

6. Big Dipper Ice Cream: This decadent dessert hut is nationally known for its phenomenal treats. Of course, Big Dipper offers standards like vanilla, chocolate and bubblegum. But this place is all about the rotating selection of specials — two scoops of frosted animal cookie and jalapeño lime sherbet, anyone? It’s a great excuse to visit every week... or maybe every day. We won’t judge.



SARA DIGGINS | MONTANA KAIMIN

7. Rockin’ Rudy’s and Ear Candy Music: These shops, located on Blaine and Higgins, respectively, are essential for even the most casual of music devotees. Ear Candy is perfect for building your growing LP collection. It’s embarrassingly easy to spend an hour

perusing when you only meant to stop for “a quick look.” The knowledgeable staff is helpful and nonjudgmental about music tastes, too. Rudy’s is a Missoula legend, a hodgepodge of CDs and records, toys, glassware and oh so much more. Don’t miss it.

## How to get around Missoula and leave the car at home

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Life is tough for those who don’t drive, admit it. While motorists can simply get up and go whenever they feel like it, we pedestrians are left to sort out our own methods to get around this beautiful city of ours.

Perhaps you’re worried about contributing to climate change, don’t own a car, or just

plain don’t feel like getting behind the wheel. You’re in luck; Missoula is a bike-friendly town with buses, wide sidewalks and good reasons to use them.

First up: use those legs.

Don’t feel like hoofing it? Grab a bike. Much of Missoula has dedicated bike lanes. When the weather is nice — and it often is — zip around town and get some cardio in. Free Cycles on S. 1st Street West is a great resource

for any of your cycling needs. You can even build your own set of wheels from scratch!

Be weary to leave your bike without a good lock on campus or around town. Bike theft is one of the most popular crimes, and that one-quarter inch braided lock you got when you were in middle school won’t do the trick. Get a U-lock on Amazon or buy one from UM’s Police Department on campus.

The Mountain Line bus system is the best

bet for the rest of us. Lines 1 and 2 cover the University District and downtown, making stops every 15 minutes. Those of age can catch the night bus 10 p.m. to 2:30 a.m. every Thursday through Saturday. There’s no excuse for drunk driving; catch a ride to and from campus every 30 minutes and stay safe out there. Download the Mountain Line app for Android or iOS and you’ll have instant access to everything you could need to know.

# Espresso addicts and casual connoisseurs: Which Missoula coffee shop are you?

## Aries (March 21 - April 19)

Starbucks: You're a little bit basic (no shame in that game!) and you know you love those Frappuccinos. Besides, it's not like it's THAT far away from campus. You could like, totally walk there, if you weren't in a rush today. It's chill, just drive and pray you find a parking spot when you get back to campus.

## Taurus (April 20 - May 20)

Hunter Bay Coffee: In the same building as ClassPass??? How bougie. Hell, just bike there already and brag to us about it via an (arguably aesthetically pleasing) Insta story.

## Gemini (May 21 - June 20)

Zootown Brew: Or at least, it would be Zootown Brew if they hadn't closed over summer vacation. Pour one out. In lieu, join your Leo friends over at LP and mourn the loss of your weekday-morning-hangover-during-finals-week destination.

## Cancer (June 21 - July 22)

Coffee shop? Please, we know you have your home routine down to a science. Honestly, we're a little jealous of your French press. Feel like getting out of your shell, little crab? Meet up with your Virgo friend at Clyde, maybe they'll help you with that ethics essay you'd rather not think about.

## Leo (July 23 - August 22)

Liquid Planet: Hey there, sunshine! LP, like everything else, revolves around you. It's also surprisingly easy for you to justify buying a \$28 red wine from Argentina. It's because you're ~cultured~. Get a punch card.

## Virgo (August 23 - September 22)

Clyde Coffee: Sweet Virgo, school is starting and you're about to be **stressed**. Don't worry, your highlighters are going to look so

nice in that lighting, and there are so many places to plug in your laptop. That online bio class is about to be your bitch.

## Libra (September 23 - October 22)

Bernice's Bakery: Y'all are suckers for a good pastry and they're delicious. Head over and pretend you're spending the day at a little Parisian cafe. It's hip. This is you being hip.

## Scorpio (October 23 - November 21)

Black Coffee Roasting Co.: Plain black drip, pretty aesthetic and no Wi-Fi so you can do read without 25 other students frantically typing out essays due at noon. Need to write that subtweet? You can justify the data.

## Sagittarius (November 22 - December 21)

Drum Coffee: You're funky, you're flirty, you're... trying to seem edgy? How very punk rock of you guys. We're here for it.

## Capricorn (December 22 - January 19)

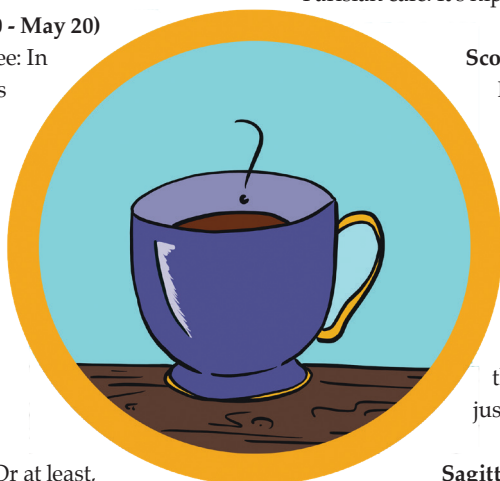
City Brew: We know y'all don't get along with your Aries classmates, but they've established dominance over the good Starbucks in town, so this is just gonna have to be where you're at. Idk. They have pretty good breakfast sandwiches though.

## Aquarius (January 20 - February 18)

Break Espresso: We get it! You're good at being social! But we know you secretly want some goddamn peace and quiet. Low-lit and chill, Break is good for studying or hangovers. Pick your poison.

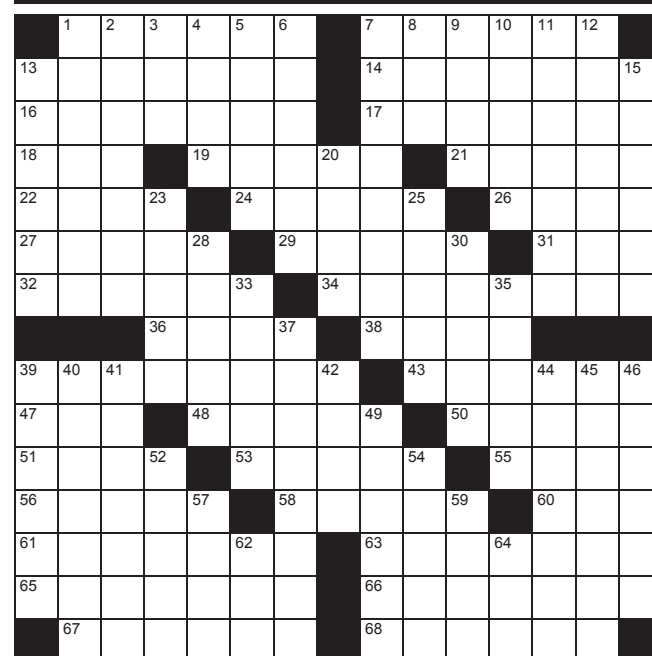
## Pisces (February 19 - March 20)

Liquid Planet (LP) Grill: "It's close to campus!" is what you'll tell people while you (not so) subtly try to avoid the possibility of running into your Gemini ex downtown. Plus, they make really cool latte art sometimes.



## The Weekly Crossword

by Margie E. Burke



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### ACROSS

- 1 Gave a name to, as a book
- 7 Concoct
- 13 Tiny puncture
- 14 Soon, in old times
- 16 Memory malady
- 17 Fill beyond full
- 18 Luxurious resort
- 19 Razor sharpener
- 21 Building manager
- 22 Fruity pastry
- 24 "Return to Sender" singer
- 26 Actress Sorvino
- 27 \_\_\_\_ a high note
- 29 Affirmatives
- 31 Corn serving
- 32 Pay attention
- 34 America, to Columbus
- 36 Missing from the Marines, say
- 38 Leak slowly
- 39 Zero-elevation
- 43 More profound
- 47 Beetle, e.g.
- 48 Crowbar, for example
- 50 Teaser ad, for short
- 51 Sgt. Snorkel's dog
- 53 On the up and up
- 55 Swiss peaks
- 56 False friends
- 58 Thorny blooms
- 60 Say okay
- 61 Its capital is Bucharest
- 63 Apprehend
- 65 Befitting
- 66 Earhart, for one
- 67 \_\_\_\_ fly

### DOWN

- 1 Set of kettledrums
- 2 Guts
- 3 Beat-heat link
- 4 End of a winning streak
- 5 Privileged group
- 6 How some may pay
- 7 Hates
- 8 Victorian, for one
- 9 Docs for dachshunds
- 10 Pelvic bone
- 11 More sudsy
- 12 Type of feeding, as with a tube
- 13 Soft shade
- 15 Actor Depardieu
- 20 It may be double or Dutch
- 23 Smash to smithereens
- 25 Used a Singer
- 28 Stair post
- 30 Chimney cleaner
- 33 Movie source, often
- 35 Verdi specialty
- 37 Influence
- 39 Uses steel wool, say
- 40 Dines at the diner
- 41 Twin sister of Apollo
- 42 Toy with its own theme park
- 44 Foul the water, e.g.
- 45 Nero, for one
- 46 Player list
- 49 Alfalfa or Buckwheat
- 52 Speak pompously
- 54 Depart
- 57 Agitated state
- 59 Rod at a pig roast
- 62 \_\_\_\_ and outs
- 64 Part of an exchange

### Answers to Last Week's Crossword:

S	C	A	L	P		C	L	A	M		R	A	M	P
T	U	T	O	R		L	A	N	E		A	L	O	E
A	T	O	N	E		O	D	D	S		G	L	U	T
R	E	M	E	D	I	A	L		S	P	L	I	N	T
			S	I	N	K	E	R		R	A	T	T	Y
S	N	I	T	C	H		O	P	I	N	E			
L	O	C	A	T	E		N	O	R	M		R	A	T
A	V	E	R		R	H	Y	M	E		W	A	L	E
G	A	S		F	I	A	T		H	E	A	T	E	R
			K	L	U	T	Z		E	S	T	E	E	M
S	T	A	I	R		E	F	F	A	C	E			
T	I	T	T	L	E		A	L	T	A	R	B	O	Y
A	B	E	T		A	F	R	O		P	R	O	B	E
G	I	R	L		C	O	C	O		E	A	S	E	L
E	A	S	E		H	E	E	D		E	T	H	Y	L





The front row of the student section poses like Jack and Rose from "Titanic" as part of a contest to get on the Jumbotron screen during halftime of the Griz home opener against the University of Northern Iowa on Sept. 1, 2018. The Griz won the game 26-23. SARA DIGGINS | MONTANA KAIMIN

# Home games: Getting in and staying like a dedicated Griz fan

SYDNEY AKRIDGE

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Before you paint your face, dress from head to toe in maroon and silver and head to this season's Griz football games, you'll need to get your student tickets. Consider this your first test of success as a student at UM, it won't be easy.

All students are required to pay the \$73 athletic fee, this pays for all of your Griz game tickets for the semester.

You can register to access student tickets at Griz Tix on the University of Montana web-

site. The box office will send emails to new student with pins to register. You need your net-ID and student email (check the "other" folder). If you can't log in, call the Adams Center Box Office at (406) 243-4051.

Student tickets and guest passes are available starting Mondays at 7 a.m. the week of home football games, and they get snatched up fast. Plan on waking up early and reserving your tickets as soon as possible, especially for big games like Eastern Washington and Cat-Griz.

The Griz Tix site for student tickets often works better on a laptop or computer than mo-

bile. Tickets are sent to your student email and can be downloaded to your phone.

The student section entrance is on the East side of the stadium by Mount Sentinel. Your ticket and Griz Card will get you through the gate. The stadium employees will give you a wrist band and a stamp, keep those on to travel freely in and out of the stadium.

For other sports like soccer, volleyball and basketball, you do not need to reserve student tickets ahead of time, all you need to get in is your Griz Card.

UM just adopted a clear bag policy. That means backpacks, purses, coolers, fan-

ny packs and camera bags will not make it through security with you. Each person can bring one clear bag the size of a 1-gallon freezer bag and a clutch or wallet. These zipperless, privacy-less bags can be purchased at Bob Wards, the M Store or from Amazon. You can still sling a blanket over your shoulder and carry in a seat cushion.

Food, drinks and umbrellas will be denied access if you try to bring them in your clear, approved bag. You'll have to get more creative.

The first home football game of the year is Saturday, Sept. 7 vs. North Alabama. Wear maroon, kickoff is at 7 p.m.



# Rainbow Welcome

LGBTQ+ and Ally Ice Cream Social

**August 29, 2019**

**4:00 PM - 6:00 PM**

**Join us for ice cream, games, music, and more on the oval!**



## PRIDE NIGHT AT THE BALLPARK

First 750 fans through  
the gate  
get a PRIDE Rally Towel

50% of all tickets purchased through this link will be  
donated - <https://groupmatics.events/event/Pridenight85>  
Missoula Osprey will also match any monies raised making  
your ticket purchase a 100% donation to local  
LGBTQ+ causes.

Ogren Park Allegiance Field,  
Missoula, MT

Friday, August 30<sup>th</sup>

Family Carnival 4:30–6:00 PM

Baseball Game at 7:05 PM

Drag Shows

Info Tables

Giveaways

