THURSDAY, JUNE 24, 2021 NO.26 \$1.00

SERVING CARLTON AND PINE COUNTIES SINCE 1895

MLWR TRACK AND FIELD: School records get broken at State Tournament. P6

Employee shortage cause problems for local businesses



IMPLIANTED Complete Auto hosted a booth at the Job and Business Expo in Moose Lake Community School sponsored by the Moose Lake area Chamber.

BY JAMIE LUND

NEWS@HICKLEYNEWS.COM

Last year business owners wondered if there were enough customers to support the labor, this year business owners wonder if there is enough labor to support the customers, said Chris Hickle, one of the owners of Tobies Restaurant and Bakery in Hinckley. While store hours are shortened to balance the customer needs with the employee shortage, the popular outside ice cream shop is closed until more employees are hired. Hickle said this is the first time that this has been an issue since the historic restaurant opened over 50 years ago.

Help wanted signs hang in windows across the country as businesses desperate for employees try to attract applicants. "Tve never seen anything like this," said Hickle. Tara Kroon, co-owner of Doc's Bar and Grill in both Askov and Sturgeon Lake with husband, Jimmy, agrees.

"We had a full staff before COVID-19," Kroon said. She said they need to fill a variety of positions and tried offering perks such as a signing bonus, more vacation hours, and improved retirement benefits. After advertising on Indeed, Facebook and Craigslist, only two people applied.

two people applied. "It's horrible," Kroon said. An employee shortage is not the only problem for restaurants. Cost to do business has increased in the last year. From a drought induced produce shortage, a shortage of meat and even a shortage of fryer oil is driving prices up for businesses and customers. The cost of fryer oil alone has increased 60-70 percent in the last year. Kroon said it costs her \$800 a week for fryer oil in her restaurants.

Both Kroon and Hickle speculate that ending the extra unemployment benefits could also help end their employee shortage.

Kroon said she recently talked to a friend in another state where the extra unemployment benefits will be ending soon. The friend said applicants flocked to the business and the

SEE HELP WANTED, PAGE 2



Joe and Lee Mogen of Moose Lake will lead the Fourth of July Parade for 2021 as Grand Marshals

Mogens to be Grand Marshals of Fourth of July parade

ALLISON JONES MOOSELAKECHAMBER@GMAIL.COM

Longtime Moose Lake residents, Joe and Lee Mogen were chosen as Grand Marshals of the 2021 Fourth of July Parade. When notified of the honor, Joe commented that he had been in the position in the Chamber years ago that notified the honorees. They were always so appreciative of the honor, and the Mogen's are also. Joe and Lee have lived in Moose Lake for 42 years, in 1979 to purchase the Coast-to-Coast hardware store. Both had previously worked in higher education, Lee as a clinical instructor in nursing and Joe in administration. They decided that they would like the challenge of owing their own business and raising their young family in a small town. Their children, Beth

coming to the community

Riegger and Terri Lindemann both graduated from

SEE GRAND MARSHALS, PAGE 2

Moose Lake School Board anticipates a deficit budget

ALANEA WHITE

EDITOR@MLSTARGAZETTE.COM

Hiring a family liaison employee has been a goal for the Moose Lake School Board. This person would work with students and their families when the students have Independent Education Plans (IEPs).

The Finance Committee within the school board determined that spending the \$23,000 to hire a part-time employee this year was not a sustainable budget item. Looming deficit spending predictions for the 2021-2022 school year gave the school board pause over hiring someone to fill the job when they could only guarantee funding for one year. Having someone to fill the position would be worth while the board agreed, but they did not want to commit to hiring when they only had budget guarantees for one year. A year is about

how long it takes to start building those relationships, said School Board Chair Steve Blondo. The board agreed that they would continue to explore possibilities for funding this position, there is a possibility of increased funding for mental health services being provided by the

state. Their intention is to create the position so that it is sustainable for the district.

A PRELIMINARY BUDGET

The Minnesota State Legislature has not passed a budget for the upcoming fiscal year. Moose Lake Community School used the number of students that they had for the 2020-2021 school year, subtracted the graduating seniors and added on the anticipated kindergarten class to get an estimated total student count. That number is 591 students.

COVID-19 resulted in a number of students registering for home school. Some of these students have already informed the school that they will be returning to Moose Lake Community School next year. Several students who registered for home schooling have not informed the district if they plan to return for the upcoming school

year. Home schooled students are registered through school districts, but they do not count toward student numbers used to determine state funds. This had a large impact on many school districts during the COVID-19 pandemic.

State funding is based off of the number of students served by the district. A formula created by the state determines the funding amounts alloted per pupil number. Kara Burn, Business

Manager for Moose Lake Community School, used the funding amounts for the previous fiscal year to set the preliminary budget.

At this point the current estimated operating expenses for fiscal year 2022 is \$10,810,706. The estimated revenue for fiscal year 2022 is \$10,653,527. This estimate leaves the school operating with a deficit budget totaling \$157,179.

Burn estimates that a 1% increase in state funding would result in an increase of \$39,000 for the district. School board members agreed that they hoped there was an increase of at least 4% for school funding from the state.

This budget will be altered based on contract negotiations, state funding changes and student number estimates as the school year approaches. A final budget for the year will be approved around December of 2021.

PRACTICE FIELD GOAL POSTS

Cantilever goal posts were approved by the School Board. Funds for this project were budgeted for in the school's capital funds.

The cantilever style of goal post comes with an increased price tag of \$24,707 when compared to the standard "h" style post would cost \$22,382. The school board approved the cantilever style based on increased safety for students using the posts.



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DAN REED

EVERGREEN@MI STARGAZETTE.COM

What a new Jail and Justice Center will look in Carlton County continues to evolve as several groups work on specific issues for the project. Recognized as the largest. single County building project since the Courthouse became a reality in 1922, groups are centering on:

- The feasibility of construction at the Transportation Building site, The size and plan for the
- building, A plan to possibly incor-
- porate the Courts at the same site,
- The layout for increased traffic at the junction of CSAH 6 and Hwy 210,
- Program needs for the complex incorporating a women's program wing,
- Approval for the 1/2% sales tax to provide fund ing, and
- Confirm availability of the Transportation site according to Minnesota Statutes

All these efforts are geared to provide information for the County Board by the end of summer, it appears, to make major decisions on the Jail/ Justice Center to be built and how the facility will be run. A Justice Center proposal would have a Jail and the Courts included in one site with Court Administration, County Attorney, Sheriff's Office, and Probation all there.

At a special Committee of the Whole meeting on June 21 an overview was presented to a Jail Study group comprised of Commissioners, department heads, and interested parties. Carlton County Jailer Paul Coughlin lead the discussion.

The architects and engineers are testing the soils and water table at the Transportation Building site. A cost analysis is being determined for site work and how the site will impact the construction of a major building and its cost. There will be comparisons with a possible construction site north of the present Courthouse. It has been noted that not only is there major rock

outcroppings at the Court-house site but also wetland issues

The size and plan for the proposed building has mostly been determined by extensive studies authorized by the County Board the last few years. Existing new jails and justice centers in Minnesota have been visited by Jail Study staff and the County Commissioners.

Most new Jail projects include a building large enough to incorporate the Courts and those services needed to run the Court system efficiently and safely. This Justice Center concept keeps those jailed to be moved back and forth for hearings and programming without leaving a secure location. Those involved in hearings and trials, the corrections staff, and visitors move in the building safely.

A study is needed to deter-mine how traffic congestion will be addressed as increased traffic flows through the inter-section of CSAH 6 and Highway 210.

Normally, the DOT is asked

CONTINUED FROM PAGE 1

Kroon and Hickle said

positions were quickly

they have shortened

employees and avoid

burnout. "I don't even have

enough staff to attend

the job fair (in Moose

parade," Kroon said.

ing for employees.

Lake on Saturday, June

19) or the Fourth of July

Restaurants are not

the only business look-

Jim and Sue Kielty own Complete Auto Di-

agnostics and Repair in

Moose Lake. They were

hours in order to retain

filled.

to do a traffic study. The wait time can take several months Having a consultant do a traffic study and come up with a plan will position the County to ask for special funding to complete the intersection work before a possible building opens at the Transportation Building site.

\$2 million has been bonded for Carlton County to incorporate a women's wing within the Jail building for long term treatment and programming. The current Jail population has increasing numbers of women. A new building would not only handle the needs of Carlton County residents incarcerated but also would This service does not exist at

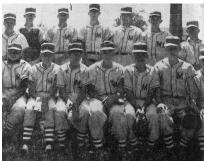
the County's building plan has been attached to the Tax Bill in the Minnesota Legislature. The expansive bill could pass at any time after details are worked out during conference committee negotiations. Once approval is given, the voters

prove the ½ % sales tax at the general election in November 2022

A Jail/Justice Center must by Statute be located at the County Seat. Such as is the case in Pine County, Justice Centers have been built on a land parcel not connected to the County Seat but legally annexed to become part of the County Seat - in this case, the City of Carlton. An agreement is now being worked out be-tween Twin Lakes Township, the City of Carlton, and Carlton County to make it possible to have 20 acres at the Transpor-tation Building site become part of the City of Carlton.

Commissioner Gary Peter-son commented, "The City of Carlton should not be concerned about losing business activity with the possible Justice Center being built next to the Transportation Building. Once the Courthouse opens up space there are several programs that will be moved there. There will not have to be such strict security in the building.'

Historical Reflections



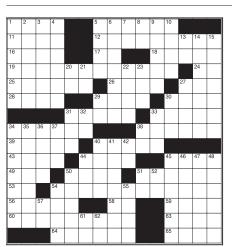
Answer to the history photo from the previous edition: The Moose Lake Track Team. Top row: Tom Zuk, Jim Adamczak, Mike Dahlmeier, John Anderson, Coach Michael Vogel. Second row: Brad Henspecter, Bob Kulhman, Roy Sampson, Duane Coil. Bottom row: Graydon Ohlin, George Langhorst, Rolland Johnson, Bob Langhorst, Teigistu Lemm. Not pictured; Lee Holte, Jake Greensky. 1972 Star-Gazette.

Star-Gazette photo

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CLUES ACROSS 1. College group 5 Small morsels of food 11. Actress Dunham 12. Puts a limit on 16. Used for baking or drving 17. Commercial 18. Zookeeper Bindi 19. Walk in one's sleep 24. The Great Lakes State 25 Winter sport 26. A thin layer on something 27. Peacock network 28. Give birth to a lamb or kid 29. "Too Scared to Crv' author 30. Nose 31. Friend 33 Country music legend Haggard

39 Bleated 40. Set on its end 43. An aspect of Ra 44. Releasing hormone (abbr.) 45. Harsh, grating noise __Francisco 49 50. Common Japanese surname 51. Punish with an arbitrary penalty 53. Football position (abbr.) 54. Not in the know 56. African antelope 58. Popular tech (abbr.) 59. Baseball teams get three of them 60. Make up one's mind 63. __Spumante (Italian wine) 64. Martens

65. Susan and Tom are two CLUES DOWN Excessively showy 2. Put an end to 3. Blood disorder 4. Ingredient in wine 5 Shellfish 6. Made smaller 7. We 8. The Treasure State g Ekland actress 10. Male parent 13. One hundredth of a watt (abbr.) 14. Dish of minced meat 15. Smothered laugh 20. Article 21. Atomic #12 22. Small parrot 23. Fictional "Star Wars" nlanet

27. French wine grape

29. Football stat (abbr.) 30. Sound unit 31. Where you sleep 32. University of Dayton 33. Miller beer offering 34. Feel embarrassed 35. Able to be estimated 36. Commune in NW France 37. Adult female chicken 38. Intergovernmental organization 40 Archaic term for until

41. That which is not sacred 42. Sound made in speech 44. Handgun (slang) 45. Fill up again 46. Evoke or

awaken 47. Beam Me Up, __! 48. Spider wasp genus 50. Headdress 51. Exclamation of surprise 52. Of I 54. Figures 55. Men's fashion accessories 57. Indicates position 61. Megabyte 62. The Prairie State



be available for incarcerated women throughout the region. this time. The ½% sales tax option for

of Carlton County must still ap-

HELP WANTED: Area businesses are struggling to fill open job positions

at the Moose Lake Job Fair. They have several positions open, including service technicians and office help. One person applied for an office position at the job fair.

fast and we need to grow with it." He said there is enough work at the shop to run two shifts. Billy Jo Steen, super-

"We're trying to con-

Star-Gazette website, www.mlstargazette.com

34. Curved

38. More deformed

"We have a growing clientele base," Jim said. "We're growing very

intendent of Moose Lake School District, was also at the fair, hoping to fill a few open positions as was the Minnesota Department of Corrections.

duct business as best as one of several businesses we can," Hickle said.

hoping to find employees Visit the Moose Lake

GRAND MARSHALS: Joe and Lee Mogen chosen

CONTINUED FROM PAGE 1

Moose Lake High School and later NDSU in Fargo. Beth married Rick Riegger also from Moose Lake and they have one son, Gabrial who is 18. Beth is a Digital Marketing Consultant. Their other daughter, Terri met her husband Aaron at NDSU, and they live in Boise, ID. Terri is a school nurse. They have two children: Calvin 16 and Naomi who is 11.

Both Joe and Lee have been active in the community. Lee was a nurse at Mercy Health Care for 21 years and has been the organist at Hope Lutheran Church for 40 years. They have both been volunteers at the elementary school for many years helping second and third graders with reading. Lee and Joe were instrumental in the establishment of Agate Encores Community Concerts several years ago. After a year shut down because of the pandemic, the concerts will resume this fall.

In addition to operating their hardware business for 24 years, Joe has been involved in many com-munity projects. He served on the Mercy Hospital Board for eight years, on many chamber committees including serving as president, and served as treasurer of the Historical Society for 10 years. Joe served on the regional hardware association board, a member of Kiwanis for 50 years and was the local coordinator of the AARP volunteer tax preparers for 10 years. He was on the National Ski Patrol at Spirit Mtn in Duluth for 20 years.

Joe and Lee stated that they have never regretted their move to Moose Lake and thank the Chamber for the honor



From CBS 3 Meteorologist Dave Anderson

JUNE 24, 2021

Weekly Forecast

THURSDAY Partly sunny Wind: NW 5-10 mph 30% chance of rain 82 60

OBITUARIES

FRIDAY Partly cloudy Wind: N 5-15 mph 30% chance of rain 78 50



SUNDAY Partly cloudy Wind: NW 5-10 mph 30% chance of rain 77 52



Carol Ann Simonson

Carol Ann (Coolidge) Simonson, 91, died peacefully on Tuesday, June 8, 2021 at Augustana Health Care Rehab Unit, Moose Lake. Carol was born on April 22, 1930 in Birch Creek Township, the daughter of Har-ry and Edna (Thomson) Coolidge. Carol was raised

76

55



in Arthyde and was the youngest of six children, the only girl. She attended school in Arthyde and

Willow River. On May 15, 1948 Carol married Lloyd Simonson in Opstead, Minn. After a few years living where Lloyd was working, they purchased a farm in Arthyde. Carol lived in Arthyde for 81 years before moving to Moose Lake, Sandstone, and back to Moose Lake. She had been

living at Kenwood Assisted Living, Moose Lake. Throughout the years, Carol worked as a homemaker, factory worker, waitress, cook and education aide. She served on several church and school committees. Carol loved baking, gardening, canning,

and visiting with family and friends. She was preceded in death by her husband, Lloyd in 2005; two sons, Gary in 1979 and Arvid in 2008; her parents, Edna and Harry Coolidge; and brothers



Helen, Bonnie, and Lydia. Carol will be lovingly remembered by her children, Lois (Dave) Isaacson, Bernadine (Dale) Reed, Bruce (Sue) Simonson; her grandchildren, Luke (Melanie) Simonson, Katie Simonson, Neil Simon-(Antibility Cameron, Jason (Jodi) Isaacson, Dara (Kent) Swanson, Rhett (Sheila) Reed, Larron Reed, Derek (Billie) Reed and Shayna Simonson; greatgrandchildren, Samantha, Deanna, Ariel, Kaylee, Lauryn, Gracie, Hope, Destiny, Kaden, Callie, Kate-lynne, Makenna, Kristi, Dominik, Tate, Cole, Brynn, Brooke, Allie, Carson, Evan, Reed, Boden, Rylee and Ava; great-great-grandchildren; Violet, Ryder and Nash; brother-in-laws, Harlan (Harriet), Paul (Kar-en) and sister in law, MaryAnn Zortman, as well as numerous nieces, nephews and friends.

The family wishes to express their heartfelt "Thank You" to the staff at Kenwood Assisted Living, Augustana Health Care Center, and St. Croix Hospice.

A Visitation was held from 10:00 a.m. until the 11:00 a.m. Funeral Service on Tuesday, June 15, 2021 at Hamlin – Hansen – Kosloski Funeral Home, Moose Lake. Interment was in Sunnyside Cemetery, Willow River.

Isabelle Paulson Walker

Isabelle (Izzy) Arlene Paulson Walker, 91, went to her Heavenly home on June 11, 2021 at Essentia Hospital in Moose Lake. She was born November



1, 1929 to Russell and Mildred (Heller) Paulson in Blackhoof township. She lived her growing up years in the Moose Lake area and graduated from Moose Lake High School in 1948. After graduation, she went to work for Diamond Match in Cloquet and worked until her retirement on June 22, 1991. She was very involved in the union and Labor Temple. Izzy married Thomas

Walker on November 4, 1950. After a short stay in Cloquet, they moved to their home in Barnum where they lived for over 60 years. After her retirement, she was the caretaker of Tom until his death September 11, 2011. Family was utmost important to Izzy. She was

like a "second" mom and grandmother to many nicces and nephews. For many years family gath-ered around Izzy's kitchen table every Sunday after church for laughs and conversation.

on Tuesday, June 8, 2021 in Sunnyside Health Care

Izzy was one of the people who started the Barnum Senior Center and served as the treasurer for many years. She was very active in making items that

years. Sne was very active in making items that helped keep the center running. She was an active member of Hope Lutheran Church. She taught Sunday School, did volunteer work which included making quilts. She was on the teams for Friends of Faith and the Prison Ministry. She found great passion in her Christian faith and her "church people" were very important to her. She also volunteered at the school and nursing home.

Izzy took great passion in caring for retired poodle dogs. She provided nice homes to several retired dogs and each had a special place in her heart. Izzy

had several hobbies such as sewing and crocheting. Izzy is preceded in death by her parents Russell and Mildred. Husband Tom, brothers Clifford (Tiny), Russell (Bud), and sister Deloris

Izzy is survived by brothers Gordon and Rodney, and sister Betty, all of Moose Lake. Sister-in-law Ruth Harris of Scottsbluff, Nebraska and many nieces, nephews and friends. Funeral will be held at Hope Lutheran Church in

Moose Lake, Minn. on Friday, June 25 with visitation 10:00 and service at 11:00. Memorials can be sent to Hope Lutheran Church Moose Lake Minn, or Barnum Senior Citizen Center Barnum, Minn.

Lori J. Marttila Lori Jean Marttila, 66 of Barnum passed away

puzzles and word searches, and test her luck with slot machines. For the last year of her mother's life, Lori was her daily companion and helper.

Her dry sense of humor will be missed by her siblings who survive her, Patti Marttila, James Marttila, Gary (Elaine) Marttila, Kathy (Mark) Johnsen, Duane (Martha) Larson, and Carol (Bruce) Kelsey; and numerous nieces and nephews.

She was preceded in death by her parents and significant other, Russell Skelton.

To honor Lori's request, there will be no services. Arrangements entrusted to Atkins Northland Funeral Home, Cloquet. To sign the guest book and offer an online tribute see

www.atkinsnorthlandfuneralhome.com

STAR GAZING- UPCOMING EVENTS

MOOSE LAKE STAR GAZETTE **3**

Star Gazing is a service to readers to publicize upcoming events and activities as space permits. Free events are given priority. If there is a charge or admission cost to the event, a paid ad is required.

June 24 from 12 to 6 p.m.

Cromwell Area Blood Drive There will be a Blood Drive on Thursday, June 24 from 12-6 p.m. inside the Cromwell Park Pavilion. Please call Ray Lally at 218-644-3739 to sign up for a time to donate blood.

Mondays in June from 11 a.m. to Noon

Cromwell Area Yoga

Cromwell Area Yoga at the Cromwell Pavilion, 11:00-12:00. \$3 each. Questions email Ann Markusen, markusen@umn.edu or 218-428-3300

Wednesdays in June from 1 p.m. to 4 p.m.

Wright Senior Club

The Wright Senior Club is open on Wednesdays from 1 - 4 p.m. Cribbage on Thursdays from 6 - 8 p.m.



Edward Langness



The family of Edward Langness invite you to an Open House to honor his life on Friday, July 2, 2021 from 1:00 p.m. to 4:00 p.m. at the Barnum Senior Center. Our beloved husband. father, grandfather, brother, teacher, coach, friend and long time Barnum citizen passed away on May 21, 2021. We welcome you to share stories with his fami-ly and friends. Dessert and coffee will be served.

OBITUARIES CONTINUED ON PAGE 5

Visit the Moose Lake Star-Gazette website, www.mlstargazette.com

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> Call the Moose Lake Star-Gazette office. (218) 485-4406

Center in Cloquet. She was born July 12, 1954 in Cloquet to Swante and Gladys Marttila. She grew up in Floodwood and graduated in 1972. As a young teen, Lori enjoyed being part of a pen pal program, making friends with kids from other countries. She began her long career of taking care of others early, babysitting neighborhood children

and being an at-home aide for a disabled neighbor. After high school she began working for the State of Minnesota at Moose Lake State Hospital, later transferring to Bethel House in Duluth. Lori loved animals and after retiring had time to spoil her cat and keep up with her favorite Animal Planet and NatGeoWild shows. She also loved to read, do jigsaw

Guess who's back?

am back in the office after a week long vacation.

I spent the week walking around Washington D.C. There were two days when I took less than 12,000 steps and those were



the days I spent driving and flying on a plane. I came back to Minnesota and it was freezing here. As a souvenir I arrived back

home with blisters on my blisters, a sunburn and a cold. Before heading back into the office I also had to have my first

Mile Alanea White

A Millennial

official COVID-19 test due to my stuffv nose. After a negative result Mon-day afternoon I hopped back into the world of the Moose Lake Star-Gazette to put this

paper together for you to enjoy. The trip was great! I got to see almost everything I had planned. Stores, museums and restaurants were just reopening on the day before I flew in.

While things were reopened, and many of them were free, they still had online tickets that you needed to sign up for in advance. I learned that I can't gamble because we rarely were able to use my phone to sign up for last minute time

slots to visit attractions. Driving culture on the East Coast is definitely different than it is here in Minnesota! I learned that there is a Washington D. C. friendly horn and an angry horn. On my drive home I kept wondering why it was so quiet on the highway.

Things in D. C. are also much farther away than they seem in movies! Expect to walk distances if you are planning a trip and bring

quality for wear. Airplanes are the opposite of D. C. they are much much smaller than they make them seem on television!

Overall I had the best time. I walked in the steps of Abraham Lincoln. I got to see the "real" White House. I visited with pandas at the Smithsonian National Zoo. I saw the ruby slippers from The Wizard of Oz. I ate seafood fresh out of the Potomac River.

Now that I am back in "the chair" I wanted to thank the team here at the Star-Gazette, Kana-bec County Times, Hinckley News and the Pine City Pioneer for filling in while I took a week long adventure. I also wanted to thank you, dear readers, for your patience as I get back up to speed after a week away.

In the coming weeks summer events are looking to keep the pages of the Star-Gazette filled with great local content. See you next week!

ALANEA WHITE is the editor of the Moose Lake Star-Gazette She loves hearing about things happening in the community. The best way to reach her is by email at editor@mlstargazette.com

Write a letter to the editor! Write a letter to the editor! Write a letter to the editor!



Talking heatwaves, health impacts with U of M

f you find yourself thinking, "it never used to be this hot" you are correct. This May, the National Oceanic Atmospheric

Administration

(NOAA) released

its once-a-decade

report called U.S.

Climate Normals.

> Talking with the **U of M**

Teddie Potter

four decades have also reported the wettest atmosphere on record for the U.S. The combination of extreme heat and moist or humid air poses a serious threat to human health because humidity limits the body's ability to regulate its core temperature.

As Minnesotans experience extended heat this summer, Teddie Potter with the University of Min-

The Star Gazette welcomes letters to the editor. Letters may be emailed to editor@ mistargazette.com mailed to Moose Lake Star Gazette P.O. Box 449, Moose Lake, MN 55767.

Letters should be typed or legibly handwritten and of no more than 250 words in length (longer letters may be edited).

To be considered for publication, all letters must be signed and include hometown and contact information for verification



nesota School of Nursing provides tips about how people can survive and protect their health during times of extreme heat. Q: How does extreme heat im-

pact the body during short and long periods of time?

A: Our bodies are exquisitely designed to adapt to heat. Through a series of complex adjustments such as fluid, salt regulation, and sweating — our hypothalamus regulates our internal core temperature to remain within one to two degrees of 98.6 Fahrenheit.

The health impacts of extreme heat are the result of many factors, including the length of exposure, the level of humidity, and the temperature during the nighttime. For most people it is not dangerous to be outside for short periods of time on extremely hot days. The real dangers come with prolonged exposure: to direct sun;

- elevated humidity that decreases the body's ability to regulate temperature; through sweating and evaporation.
- poor fluid intake;

LETTER GUIDELINES

purposes. Only names and hometowns will be published. Letters are published at the discretion of the editor and may be edited. Only rebuttals to previously run election-related letters will be considered for publication the week before elections. This policy also applies to endorsement of political candidates

ELECTION/POLITICAL LETTERS Election letters endorsing or advocating

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extreme exertion that generates additional body heat; and.

JUNE 24, 2021

nights when the temperatures fail to fall below 80 degrees Fahrenheit.

Again, we can tolerate short periods of extreme heat, but days and days of unrelenting heat take their toll, especially for people who lack access to a cooler indoor environment.

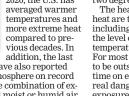
It is important to know that once heat exhaustion sets in, people can become confused and may not take the necessary steps to remove the heat threat. It is up to all of us to be aware of the signs of heat exhaustion so we can assist neighbors in need

Q: Can people still exercise or be out for periods of time in the heat?

A: A variety of internal and external factors can limit our body's capacity to adapt to extreme heat. Internal factors include age, chronic illness, alcohol use, and some prescription medications. Infants and young children lack effective

SEE HEATWAVE HEALTH, PAGE 5

for or against a ballot measure, party or candidate will be considered paid advertising announcements. The fee is \$25 for the first 250 words, and \$0.10 per word after that. The Star Gazette has the right to reject letters which don't meet publishing standards and will determine if the letter qualifies as a paid endorsement. Paid letters will be identified with a label and may or may not appear on the opinion/ letters page



This report – which analyzes thirty years of data — illustrates that from 1991-2020, the U.S. has

Franklin P. Larson

Franklin Paul Larson, 87, of Sturgeon Lake, experienced what he always said would be the most wonderful day of his entire life, on Wednesday June

16, 2021 at Essentia Health Medical Center – Miller Dwan, Duluth where he left this life and entered into the arms of Jesus, surrounded by his family.

Frank was born on September 26, 1933 in Denham, the son of Runo and Julia (Mahrom) Larson. On July 30, 1955 he mar-ried the love of his life, Marian Larson at Faith Lutheran Church, Stur-geon Lake.

Frank served his coun-

try in the United States Air Force, he was a proud veteran. He worked very hard over the years as a well known Angus Breeder, and retired from Ulland Brothers Construction Company after many years in the construction business as a heavy equipment operator and member of the International Union of Operating Engineers – Local 49.

Frank was honored for having many "pathfinder females" as a member of the American Angus Association. He was the Logistics Officer for the Trans-World Snowmobile Expedition Team.

He enjoyed woodworking and made hundreds of game boards over the years. He spent winters at his

Elaine P. Anderson, of Moose Lake, died on Tuesday, June 15, 2021 in Augustana (Moose Lake Villages) care center in Moose Lake, Minnesota. She had attained the advanced age of 95 and was a tough long-term ovarian cancer



survivor. Elaine was born on May 1, 1926 and grew up in Barnum, Minnesota. Her parents were Lena and Edward Bla-

ha. She graduated from Barnum High School in 1944. While in school, she met her future husband, Chester Anderson, as they both played trumpet in the high school band. They

were married on January 14, 1947 in Moose Lake. Chester's military service and work found them living in Milwaukee, St. Paul, Albert Lea, Boston, and Benton Harbor, Michigan. Over the years, Elaine worked as a bookkeeper for various organizations and as a clerk at Peterson Drug in Moose Lake. In retirement, they both enjoyed traveling the

Arizona home since 1998, and summers at the farm in Sturgeon Lake. Frank attended Christ the Victor Lutheran Church in Arizona and Barnum Community Methodist Church in Barnum.

Frank is remembered as a wonderful husband and father, he was an adventurous and loyal soul. Frank had many good friends, but claimed Jesus Christ as his "best friend".

He was preceded in death by his parents, Julia and Runo Larson; brother, Albert Larson; and sister-inlaw, Vivian Larson.

Frank is survived by his wife of nearly 66 years, Marian Larson; sons, Brian and Mark Larson, grandson, Michael (Erika) Larson; great-grandchil-dren, Harley, Emery, and Brayden; brothers, Arnold (Loretta) Larson, Norman (Helen) Larson, Glenn (Barb) Larson; nieces, Linda (Murray) Smith, Julie (Tim) Skog, Glenda Larson, Sandra (Barb) Larson, Tammy (Norbert) Jensen, Kelly (Jeff) Waldhalm, Kerry (Tom) Herman; nephews, Steve (Joann) Lar-son, Neil (Pam) Larson, Brad (Steve) Larson, Alan (Laly) Larson, and many great nieces and nephews.

A Memorial Visitation was held on Wednesday June 23, 2021 at 11:00 a.m. until the 12:00 p.m. Me morial Service at Barnum Community United Methodist Church, Barnum. A time of fellowship and refreshment followed in the church social hall. Inurnment was held at Faith Lutheran Cemetery, Sturgeon Lake.

Arrangements with Hamlin – Hansen – Kosloski Funeral Home, Moose Lake.

Elaine P. Anderson

lower 48 and Alaska. Elaine also enjoyed volunteering at the Moose Lake Food Shelf. She was a lifelong member of Holy Trinity in Barnum, where she was an organist, as well Holy Angels in Moose Lake Elaine was preceded in death by her husband,

Chester of 63 years in 2011 She is survived by her daughter, Sharon Burrell of White Bear Lake, Minnesota; and her son, Alan

Anderson of Nikiski, Alaska. She was related to and friends with many people in the Barnum, Moose Lake and Mahtowa area.

A Memorial Visitation will be held at Holy Angel's Catholic Church, Moose Lake on Thursday, July 1st at 10:00 AM until the 11:00 AM Memorial Mass. A time of refreshment and fellowship will follow the service in the Holy Angels Church Social Hall. A private family Inurnment will be at Fort Snelling National Cemetery, Minneapolis on a later date.

Her family would very much like to thank the excellent care and friendships afforded by New Perspectives on the hill in Barnum and Moose Lake Villages (Augustana) in Moose Lake. The family prefers memorials to Augustana's Gar-

den Plot and the Moose Lake Food Shelf. Arrangements with Hamlin-Hansen-Kosloski Funeral Home, Moose Lake.

WRIGHT CROMWELL NEWS: Volunteers needed

JENNIE HANSON

JKH4PRESIDENT@HOTMAIL.COM

There is still time to register for the Blood Drive on Thursday, June 24 from 12 – 6 p.m. inside the Cromwell Park Pavilion. Please call Ray Lally at 218-644-3739 to sign up for a time to donate blood.

There will be a Wrong Days meeting at Kalli's Place on Thursday, June 24 at 6 p.m. We are also looking for volunteers to go around and ask for donations for the button drawings on Saturday. Please let Jennie know if you can help out at by calling her at 218-357-2385 or 808-366-6582. Thanks.

Wrong Days is scheduled for July 16, 17, and 18 at the Wright Park in Wright, Minn. The Little Red School House at the Carlton County Fair in Barnum needs painting! The Fair Board and the retired educators who man the building during

the fair, are asking for your help. Maybe there's a sports team or youth group that can step up and volunteer for this job. Just call Lindsay at the fair for more infor-mation at 218-389-6737. The Fair can furnish the paint and supplies. The Rev. DeeDee

Haines (Deb Switzer's niece) will be the guest pastor at Bethany and Bethlehem on Sunday, June 27th while Pastor

Deb is on vacation. A pair of prescription Sun Glasses was left at the Bethlehem church on Confirmation Sunday, May 16. Just let me know if they are yours so you can get them back.

Great News: The 6th Annual Wounded War-riors United of Minnesota event WILL take place on Saturday, August 21 at the Cromwell Park Pavilion, you can go to their website for details. It will take place at the Cromwell Park and

Pavilion on Saturday. Aug. 21, 2021. If you are not able to ride but want to participate in this worthy cause, please send your donations to Wounded Warriors United Minnesota, care of Logan Shiflett, P.O. Box 5, Cromwell MN 55726. Or contact Logan at 218-390-1699 for more information or to register for the ride.

I've been enjoying the Minnesota Twins most of my life and recently have been hoping they would be doing better, but I still enjoy them no matter what. So, with that in mind, do you know that there are at least 7 or 8 ways a batter can get on 1st base without a hit? Well, there is and next week I will let you know those ways, but for now you can try to think of them. Shirley Westlie, 96,

passed away peacefully at home in St. Paul on May 23, 2021 She was preceded in death by her husband Clayton, brother Wayne, sisters; Earleen and Ida Elizabeth. She was born in Cromwell, Minn. in 1924 and lived through the Great Depression, Lindbergh's first transatlantic flight, was a WWII Navy veteran, Honor Flight Ambassador, wife, mother, grandmother and great grandmother. If anyone of vou knows any more information about her life in Cromwell, it sure would be great to hear from you. I think her maiden name was

Dotten. As I sit down today, June 21 is the longest day of the year and in just a few days the hours of sunlight will get shorter. But, for now we will appreciate all the sunny days and longer evenings.

That's all the news from The Edge of Wright. Have a great week and we sure do welcome the much-needed rain.

HEATWAVE HEALTH: What to do to protect against high temperatures

CONTINUED FROM PAGE 4

thermoregulation and are at particular risk for sudden heat stress or heat stroke. People over the age of 65 perspire less and are therefore unable to cool their bodies through evaporation. Those with underlying cardiovascular conditions are at added risk of severe heat-related health impacts because poor circulation limits the body's ability to release heat through the skin. In addition, alcohol, antidepressants and drugs that treat Parkinson's disease also impact thermoregulation. External factors that

challenge our ability to adapt to extreme heat include lack of housing or housing without air conditioning. Especially if people are living in urban heat islands, have less accessible shaded greenspace and limited access to drinking water. When days of extreme heat occur, our body's natural heat regulating mechanisms need assistance in the form of decreased environmental temperature and increased water consumption. If these measures are not in place, there is an added risk of heat strokes and even death.

Q: Are there mea sures people should take to help deter heat exhaustion and heat stroke?

A: We can all feel hot when temperatures are extreme but heat exhaustion and heat stroke are particularly dangerous. Heat exhaustion is an early warning that our body is losing its ability to shed enough heat. Common symptoms include rapid pulse, heavy sweating, cool moist skin, nausea, headaches, dizziness, fatigue, and occasionally muscle cramps. If someone experiences these symptoms, they need to seek shade or a cool indoor setting immediately, decrease any form of exertion and push fluids.

If these early signs are ignored, the person can experience a heat stroke which is when

the core body temperature reaches 104 degrees Fahrenheit or more. Without immediate medical attention, heat stroke can be life-threatening. The best ways to prevent heat exhaustion and heat stroke are protection from the sun, adequate hydration, a natural or fan-generated breeze, and decreased exertion. Q: Who is most affect-

ed by days of extreme heat and how can they be helped?

A: Exercise is always a good way to maintain health, but we need to take several precautions during extreme heat. Exertion and dehydra-tion put people at added risk for heat strokes, so it is highly recommended that people exercise outside during the early morning hours or later in the evening once the daily high temperature has passed. People can also exercise for shorter periods or choose less strenuous exercises on extreme days.

On days of extreme heat, all of us need to push fluids, but even more fluids if we are more active and sweating more. One important indication to note is the color of our urine; if it is dark yellow, the body does not have the fluids it needs to maintain a safe temperature.

Exercise is a choice. It is not a sign of weakness to remain indoors or exercise indoors when heat is extreme. For migrant workers and construction workers, however, being outdoors in extreme heat is not a choice. Their livelihoods depend on difficult work in challenging climates. Managers and supervisors need to make sure that there is adequate access to sufficient water and some form of air-conditioning or even shade for breaks

NURSING PROFESSOR Teddie Potter, Ph.D., RN, FAAN, FNAP is a leader in the U of M's Climate Change and Health curriculum, an intersectional project in addressing how to teach the connection between climate and health in existing courses, and leading nursing efforts nationally to advance nlanetary health.

To the family and many friends of Dorette Christenson



We would like to express our sincere appreciation to those who have offered such kindness, support, messages of sympathy and comfort in our bereavement

The Christenson Family

Celebrating a Life Dorette Marie Christenson



6 MOOSE LAKE STAR GAZETTE

JUNE 24, 2021

MLWR Track and Field athletes make it to State Meet

RECIPE@PINECOUNTYCOURIER.COM

The 2021 Minnesota State High School League held the boys' and girls' track and field championships at St. Michael-Albertville High School on June 17-19. Several Moose Lake Willow River athletes qualified to participate in the Class A Section 7 tournament. The top two section winners of the eight sections in the state, qualified to enter the state track meet.

The boys' 4x100m relay team was the best finish of the day on the boys' side. 'Some changes were made after the section meet to space out Kaden Robbins races as well as put a faster 4x100m relay together," said Coach Noah Jurek. That plan after Grant Pettit came down with a hamstring injury during the 4x200m relay. Jaxsyn Schmidt, a relay member from the section meet a week prior, was thrust back into action. Jurek said team members, Jackson Thompson, Carter Johnson, Schmidt and Kaden Robbins were unfazed by the late changes and ran to a 9th place finish with a time of 44.88. That time re-broke the school record set the week before of 45.18.

Senior Carter Johnson finished 11th in the long jump with a jump of 19 ft. 10.5 inches. This was an impressive finish considering this was only his 4th time competing in the event. Coach Jurek said, "If he would have been able to match his section mark, he would have medaled." (The top nine finishers go to the stage blocks to receive their medals.)

Jackson Thompson finished just one spot out of medal contention with a vault of 12 ft., which was good enough for 10th place in the state. Coach Jurek said, "Jackson gained some valuable experience with two relays to his workload that day."

The 4x800m relay team needed to make a change to the line-up due to one of the members coming down with an illness. The team members were Zach Youngs, Joseph Mikrot, Maverick Koecher and substitute, Daniel Mikrot. The team ran 15 seconds slower than their seed time and finished 15th. A change was also made to the 4x200m

freshman, was the second youngest runner in 100m and 200m dash. Robbins day." finished 16th in the 100m dash with a time of 11.67

and 16th in the 200m with a time of 23.57. Breaking her own school record on the way to 9th place finish was Skyla Thompson. She vaulted an impressive 9 ft. 6 inches. Thompson will continue her track and field career at Northwestern College next year.

of Jackson Thompson,

well, but the handoffs

finishing 16th.

proved to be too costly,

matched his best time

Grant Pettit, Adam Olson

and Jaxsvn Schmidt ran

Kaden Robbins nearly

times of the year on the big stage. Robbins, only a



MIKE DRAHOSH I PINE COUNTY COURIER

Despite several changes in boys' relay teams the 4x100 meter team took 9th place and the 4x200 meter team finished 16th.



Above, bottom photo, Skyla Thompson wears a white Northwestern College shirt while she waits her turn to compete at Section 7A State Track and Field.



MARY > PATIENT REGISTRATION

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Our mission is reflected in the work we do every day. And it's the people of this place who inspire us. Here, we share our lives, our work, our stories. It's people like Mary, who greet patients by name and get to know their families, that make this place unlike any other.

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HONORING THE MOOSE LAKE POLICE DEPARTMENT



Awards presented to officers with the Moose Lake Police Department include:

Letter of Appreciation – Officer Travis Magdzas Letter of Appreciation – Officer Jason Syrett Letter of Commendation – Officer Chad Pattison Letter of Commendation – Officer Jason Syrett Letter of Commendation – Officer Ray Couture Letter of Appreciation – Officer Ray Couture Life-Saving Medal – Officer Travis Magdzas Life-Saving Medal - Officer Chad Pattison



KATIE BLOOM | MOOSE LAKE CITY ADMINISTRATOR

Moose Lake Police Officers receive Life Saving Medals

Moose Lake Police Officer Chad Pattison (pictured above on left) and Officer Travis Magdzas (pictured above on right) both received Life Saving Medals during their service with the Moose Lake Police Department. To receive the medal an officer must be involved in an incident where they perform acts that prevent the death of another person.



www.MI StarGazette.com



DAN LINGLE | MOOSE LAKE STAR-GAZETTE

Delaney Koecher goes to Class A State Golf for Barnum School

Barnum High School senior Delaney Koecher participated in Minnesota State High School League's Class A State Golf tournament at Pebble Creek Golf Club in Becker, Minn. on Tuesday and Wednesday, June 15 and 16. There were 84 golfers who quali-fied from the sections to participate in the state tournament. Koecher scored 94 in round one the first day and 97 in round two the second day for an overall total of 191, placing her 28th out of the 84 girls. Emily Stueland from Park Christian Academy finished first with an overall score of 166. Hinckley-Finlayson's Sophia Hopkins finished 13 with an overall score of 184.

What is Sickle cell disease?

Sickle cell disease is an inherited disorder of the red blood cells. Normally red blood cells are shaped like saucers but in this disease, they are crescent shaped. This can lead to the cells getting



Clinic

Minute

ages, which leads to symptoms like pain, infection and even stroke. Additionally, red blood cells are more easily Gateway destroyed because they are more fragile, which leads to anemia. Anemia means a shortage of

red blood cells.

Normal blood

stuck in vessels and causing block-

Dr. Bridget Dewey

cells live for about 120 days but due to their fragility, sickle cells only live up to 20 days.

All infants in the United States are screened for this at birth. It is most common in those with ethnic origins in Africa, India Mediterranean, and Saudi Arabia. This is likely because despite the complications that can result from the disease, it can be protective against malaria infection which is most common in those parts of the world.

The gene for the disease is recessive, which means that in order for a child to be affected, they must inherit one copy of the gene from each parent. There are variations of the gene which can affect the severity of the disease. The most common and severe is HbSS where the child receives one copy of the sickle gene from each parent. TSickle cell trait involves a situation where one sickle gene and one normal gene are inherited. The child usually does not have symptoms, but can pass down the abnormal gene to their children. In affected patients, sickle cell

crises can be provoked by illness, changes in temperature, stress, poor hydration, and altitude. Depending where the blockages occur, that can lead to symptoms such as hand-foot syndrome, splenic sequestration, chest syndrome, neurologic symptoms and lung symptoms. Hand-foot syndrome involves blockage leading to the hand or feet and subsequent swelling and ulcers. Splenic sequestra-tion might lead to functional or surgical splenectomy, which can put the patient at risk for certain infections.

Patient in crisis can be treated by rehydration, oxygen, blood transfusions as well as treating underlving infections. Additionally they will likely need pain medications. There are also medications that can help increase the production of fetal hemogobin and decrease the need for transfusions.

If the diagnosis is not made at birth, there are other tests that can detect it later in life if those suspicious symptoms occur. The tests to detect it include blood counts which show anemia, and peripheral blood smear where the abnormal cells can be visualized. The diagnosis is confirmed by a test called Hemoglobin electropho resis.

The only cure for sickle cell disease is a bone marrow or stem cell transplant. The best candidates are children less than 16 years of age who have severe complications and a matching donor.

For more information: www.sicklecelldisease.org www. cdc.gov/ncbddd/sicklecell/facts. html

DR. BRIDGET Dewey, is a physician of internal medicine and pediatrics at Gateway Family Health Clinic.



A fish kill or fish die-off is shown in the above image.

Hot weather likely contributing to fish die-offs

MINNESOTA DEPARTMENT OF NATURAL RESOURCES

Recent hot weather may be contributing to fish die-offs in lakes across the state, according to the Minnesota Department of Natural Resources.

Spring and summer fish die-offs happen occasionally, but we are getting widespread reports of dead fish following the recent prolonged stretch of hot weather," said Tom Burri, DNR limnology

Consultant. The DNR asks the public to report fish die-offs. People should call the state duty officer at 651-649-5451 or 800-422-0798 if they encounter a large group of dead fish in a lake or a stream (the state duty officer is available 24 hours per day, seven days a week). Calling in a report provides a single point of contact for the incident. An early report also allows timely water sampling or other response actions. if needed. It's especially helpful to know what fish

types and sizes people see in a fish die-off. In mid-spring and summer, fish die-offs are often the result of warming water and opportunistic infections that spread in fish populations that are already stressed after the spawning season. Spe-cies commonly observed in these die-offs include sunfish, crappies and bullheads, and, occasionally, largemouth bass and northern pike. "People tend to be concerned when they find dead

ish, and they can help by reporting what they see right away," Burri said. "These reports help us determine whether an investigation is needed."

If there is an immediate threat to life or property, call 911 first.

When die-offs of wild fish are the result of disease issues, the affected fish tend to be of a single species and size range. By contrast, when die-offs include multiple species and size ranges, human activity is more likely to be the cause.

Human causes of fish kills can include water discharged at high temperatures, toxic chemicals discharged or spilled, pesticides and fertilizers, manure runoff, and low oxygen levels in a lake resulting from storm water that runs off urban or rural landscapes. Often, there are multiple causes contributing to fish deaths.

More information on fish kills is available on the DNR website at https://www.dnr.state.mn.us/ fisheries/fishkills.html



Moose Lake Trimester Three Honor Roll **HIGH HONORS WITH A** GRADE POINT AVERAGE OF

3.667 TO 4.0 Seniors

Emily Bohnsack, Olivia Bonander, Kennady Davis, Kelli Granquist, Maverick Koecher, Grant Pettit, Mason Olson, Gavin Ross.Beniamin Steen and Grace Stephenson Juniors

Janna Bode, Jack Brophy, Samuel Dewey, Josephine Fossum, Gabrielle Gamst, Alea Kachinske, Abigail Kamp, Landin Kurhajetz, Joseph Mikrot, Lilly Milczark, Alicia Miller, Ava North, Logan Orvedahl, Simone Pruette, Jocelyn St Pierre Thalia Williams and Zachary Youngs

Sophomores

Kelly Alsaker Olivia Lourey Daniel Mikrot, Amanina Sheetz and Laura Stephenson

Freshman Holly Chesbrough, Luke Dewey, Addison Geil Adeline Hanson Megan Hattenberger, Emily Jensen, Evelyn Johnson, Tyler Juhl, Jorja Jusczak, Brynn Kamp, Danica Matten, Jocelyn Mundell, Elle Nielsen, Kaden Robbins and Joseph Steen

8th Grade Reese Bode, Chase Clausen, Eric Ellingson, Adisyn Erwin, Chet Giersdorf Thompson Meghan Heavirland, Jacen Holsbeck, Brooklyne Luther, Amelia Olson, Aila Oswald, Maxwell Petry, Charles Rigelman, Maggie Sherer, Ryleigh

Sickler, Leslie Westerberg and Eliiah Youngs 7th Grade Chad Beal, Matthew Bohnsack Greta Chambers Isabel Dewey, Sophie Gunderson, Pevton Hammill. Gus Hello

Magnus Koecher, Raegan Larson, Natalie Lourey, Walker Nummela, Lavne Radzak, Laura Rotta, Parker Samarzia, James Skalko-Olesiak, Elijah Smude, Mason Spaulding, Isaac Stadin, Jack Stager, Dayton Stavely, Micah Thompson and Brandi VonRueden

HONORS WITH A GRADE POINT AVERAGE OF 3.0 TO 3.666

Seniors Ray Bloom, Drew Danielson, Brodie Hoffman, Carmen Hoffman, Carter Johnson, Blake Juhl, Emily Klund, Gracie Le, Blake Overland, Ella Rhoades and Jacob Schwarzbauer Juniors

Tanner Halverson, Jasmine Jacobson, Julia Jusczak, Louis Thiessen, Tanner Warner and Rachel Werner

Jordyn Belden, Samuel Knezevich and John Paul Mesojedec Freshman

Gracie Gamst, Logan Grayson, Austin Johnson, Lily Kaha ra-Wallace, Alivia Menten, Jaxsvn Schmidt, Crystal Stone Logan Tomczak and Isabel Witz

8th Grade Madilyn Balut, Ana Beer, Logan Bishop, Marie Bonander, Kaiden Eilen, Chelbi Hanson, Hallie Klavu, Paige Koloski, Bradv Robbins, Noah Sharma, Willow Stangeland, Jacob Stanley, Madeline Volk and Khristian Wheeler

7th Grade Lucas Chesbrough, Isabella Emmons, Jace Furey, Gavin Gamst, Isaac Gassert, Julia Hattenberger, Blake Hoffman, Kaitlyn Milczark, Hally Miller Tynan Oswald, Silvia Scherer and Alvssa Waasdorp

Being there for Pine County's veterans

BY MIKE GAINOR NEWS@PINECOUNTYNEWS.COM

Pine County Veterans Service Officer Mindy Sandell said she has been proud to be able to be there to support Pine County's veterans and help guide them through a sometimes bewildering bureaucracy to receive the benefits they deserve.

She noted that the Pine County Veterans Service Office is there to offer guidance and assistance to veterans, their dependents and survivors in applying for veterans benefits provided by the State of Minnesota and the United States Department of Veterans Affairs.

What programs and services does Pine County Veterans Services provide for our veterans?

· Help navigate the state and federal benefits program Help with compensation claims: preparation, submis-

sion and follow up Non-service connected pensions

• Help with VA healthcare applications

 Help the veteran's family navigate through the death benefits after the vet has

passed, including: DIC - De-pendency and Indemnity Compensation, Death pension/ Survivor benefits if they qualifv. Headstone, Burial benefits, Presidential certificates, Flag, Pre-approval for Fort Snelling Pre-register for State Veterans

cemeteries Grant Assistance: Dental/ optical, Special needs, MACV -Minnesota Assistance Council for Veterans, SSAP - State Soldier's Assistance Program, Support the Troops, Beyond the Yellow Ribbon

 Rides to VA appointments with the van program What are you most proud

of in the time you've been Pine County's Veterans Service Officer?

It's not me so much that I am proud of as the office, this office helps veterans get the benefits they have earned. Life changing benefits, making their quality of living better. I work with so many people that are a part of getting the vets the help they need, from other CVSO's, local organizations, MACV, Support the Troops, Pine City Beyond the Yellow Ribbon and many more. It is my pleasure to work for the veterans of Pine County, getting to know them,

hearing their stories - it's a great part of my job. What difference does Pine

County Veterans Services make in the life of local veterans?

There is not one success story that stands out in my head, they are all success stories. Every time I get the response from the VA and it is favorable to the veterans and I know will get the benefits they deserve I mark that up as a success. I count them as the vet's success, not mine.

What got you interested in this work?

I am a veteran so I can relate to how enormous the VA system is and how hard it is to navigate and I have a desire to help all vets with this. Back when Dean Dronen was running the office he told me what a rewarding job it was and I knew it was something I wanted to do. I love swapping stories and visiting with the vets

What are you most excited about in the year ahead? Getting back to in office

appointments, being able to see the vets and help them out. I have Coffee Talk the first Monday of every month at 9



Pine County Veterans Service Officer Mindy Sandell said she is looking forward to meeting and serving more veterans in person this year.

Minnesota Department of

Natural Resources news

a.m., I am looking forward to that being full again. We can finally have in-person training again this fall, I am looking forward to learning my job and networking with my fellow CVSO's.

Contact Sandell at the Pine County Veterans Service office at 320-216-4250 or at mindy. sandell@co.pine.mn.us. Sandell noted that the next

MINNESOTA DEPARTMENT OF

NATURAL RESOURCES

Is your yard or camp-

Bears relv on small. scat-

tered patches of natural

foods: specific types of

young green vegetation in spring; certain species of ants and ant pupae in

June; berries in summer;

and nuts in fall. If bears

accessible foods around

enticed away from their natural food sources.

This year's late frost

combined with drought

conditions, will reduce

or delay the availability

of berries and nuts, so it

is especially important

to secure anything that

a bear would consider

bears to associate your

home or campsite with

an easy meal by leaving

food. Don't condition

campsites, they are easily

can get concentrated,

high-calorie, easily

people's homes and

site attractive to bears?

Coffee Talk will be held at 9 a.m. on July 12, and the topic will be "What can YOUR CVSC do for you?" Veterans are invited to join in for great information and camaraderie, and to bring questions to the North Pine Government Center at 1602 Hwy 23 North, Sandstone.

PHOTO PROVIDED

Car strikes Askov bike rider near Bruno

STAFF REPORT NEWS@PINECOUNTYNEWS.COM

An Askov woman was seriously injured after a sport utility vehicle hit the bicycle she was riding along Highway 23 near Bruno on the morning of June 9.

According to the Minnesota State Patrol, on Wednesday, June 9 at approximately 7:40 a.m. a 2007 GMC Yukon driven by Crystal

Joy Griffin, 30, of Kerrick was heading southbound on Highway 23 and approaching mile marker 302 near Bruno when it approached a woman on a bicycle Stefanie Ann Youngberg, 45, of

Askov. The state patrol reports that the Yukon then struck the bicycle

from behind. The Minnesota State Patrol, Pine County Sheriff's Office,

North Memorial Air Ambulance, Askov Fire, Essentia Health ambulance and the DNR all responded to the crash.

Youngberg was transported to

St. Mary's Hospital with injuries described as life-threatening. Griffin was not injured.

Roads were dry at the time of the incident, and alcohol was not involved with the crash

HOLEY HOMEMAKERS: Learning more about woodpeckers

UNIVERSITY OF MINNESOTA **RESEARCH BRIEF**

A red-headed woodpecker approaches its nest cavity. Image: Siah St. Clair

The feisty red-headed woodpecker has been declining in many parts of the country, but not at the U of M's Cedar Creek Ecosystem Science Reserve, which boasts lots of savanna and the largest known population of the birds in Minnesota.

Postdoc Elena West studies these woodpeckers. She leads a team of volunteers, land managers, and community scientists from a range of disciplines who study them.

West is a researcher with the Minnesota Cooperative Fish and Wildlife Research Unit and the U of M College of Food, Agricultural and Natural Resource Sciences. Cedar Creek is part of the U of M College of Biological Sciences.

NO BIRD BRAINS HERE

To study the woodpeckers' habits, West attaches a tiny tracking device to a bird's leg. But first she catches them in a wire box trap baited with peanuts. The box door

shuts when a bird steps on a treadle at the back of the box. Sound easy? Not if you've ever tried to outfox a red-headed woodpecker. "These birds are very

smart, and sometimes they are on to our tactics and it's much harder to capture them," West notes. "If we catch a blue jay first, there's no way we'll catch a woodpecker—they know what we're up to at that point.' Besides their taste

for peanuts, red-headed woodpeckers are expert at catching insects. West has seen them pluck cicadas from mid-air and stash them-still alive and kicking-under tree hark

BOLD AND SECRETIVE

Red-headed woodpeckers perform impressive aerial acrobatics and aren't shy about competing with bats, squirrels, tree frogs, mice, and other birds for nesting sites in tree cavities. "Woodpeckers are bold

and boisterous in defending their nest cavities and attracting mates and, at the same time, secretive about their nesting and roosting habits inside cavities," West savs. "And there's still a



UNIVERSITY OF MINNESOTA | SUBMITTED A red-headed woodpecker and a blue jay.

great deal we don't understand about the role of drumming as a form of communication.

"We hear birds lightly tapping on trees all the time, and there's some evidence that pairs do this to select nest trees and/or to communicate about being ready for a shift change when they're on brood duty, [as] males and femles share in incubation of eggs and nestling care duties

A WIDER SCOPE

West and her colleagues have installed a series of trail cameras near red-headed woodpecker cavities to capture the behaviors and interactions of the animals that use these cavities.

"We're launching

the project through Zooniverse, an online platform where volunteers come together to assist researchers like me in classifying images or videos to answer scientific questions," she says. "It's been really rewarding to talk to people from around the world who are participating in our project this way.

Not to mention being able to hold a wild bird and know she's helping it.

"It is thrilling to get to see these birds up close and personal," West says. "Being able to see small differences in wing or tail feather patterns or colors while birds are in the hand always sparks my curiosity, and that

never gets old.'

out unsecured garbage, birdseed or pet food. Learn more about how to reduce property dam-age, and the chance of human-bear conflicts, on the DNR website.

DNR REMINDS MILLE LACS ANGLERS OF WALLEYE FISHING **CLOSURE JULY 1-15**

Walleye anglers on Mille Lacs Lake are reminded that a twoweek walleye fishing closure — implement ed to reduce hooking

mortality, which is the percentage of fish that die after being caught and released — will be in place from Thursday, July 1, through Thurs-day, July 15. Currently, anglers can catch and release walleye on Mille Lacs Lake in a catch-andrelease season that lasts through Wednesday, June 30.

During the walleye closure, angling is allowed for all other species. Catch-and-release walleye fishing will resume on Friday, July 16, and continue through Wednesday, Sept. 15. The limit of one walleye from 21-23 inches, or one over 28 inches, is scheduled to resume Thursday, Sept. 16, through Tuesday, Nov. 30.

Fishing hours on Mille Lacs Lake are 6 a.m. to 10 p.m. for all species. Beginning Saturday, June 5, muskellunge and northern pike anglers using artificial lures or sucker minnows longer than 8 inches can fish after 10 p.m. During the late season, beginning on Sept. 16, anglers will also be allowed to fish from 6 a.m. to midnight, except muskellunge and northern pike anglers will be allowed to fish during the night closure. Mille Lacs Lake fishing regulations are available on the DNR website

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10 MOOSE LAKE STAR GAZETTE

STATE OF MINNESOTA COUNTY OF CARLTON

CARLTON DISTRICT COURT SIXTH JUDICIAL DISTRICT Court File No. 09-JV-21-36 SUMMONS

IN RE THE CHILDREN OF

IN RE THE CHILDREN OF: Carmen Renes Martineau, and Standing Bear Fohrenkam, SR. TO: Carmen Renes Martineau DOB 08/27/1968; and Standing Bear Fohrenkam, SR. DOB 04/201987: A Transfer of Custody Petition was filed with the Court on May 7, 2021, alleging Transfer of Permanent Legal and Physical Custody. The Court has set an Admit/Deny Permanency Petition Hearing on August 17, 2021, all 9:00 a.m., as the data and time at the Courthouse in Cardion, Minnesota, as the place, for a hearing to be held in the above-emitted matter. Above-entitled matter. YOU ARE HEREBY SUMMONED AND REQUIRED to appear before this Court on

child(ren) to another adult. If the Court finds that grounds exist for the petitions, the Court could determine that the child(ren) läare in need of protection or services and then order any services or other conditions demed necessary to correct the conditions that lead to the child(ren) protection finding. These services and conditions could include but are not limited to foster care, transfer of custody or termination of pa-rental rights.

rental rights. In connection with these proceedings, you have the following rights: 1) To be

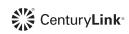
Phone and Internet Discounts Available to CenturyLink Customers

The Minnesota Public Utilities Commission designated CenturyLink as an Eligible Telecommunications Carrier within its service area for universal service purposes. CenturyLink's basic local service rates for residential voice lines are \$15.96-\$22.76 per month and business services are \$34.61-\$43.29 per month. Specific rates will be provided upon request.

CenturyLink participates in a government benefit program (Lifeline) to make residential telephone or qualifying broadband service more affordable to eligible low-income individuals and families. Eligible customers are those that meet eligibility standards as defined by the FCC and state commissions. Residents who live on federally recognized Tribal Lands may qualify for additional Tribal benefits if they participate in certain additional federal eligibility programs. The Lifeline discount is available for only one telephone or qualifying broadband service per household, which can be on either wireline or wireless service. Broadband speeds must be 25 Mbps download and 3 Mbps upload or faster to aualify.

A household is defined for the purposes of the Lifeline program as any individual or group of individuals who live together at the same address and share income and expenses. Lifeline service is not transferable, and only eligible consumers may enroll in the program. Consumers who willfully make false statements in order to obtain a Lifeline discount can be punished by fine or imprisonment and can be barred from the program.

If you live in a CenturyLink service area, please call 1-800-201-4099 or visit centurylink.com/ lifeline with questions or to request an application for the Lifeline program.



represented by a layer at all stages of the proceedings. If you cannot afford a lawyer, you are entitled to have a lawyer appointed for you at courty spenses. 2) To introduce outprove the second second second with assesse testifying againet the child(rein). 4) To inspect any report like with the Court, and if it is admitted in evidence, to cross examine the proparer of such report. 5) To obtain a transcript of the proceedings. If you request issued by the court on your behalt requiring the attendance and testimory of witnesses. The child(rein), which hashave the same rights in connection with the proceedings that you do except that a lawyer will automatically be appointed by the court to represent the child(rein), without regard to whether the child(rein) and parents can afford to retain a lawyer. 6:00pm. School Board members present were David Prachar, Connie Mikrot, Bruce Bohaty Aziz Al-Arfaj, Jennifer Burlak and Sonja Roach. Others in at-

If you desire to retain a lawyer, you should do so immediately, so you v should do so inimiculately, so you will be represented by a lawyer, but cannot afford the cost, you must immediately notify the court that you want an appointed lawyer. Date: June 15, 2021 /s/ Janine Morrison Deputy Court Administrator

(Published in the Moose Lake

a lawyer

Star-Gazette on June 24, July 1, 8, 2021)

Willow River Area Schools ISD #577 8142 Pine Street

Willow River, Minnesota 55795

Unofficial Minutes for the Regular Meeting of the School Board

6:00 pm Tuesday, June 15, 2021 High School Library, Room 139

Call to Order-The meeting opened with the Pledge of Alle giance by Chair David Prachar at tendance were Superintendant and High School Principal Bill Peel, Elementary Principal Neil Schiller. Assistant to the High School Principal Melissa John son, Business Manager Laura Carlson, District Administrative Assistant Tara Prachar and two visitors. There was no Student Representative present.

Comments and Requests from Visitiors-None.

A motion was made by Mikrot and seconded by Roach to approve the agenda. The motion passed unanimously.

A motion was made my Al-Arfaj and seconded by Burlak to approve the consent agenda.

a. Minutes from the May 18, 2021 Regular Board Meeting

b. Bills and Claims for May 2021

c. Treasurer's Report for May, 2021.

d. Hiring of Jessica Young-berg, ADSIS Teacher.

e. Resignation of Bryce Rushmeyer, High School Business Teache

f. Hiring of Winter Bowstring, Student Technology Assistant. g. Hiring of Mason Meyer,

Student Technology Assistant. h. Hiring of Gabriel Sorenson,

Student Technology Assistant. i. Hiring of Kallie Riker, Elementary Music Teacher (.55 FTE) For discussion, Bill Peel pre-

sented and discussed the current enrollment update. A motion was made by Bur-

lak and seconded by Al-Arfaj to

approve the Fiscal Year 2022 Budget. The motion passed animously

A motion was made by Roach and seconded by Burlak to ap-prove the ARCC Specific Services Contract for July 1, 2021 to June 30, 2022. The motion was passed unanimously.

A motion was made by Roach and seconded by Burlak to approve Substitute Pay and Meal Rates for 2021-2022. The motion passed unanimously.

For consideration, Burlak presented and discussed, as appropriate, the six policies noted below: Policy 427-Workload Limits

for Certain Special Ed Teachers. No board action needed.

A motion was made by Bohaty and seconded by Al-Arfaj to adopt Policy 601-District Curriculum & Instruction Goals. The motion passed unanimously.

Policy 603-Curriculum Development. No board action needed. Policy 405-Veteran's Preference. No board action needed.

Polciy 407-Employee Right to Know-Hazardous Materials. No board action needed. Policy 408-Subpoena of Dis-

trict Employee. No board action needed. A motion was made by Pra-

approve the Resolution Accepting Donations. Donations received totalled \$673.07.

Student Representative-No

Elementary Principal-Neil Schiller shared that school staff is working on the final details for Summer Kindergarten Camp Sign up information will be shared soon. Kindergarten teachers and Preschool teachers will be planning the curriculum. 1st, 3rd and 6th grades will be piloting two new math curriculums next school year.

Assistant to the Secondarv Principal-Melissa Johnson commended our staff for their presence at Graduation. Honor Roll was announced with 23 students achieving Superior and 57 acheiving Excellent. Fourteen students are currently attending Summer school for credit recov ery. Thank you to Nemadji Resources and their employees for helping to clean up our courtyard

Board Members/Committees Curriculum/Policy-Burlak shared that the committee had updates on the learning mode and Summer school. Next month they will be reviewing policies 612.1, 616, and 409.

Facilities/Activities-Al-Arfaj shared the committee had discussed the football scoreboard project, updated the LTFM plan and discussed the land sale They are waiting on year end student activity reports

Finance/Personnel/Negotiations-Mikrot welcomed new teachers Jessica Youngberg and Kallie Riker. She thanked outgo achers Bryce Rushmeyer ing te and Barbara Anthony. Negotiations are pending on upcoming legislative guidance.

Sports Liaison-Summer meet ing is yet to be scheduled. BMW-Committee meeting

June 23rd

Superintendant/High Schoc Principal-Bill Peel shared that we will be looking into option for the courtyard doors so we can hopefully use that area more. Ou safe Return to In Person Learning Plan will be posted on our website soon. The public comment period is still open and the plan will be similar to our current reopening plan

JUNE 24, 2021

Willow River Pride:

-Our entire staff for complet ing a successful school year. -Our students and families fo remaining flexible this year fo

helping transport their student(s to and from school. -Lance Wittnebel and Jessica Engleson for organizing Elemen

tary Track and Field Day. Upcoming Meetings:

 June 23 5:00 pm Barnum Moose Lake, Willow River Coop erative Meeting (at Willow River • July 6 1:15 pm Facilities Transportation/Activities

July 13 10:00 am Curricu lum/Policy

July 13 3:30 pm Finance
Personnel/Negotiations

 July 20 6:00 pm Regula Board Meeting A motion was made by Mikro and seconded by Roach to ad journ at 6:41 pm. The motion wa passed unanimously.

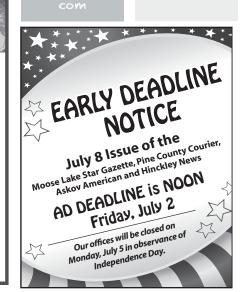
Respectfully submitted, David Prachar, Board Chair E. Bruce Bohaty, Clerk (Published in the Moose Lake

Star-Gazette on June 24, 2021

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Email the Moose Lake Star-Gazette, evergreen@ mlstargazette.com

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char and seconded by Burlak to Roll Call: Roach-yes, Prachar-yes, Mikrot-yes, Bohaty-yes, Al-Arfaj-yes. The resolution passed

Reports

report.

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Locals walk to end Alzheimer's

Alpha Delta Kappa (ADK) is an education sorority. Service projects include this Alzheimer's walk, free books for children at the Moose Lake Food Shelf, books for newborns at Essentia Hospital Moose Lake and scholarships for seniors in Barnum, Cromwell, Moose Lake and Willow River Schools. ADK also supports the Alzheimer's' Association. Chapters across the country are raising money to support research to finally end this disease. Locally, the ADK Psi chapter did a walk through Moose Lake on June 14 to raise awareness and donated \$450 to the Alzheimer's Association. Alpha Delta Kappa members at the Alzheimer's Walk were seated: Mary Bush, Mary Lindgren, Eleanor Eskuri Back: Mary Sanders, Karen Johnson, Sandy Ferguson, Shirley Stebbins, Rose Roszak, Lindsay Lally

Going fishing? Submit your picture to the Star-Gazette for publication! Include the date, name, hometown, and, especially with children, the age of the fisherperson. evergreen@mlstargazette.com



MIKE GAINOR | THE PIONEE

Senator Klobuchar talks worker training in Hinckley

On Wednesday, June 2, Senator Amy Klobuchar stopped by the International Union of Operating Engineers Local 49 Training Facility

in the Hinckley area to discuss workers' education and training, and how area workers can develop the skills they need to succeed in the economy of the future. She spoke with Jason George, business manager/financial secretary of the International Union of Operating Engineers Local 49, and Tim Worke, CEO of the Associated General Contractors (AGC). Klobuchar discussed with them her legislation to Help create and expand pre-apprenticeship and registered apprenticeship programs; and help citizens save for and access skills training, apprenticeships, and professional development programs.

"It's keeping our economy going."



Anton

Chair, Thief River Falls Area Chamber

"Talking with Chamber members, they're busy. They're busy as they have even been. It's great for us. It couldn't have been better timing."

"Our hotels are all full. Rental apartments, I mean they're all full. It's keeping our economy going. We're busy right now, all the way across the board."

What does the Line 3 replacement mean for Minnesota?

Here are some of the ways Minnesota communities are benefitting from the Line 3 Replacement Project:

Local business boost

During construction, Enbridge sources local businesses like hardware stores, supply stores and parts dealers for goods and services to support their operations.

Thousands of construction jobs

Private investment in Minnesota for the Line 3 Replacement Project created 5,200 construction jobs this winter, \$334 million in union wages is expected with a total economic impact of more than \$4 billion in Minnesota, North Dakota and Wisconsin.

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Currently, Enbridge pays more than \$30 million in property taxes each year across Minnesota. In the first year of service, that will increase incrementally by more than \$35 million, bringing our annual total to more than \$65 million—that's tax dollars that will be used to fund schools, infrastructure, recreation and more.



To learn more about the benefits of our Line 3 Replacement Project, visit **enbridge.com/line3us**.

