

**MA AND PA KETTLE DAYS:** COVID couldn't stop the 2021 celebration. **P12**

## Animals, art and crafts abound in the 4-H fair buildings

JAMIE LUND  
NEWS@HINCKLEYNEWS.COM

Jessica Klejeski leads Nala around the yard by her bright pink halter. The 300 pound brown Jersey heifer ambles along happily, stopping to stretch and eat leaves instead of posing for her photo. Next she notices a young black and white calf and they go nose to nose, sniffing curiously.

Jessica is a Carlton County 4-H member. She is excited to enter Nala in the Carlton County Fair August 19-22. The 4-H program is a hands-on learning program for youth ages 5-19. They offer monthly meetings, one day events and year long projects on a variety of subjects, from science to agriculture and more, according to the website.

The 11 year-old lives on a

dairy farm in Sturgeon Lake. She will enter three heifers in the fair. She has been responsible for them since they were born. She explained that a heifer is a female cow that has not given birth.

Jessica began showing heifers in the fair at the tender age of two, with her mom Jennifer. "It is a family event," said

SEE **CARLTON COUNTY FAIR, PAGE 2**



JAMIE LUND | SUBMITTED

Riley Sway displays the art she's entering in the Carlton County Fair.



ALANEA WHITE | MOOSE LAKE STAR-GAZETTE

Painting and maintenance on the Moose Lake water tower continues.

## Moose Lakes asks for community help planning city streets

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After the extensive sewer lining project conducted in Moose Lake last year, the sewer pond capacity is improving.

Lowering the used capacity of the sewer ponds would allow for larger scale developments to connect to city water and sewer. The Minnesota Pollution Control Agency puts a limit of 80% capacity on sewer pond usage, currently the city is not able to support an increase or industrial use addition with their capacity. These numbers are improving with each sewer lining project the city undertakes.

### 4TH STREET CONSTRUCTION

The council held a working meeting to try and create a starting standard for city road construction projects. This standard would allow City Administrator Katie Bloom and the city engineers to move farther along in street projects before bringing them to the council.

Designing street projects

would be undertaken with the standard, presented to the council and adjustments would be made. At present the council needs to make decisions about each aspect of proposed street projects prior to a design and estimated cost being presented.

The Capital Improvement Plan created by the city in 2019 details the top ten roads in need of repair in Moose Lake. Number one on this priority list was 4th Street. The council is moving forward with this project, while trying to create a standard for streets within the city to speed the engineering process.

After their working meeting the council was still undecided on the number of trees that would be replanted on city boulevards. Discussion at the August regular council meeting determined that the council would like to hear more input from the community on what city streets should look like.

A public hearing for creating

SEE **STREETS, PAGE 2**

## Fond du Lac seeks to slow Big Lake Road traffic

DAN REED  
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The Fond du Lac Band of Lake Superior Chippewa (FDL) received support from the Carlton County Board of Commissioners which will petition the Minnesota Commissioner of Transportation for a speed limit of 45 mph on CSAH 7 (Big Lake Road) from the intersection of Pinewood Drive to just

past the FDL Business Center.

At the August 10 Regular Session of the Commissioners, the County Highway Engineer Jin Yeene Neumann reported that the DOT speed study done earlier in the year supported a 55 mph speed limit. Neumann said she had an engineering discretion to request a lower speed of 45 mph and encouraged the Board to take that action.

The FDL Band had requested a 35 mph speed limit. The final decision rests with the Commissioner of Transportation.

In other Transportation Department news, the County Highway Engineer requested a hearing to get public input for the closure of the County's Kettle River Garage. Upon a recommendation of Commissioner Gary Peterson, the County Board approved a hearing on

September 27 at 4:30 PM at the Transportation Building to get public input on the issue.

Commissioner Peterson had attended an earlier meeting at the Split Rock Town Hall with over 20 citizens attending and found no one in favor of the closure of the KR Garage. The Engineer was unable to attend that meeting but has continued to call for the closure of the Garage, saying the same service

can be provided by having the grader stored at the new Barnum Garage, the grader will take about 20 minutes of road time to pull into Kettle River for needed work, and closure of the Kettle River facility would save \$15,000/year.

Local residents in the Southwest corner of Carlton County remain unconvinced.

SEE **CARLTON COUNTY, PAGE 2**



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## COVID-19 BY THE NUMBERS

## CARLTON COUNTY

**Total Cases:** 3,653  
**Increase case** numbers in the last week: 82  
**Deaths:** 59  
**First dose** of vaccine for those 12+: 20,724  
**Second dose** of vaccine for those 12+: 19,401

## PINE COUNTY

**Total cases:** 3,470  
**Increase case** numbers in the last week: 68  
**Deaths:** 23  
**First dose** of vaccine for those 12+: 11,751  
**Second dose** of vaccine for those 12+: 10,965

**Information provided** by the Minnesota Department on Health, Carlton County Public Health and Pine County Public Health.

**For more** information on where you can get a COVID-19 vaccine visit the Minnesota Vaccine Finder at <https://mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp>

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## CARLTON COUNTY FAIR: 4-H returns

CONTINUED FROM PAGE 1

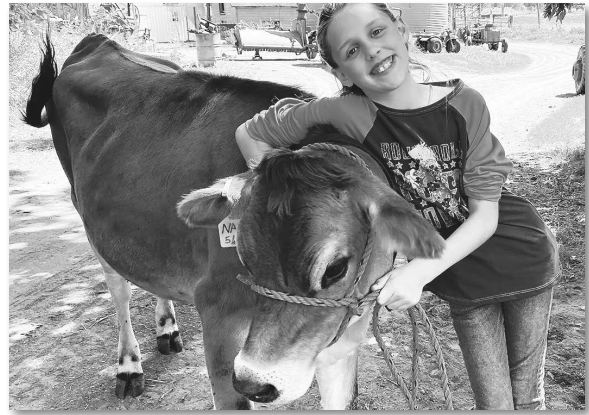
Jennifer. "We brought our kids in walkers when they were little." She said a dairy farm is a big responsibility and the fair is the closest thing they get to a vacation. Jessica walks her heifers around the long driveway every night. She will clean their ears, clip their hair and make sure they are ready for judging.

Once in the show ring, they will be judged on their body structure in the breed class. During the showmanship competition the judges quiz the kids about their knowledge of their animal.

"I took first place in showmanship two years ago," Jessica said proudly. "I got a nice trophy."

She also enjoys the monthly club meetings and projects. Her favorite was the pop bottle planters.

Riley Sway, 10, is a newcomer to both 4-H and entering in the fair. She joined shortly before the pandemic and did not participate in many meetings before the state shut down in 2020. Sway is a prolific drawer. Her mom, Beth, proudly shows off her sketchbook filled with a variety of subjects and mediums. Riley said she enjoys drawing Anime, a Japanese ani-



JAMIE LUND | SUBMITTED

**Jessica Klejeski, 11, poses with her heifer, Nala, at the family farm in Sturgeon Lake. She will be entering three heifers in the Carlton County Fair through the Carlton County 4-H program.**

ated style of drawing. She said she joined 4-H so she can compete in the fair. She also likes to paint, make collages and clay art.

"I watched YouTube videos to help make the eyes," Riley said.

Riley said she is both excited and nervous to enter her projects at the

fair.

Dylan Kelly, extension educator, said there are some adjustments due to COVID-19. The youth will maintain social distancing while in the show ring.

"We are really excited to be back," said Kelly.

## Historical Reflections



**This week's history photo:**  
 Do you know recognize anyone in this photo?

**Answer to the history photo from the previous edition:**  
 Bernie Nynas and Lisa Wojtyasiak mud wrestle at the first Ma and Pa Kettle Days. Theirs was the first match of women's mud wrestling that day.

Sponsored by

Star-Gazette photo

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## STREETS: Council looks for help designing city streets

CONTINUED FROM PAGE 1

a city wide standard for street projects will be held August 26 at 6:30 p.m. More information on the proposed details and drawings can be found on page 7 of this week's Star-Gazette or at the city website at [cityofmooselake.net](http://cityofmooselake.net).

## OTHER NEWS

A proposal by Byron Kuster at the Park and Recreation meeting was presented to the council. This proposal was for logging the area around hiking trails in Moose Lake. At this time the council determined that they were not interested in logging that area.

Work has begun on the 2022 city budget.

Moose Lake will receive \$148,000 in American Rescue Plan funding in 2021 and 2022. The council was asked to brainstorm ideas for potential uses. One suggestion was using the funding for broadband improvements, although they were not sure where

to begin. Guidelines for usage have not been fully released for these funds, but one thing that is clear is that cities, townships and counties can partner to use funds. A suggestion was to work with Carlton County and others on increasing broadband access in the area.

## CARLTON COUNTY: Broadband initiative underway

CONTINUED FROM PAGE 1

Chairman of the Kalevala Township Board John Gran remarked in an interview, "Loss of the Kettle River Garage will be a loss of service. Our neighborhood will lose out again for a service we depend on if this happens."

Split Rock Township resident Bob Hattenberger commented that the savings numbers do not add up. And he added that if the \$15,000 figure was correct, it is a small price to pay to cover the needs of four townships and the City of Kettle River.

In other County news, the County Board gave approval for a

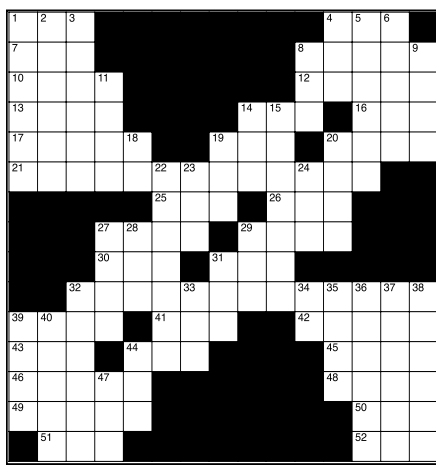
communications tower on Garthus Road in Silver Brook Township upon recommendation from the Planning Commission. Local citizens complained of issues such as reduced property values, blinking lights, how the tower is constructed, and the tower is not on a commercially zoned property.

Commissioner Mark Theil abstained from the vote. He said he has been working with the tower company owners to see if fiber to the tower could be hooked to the neighboring homeowners. The tower enhances service to the southeast corner of the County.

Land Commissioner Greg Bernu reported that he has been working

with the ARDC to fund a clean up of a contaminated site on Angell property in Perch Lake Township. For example, deposits of toxic material had been left from burning plastic coating on copper electrical wiring for sale as valuable scrap.

Carlton County Economic Development is asking County residents using broadband or wanting to get hooked up to broadband that can perform at an efficient rate to fill out a questionnaire at the Carlton County website. The information is important for a new broadband initiative in Carlton County. Funds are available from State and Federal sources.



## CLUES ACROSS

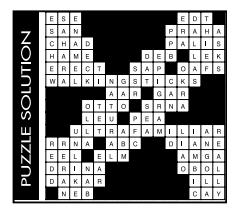
1. Midway between east and southeast
4. Sun up in New York
7. Japanese honorific
8. Czech name for Prague
10. Ochocinco's first name
12. Steep cliffs (Hawaiian)
13. Scots word for "home"
14. Upper class young woman (abbr.)
16. Monetary unit of Albania
17. Raise
19. Drain of resources
20. Uncultured, clumsy persons
21. Hikers use them
25. Retrospective analysis (military)
26. Tibetan form of chanting
27. Influential European statesman
29. Soluble ribonucleic acid
30. Monetary unit of Romania
31. Round green vegetable
32. Well acquainted with
39. Ribosomal ribonucleic acid
41. Basics
42. "The Godfather" actress Keaton
43. Snakelike fish
44. Tall deciduous tree
45. Russian river
46. Long Balkans river
48. Ancient Greek coin

49. Senegal's capital
50. Unwell
51. Snout
52. Low bank or reef of coral

## CLUES DOWN

1. Abstain from
2. Vast desert in North Africa
3. Cover the crown of a tooth
4. A major division of geological time
5. Urban center
6. Crook
8. Parts per billion (abbr.)
9. Questions
11. A pack of 52 playing cards
14. Recording of sound
15. Pithy saying
18. Atomic #22
19. Soviet Socialist Republic
20. Plant with ridged seedpods
22. Innate
23. Investigative body for Congress (abbr.)
24. Soda receptacle
27. Spanish stew: \_\_\_ podrida
28. Viet Cong offensive
29. Large body of water
31. Beginning military rank
32. Dissimilar
33. Counteroffensive system (abbr.)
34. Shows who you are
35. Chinese dynasty

36. Type of verse
37. African nation
38. Quite
39. Former Bucks star Michael
40. Showed again
44. Body part
47. Steal





## OBITUARIES

### Jerome N. Roettger

Jerome "Jerry" N. Roettger of Duluth, MN, age 90, died peacefully with his family by his side on August 9, 2021.



Jerry was born on October 28, 1930, in Stillwater, Minn. to Ivan Sr. and Evelyn (Bergquist) Roettger. He was always very proud of his birthplace and his ears perked up when he heard anything related to Stillwater. Jerry graduated from Stillwater High School in 1948 and served in the U.S. National Guard for two years beginning in 1951. Jerry followed in the footsteps of his father who was a lineman for Northern States Power and who died on the job at the age of 40. Following his service, Jerry used his military benefits to attend Gustavus Adolphus College before transferring to the University of Minnesota to earn his Bachelor of Electrical Engineering degree.

Jerry was born and raised in Stillwater but called Duluth home for more than 60 years. He married his wife Anna (Johnson) Roettger on August 12, 1961. While deep down, Jerry was more comfortable at home, he married an adventurous woman who kept him traveling regularly, both in the United States and internationally. He found his "happy place" in Munich, Germany at Oktoberfest where he attended the annual celebration several times, including once with his daughters. Jerry also enjoyed summers at the family cabin on Sand Lake in Moose Lake, Minnesota. An engineer by training, Jerry was well

equipped to fix almost anything, and there were always more than enough projects at the "work farm" (as he called it) to keep him busy.

Jerry was a dedicated employee of Minnesota Power for almost 35 years, starting as an Assistant Engineer and working his way up to General Manager of the Central Division at the time of his retirement in 1992. He proudly wore his Minnesota Power "At Your Service" hat throughout his retirement.

In addition to his contributions to Minnesota Power, he also served terms as President of the following organizations: the Arena Auditorium Administrative Board, the Kiwanis Club of Friendly Duluth and the Bayfront Park Development Association. Jerry and Anna are also longtime members of First Lutheran Church and the Kitchi Gammi Club in Duluth.

Jerry is survived by his wife Anna of 60 years; his two daughters Jane Taffe, Amy Roettger and son-in-law Gerald Taffe; three beloved grandchildren Matthew (Dyani), Michael and Sara Taffe; as well as two great-grandchildren, Brayden and Anniston. He was preceded in death by his parents and siblings Ivan Jr., Joan (Rodgers) and Roger Roettger.

A celebration of life will be held at 11 a.m. on Thursday, August 19 at First Lutheran Church in Duluth, Minnesota. In lieu of flowers, please consider a donation to the Essentia Health - Moose Lake Foundation, the Alzheimer's Association, a charity of your choice or a simple "Prost!" while enjoying your favorite cold beer. Jerry's family would like to thank the medical teams at Essentia Health-Moose Lake and St Croix Hospice for the incredible and compassionate care that he received. A private family internment will be held at Sunrise Memorial Park Cemetery.

### Reider O. Hansen

Reider Olav Hansen, 90, Sturgeon Lake, died peacefully on Tuesday, August 10, 2021 in Moose Lake Village, surrounded by family. He was born in Cloquet, Minn. on March 19, 1931 to Reidar and Olga (Bakker) Hansen, graduated from



Cloquet High School in 1949, attended UMD, and earned a degree in Traffic Management from Humboldt Institute of Minneapolis. Reider proudly served during the Korean Conflict in the United States Air Force from 1951 until being honorably discharged in 1954, humbly receiving the German Occupation Medal, National Defense Service Medal and a Good Conduct Medal.

Reider was united in marriage on September 2, 1967 in Minneapolis to Frances Thingvold and they enjoyed 35 happy years together.

Reider had a 31 1/2 year career working for the Milwaukee and Soo Line Railroads as a sales manager. He was passionate about his work and held various marketing positions in New York City, Minneapolis, Duluth, Superior and Iowa. Reider enjoyed volunteer and community involvement and was past President of the Duluth Superior Transportation Club, past President of Delta-Nu-Alfa Traffic Fraternity and past Commander of Duluth-Lakeview American Legion Post #342. He held membership with Sons of Norway, Masons, Transportation Fraternity #249, Sturgeon Lake - Denham American Legion Post #361, Lutheran Church of Good Shepherd of Duluth and Oak Lake Lutheran Church of Kerriick.

Reider was an avid sports fan, loyal to the Minnesota Twins and Vikings. He will always be remembered as an intelligent, kind and generous soul with a great sense of humor. Reider was famous for remembering everyone's birthdays and would send cards every year.

He was preceded in death by his parents and wife, Frances.

His memory will be cherished by his special friend of 17 years, Lois Duffy of Moose Lake, Minn. and her family; daughter, Harmony (Curtis) Rode of LaMoure, ND; son, Bryan Hansen (Janelle Lancette) of Hermantown, Minn.; grandchildren, Nicole Phipps-Hansen, Austin Hansen, Kayla Hansen, Calen Rode, Ashlyn Rode, Preston Hansen, Peyton Hansen and Mila Hansen; and beloved pug, Ikee.

A memorial graveside service will be held at a future date.

Arrangements are with Hamlin-Hansen-Kosloski Funeral Home

## BIRTHS

### Bella May Marlowe



Bella May Marlowe was born on August 8, 2021 at 9:34 p.m. weighing six pounds and 4.9 ounces. She was born to parents Corina and Bradley Marlowe of Hinckley, Minn. Bella is welcomed by maternal grandparents Brian and Becky VanGuilder of Holyoke, Minn., paternal grandparents Robert Newport of St. Cloud, Minn. and Nicole Marlowe of Denham, Minn. and great-grandfather Craig Mikrot of Denham, Minn.

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## STAR GAZING-UPCOMING EVENTS

Star Gazing is a service to readers to publicize upcoming events and activities as space permits. Free events are given priority. If there is a charge or admission cost to the event, a paid ad is required.

### Aug. 19 to 22

#### Carlton County Fair, Little Red School

The Carlton County Fair is fast approaching and volunteers are needed to work at the Little Red School on August 19 to 22. Please call Jeanie Hansen at 808-366-6582 or 218-357-2385 if you can help.

### Aug. 21

#### Sixth Annual Wounded Warriors United of Minnesota

The 6th Annual Wounded Warriors United of Minnesota event is on Saturday, August 21 at the Cromwell Park Pavilion. If you are not able to ride but want to participate, please send your donations to Wounded Warriors United Minnesota, care of Logan Shiflett, P.O. Box 5, Cromwell MN 55726. Or contact Logan at 218-390-1699 for more information or to register for the ride.

### Aug. 23 from 12 p.m. to 6 p.m.

#### Cromwell Community Blood Drive

The Cromwell Community Blood Drive will take place on Monday, August 23 from noon to 6 p.m. at the Pavilion. Donors are needed, contact Wanda at 218-644-3542 to register.

### Aug. 26 from 1 p.m. to 4 p.m.

#### Young Old Timers Senior Dance

The next YOT Senior Dance will be on August 26, from 1 to 4 p.m. at the Cromwell Park Pavilion. Music by Florian Chmielewski.

### Tuesdays from 12 p.m. to 3 p.m.

#### Cribbage at Senior Dining in Moose Lake

Cribbage will be held from 12 p.m. to 3 p.m. on Tuesdays at Senior Dining in Moose Lake. You must be vaccinated to attend. Everyone who loves to play is invited to join. Bring boards and cards in case we need extra.

### Wednesdays in August from 1 p.m. to 4 p.m.

#### Wright Senior Club

The Wright Senior Club is open on Wednesdays from 1 - 4 p.m. Cribbage on Thursdays from 6 - 8 p.m.

### Wednesdays from 1 p.m. to 4 p.m.

#### Cribbage at Caribou Coffee in Moose Lake

Cribbage will be held from 1 p.m. to 4 p.m. on Wednesdays at Caribou Coffee in Moose Lake. You must be vaccinated to attend. Everyone who loves to play is invited to join. Bring boards and cards in case we need extra.

### Sept. 7 at 1 p.m.

#### Antique Appraisals

Moose Lake Area Historical Society is sponsoring Antique Appraisals on September 7 at 1 p.m. at the Fires of 1918 Museum, 900 Folz Blvd. Moose Lake. Please bring no more than two items per person. A donation of \$3 per person would be appreciated, no charge for society members. For information call 218-485-4159 or 218-485-4234.

SEE OBITUARIES, PAGE 8

## WEEKLY FORECAST

FROM CBS 3 METEOROLOGIST DAVE ANDERSON

Thursday		Wind: W 10-20 mph
Sunny	Wind: S 5-15 mph	30% chance of rain
90/65		75/60
Friday		Sunday
Partly Sunny	Mostly Sunny	
Wind: S 5-15 mph	Wind: NW 5-15 mph	
30% chance of rain	75/55	
Saturday		Monday
Partly Sunny	Mostly Sunny	
	Wind: E 5-15 mph	
	74/55	

## Moose Lake Senior Dining Menu

Serving at 11:30 a.m.  
HOME DELIVERY IS STILL AVAILABLE.  
Call (218) 485-4937 to place your order.  
Please reserve the day before.

\$4.00, Under 60: \$7.50.

There are no income guidelines.

Carry-out meals available. Meals also include veggies, milk and dinner roll. Call Senior Dining 485-4937. Volunteer Drivers Needed.

Monday, August 23- Stuffed Peppers, Pudding w/Topping

Tuesday, August 24 - Special of the Day, Dessert

Wed., August 25 - Tri Colored Rotini with Chicken, Fresh Fruit

Thursday, August 26- Cheeseburger, Jell-O Poke Cake

Friday, August 27 - Fish Taco or Alternate, rice Krispy Bar

## Small victory for science



**A Millennial Mile**  
Alanea White

This week I was able to sneak in some “me time.” With my thirst for adventure and limited time away from the office, home and responsibilities I decided it was time to do something a bit off the wall. Stop one was an unplanned and unsupervised trip to a large scale book retailer. Now usually the rules say that I am not allowed in this particular store without an accountability buddy who is responsible for holding my wallet. But, since it was a Me Day I was there solo. My hurting wallet and I left an hour later burdened with some new reads.

Next up on the spontaneous “Me Day” was a bit of a scheduled surprise. A tattoo shop in the Duluth area does something called a gumball roll. You pay a set fee, turn the crank on an old school gumball machine and out pops a gumball capsule. Instead of a sticker in the container you get a line drawing of your next tattoo. Now, I knew this was on the agenda and there were a set of rules that the random tattoo could not break, if it did I got a pass to pay the fee and roll again.

My tattoo passed the set of rules, I sat for my session and walked out with a brand new piece of ink. As some of you may know tattoos do not look pretty as they heal. They get scabby, dry and look kind of flaky. I walked out with my new tattoo covered in something that I had never heard of, Saniderm.

This stuff looks like a piece of cling wrap, with a sticker side that attaches to your skin. You leave the plastic film type bandage on your tattoo for a few days, carefully peel it off and you avoid almost all of the weeks worth of dry skin scabby yuck that usually comes with fresh ink. I didn't really believe the tattoo artist as he was sharing his experience with this wonder healing bandage, but was willing to give it a try.

Saniderm was invented to help burn victims. It uses the natural response of bodies to damage of the skin to help health wounds. From what the tattoo artist applying this scientific wonder on my new ink explained, the plasma and white blood cells that rush to the site of a skin injury are kept in place to do their work by the Saniderm.

Now as someone with skin allergies to practically all but one common bandage adhesive I was a bit worried that this product would cause some damage. I took a chance assuming that anything created for burns must be gentle and hypoallergenic. That chance paid off, there were no adverse effects and I have an almost healed tattoo in less than half the normal time.

Who would have thought that my one day spontaneous adventure would lead to learning about a medical marvel. Saniderm just taught me that science is always there helping us along even if you can't see the results through all the extra tattoo ink. If the results were this impressive with a tattoo I can only imagine the positive impact Saniderm has had on the care of burns. This bandage is one small victory for science that I wouldn't have learned about without a random opportunity during a spontaneous day.

**ALANEA WHITE** is the editor of the Moose Lake Star-Gazette. She loves hearing about upcoming events in the community. Her email is editor@mlstargazette.com, reach out and let her know of upcoming events.



## Talking migraines with the U of M

Nearly one in four U.S. households has someone living with migraine. It is the number two cause of disability in the world, according to a study in the Journal of Headache and Pain, yet some people still don't recognize how debilitating migraine can be.



**Talking with the U of M**  
Abby Metzler

Abby Metzler, MD, an assistant professor of neurology at the University of Minnesota Medical School and a neurologist with M Health Fairview, explains migraine diagnosis, living with migraine and current treatment and prevention options.

**Q: What are the symptoms of a migraine?**

**Dr. Metzler:** A migraine attack is a headache and other debilitating symptoms that lasts at least four hours and can go up to 72

hours, if untreated. The headache is usually pulsing or throbbing. People typically think of the headache as being on one side of the head, which is common, but it is also common to have a migraine attack that affects both sides. In addition to headache, migraine attacks also cause nausea or vomiting, or sensitivity to light and sound. A migraine attack affects someone's ability to think and function and worsens with routine physical activity, like going up and down stairs.

It is not a one-time event, and it stereotypically happens the same way each time. By criteria, it has to happen at least five times before you can officially be diagnosed with the disorder, migraine.

About one-third of people with migraine have migraine with aura. Aura is a neurological disturbance that leads to headache and other symptoms. This can include seeing zig-zag lines, flashing lights, blind spots, numbness/tingling or more.

**Q: How can someone differentiate between a headache**

**caused by migraine or something like a stroke or brain tumor?**

**Dr. Metzler:** There are several features I look for when evaluating someone for secondary causes of headache or headaches that are not caused by a headache disorder itself. I like the acronym “SNOOP4” to review signs that might require more investigation. SNOOP4 stands for:

**Systemic signs** – fever, weight loss, history of cancer

**Neurological exam abnormalities** – facial drooping, weakness, numbness or other neurological sign that isn't typical for the person

**Older than 50** – developing new headaches after age 50

**Onset is acute** – pain level goes from zero to 10 in less than a minute. Someone experiencing a headache that comes all of a sudden and is very severe should go to the emergency department.

**Pattern change** – change in frequency, intensity or symptoms

SEE MIGRAINE, PAGE 5

### LETTER GUIDELINES

The Star Gazette welcomes letters to the editor. Letters may be emailed to editor@mlstargazette.com mailed to Moose Lake Star Gazette P.O. Box 449, Moose Lake, MN 55767.

Letters should be typed or legibly handwritten and of no more than 250 words in length (longer letters may be edited).

To be considered for publication, all letters must be signed and include hometown and contact information for verification

purposes. Only names and hometowns will be published. Letters are published at the discretion of the editor and may be edited. Only rebuttals to previously run election-related letters will be considered for publication the week before elections. This policy also applies to endorsement of political candidates.

### ELECTION/POLITICAL LETTERS

Election letters endorsing or advocating

for or against a ballot measure, party or candidate will be considered paid advertising announcements. The fee is \$25 for the first 250 words, and \$0.10 per word after that. The Star Gazette has the right to reject letters which don't meet publishing standards and will determine if the letter qualifies as a paid endorsement. Paid letters will be identified with a label and may or may not appear on the opinion/letters page.

MOOSE LAKE  
**STAR GAZETTE**



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Jamie Lund, Reporter

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# Persistent low water conditions continue

People urged to consider removing watercraft early

MINNESOTA DEPARTMENT OF NATURAL RESOURCES

As water levels continue to drop due in many areas to drought, boaters are experiencing significant issues with launching and retrieving boats, according to the Minnesota Department of Natural Resources (DNR).

DNR crews are repairing and extending many boat launch ramps to provide boating opportunities in these low-water conditions. However, little can be done to fix boat ramps on naturally shallow lakes or in places where power loading has caused holes that are too deep to fix with

equipment.

"Boat ramps that were damaged by power loading provide not only a challenge to launching, but can also result in damage to boats, motors and trailers," said Nancy Stewart, DNR's statewide water recreation program lead. "Boaters should always use caution and check the ramp and water levels before launching."

The DNR is encouraging shoreland homeowners who have seasonally docked watercraft to monitor water levels frequently and keep their eye on the available boat removal options for their waterbody. If options are limited, boaters should consider

removing their watercraft earlier than usual, before conditions worsen. Assistance may also be available from lake service providers with the capability to remove watercraft using larger commercial equipment.

Boaters also should be aware of new obstructions in the water, such as rocks, stumps and sand bars that may not typically be an issue but are now creating hazards due to low water levels.

Visit the DNR website for boat launching maps and information about power loading at [www.dnr.state.mn.us/water\\_access/index.html](http://www.dnr.state.mn.us/water_access/index.html).

## WILLOW RIVER NEWS: Events at Willow River School continue even in the summer months

KATHI BENNETT HAUS  
KBENNETTHAUS@GMAIL.COM

A big shout out to Bruce C. and Jim L. playing at Rich's Bar on Saturday last weekend. The music was great and I got to hug a whole bunch of people I have seen for a very long time. I even got my mom out to dance a few. Everyone was really enjoying the great music. It was also fun to hear Mike and Jim play a few songs together from the good old days when they played in the SS Rockers. It was sure fun to see old friends.

We plan to go to the Finlayson-Giese Sportsman's Annual Sunday Labor Day Picnic on Sunday, September 5 starting at 12 noon. They are planning brats and hot dogs, potato salad, beans, and more. There will be a Trap shoot, bean bag toss, bingo, kids games, saw dust pile, door prizes, raffles, and more. I can't wait.

At the school: August 26 the community education book club is meeting from 6 p.m. to 8 p.m. September 7 - 8 is the first day of school. September 14 is the community blood drive from 8 a.m. to 5:30 p.m. The PTO meeting will be held 5:30 p.m. to 7:30 p.m. The September school board meeting will be held 6 p.m. to 7:30 p.m. If you are interested in going to the state fair, but don't want to drive... check out the MN State Fair Bus Trip fundraiser for the Willow River School. Sign up asap. The bus will be leaving Monday, Au-

gust 30 for a full day of fun. See the website for more information or contact Melissa Johnson at the school. Also, check out the Willow River Area School Early Childhood Programs. They have programs for every age under five years. Contact Ms. Chas at the school at 218-372-3131 extension 169. The Ragnar Run will be the PTO's only fundraiser this year. They are encouraging people to volunteer. The event is happening the night of August 20 through the morning of August 21. For more information go to the school website. The Open House at the school will be held on Thursday, September 2, 2021 from 4:30 to 6:30 p.m. The school is currently looking for more bus/van drivers, and a community education coordinator to help lead and grow the program.

At St. Mary's/ St. Isidore's Church: St. Mary's Church has Adoration of the Blessed Sacrament from 1 - 6 p.m. every Wednesday. The Legion of Mary meetings are held at St. Mary's Center every Monday at 6:30 p.m. The Knights of Columbus pray the Rosary at St. Isidore's Church every fourth Sunday of each month before Mass. The next Knights of Columbus meeting will be held on August 29 at St. Isidore's Church with Rosary at 6:30 p.m. and meeting to follow at 7 p.m. If you are interested in going to confession during the week, you may let Fr. Francis know and he will be happy to hear your confession after

daily Mass or by appointment. He will be doing Confessions on First Fridays and Saturdays at 4 p.m. at Holy Angels. There will be a Funeral Mass for Joan Heinz on Wednesday, August 25 at 11 a.m. Lunch in the Holy Angels Social Hall will follow. Thursdays, September 16 and October 14 will be when the next Catholic Charities food distribution at St. Mary's Church will be held. This event will be held outside from 10 a.m. to 11:30 a.m.

Family Pathways Aging Services: These wonderful programs are available to our area and surrounding areas to assist those who may be in need of a little extra help. Sadly, many of the aging population are not aware of the availability of this service. Provided are in-home social visits (non-medical), assisted transportation appointments, groceries, church, etc. Also, light housekeeping, laundry, menu planning/meal prep. There is also a caregiver consulting program. They offer caregiver support groups, a time to share and listen to others who are also caring for others. Also offered is in-home social respite, memory cafes, information and referral, education. Volunteers are needed to help with all of these programs. Please call 320-364-1115 to become part of making a difference in the lives of those in need.

"It's an insane world, but in it there's one sanity, the loyalty of old friends." - Ben-Hur.

## WRIGHT CROMWELL NEWS: Preparing for the Carlton County Fair

JENNIE K. HANSON  
JKH4PRESIDENT@HOTMAIL.COM

The Carlton County Fair is fast approaching and I am still looking for volunteers to work at the Little Red School on August 19 to August 22. So, please call me at 808-366-6582 or 218-357-2385 if you can spare a couple of hours volunteering. Those who have done this seen to really enjoy their time visiting with the folks that come to look around this old One Room School.

The 102nd Annual Meeting of the Farmer's Co-op Store was held on August 11, 2021 at the Wright Senior Building. Here are the highlights of the discussion. There was a lengthy discussion on the possible options for the store's future. The general consensus is to try to keep the store going the best we can and when Tim retires in three to five years, make further decisions.

The Board of Directors (BOD) will look into more options in the time being and asked for suggestions from shareholders. The shareholders emphasized that the community needs to support the store by patronizing it as much as possible. Try to get the message out to area folks to support the store, or it could be gone! Election: there were two openings on the BOD. Nominated were incumbents: Scott Ferry and Carol Hutar and nominated from the floor was Doreen Warner. After a secret Ballot, Doreen and Carol were elected. Door prizes were drawn for 10 - \$10.00 Gift Certificates to the store. The meeting adjourned at 8:30 p.m. followed by a delicious lunch, served by the Wright Senior Club. Everyone sang Happy Birthday to Ray Gurske, as it was his 95th Birthday.

Yoga at the Cromwell Pavilion resumes Monday, August 16th at the Cromwell pavilion, also August 23 and 30th. All welcome. Wear comfortable clothes. Yoga mats, etc. provided. \$3 per session, which goes to the City for the space rental.

I recently attended a Safe Driver Course at the Carlton County Transportation building in Olsonville. The class was fun and fast moving and if you go you can get a 10% discount on your car insurance. The phone number to call if you are interested in the 8 hour class or the 4 hour refresher, call 320-308-1400 or go to [www.driverdiscountprogram.com](http://www.driverdiscountprogram.com) and you can also take the course on line.

This week's Trivia: A man on horseback went on a two-day trip. He left on Tuesday on Tuesday and arrived home on Tuesday. How could this be?

More Trivia: The reason men's clothes have buttons on the right side while women's have buttons on the left is because most people are right-handed and it is easier to fasten a button which is on the right through a hole which is on the left. But when buttons were first used it was the better-off who could afford clothes with buttons and among this class the ladies were often dressed by maid-servants. The servant would face the lady and so it was easier for the right-handed servants to fasten buttons, which were on the lady's left.

That's all the news from the Edge of Wright! Enjoy the Fair!

Send any news to me at [jkh4president@hotmail.com](mailto:jkh4president@hotmail.com) or call at 218-357-2385.

## MIGRAINE: Reducing the risk of attacks by altering your lifestyle

CONTINUED FROM PAGE 4

usually associated with someone's headaches

**Progressive** - getting worse despite treating it how they normally do

**Positional** - headache only when standing up or laying down

**Precipitated by valsalva** - only happens with bearing down, coughing or sneezing

**Q: How can someone alter the way they live to help reduce migraine attacks?**

**Dr. Metzler:** I use another acronym, "SEEDS," for a lifestyle management strategy for people with migraine. It is important to note that people with migraine do

not cause their migraine attacks, which are instead caused by the genetic neurologic disorder of migraine. These are some actions to help reduce the number of triggers, which can help to reduce the number of attacks, sometimes in combination with medications.

**Sleep routine** - Go to bed and wake up at the same time.

**Exercise** - Be active more days than not. People with headaches who exercise do better than people who don't.

**Eating** - Eat healthy. There is not a specific recommended diet, but making healthier choices in general and not skipping meals will produce

better results.

**Diary of symptoms** - Keep track of when you have headaches and when they affect your functioning. This will help you and your doctor determine the best treatment plan.

**Stress management** - Stress is the most commonly reported trigger for migraine. It is important to find ways to step back and prioritize yourself.

**Q: Are there things people can do to prevent getting migraine?**

**Dr. Metzler:** Not really. Migraine is a genetic, neurologic disorder that is passed down in families. Research studies have identified dozens of

genes in different families that cause the propensity for migraine attacks. There is about a 50/50 chance that the child of someone with migraine will also have migraine. However, the parent and child may be affected differently. For instance, the parent may have severe migraine disease and their child may have rare attacks. It is likely a combination of genetics and environment.

**Q: What are some current treatment options for migraine?**

**Dr. Metzler:** For migraine treatment, there are many different acute and preventative options. The FDA has also approved a number of newer

treatments for migraine. Your doctor can determine whether you are a candidate for a newer treatment.

CGRP (calcitonin gene-related peptide) inhibitors are approved for migraine prevention. They include erenumab, fremanezumab, galcanezumab and eptinezumab. They are monoclonal antibodies and are administered via monthly injections, except eptinezumab which is administered via an infusion every three months.

Botulinum Toxin (Botox) injections are also used as a preventative treatment for chronic migraine. People who use this method receive a

set of injections over the head, neck, and shoulders every 12 weeks.

Rimegepant and ubrogepant are CGRP inhibitor pills that treat migraine. As soon as someone realizes they have a migraine attack, they take a pill for acute treatment, or they may take a pill every other day for prevention.

Lasmiditan is a serotonin agonist pill that treats migraine when it occurs. It may be a good option for patients who cannot take triptan medications.

None of these medications are available or should be taken without the consultation of a doctor.

## 2021 CARLTON COUNTY FAIR SCHEDULE OF EVENTS

## THURSDAY, AUGUST 19

8:30 AM 4-H Dairy Goat Show - Open Class Follows  
 11:00 AM GATES OPEN - \$8 GATE FEE, under 12 \$3, 5 & under FREE - FREE PARKING  
 12:00 PM Tim Williams - Acoustic Music in the Pavilion  
 12:00 PM Jeremy Lepak - The Ventriloquist on Small Stage  
 12:30 PM 4-H Rabbit Show - Open Class Follows  
 1:30 PM 4-H Swine Show - Open Class Follows  
 2:00 PM Jeremy Lepak - The Ventriloquist on Small Stage  
 3:00 PM 4-H Beef Show - Open Class Follows  
 3:00 PM Midway Opens  
 4:00 PM Jeremy Lepak - The Ventriloquist on Small Stage  
 6:00 PM Tractor Pull in the Grandstand  
 6:00 PM The White Keys in the Pavilion

## FRIDAY, AUGUST 20

7:00 AM 4-H Horse Training Judging  
 8:00 AM GATES OPEN - \$8 GATE FEE, under 12 \$3, 5 & under FREE - FREE PARKING  
 9:00 AM 4-H Rabbit Judging Contest  
 9:00 AM 4-H Lamb Lead. Followed by 4-H Sheep Show, Open Class Follows  
 9:00 AM Chmielewski Fun Time Band  
 9:30 AM 3:30 PM 4-H Demonstration Day at Fair - 4-H Building  
 9:30 AM 2:00 PM 4-H Demonstrations on Small Stage  
 11:00 AM Pedal Tractor Pull - Boys & Girls ages 4-11 - Registration at 10:30 by the red school house  
 12:00 PM OUTSTANDING SENIOR CITIZEN & CENTURY FARM AWARDS  
 12:00 PM Open Class Dairy Show  
 12:00 PM 4-H Poultry Show - Open Class Follows  
 12:30 PM 4-H Market Goat Show - Open Class Follows  
 1:00 PM College Demos & Activities with FDLTCC Students & Staff on Small Stage  
 2:00 PM "The Oz Brothers" Story Tellers in the Pavilion  
 6:00 PM Oval Races in the Grandstand

6:00 PM 10:00 PM WRISTBAND DAY ON THE MIDWAY - \$20  
 7:00 PM Street Talk in the Pavilion

## SATURDAY, AUGUST 21

## MILITARY DAY

7:00 AM GATES OPEN - \$8 GATE FEE, under 12 \$3, 5 & under FREE - FREE PARKING  
 7:00 AM 4-H Horse Training Judging  
 7:30 AM 4:00 PM 4-H HORSE & PONY SHOW in the arena  
 9:00 AM Flag Raising  
 10:00 AM Wonderful World of Woody in the Pavilion  
 12:00 PM Jeremy Lepak - The Ventriloquist on Small Stage  
 12:00 PM 4:00 PM WRISTBAND DAY ON THE MIDWAY - \$20  
 12:00 PM Wonderful World of Woody in the Pavilion  
 1:30 PM 130th ANNUAL HORSE RACES in Grandstand  
 2:00 PM Jeremy Lepak - The Ventriloquist on Small Stage  
 3:00 PM Mixed Nuts in the Pavilion  
 4:00 PM Jeremy Lepak - The Ventriloquist on Small Stage

5:00 PM Mixed Nuts in the Pavilion  
 6:00 PM 10:00 PM WRISTBAND DAY ON THE MIDWAY - \$20  
 6:30 PM DEMOLITION DERBY in the Grandstand  
 7:00 PM 10:00 PM Teen Dance in the Pavilion

## SUNDAY, AUGUST 22

9:00 AM GATES OPEN - \$8 GATE FEE, under 12 \$3, 5 & under FREE - FREE PARKING  
 9:30 AM Non-Denominational Church Service in the Pavilion  
 11:00 AM Mutton Bustin' in the Arena - Register at 10 AM  
 12:00 PM DRAFT HORSE EXHIBITION in the arena  
 12:00 PM 4:00 PM WRISTBAND DAY ON THE MIDWAY - \$20  
 1:00 PM Paul Bunyan "Loggin', Leg-ends & Love" in the Pavilion  
 1:00 PM 3:30 PM 4-H General Exhibit Blue Ribbon Silent Auction  
 1:30 PM 130th ANNUAL HORSE RACES in the Grandstand  
 3:00 PM Paul Bunyan "Loggin', Leg-ends & Love" in the Pavilion

4:00 PM Registration begins for the 4-H Blue Ribbon Livestock Auction  
 5:00 PM Whiskey Trail in the Pavilion  
 6:00 PM FIGURE 8 RACES in the Grandstand  
 8:00 PM Exhibits Released, Premium Checks Distributed - MUST PICK UP EXHIBITS ON SUNDAY NIGHT TO RECEIVE PREMIUM CHECK. NO CHECKS ISSUED AFTER SUNDAY. MUST CASH WITHIN 30 DAYS.

## THURSDAY AND FRIDAY

Balloon artistry in the Aanerud Building Thursday from 1 p.m. to 6 p.m. and Friday from noon to 5 p.m.

## ALL FOUR DAYS

Free laser tag on the grounds.  
 Magician in the Aanerud Building.  
 Reptile Adventures on the grounds.

**GRANDSTAND EVENT ADMISSION Adults \$8 Children 12 and under \$5**

# State announces new, no-fee COVID-19 testing options for schools to help keep kids in classrooms

## MINNESOTA DEPARTMENT OF HEALTH

The Minnesota Department of Health (MDH) and the Minnesota Department of Education (MDE) announced updates to Minnesota's statewide education testing program. Schools will now have a variety of testing options available to them as they work to develop local testing programs to keep kids and staff healthy, safe and in their classrooms. MDE will also provide grants to support testing efforts in schools.

This school year, schools will have access to individual PCR tests, pooled PCR tests and rapid tests—both antigen and molecular (learn more about COVID-19 test types on the MDH website). Districts, charter schools, tribal schools, and nonpublic schools will be able to assess which tests work best for their school community and have autonomy in developing their individual testing program. Offering testing in schools is strongly recommended given the rise in Delta variant cases.

"We must use every available tool to keep our students in classrooms

because we know that is best for their well-being and academic success," said MDE Commissioner Dr. Heather Mueller. "We stand ready to partner with and support our school leaders across the state as they develop local COVID-19 testing plans that keep our students, staff and families healthy and safe."

Based on current levels of community spread across Minnesota, the CDC and MDH recommend that all unvaccinated school-age children and school staff get tested for COVID-19 at least weekly throughout the school year. Unvaccinated children involved in extracurricular activities or sports should be tested more frequently. Vaccinated students and school staff should get tested if they are experiencing symptoms or were exposed to someone who has COVID-19. Testing should be used in addition to other layered prevention strategies as outlined in Best Practice Recommendations for COVID-19 Prevention in Schools for the 2021-22 School Year.

"Getting people vaccinated as soon as possible is critical for our long-term success against COVID-19," MDH Com-



METRO CREATIVE GRAPHICS

missioner Jan Malcolm said. "Meanwhile, for those who are not yet vaccinated, regular screening testing is an important tool to know they are healthy, get the care they need if they are sick, and prevent the spread of the virus to others. Regular testing, along with masking and the other layers of prevention, gives our schools, students, families and educators the best chance of getting the school year off to a successful and healthy start."

Testing at school makes access to tests more equitable, which is one of the many reasons the State of Minnesota encourages all schools to create their own testing program and have helped

provide the resources to do so. Schools will be able to choose from the following tests to create their own testing programs:

- BinaxNOW Professional and Over-the-Counter: individual, rapid antigen test.
- Cue: individual rapid molecular nasal swab test.
- Vault: individual molecular saliva test.
- Battelle: pooled molecular nasal swab test.
- Hot Spot Testing: Schools can work with their local public health or MDH to request a temporary testing location in response to local outbreaks.

You can read more about each test option on MDH's website at [www.health.state.mn.us/diseases/coronavirus/schools/testing.html](http://www.health.state.mn.us/diseases/coronavirus/schools/testing.html)

Grants to support COVID-19 testing in schools will be made available through MDE. Every school district, charter school, tribal school and nonpublic school offering a testing program is eligible for a grant. Grant money can be used to fund staff to support, administer, or execute testing, or to purchase tests through a vendor.

## HOW MINNESOTANS CAN GET A FREE COVID-19 TEST:

- Order a test through the state's no-cost at-home COVID-19 testing program.
- Find a testing option near you through the state's Find Testing Locations map.
- Walk-in or schedule an appointment for a test at one of the state's no-cost community testing sites across Minnesota.

## HOW MINNESOTANS CAN GET THEIR FREE SHOT:

- Walk in or make an appointment through the Vaccine Connector at <https://vaccine-connector.mn.gov/en-US/>
- Minnesota Department of Health COVID-19 Public Hotline Mon-Fri, 9 a.m.-7 p.m. and Sat, 10 a.m.-6 p.m. by calling 1-833-431-2053.
- Use the state's Vaccine Locator Map to find a vaccine provider near you by visiting <https://mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp>
- Check for vaccine appointments using the Vaccine Finder. You can search for appointments by vaccine type (e.g., Pfizer) by visiting [www.vaccines.gov](http://www.vaccines.gov)
- Contact your primary health care provider or a local pharmacy.
- Employers may also reach out with information about vaccination opportunities.

Come help us celebrate!  
**IONE JOHNSON IS TURNING 90**



**Celebration on Sept. 5, 2021**  
 Moose Lake Golf Club  
 1pm to 4pm

Thank you to everyone who made Duane's Celebration of Life so special. It meant a lot to us.

*Marilyn & Jodi Johnson*

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# Worsening drought and increasing wildfire risk mean more burning restrictions for counties across Minnesota

## MINNESOTA DEPARTMENT OF NATURAL RESOURCES

To help ensure public safety and protect natural resources, the Minnesota Department of Natural Resources is expanding burning restrictions across portions of central and northern Minnesota, beginning 12:01 a.m. Tuesday, August 17. Burning restrictions will now cover 34 counties where intensifying drought has elevated the potential for devastating wildfires.

The burning restrictions reflect on-the-ground conditions and wildland fire response capacity as assessed on a county-by-county basis. Under the DNR's latest order, some counties are seeing burning restrictions for the first time this year, while some others are seeing increased restrictions and some are continuing with their previous level of restriction.

Open burning and some campfires are newly restricted in Clay, Douglas, Grant, Kittson, Marshall, Mille Lacs, Norman, Pennington, Polk, Red Lake, Sherburne and Wright counties and the western portion of Roseau County, excluding tribal trust lands. These same restrictions remain in place for Aitkin, Benton, Carlton, Lake of the

Woods, Morrison, Todd, and Stearns counties, the eastern portion of Roseau County, and the southern portion of St. Louis County, excluding tribal trust lands. Under these restrictions:

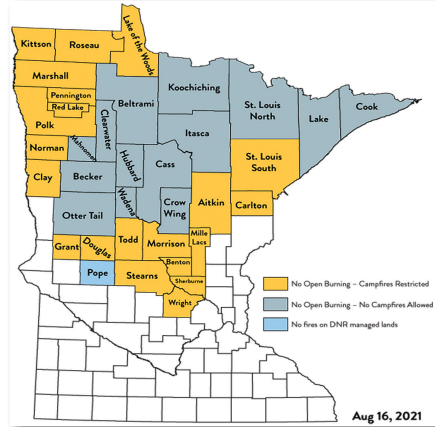
No campfires are allowed for dispersed, remote, or backcountry camping on all lands. No campfires – with or without a ring – are allowed on any DNR-managed lands. This applies to all campsites, cabins, picnic and other day-use areas. Camp stoves are permitted.

On non-DNR-managed lands, attended campfires or recreational fires may be allowed in established fire rings associated with an occupied home, cabin, campground, or resort. Check with the site manager for possible additional restrictions.

No fireworks may be ignited on any public or private land outside city limits. Check with the local community for any additional restrictions.

The state will not issue burning permits for brush or yard waste.

All or part of 14 additional counties are also subject to these same restrictions on fireworks and burn permits, plus all campfires and recreational fires are banned, prescribed burning is prohibited on private lands, and the use of



Aug 16, 2021

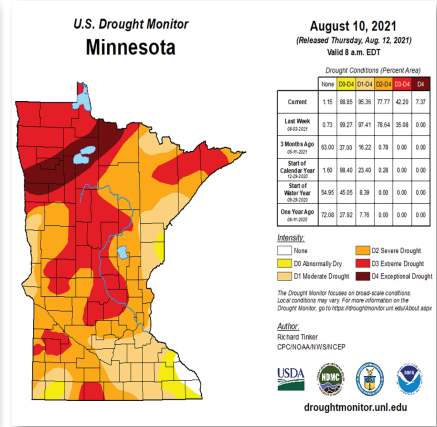
MINNESOTA DEPARTMENT OF NATURAL RESOURCES

### The map above shows burning restrictions in Minnesota

welding devices and other torches is prohibited when in proximity to combustible vegetation. Counties subject to these additional restrictions are: Becker, Beltrami, Cass, Clearwater, Cook, Crow Wing, Hubbard, Itasca, Koochiching, Lake, Mahanomen, Otter Tail, the northern portion of St. Louis and Wadena counties, excluding tribal trust lands.

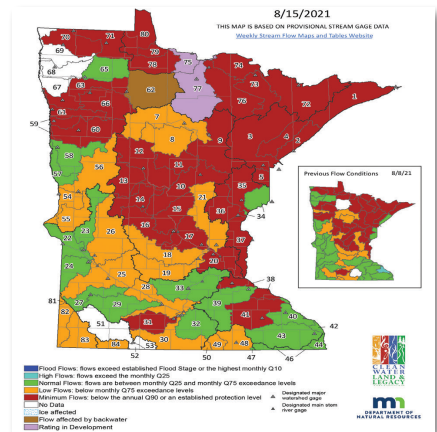
In these 14 counties, campers must take note that in the backcountry, and at campsites, only gas or propane camp stoves are allowed. Gas and charcoal grills are allowed at occupied homes, cabins and re-

sorts. Charcoal and gas fires must be in devices designed for grilling. Recreational fires are also barred on DNR-managed lands in Pope County. This county is not subject to the other restrictions on non-DNR lands listed above. "Don't do any burning right now, and be extremely cautious with any other activity where heat or sparks could start a wildfire," advised Allissa Reynolds, DNR acting wildfire prevention supervisor. She encourages Minnesotans to do their part to prevent wildfires by knowing and following the burning restrictions in their county.



MINNESOTA DEPARTMENT OF NATURAL RESOURCES

### Above is a map of the current drought conditions.



MINNESOTA DEPARTMENT OF NATURAL RESOURCES

### This map shows the weekly stream flow for August 15, 2021.



CITY OF MOOSE LAKE

## Street project has Moose Lake council taking it to public hearing

A public works project on 4th Street in Moose Lake has prompted the City Council to question what the ideal street plan for the city will look like. In these early planning stages for street projects the city is looking to create a basic standard street to use to begin designing future projects. These standards would need to be adapted for each street, but would give the city engineers a starting point for design so that projects could be further along prior to presentation to the council. The initial illustrations above detail two sections of the upcoming 4th Street project. The top shows Douglas to Cedar and the bottom Cedar to Birch. After discussion the council determined that a public hearing was the next step. These illustrations and more information about the public hearing and project can be found on the city website at [www.cityofmooselake.net](http://www.cityofmooselake.net)

Visit the Moose Lake  
Star-Gazette website,  
[www.mlstargazette.com](http://www.mlstargazette.com)

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Star-Gazette,  
[evergreen@mlstargazette.com](mailto:evergreen@mlstargazette.com)

Call the Moose Lake  
Star-Gazette office,  
(218) 485-4406

**Welcome to 2021  
Summer Gospel Nights**  
Sunday nights starting at 6:30 p.m.  
St. Paul Lutheran Church, Hinckley  
405 2nd St., NW, Hinckley, MN  
West side of town on Hwy. 18  
**All FREE concerts** (Freewill offering accepted)

**AUG. 22**

The Benson Family  
Fairbault, MN

**AUG. 29**

Kenny Krona – Cambridge, MN

We will be following updated guidelines for appropriate health & safety protocols provided by the MN Dept. of Health.

## OBITUARIES CONTINUED FROM PAGE 3

## Barbara J. Kelly

We have waited for over a year and we are finally able to celebrate Barb's life with family and friends.



We hope you will join us on Friday, August 27, 2021, at North Heights Church in Roseville, Minnesota. There will be a visitation at 10:00 a.m. and a service at 11:00 a.m., followed by a luncheon.

Barb passed away peacefully at age 87 on March 27, 2020, with her six children at her bedside.

Barb was born on December 29, 1932, to Thure and Arbie Nelson in Hinckley, Minnesota, the fifth of

six children. After graduating from Barnum High School, she moved to St. Paul, Minnesota, where she met and later married John Kelly in 1953. She worked fulltime while raising her children and continued working until she retired at age 72 from her favorite job as the Lunch Lady at St. John the Baptist school in New Brighton, Minnesota.

After retirement, she volunteered at Presbyterian Homes and enjoyed travel, hiking, biking, and spending time with friends and family, especially her grandchildren and great-grandchildren.

Barb was preceded in death by her husband, John, and grandson Travis.

She is survived by her loving children Cindy Thalhuber (Jim), Paula Gebhard (Dave), Mike (Candi), Kevin, Peg Kelly, and Katie Bruno (Chuck); her siblings Marie Thompson and Richard Nelson (Beverly); her grandchildren Amy Sopcinski, Andrew Thalhuber, Tracy Hafeman (Steve), Katie Anderson (Brian), Heidi Frye (Andy), Jen Minwegan (Tony), Tony Gebhard (Danielle), Cassi Kelly (Orion), Tiffany Cannon (Tom), Josh Kelly, Dylan Kelly, Ellen Bruno (Cody Houdek), Steven Bruno (Britta), Monica Johnson (Josh) and Anna Bruno; 24 great grandchildren; and many nieces and nephews.

In lieu of flowers, per Barb's wishes, memorials are preferred to St. Jude Children's Research Hospital or North Heights Church.

We hope you will join us on Friday, August 27, 2021, at North Heights Church in Roseville, Minnesota. There will be a visitation at 10:00 a.m. and a service at 11:00 a.m., followed by a luncheon.

## Connie Mae Larson

Connie Mae Larson, age 63, formerly of Sturgeon Lake, Minn. and Big Fork, Minn. passed away peacefully from natural causes Monday August 9, 2021 at her Aspen House group home in Cloquet, Minn. She was born on January 27, 1958 in Virginia, Minn., the daughter of Louis and Cora Larson.



Connie was privileged to attend special education classes in Hibbing and Grand Rapids. She attended DAC training in Floodwood and there she learned some sign language and would sign "I love you." She also was able to compete in the

Special Olympics and work at Goodwill as a sorter. Connie had many interests and was a lover of all things purple, animals, babies, and backseat driving. She would always start her day with a fashionable outfit with coordinating jewelry, her watch, and name badge so she would be ready to go to "work". She loved music and singing and would often get out her guitar or harmonica and sing her own version of "You are my sunshine." If upbeat music was playing Connie loved to get up and dance, of course she had to lead. Connie loved to do embroidery and latch hook

pictures and would give these as gifts. Connie spent much time playing games and cards (sometimes cheating) with her family and friends.

Connie had a personal bible study and learned about her God, Jehovah. She would pick out and underline words with her red pen, circling the name Jehovah and Jesus so that she could make a comment at the Kingdom Hall, which usually included Jehovah's name. She loved meeting people, would greet them by name and give them a big hug.

Connie was preceded in death by her parents, stepfather Hugo Nelson, sister Virginia (Ginny) Boppre, stepbrother Roger Nelson, nephew Dale Boppre, brother-in-law Gerald (Jerry) Johnson, and sister-in-law Louise Nelson.

She is survived by her sister Marlys Johnson, brother Curtis (Sue) Larson, stepbrother Darryl Nelson, aunt Roma Erickson, uncles Berlin (Clara) Jacobson and Clayton (Joanne) Steigen, special friend Olive (Lyle) Johnson, and numerous nieces, nephews and cousins.

Her family would like to extend a special thank you to the staff at Essentia Health, Miller Dwan, Pine Ridge Group homes and Aspen House for their dedicated care and kindness.

A memorial service is planned via Zoom on Sunday August 29, 2021 at 6:30 p.m. For more information please contact the family at connielarsonmemorial@gmail.com.

# Weekend conference seeks to boost new farmers' skills

JENICA CAUDILL OF MOSES ORGANIC  
JENICA@MOSESORGANIC.ORG

New Farmer U, a one-and-a-half-day weekend conference offered on October 29th and October 30th in Willow River, Minnesota, offers beginning farmers business planning and production insights to move their farms forward. New Farmer U is presented by the Midwest Organic and Sustainable Education Service (MOSES) and Renewing the Countryside.

"Farmers in their first five years on the farm have unique challenges," said Sarah Woutat, MOSES Farmer Advancement Program Coordinator and New Farmer U manager. "In this training, they'll learn the ropes from experienced farmers, and connect with other beginning farmers who can relate to what they're dealing with."

The conference focuses on farm financial and business management for intermediate beginning farmers, 3-6 years of farming experience, or anyone who is ready to plan for future success.

The schedule includes workshops on developing wholesale markets and institutional sales,

income diversification, land access and financing, online marketing, farm employment law, and whole farm record-keeping.

New Farmer U takes place at Camp One Heartland in Willow River, MN. The \$50.00 registration cost includes supper and onsite lodging Friday night, Saturday breakfast and lunch, and all workshops. Scholarships and interpretation services are available. Scholarship applications must be submitted by August 27, 2021.

New Farmer U participants have the option to attend an additional half-day workshop on Friday, October 29th prior to the conference for \$25. This popular workshop, "Fearless Farm Finances" covers basic farm financial management and is based on the book by the same title, published by the Midwest Organic and Sustainable Education Service (MOSES). The workshop will be led by the book's author, Paul Dietmann, of Corner Financial and all attendees will receive a free copy of the book (a \$20 value).

Find more details about New Farmer U and the workshops at NewFarmerU.org or call 888-90-MOSES.

# Learning from llamas, U of M scientists develop a candidate COVID-19 drug

UNIVERSITY OF MINNESOTA COLLEGE OF VETERINARY MEDICINE

U of M researchers have developed a candidate drug that was effective in both preventing and quelling SARS-CoV-2 infection in animals, signaling potential in the fight against the COVID-19 pandemic if it can be validated in human trials.

The candidate drug, called Nanosota-1, came from a unique, tiny antibody, called a nanobody, that is derived from llamas. Unlike conventional antibody drugs under development, Nanosota-1 can be produced at high yields and remains stable across wide temperature ranges—making it cost-effective to manufac-

ture, transport and store, according to lead researcher Fang Li, Ph.D., in the University's Department of Veterinary and Biomedical Sciences.

Based on University researchers' understanding that the small nanobodies llamas produce can effectively penetrate organs and tissues, they harnessed the nanobody as a therapeutic against COVID-19. The result was Nanosota-1, which they found binds well to SARS-CoV-2, the virus that causes the disease. In vitro biochemical studies, the drug blocked SARS-CoV-2 infection of human cells.

The drug, which the researchers tested in hamsters and mice, is one of the first nanobody therapeutics to show



UNIVERSITY OF MINNESOTA

promise against SARS-CoV-2, Li said. Those animals that received Nanosota-1 prior to infection showed few clinical signs of infection. And those

animals that received the drug after infection failed to develop serious illness.

The findings indicate Nanosota-1 can both prevent SARS-CoV-2, acting like a short-term vaccine, and treat the infection. The results of the researchers' study, funded by the National Institutes of Health with additional funding from the University, were recently published in the journal eLife.

Leading the research, which is ongoing, are Li and Aaron LeBeau, Ph.D., who conducted the research as an assistant professor in the Department of Pharmacology and is now at the University of Wisconsin School of Medicine and Public Health. Postdoctoral researcher Gang Ye and graduate

student Joseph Gallant, among other University researchers, helped develop Nanosota-1. Researchers from the University of Iowa, the University of Texas Medical Branch at Galveston, and New York Blood Center contributed to animal testing of Nanosota-1.

"Llamas are amazing animals. They produce a unique type of antibodies that can serve as excellent therapeutics for humans," Li said. "We would like to thank the University of Minnesota and the National Institutes of Health for supporting this research. We hope that Nanosota-1 will contribute to the global battle against COVID-19."

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# Hunters asked not to shoot ear-tagged, radio-collared research bears

MINNESOTA DEPARTMENT OF NATURAL RESOURCES

The Minnesota bear hunting season opens Wednesday, Sept. 1, and the Minnesota Department of Natural Resources is asking hunters to avoid shooting marked research bears. These bears are marked with distinctively large, colorful ear tags and have radio collars.

Researchers with the DNR are monitoring about 20 radio collared black bears across the state, especially in bear hunting zones 25, 27, 45 and 451, and in parts of the no-quota zone. Most of them are in or near the Chippewa National Forest between Grand Rapids and Bigfork. Others are near Voyageurs National Park and around Camp Ripley.

"We're asking hunters to avoid shooting these valuable research bears," said Andy Tri, DNR bear research scientist. "These collared bears give us much of the data we use in bear management and are most valuable to us when they are collared for multiple years."

A key to the research is looking at year-to-year changes in natural food supplies and how that affects individual bears in terms of their habitat



MINNESOTA DEPARTMENT OF NATURAL RESOURCES

Hunters are asked to not shoot ear-tagged and radio-collared research bears. They encouraged to look for the ear-tag, like those shown above, not the radio collar to identify a research bear.

use, physical condition, denning, reproduction and interactions with people. This research is not designed to evaluate mortality from hunting. Trapping new bears every year to replace the ones killed cannot substitute for long-term data on individual bears.

All of the collars the DNR uses in this research have GPS units. The GPS coordinates are either uploaded to a satellite or stored in the collar and downloaded by DNR researchers when they visit the bears in their dens. Each bear provides several thousand data points per year.

The bear's coat often hides the collar, especially

ly in the fall, and most of the collars are black. But all collared bears have large (3 by 2 inch), colorful ear tags so hunters can simply identify a collared animal by these large tags, whether or not a collar is visible. The tags should be plainly visible on trail cam photos or when a bear is at a bait.

Links to photos of collared research bears and some research findings gained from them are available on the DNR's bear management webpage at [www.dnr.state.mn.us/bear/index.html](http://www.dnr.state.mn.us/bear/index.html).

DNR officials recognize that a hunter may not be able to see a radio collar or ear tags in some situations.

For this reason, taking a bear with a radio collar is legal; however, waiting a few minutes to get a clear view of the bear's head would reveal whether it has large ear tags, which indicates that it is collared.

Hunters may see bears with very small ear tags (1 by 1/4 inch). These bears are not collared but are important for other ongoing research projects. It is legal to take a bear with small ear tags.

The DNR asks any hunters who do shoot a collared or ear-tagged bear to call the DNR Wildlife Research Office in Grand Rapids at 218-328-8879 to report it and coordinate the pickup or drop off of the collar.

Most collared bears have a small implanted heart monitor under the skin on the left side of the chest. It looks like a small, silver capsule that is approximately the width of a paper clip. This contains valuable information stored in memory. Hunters who find this device while skinning the bear should submit it with the collar. Hunters with trail cam photos of ear-tagged bears are asked to email the photos and locational information (nearest town or GPS coordinates) to [mnbearcams.dnr@state.mn.us](mailto:mnbearcams.dnr@state.mn.us).

## University of Minnesota Board of Regents acts to require immunization for students

UNIVERSITY OF MINNESOTA

Pending full approval of a COVID-19 vaccine by the U.S. Food and Drug Administration (FDA), the University of Minnesota will begin requiring the vaccine for all of its students, systemwide. The University's Board of Regents endorsed this decision during a special meeting today.

"Delivering the best and safest possible educational experience in every aspect of our mission is the Board's top priority," said Board Chair Ken Powell. "Along with President Gabel and her leadership team, the Board has carefully considered expert advice and guidance as the public health environment around our five campuses has shifted, sometimes day-to-day, over the past 20 months. Looking at what is happening currently, and what appears to be on the horizon with the rise of new variants and case counts nationwide, the Board supported the vaccine mandate for our students to provide the best possible chance for safe, in-person and uninterrupted University experiences this fall."

Once the FDA grants approval of the COVID-19 vaccine, all incoming and current University students will be required to be vaccinated against COVID-19. The University will allow medical and religious exemptions to this mandate. Additional details regarding the University's vaccine requirements, including specific timing, how to report vaccinations and exemptions, and conse-

quences for non-compliance are being finalized and will be announced once completed.

In addition, the Board also discussed the University's approach to vaccinations for faculty and staff. Though shared governance consultations and conversations are ongoing, including meetings with labor partners to collectively bargain the impacts of attestation, University leadership shared a plan under which all faculty and staff would be asked to attest to their vaccination status. Faculty and staff would be asked to report that they are vaccinated and agree to get tested if exposed to a positive case or they are experiencing symptoms, and to follow all quarantine or isolation guidance provided by medical professionals. Additionally, those who attest that they are unvaccinated would be required to commit to COVID-19 testing on a regular schedule to be determined.

Consulting engagements related to PEAK initiative

The Board also approved an engagement with KPMG LLP as an adviser to the University's Office of Human Resources in developing an implementation plan for human resources transformation at the University, one aspect of the work currently underway as part of the PEAK Initiative (Positioned for Excellence, Alignment and Knowledge).

The Board of Regents is scheduled to meet next on Sept. 9-10, 2021. Visit [regents.umn.edu](https://regents.umn.edu) for more information.

## Lyman charged with multiple crimes involving minor female

STAFF REPORT  
NEWS@PINECOUNTYNEWS.COM



Lyman

Corduroy Lee Wayne Lyman, 31, of Sandstone is facing felony criminal sexual conduct and drug charges after allegedly giving methamphetamine to a minor female, having sex with her and filming

the acts.

Lyman faces three criminal charges in the case: felony third-degree sexual conduct, felony use of minors in a pornographic work and felony second-degree drug sale to person under 18.

The maximum penalty for the charges against Lyman is 25 years in prison, a \$500,000 fine or both.

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- Providing assistance in the development, implementation, and evaluation of all assigned programs and projects as they relate to the Energy/Housing Department

**Major Qualifications:** Three years' experience in residential construction or an associate degree in residential construction and the ability to work with low-income families. Valid Driver's License.

- Must be age 18 or older to apply.
- Favorable background check & drug test required.

Individuals interested must submit Agency's Employment Application by **4:30 p.m., August 23, 2021** for consideration. **No resumes accepted.** Minimum Salary \$18.44/Hr. FT, Year Round, 40 hours/week, Monday - Friday 8:00 AM-4:30 PM with benefit package.

**For more information, an agency application, or special accommodations, please call our office at (320) 679-1800, or visit our website at [www.lakesandpines.org](http://www.lakesandpines.org).**

Lakes and Pines is an equal opportunity employer.  
Women, minorities and individuals with disabilities are encouraged to apply.



ALANEA WHITE | MOOSE LAKE STAR-GAZETTE

## Ma and Pa Kettle Days returns to Kettle River

After a year apart, due to COVID-19, Kettle River community members were able to come together and celebrate Ma and Pa Kettle Days. Area kids were able to compete in a relay race for prizes, community members were able to enjoy live music and entertainment and everyone was on the hunt for the medallion!

# We're engaging with Minnesota Tribes and creating opportunities for their citizens and communities to benefit.

*How are Tribes being involved in this project?*

At Enbridge, we are proud of our relationships with Indigenous communities, and see them as mutually beneficial—economically, socially and culturally. Our Line 3 replacement marks an unprecedented level of Tribal engagement, inclusion and economic participation.

As part of the Line 3 replacement, we've committed \$100 million for Tribal-affiliated work opportunities, and we're engaging with Minnesota Tribes on training, contracting, procurement and hiring.

A Tribal-led Cultural Resources Survey was completed along the project route. With representatives of nine Tribes doing direct survey work, and more than 30 Tribes involved via government-to-government consultation with the U.S. Army Corps of Engineers, this has been the largest such survey ever attempted in the energy industry.

Most importantly, we've been listening. From the start, we respected the wishes of the Leech Lake Band of Ojibwe to route the new Line 3 around their reservation. We've also signed a 20-year easement renewal with the Fond du Lac Band and made further route changes.

Learn more at [enbridge.com/tribalinclusion](https://enbridge.com/tribalinclusion).

