



## **Breast Cancer Does Not Stop — Not Even for a Global Pandemic. Get Screened. Mammography (still) Saves Lives!**

### **Is it Safe to Schedule My Mammogram?**

Yes. Keeping up with preventative screenings—especially during the COVID-19 pandemic—will help ensure your health in the future. The Women’s Imaging Center at JTDMH is following expert guidelines from the American College of Radiology (ACR) and the Centers for Disease Control (CDC) to safely resume nonemergency care like mammograms and other screenings.

### **Tips to Help You Prepare for Your Mammogram.**

Healthcare appointments will include multiple safeguards to protect patients and staff. You will be asked to wear a mask and have your temperature taken upon arrival. Please follow staff instructions and social distancing guidelines (when applicable).

### **Talk To Your Doctor.**

It’s smart to take all risks into account, but delaying an exam won’t make cancer go away — and it could make the road to recovery more difficult. Share your concerns about scheduling an exam with your provider and decide together when is the best time for you.

***1 in 8 women will be diagnosed with breast cancer in their lifetime.  
Don’t be the **ONE**. Cancer Does Not Wait.***

To schedule your appointment, please call JTDMH Central Scheduling at 419-394-9599.