

Not a program, but a relationship



"I thought I was calling to get in a program."

It's a sentiment we hear often from women who first contact **Birthright St. Charles**. Many expect a list of resources, a few appointments or help getting through an immediate crisis. What they discover instead is a relationship.

For 45 years, Birthright St. Charles has provided a safe, confidential place where women and families can find support, compassion and hope. Each person is treated as an individual, never with judgement or pressure.

Recently we partnered with a local organization to host an evening of painting and conversation. As women shared stories, many reflected on the support they received through Birthright St. Charles and that they wished more people knew about the organization because it had made such a difference in their lives.

That sense of connection is at the heart of Birthright's mission. The counselors are licensed mental health professionals who provide free counseling tailored to each person's unique situation. Trained volunteers are available to check in with clients.

Birthright's commitment does not depend on a pregnancy outcome. Whether a woman is navigating an unexpected pregnancy, adjusting to life after childbirth, grieving a miscarriage, seeking healing after abortion or other life challenges, support remains available.

Practical needs are met through programs like our annual Diaper Days, which provides free diapers, wipes and books to anyone in the community every Friday throughout the summer.

Most programs provide services, but relationships provide understanding, encouragement and lasting support. At Birthright St. Charles, women and families find both.



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