

Dance your way to summer classes!

Dancers from 2 to 92 can find their niche in classes at **Saint Louis Ballet School**, and on Feb. 1, registration opens for Summer Programs – the perfect time to further develop or begin your path in dance. Plus the school has added a new fifth studio to house more classes and programs in Chesterfield.

“Ballet teaches you discipline and focus and is a great form of exercise. It can also be fun!” explained Administrator Tanya Strautmann, who danced professionally with Saint Louis Ballet Company for 16 years. “Saint Louis Ballet School is the educational branch of Saint Louis Ballet Company, the city’s regional professional ballet company, so students learn from those professionals as well as guest instructors.”



“Dance requires muscle development and skill that needs continued training year-round including during the summer,” Tanya explained. “You don’t

want to lose that developed muscle training, so the summer is a great time to continue dance classes or try a new dance class.”

Summer programs are offered for every age and level. Storybook Camps for ages 3-4 and 5-6 offer fun themes such as “The Nutcracker,” “Frozen” and “Encanto” and include dance, crafts, and a performance for parents. For ages 7-21, the school offers up to five weeks of programs in three different skill levels. Participants take daily ballet classes interspersed with classes of other genres such as contemporary, musical theater, jazz, hip hop and conditioning.

“Saint Louis Ballet School offers well-rounded programs for students whether it be year-round classes or summer programs,” Tanya said. “We’ve become a trusted institution for St. Louis families, and we continue to strive to earn their trust.”



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