

## ***Behavioral health urgent care opens for youth***



*The Behavioral Health Urgent Care for children and youth at 111 Mexico Ct. in St. Peters.*

“We’re seeing lower ages with more intense needs than we’ve ever seen,” said Jane Gavril, director of Youth Behavioral Health Urgent Care for the **Compass Health Network**. “Even before COVID, we saw younger children having more intense anxiety, depression and suicidal thoughts at earlier ages.”

That’s exactly why Compass Health has opened the first behavioral health urgent care for children and youth in St. Charles County. It will be open from 9 a.m. to 9 p.m. daily, including holidays.

“We will share a waiting room with one

of Compass’ new pediatric clinics,” explained Lauren Bruce, senior director of Compass’ Behavioral Health Crisis Center. “As individuals come in, their needs will be assessed. If the person is in crisis, they will be brought to a room where they will meet with a clinician.”

The goal is to stabilize the individual and determine their next steps.

“Even if we’re not the right place to meet those needs, we’re going to come alongside the youth and family to make sure they are connected to the right resource,” Bruce said.

For many people, the Compass Health Network will be the right resource. A nonprofit health care organization, Compass provides a full continuum of behavioral health services.

“We won’t turn anyone away,” Gavril said.

Individuals seeking help also do not need to be Compass Health Network members. Anyone in crisis can seek help at the urgent care. To learn more about Compass Health Network’s Behavioral Health Services, visit [compasshealthnetwork.org](http://compasshealthnetwork.org).



Compass Health<sup>®</sup>  
Network

**111 Mexico Court • St. Peters**  
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