

Unexpected pregnancy? You're not alone



Maybe this isn't what you planned. Maybe you're scared, unsure, or just need someone to talk to.

At **Birthright St. Charles**, the caring staff makes a commitment to every woman that walks through the door – and to those who may consider doing so: “We see you – and we're here to hear you.”

Birthright is not a clinic. It's not there to judge or tell you what to do. It's a safe, confidential place where you can breathe, ask questions, and find real support – at no cost to you.

For over 40 years, Birthright St. Charles has stood by this commitment. As an independent, nonprofit organization, Birthright St. Charles has helped women navigate some of life's hardest moments – offering free, one-on-one counseling from licensed professionals, including a licensed psychologist. Birthright counselors provide private sessions that explore the woman's family situation, support, financial resources, her goals and feelings about being pregnant now and in the future. Counseling help is available throughout the pregnancy and beyond.

Whether you're newly pregnant, navigating postpartum challenges, or carrying the emotional weight of a miscarriage or abortion, area residents can find support at Birthright St. Charles.

The organization offers:

- Private licensed counseling sessions (in-person or virtual).
- Free medical grade pregnancy tests.
- Practical and financial help - based on your unique needs.
- Connections to trusted legal, medical, and educational support in the community.
- No insurance required – no judgment – just care.

If you're feeling lost, alone or just unsure of what to do, let Birthright St. Charles help you find your next step.

Birthright St. Charles – because every woman deserves to be heard, supported and empowered.



2125 Bluestone Dr. • St. Charles

(636) 724-1200

birthrightstcharles.org