

Even the smallest hernias can cause big problems.



**Learn more about our minimally invasive procedures.**

Hernias are fairly common and can be caused by lifting heavy objects, pregnancy, or even chronic coughing. But ignoring the abdominal pain or bulging hernias bring can result in years of discomfort and, sometimes, lead to life-threatening complications. AdventHealth's expert physicians use minimally invasive laparoscopic and robotic surgical techniques designed to help you heal quickly so you can get back to everyday life.

**Watch a virtual hernia screening at [AHCentralFloridaSurgery.com](https://www.AHCentralFloridaSurgery.com) or call 407-605-3809 to schedule an appointment.**

  
**Advent Health**