

**GRAVES COUNTY HEALTH DEPARTMENT**  
**416 CENTRAL AVENUE**  
**MAYFIELD KY 42066**  
**270-247-3553**

*"Where Your Health Is Our Department"*

For Immediate Release

Date – 5-07-2020

From- Noel Coplen, Public Health Director

**GRAVES COUNTY HEALTH DEPARTMENT ANNOUNCES THE 146<sup>th</sup> CASE OF COVID-19 IN GRAVES COUNTY**

Graves County – The Graves County Health Department today announced the 146<sup>th</sup> confirmed case of coronavirus disease (COVID-19) in Graves County.

- A Graves County resident in his 30's tested positive for COVID-19. He is in isolation at home.

"It is so encouraging to see more and more people recover." said Kathy Gifford, Nurse Supervisor for the local health department.

"The front-line health care worker has a battle each and every day. They cannot afford to have a bad day because lives are depending on their tenacity. Let's encourage them any way we can!" commented Noel Coplen, Director of the local health department.

We must make social distancing a priority for the sake of our entire community. We all have to be strong.

**What The Local Health Department is Doing:**

To help limit the spread of COVID-19, social distancing steps have been taken by our community. The contacts of the confirmed positives individuals are under quarantine for the protection of the public.

**What The Public Can Do:**

- **STAY CALM:** You are not alone in this. Your community is here to support you. Talk to your friends and family and let them know if you are having concerns.
- **STAY APART:** Keep at least 6 feet away from others including while shopping for life-sustaining essentials. Avoid the lines by taking advantage of pick-up or delivery services for groceries and other goods.
- **STAY PUT:** Keep non-essential trips to a minimum and cancel your travel plans. Unless it is essential you go out, stay home.

Be mindful of those who are at greater risk for contracting this virus, including older adults and those with underlying health conditions. Those more at risk should ask others to help with their life sustaining activities, i.e. food, medications or other necessities.

*Call your healthcare provider:*

If you experience fever, cough, and shortness of breath (flu like symptoms), stay home and call your healthcare provider before going to a healthcare facility. Inform them of your symptoms.

**For more information:**

Go to KY COVID-19 website.

- [Kycovid19.ky.gov](https://kycovid19.ky.gov)

For general questions about COVID-19, call the KY COVID-19 hotline at 1-800-722-2725 or the Graves County Health Department at 270-247-3553