



Lung cancer  
awareness  
starts with a  
**screening.**

**LIVE** Your  
Healthiest **LIFE**

**November is Lung Cancer Awareness Month.** Lung cancer is the leading cause of cancer death, and if you're a smoker or former smoker, your risk may be much higher. That's where screening comes in. A low-dose CT scan can detect cancer early, when treatment is most effective.

Ask your provider about lung cancer screening if you have the following risk factors:

- You are age 50-77\*
- You smoke, or you quit smoking within the last 15 years
- You have a history of heavy smoking (one pack per day for 20 years or two packs per day for 10 years)

With preventive cancer screening, you can live your healthiest life — this November, and all year round.

Take our Lung Health Risk Assessment at  
[SovahHealth.com/Lung](https://SovahHealth.com/Lung)

**To find a healthcare provider, call 844.GO.SOVAH**



\*Medicare covers up to 77 years of age, but private insurance may cover up to 80 years of age. Talk with your provider about your options.