HAWAIʻI POSITIVE ENGAGEMENT PROJECT @ UH MĀNOA PRESENTS

2nd annual

SPARK!

SELF-CARE & WELL-BEING CONFERENCE

SATURDAY, FEB 22, 2020 9 AM - 5 PM

UNIVERSITY OF HAWAIʻI AT MĀNOA CAMPUS CENTER

INFO & TICKETS: HAPPYHPEP.COM/SPARK

- Feeling too busy, bogged down, or blue from too much "to do"?
- Wanting to connect with awesome people and resources that support your inner SPARK?
- Ready to re-ignite your commitment to prioritizing your social and emotional health and well-being?

More than a just a conference, *SPARK!* is an experience that you do not want to miss… and may even not even realize you need. Get fired up attending interactive strengths- based sessions led by changemakers passionate about supporting you to be your very best self. **Invest in YOU and leave feeling SPARKED!**

HPEP@HAWAII.EDU (808) 956-3433 #HAPPYHPEP