

At times, we all need reassurance that there are resources, support, and people to turn to. The **Hawai'i CARES Program** provides around-the-clock behavioral health services including substance abuse treatment, mental health resources, and crisis support.

Hawai'i CARES is here. We are listening to you.



Call our O'ahu crisis helpline:

832-3100

Available 24/7

Toll-free:

1-800-753-6879

Contact Us

hicares.hawaii.gov hicares@hawaii.edu

